

BRITISH ATHLETICS LEAGUE – National 2

Fixture Four - Held at K2 Crawley

Date 5th August 2006

Position	Competitor	Club	Performance	Match points
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100 metres 'A' (WIND +***)

1	Jeffrey Lawal-Balogun	Kent AC	10.7	16
2	Leroy Slue	Harrow	10.8	14
3	Lawrence Mensah	Herne Hill Harriers	10.9	12
4	Phil Ellershaw	City of Liverpool	11.2	10
5	Martin Chomanicz	City of Stoke AC	11.3	8
6	Matt Sinclair	Crawley AC	11.4	6
7	Richard Abrahams	Southend AC	11.7	5
8	Andrew Jenkins	Swansea Harriers AC	12.0	4

100 metres 'B' (WIND +***)

1	Joshua Wood	Harrow	10.9	12
2	John Brown	Kent AC	10.9	10
3	Robert Graham	Herne Hill Harriers	11.0	8
4	Chris Morgan	Crawley AC	11.2	6
5	Shaun James	City of Liverpool	11.3	4
6	Richard Porter	City of Stoke AC	11.4	3
7	Jamie Fenaroli	Swansea Harriers AC	11.7	2
8	Keith Parker	Southend AC	12.1	1

200 metres 'A' (WIND +****)

1	Jeffrey Lawal-Balogun	Kent AC	21.6	16
2	Leroy Slue	Harrow	22.1	14
3	Lawrence Mensah	Herne Hill Harriers	22.2	12
4	Wyn Roberts	Swansea Harriers AC	22.6	10
5	Phil Ellershaw	City of Liverpool	22.8	8
6	Richard Porter	City of Stoke AC	23.3	6
7	Greg Goodrem	Southend AC	24.9	5
8	Craig Cox	Crawley AC	24.9	4

200 metres 'B' (WIND +****)

1	John Brown	Kent AC	21.8	12
2	Othroy Marsh	Harrow	22.2	10
3	Idris Ojuriye	Herne Hill Harriers	22.5	8
4	Chris Morgan	Crawley AC	22.9	6
5	Theo Ali-Gray	City of Liverpool	22.9	4
6	Andrew Smith	Swansea Harriers AC	23.0	3
7	Martin Chomanicz	City of Stoke AC	23.2	2
8	Keith Palmer	Southend AC	24.2	1

400 metres 'A'

1	Conrad Williams	Kent AC	48.0	16
2	Michael Dyer	Herne Hill Harriers	50.1	14
3	Matt Sinclair	Crawley AC	50.4	12
4	Stuart Morland	City of Liverpool	50.4	10
5	Craig Stewart	Harrow	50.7	8
6	Jonathon Lavers	Swansea Harriers AC	50.8	6
7	Graham Eastly	Southend AC	53.1	5
8	Chris Perry	City of Stoke AC	54.1	4

400 metres 'B'

1	Ben Carne	Harrow	49.4	12
2	Shaun Mulligan	Kent AC	50.4	10
3	Jamie Fenaroli	Swansea Harriers AC	50.6	8
4	John Mannion	City of Liverpool	50.9	6
5	Craig Cox	Crawley AC	50.9	4
6	Kwei Sankofa	Herne Hill Harriers	53.2	3
7	Greg Goodrem	Southend AC	55.1	2
8	Andy Prohett	City of Stoke AC	72.5	1

800 metres 'A'

1	Tom Gayle	City of Stoke AC	1.53.0	16
2	Michael Dyer	Herne Hill Harriers	1.53.7	14
3	Richard Ashe	Harrow	1.53.8	12
4	Stuart Morland	City of Liverpool	1.54.5	10
5	Sam Walsh	Swansea Harriers AC	1.55.0	8
6	Richard Clayton	Crawley AC	1.55.3	6
7	Noel Pollock	Kent AC	1.56.5	5
8	Colin Miles	Southend AC	1.57.9	4

800 metres 'B'

1	Adam Hickey	Southend AC	1.54.4	12
2	Liam McCully	City of Liverpool	1.54.9	10
3	Chris Johnson	Crawley AC	1.55.3	8
4	Tom Alexander	Swansea Harriers AC	1.56.4	6
5	John Headley	Kent AC	1.57.3	4
6	Andy Prohett	City of Stoke AC	1.58.6	3
7	Lloyd Collier	Herne Hill Harriers	1.59.1	2
8	Matt Judson	Harrow	2.00.1	1

1500 metres 'A'

1	Tom Gayle	City of Stoke AC	3.55.2	16
2	Richard Ashe	Harrow	3.56.2	14
3	Adam Hickey	Southend AC	3.57.7	12
4	Noel Pollock	Kent AC	3.59.3	10
5	Craig Gunderson	City of Liverpool	4.00.1	8
6	Ben Paviour	Herne Hill Harriers	4.00.7	6
7	Gareth Suffling	Swansea Harriers AC	4.05.4	5
8	Joel Clewett	Crawley AC	4.15.7	4

