

**MEN'S BAL CUP FINAL 10 in 100 4th September 2010 at Barnet Cophall Stadium**

Place	1	2	3	4	5	6	7	8
Pts	10	8	6	5	4	3	2	1
100	W Roberts	L Sylvester	S Bajere	K Andrew	N Costello	R Chambers	C Brownlee	.
-3.0m/s	Swansea	TVH	Bristol	Luton	Blackpool	Woking	Crawley	Tamworth
	11.04	11.48	11.52	11.71	11.87	11.96	12,03	DNS
200	D Green	L Sylvester	S Roger	M Neville	A Fields	L Turner	D Rhodes	.
-0.7m/s	Luton	TVH	Crawley	Swansea	Bristol	Woking	Tamworth	Blackpool
	21.95	22.02	22.3	22.9	23.27	2.95	DNF	DNS
400	B Starkie	G Klingstedt	C Cox	A Watson	G Richards	N Childs	J McDonnell	D Jones
	Blackpool	Bristol	Crawley	Woking	Tamworth	TVH	Luton	Swansea
	47.81	48.55	50.87	51.2	51.98	53.69	54.92	1.34.67
800	J McDonnell	L Minns	C Johnston	A Yohng	S King	L Williams	M Dumigan	C Hower
	Luton	Blackpool	Crawley	Bristol	Tamworth	TVH	Swansea	Woking
	1.55.00	1.55.44	1.55.99	1.58.62	1.59.42	1.59.98	2.17.89	2.20.29
3000	S Mitchell	R Russell	M Dumigan	S Harris	D Woodgate	S Parkes	M Calder	J Scarr
	Bristol	TVH	Swansea	Crawley	Luton	Tamworth	Woking	Blackpool
	8.16.6	8.29.35	8.38.13	8.57.49	9.02.94	9.07.07	10.48.53	DNF
110H	R Reeks	A Cooper	J Thomas	E Broome	M Da Silva	S West	P Gooding	.
-1.8m/s	Crawley	Luton	Woking	Blackpool	TVH	Bristol	Swansea	DNS
Relay	.	.	.	.	.	.	.	.
	Bristol	Crawley	Luton	Blackpool	Woking	TVH	Swansea	Tamworth
	2.24.86	2.25.96	2.29.84	2.30.62	2.35.55	2.40.47	3.24.08	DNS
Triple Jump	W Roberts	N Childs	C Andrew	J Hollins	J Phipps	J Scarr	S West	.
	Swansea	TVH	Luton	Crawley	Woking	Blackpool	Bristol	Tamworth
	13.82	13.63	13.06	12.54	11.13	10.29	8.58	DNS
Pole Vault	D O'Hara	R Reeks	J Phipps	G Price	L Bailey	C Kingshott	J Harvey	.
	Blackpool	Crawley	Woking	Swansea	Bristol	Luton	TVH	Tamworth
	4.20	4.00	4.00	3.6	3.6	3.6	2.2	DNS
Javelin	J Clark	J Harvey	R Chambers	N Mansbridge	W Bailey	O Keenan-Lindsey	L Schofield	A Berrow
	Swansea	TVH	Woking	Crawley	Bristol	Luton	Blackpool	Tamworth
	57.35	53.89	52.21	44.39	35.17	30.4	29.14	26.85
Hammer	S Whyte	D Burrell	A Berrow	N Harland-Smith	R Wells	P Kelly	D Shaw	B Kingston
	TVH	Luton	Tamworth	Crawley	Swansea	Woking	Blackpool	Bristol
	53.89	46.84	46.68	46.49	43.03	38.43	34.26	20.45

Result	Number	Team	Pts
1st	3	Crawley	66
2nd	4	Luton	65
3rd	7	TVH	65
4th	2	Bristol	57
5th	5	Swansea	57
6th	1	Blackpool	49
7th	8	Woking	43
8th	6	Tamworth	19