

Welsh Athletics Ltd
Cardiff International Sports Stadium
Leckwith Road, Cardiff CF11 8AZ

Tel 029 2064 4870
Fax 029 2034 2687

www.welshathletics.org
office@welshathletics.org



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To all teaching staff,

Re: FREE UKA Aviva Academy Registration

We are very pleased to announce that, for Welsh teachers, registration to the UKA Aviva Academy is free for a limited time only. The Aviva Academy houses a range of initiatives as well as useful resources (including 'Elevating Athletics') and downloads. Registration to the academy has previously been £30 per year however this offer is now available and further details are included below.

80% of British medalists at this summer's World Athletics Championships credit their PE Teacher with getting them started in athletics. Will you be the next Medal Maker?

This incredible statistic shows the role our teachers have to play in creating our future Olympic and Paralympic Champions as well as ensuring our children have a fit and healthy start to life. UKA, the Governing Body for athletics, have launched the Aviva Athletics Academy Awards to support every teacher in the UK in giving all pupils, regardless of ability, a solid foundation in athleticism.

The Awards programme, which is broken into three areas, can support your PE department in delivering the curriculum throughout the year. The three areas are:

Endurance Awards – our latest addition which requires no specialist equipment and are very easy to use.

Sportshall Awards – these give children a great **introduction to athletics**. Using a multi-skills approach, the Sportshall Awards also act as a **fitness monitoring and improvement** programme.

Track and Field Awards – giving your pupils the chance to show their skills as the next **Jessica Ennis or Phillips Idowu**. Providing both single and multi event formats, these awards measure traditional athletics skills of **running, jumping and throwing**.

To find out more about the Aviva Athletics Academy Awards log on to: www.uka.org.uk/academy.

UK Athletics are offering access to the UK Academy programme free of charge to all Welsh teachers. Please help to spread the word and pass this information on to all colleagues and those with an interest in the delivery of the sport in an educational setting. Please find below the relevant links and instructions on how you can access Academy and the Aviva Elevating Athletics Resources Online for FREE.

Step 1. Go to: <http://academy.uka.org.uk>

Step 2. Click on register. This can be found below the yellow Aviva banner at the very top of the page.

Step 3. Once registered for FREE, email the Aviva Academy; academy@uka.org.uk to let them know that you have joined (including full name and school name), UKA will then upgrade your membership so that teachers can have access to all Aviva Academy products (usually £30).

Andrew Jenkins

Welsh Athletics West Wales Network Officer

andrew.jenkins@welshathletics.org

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I'r holl staff addysgu,

Par: Cofrestru AM DDIM ag Academi Aviva UKA

Mae'n bleser gennym gyhoeddi y gall athrawon Cymru gofrestru am ddim ag Academi Aviva UKA am gyfnod penodol yn unig. Mae Academi Aviva yn cynnwys nifer o fentrau yn ogystal ag adnoddau defnyddiol (gan gynnwys 'Elevating Athletics') ac eitemau y gellir eu lawrlwytho. Yn y gorffennol codwyd ffi o £30 am gofrestru â'r academi. Fodd bynnag mae'r cynnig hwn nawr ar gael ac mae rhagor o fanylion i'w gweld isod.

Dywedodd 80% o'r Prydeinwyr a enillodd fedel ym Mhencampwriaethau Athletau yn ystod yr haf fod ganddynt le i ddiolch i'w hathro AG am eu hannog i ddechrau cymryd rhan mewn athletau. Ai chi fydd y nesaf i ennill medel?

Mae'r ystadegau hyn yn dangos pa mor bwysig yw ein hathrawon o ran creu Pencampwyr Olympaidd a Pharalympaidd y dyfodol yn ogystal â sicrhau bod ein plant yn cael dechrau heini ac iach mewn bywyd. Mae UKA, y Corff Llywodraethu dros athletau, wedi lansio Gwobrau Academi Athletau Aviva i gynorthwyo pob athro yn y DU i roi cychwyn cadarn yn y byd athletau i bob disgybl, waeth beth fo'u gallu.

Gall y rhaglen Gwobrau, sydd wedi'i rhannu'n dri maes, gynorthwyo eich adran AG i ddarparu'r cwricwlwm gydol y flwyddyn. Mae'r tri maes fel a ganlyn:

Gwobrau Gwydnwch – nid oes angen unrhyw offer arbenigol ar gyfer ein rhaglen ddiweddaraf ac mae'n hawdd iawn i'w defnyddio.

Gwobrau Neuadd Chwaraeon – mae'r rhain yn rhoi cyflwyniad gwych i athletau i blant. Trwy ddefnyddio dull aml-sgiliau, mae'r Gwobrau Neuadd Chwaraeon hefyd yn gweithredu fel rhaglen monitro a gwella ffitrwydd.

Gwobrau Trac a Maes - sy'n rhoi'r cyfle i ddisgyblion ddangos eu sgiliau fel y **Jessica Ennis neu'r Phillips Idowu** nesaf. Gan ddarparu fformatau digwyddiadau unigol ac aml-ddigwyddiadau, mae'r gwobrau hyn yn mesur sgiliau athletau traddodiadol fel **rhedeg, neidio a thafllu**.

I gael rhagor o wybodaeth am Wobrau Academi Athletau Aviva ewch i: www.uka.org.uk/academy.

Mae Athletau'r DU yn cynnig mynediad i rhaglen Academi'r UD yn rhad ac am ddim i holl athrawon Cymraeg. A wnewch chi plis helpu i ledaenu'r neges a phasio'r wybodaeth yma i'ch cyd-weithwyr i gyd a'r rhai sydd a diddordeb mewn cyflwyno chwaraeon mewn maes addysgol. Gweler isod plis y cysylltiadau perthnasol a chyfarwyddiadau ar sut y gallwch chi gael mynediad i'r Academi ac i'r 'Aviva Elevating Athletics Resources' am DDIM.

Cam 1: Ewch i: <http://academy.uka.org.uk>

Cam 2: cliciwch ar y cofrestr. Gellir dod o hyd i hwn o dan y baner Aviva melyn ar dop y dudalen.

Cam 3: Unwaith y byddwch wedi cofrestru am DDIM, e-bostiwch Academi Aviva: academy@uka.org.uk i adael iddynt wybod eich bod wedi ymuno (gan gynnwys enw llawn ac enw'r ysgol), mi wneith Athletau'r DU wedyn uwchraddio eich aelodaeth fel y gall athrawon gael mynediad at holl gynnyrch yr Academi Aviva (fel arfer £30.00).

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