1500 metres 'B'

1	Richard Franzese	Harrow	4.00.6	12
2	Andrew Dunwoody	Kent AC	4.01.2	10
3	Nick Altmann	Herne Hill Harriers	4.03.2	8
4	Carl Shubotham	City of Stoke AC	4.07.0	6
5	James McCully	City of Liverpool	4.14.1	4
6	Chris Davies	Swansea Harriers AC	4.25.8	3
7	Mark Oldham	Southend AC	4.28.4	2
8	Chris Johnson	Crawley AC	4.37.4	1

5000 metres 'A'

1	Marc Hobbs	Swansea Harriers AC	14.54.2	16
2	Johnny Mellor	City of Liverpool	14.56.1	14
3	David Branfoot	Harrow	15.02.5	12
4	Simon Taylor	Kent AC	15.04.8	10
5	John McFarlane	Herne Hill Harriers	15.08.7	8
6	Matt Bristow	Southend AC	15.39.0	6
7	Peter Benyon	City of Stoke AC	15.44.7	5
8	Paul Rodgers	Crawley AC	19.10.8	4

5000 metres 'B'

1	Nick Altmann	Herne Hill Harriers	15.35.9	12
2	Sullivan Smith	Swansea Harriers AC	15.37.4	10
3	Michael Claff	Kent AC	15.42.1	8
4	Bernie Murphy	City of Liverpool	15.45.7	6
5	Damion Gallagher	City of Stoke AC	15.46.5	4
6	Paul Whittaker	Southend AC	15.51.9	3
7	Damian Nevins	Harrow	15.53.2	2
8				1

3000 metres S/C 'A'

1	John McCole	City of Liverpool	9.12.0	16
2	Sullivan Smith	Swansea Harriers AC	9.17.2	14
3	James Connor	Kent AC	9.19.5	12
4	Simon Wurr	Herne Hill Harriers	9.36.0	10
5	Matt Carey	Harrow	9.38.6	8
6	Gavin Walters	City of Stoke AC	9.45.8	6
7	Joel Clewett	Crawley AC	10.10.6	5
8	Danny Quinn	Southend AC	10.18.1	4

3000 metres S/C 'B'

1	Richard Burney	City of Liverpool	9.38.9	12
2	Keith Newton	Herne Hill Harriers	9.40.6	10
3	Rich Munn	Kent AC	9.46.6	8
4	Steve Davies	Swansea Harriers AC	9.53.4	6
5	Alan Wray	Harrow	10.13.3	4
6	Rob Creed	Crawley AC	10.14.8	3
7	Steve Bazell	City of Stoke AC	10.26.0	2
8	Mark Waine	Southend AC	10.35.2	1

110 metres hurdles 'A' (WIND +***)

1	Roger Skedd	City of Stoke AC	15.2	16
2	Richard Badarin	City of Liverpool	15.2	14
3	Sylvain Reboul	Swansea Harriers AC	15.4	12
4	Joe Appiah	Kent AC	15.6	10
5	Kwasi Afrifa	Harrow	15.7	8
6	Clarence Allen	Herne Hill Harriers	15.8	6
7	Greg Goodrem	Southend AC	16.8	5
8	Joel Clewett	Crawley AC	25.1	4

110 metres hurdles B (WIND +****)

1	Nick Gayle	City of Stoke AC	15.1	12
2	James Parker	Herne Hill Harriers	15.6	10
3	Noel Reid	Harrow	16.9	8
4	Martin Thomas	City of Liverpool	17.1	6
5	Ethelbert Metzner	Kent AC	17.4	4
6	Simon Thomas	Southend AC	18.6	3
7	Chris Morgan	Crawley AC	20.1	2
8	Bernard Murphy	Swansea Harriers AC	24.3	1

400 metres hurdles 'A'

1	Ben Carne	Harrow	52.3	16
2	Shaun Mulligan	Kent AC	52.6	14
3	James Parker	Herne Hill Harriers	56.0	12
4	Martin Thomas	City of Liverpool	56.6	10
5	Ben McIlroy	Crawley AC	57.4	8
6	Graham Eastly	Southend AC	58.6	6
7	Chris Perry	City of Stoke AC	58.7	5
8	Andrew Jenkins	Swansea Harriers AC	63.9	4

400 metres hurdles 'B'

1	Delroy Simon	Harrow	57.7	12
2	Alistair Candlish	City of Stoke AC	59.1	10
3	Andrew Dunwoody	Kent AC	60.3	8
4	John Mannion	City of Liverpool	61.6	6
5	Mark Oldham	Southend AC	62.6	4
6	Bernard Murphy	Swansea Harriers AC	71.3	3
7	Steven Paston	Herne Hill Harriers	74.7	2
8	Adam Walker	Crawley AC	82.3	1

High Jump 'A'

1	Martin Aram	City of Liverpool	2.05	16
2	Noel Reid	Harrow	1.95	14
3	Simon Thomas	Southend AC	1.90	12
4	Chris Morgan	Crawley AC	1.80	10
5	Roger Skedd	City of Stoke AC	1.80	8
6	Sylvain Reboul	Swansea Harriers AC	1.75	6
7	Joe Appiah	Kent AC	1.75	5
8	Courtney Gordon	Herne Hill Harriers	1.75	4

High Jump 'B'

1	Theo Ali-Gray	City of Liverpool	1.90	12
2	Greg Goodrem	Southend AC	1.90	10
3	Richard Carr	Harrow	1.85	8
4	Geraint Reynolds	Swansea Harriers AC	1.70	6
5	George Simpkins	Crawley AC	1.70	4
6	Alex Kneller	Kent AC	1.70	3
7	Chris Harvey	City of Stoke AC	1.55	2
8	Paul Oluyemi	Herne Hill Harriers	1.55	1

Pole Vault 'A'

1	Matt Weaver	Harrow	4.40	16
=2	Roger Skedd	City of Stoke AC	4.20	12
=2	Leigh Walker	Crawley AC	4.20	12
=2	Kevin Hughes	Southend AC	4.20	12
5	Geraint Reynolds	Swansea Harriers AC	3.70	8
6	Kevin Gray	Kent AC	3.50	6
7	Rob Laing	City of Liverpool	3.10	5
8	Steve Paston	Herne Hill Harriers	2.90	4

Pole Vault 'B'

1	Jason Fry	Southend AC	3.80	12
2	Richard Hurren	Harrow	3.50	10
3	Ben McIlroy	Crawley AC	3.50	8
4	Alex Kneller	Kent AC	3.10	6
5	Peter Watkeys	Swansea Harriers AC	2.30	4
6	Keith Newton	Herne Hill Harriers	2.10	3
7				2
8				1

Long Jump 'A'

1	Matthew Burton	Kent AC	6.95	16
2	Sylvain Reboul	Swansea Harriers AC	6.71	14
3	Chris Morgan	Crawley AC	6.66	12
4	Richard Carr	Harrow	6.64	10
5	Mitchell Wilkin	Southend AC	6.58	8
6	Dave Mountford	City of Stoke AC	6.58	6
7	Jeremy Odametey	Herne Hill Harriers	6.40	5
8	Chris Rattray	City of Liverpool	5.99	4

Long Jump 'B'

1	Wyn Roberts	Swansea Harriers AC	6.58	12
2	Tony Daffurn	Harrow	6.41	10
3	Paul Oluyemi	Herne Hill Harriers	6.39	8
4	Richard Abrahams	Southend AC	6.01	6
5	Chris Harvey	City of Stoke AC	5.94	4
6	Iqbal Singh	Crawley AC	5.83	3
7	Theo Ali-Gray	City of Liverpool	5.79	2
8				1

Triple Jump 'A'

1	Curtis May	Herne Hill Harriers	14.89	16
2	Wyn Roberts	Swansea Harriers AC	14.25	14
3	Matthew Burton	Kent AC	14.18	12
4	Tony Daffurn	Harrow	13.53	10
5	Chris Rattray	City of Liverpool	12.37	8
6	Mitchell Wilkin	Southend AC	12.16	6
7	Roger Skedd	City of Stoke AC	11.92	5
8	Chris Morgan	Crawley AC	11.76	4

Triple Jump 'B'

1	Jeremy Odametey	Herne Hill Harriers	13.63	12
2	Kofi Asante	Harrow	12.99	10
3	Sylvain Reboul	Swansea Harriers AC	12.85	8
4	Leon George	Kent AC	12.21	6
5	Simon Thomas	Southend AC	11.90	4
6	Lawrence Steele	City of Liverpool	10.99	3
7	Alex McEwan	Crawley AC	10.93	2
8	Gavin Walters	City of Stoke AC	10.57	1

Shot Putt 'A'

1	Dave Condon	Southend AC	14.51	16
2	Morris Fox	City of Stoke AC	14.21	14
3	Jay Thomas	Kent AC	13.61	12
4	Peter Maitland	Swansea Harriers AC	13.29	10
5	Clayton Turner	Crawley AC	12.53	8
6	Martin Aram	City of Liverpool	12.42	6
7	Richard Hurren	Harrow	12.10	5
8	Marcus Williams	Herne Hill Harriers	11.37	4

Shot Putt 'B'

1	Greg Nixon	City of Stoke AC	12.65	12
2	Rob Laing	City of Liverpool	11.98	10
3	Ashley Ward	Crawley AC	11.97	8
4	James South	Southend AC	11.73	6
5	Ryan Spencer-Jones	Swansea Harriers AC	11.31	4
6	Albert Johnson	Kent AC	10.87	3
7	Stuart Thurgood	Herne Hill Harriers	10.58	2
8	Rohan Samuel	Harrow	6.35	1

Discus 'A'

1	James South	Southend AC	43.35	16
2	Greg Nixon	City of Stoke AC	42.84	14
3	Ashley Ward	Crawley AC	40.64	12
4	Garry Power	Herne Hill Harriers	40.28	10
5	Jay Thomas	Kent AC	39.56	8
6	Martin Aram	City of Liverpool	35.20	6
7	Ryan Spencer-Jones	Swansea Harriers AC	34.17	5
8	Iain Park	Harrow	29.92	4

Discus 'B'

1	Morris Fox	City of Stoke AC	42.27	12
2	Alan Porter	Kent AC	35.61	10
3	Clayton Turner	Crawley AC	34.63	8
4	Stuart Thurgood	Herne Hill Harriers	34.12	6
5	Rob Laing	City of Liverpool	31.99	4
6	Dave Condon	Southend AC	29.81	3
7	Marcus Alexander Neil	Harrow	28.39	2
8	Terry Lalley	Swansea Harriers AC	28.10	1

Hammer 'A'

1	Iain Park	Harrow	55.99	16
2	Malcomb Fenton	Southend AC	54.24	14
3	Stuart Thurgood	Herne Hill Harriers	53.39	12
4	Matthew Richards	Swansea Harriers AC	52.46	10
5	Mark Sheridan	Crawley AC	44.39	8
6	Greg Nixon	City of Stoke AC	36.18	6
7	Allan Pekin	Kent AC	35.61	5
8	Len Steers	City of Liverpool	34.47	4

Hammer 'B'

1	Kaine Harrington	Crawley AC	42.52	12
2	James South	Southend AC	39.79	10
3	Alan French	Harrow	38.27	8
4	Terry Lalley	Swansea Harriers AC	37.86	6
5	John Maitland	Herne Hill Harriers	36.06	4
6	Alan Porter	Kent AC	31.56	3
7	Rob Laing	City of Liverpool	28.70	2
8	Adrian Thiemicre	City of Stoke AC	6.29	1

Javelin 'A'

1	David Sketchley	Harrow	61.44	16
2	Rhys Williams	Swansea Harriers AC	60.24	14
3	Luke Payne	Kent AC	58.51	12
4	Allandre Johnson	Herne Hill Harriers	55.78	10
5	Rob Eggleton	City of Stoke AC	53.77	8
6	Alex McEwan	Crawley AC	51.74	6
7	Rob Laing	City of Liverpool	47.95	5
8	Dave Condon	Southend AC	43.04	4

Javelin 'B'

1	Roger Skedd	City of Stoke AC	49.78	12
2	Steve Gates	Crawley AC	47.69	10
3	Thomas Rees	Swansea Harriers AC	47.66	8
4	Alan Porter	Kent AC	46.84	6
5	Martin Aram	City of Liverpool	45.35	4
6	Noel Reid	Harrow	39.31	3
7	Paul Oluyemi	Herne Hill Harriers	39.20	2
8	James South	Southend AC	28.29	1

4 x 100 metres relay

1		Harrow	42.6	16
2		City of Stoke AC	43.5	14
3		Swansea Harriers AC	43.8	12
4		City of Liverpool	44.2	10
5		Herne Hill Harriers	44.6	8
6		Crawley AC	46.0	6
7		Southend AC	47.9	5
8		Kent AC AC	DISQ	0

4 x 400 metres relay

1		Kent AC	3.22.8	16
2		City of Liverpool	3.23.4	14
3		City of Stoke AC	3.28.2	12
4		Swansea Harriers AC	3.29.0	10
5		Harrow	3.30.8	8
6		Southend AC	3.31.8	6
7		Crawley AC	3.33.7	5
8		Herne Hill Harriers	3.38.1	4

Match Result

Position	Club	Total points	League points
1	Harrow	346	8
2	Kent AC	312	7
3	City of Liverpool	273	5.5
4	Swansea Harriers AC	273	5.5
5	Herne Hill Harriers	272	4
6	City of Stoke AC	268	3
7	Southend AC	232	2
8	Crawley AC	222	1

Overall league position after this match

Position	Club	League points
1	Harrow	29
2	Kent AC	26.5
3	City of Liverpool	24.5
4	Southend AC	17
5	Swansea Harriers AC	17
6	Herne Hill Harriers	13
7	City of Stoke AC	9
8	Crawley AC	8