

**WOMEN'S BAL CUP FINAL 10 in 100 4th September 2010 at Barnet Cophthall**

Place Pts	1 10	2 8	3 6	4 5	5 4	6 3	7 2	8 1
100	J Phillips	R Jackman	E Newton	C Allee	A Rees	C Fidler	.	.
-1.6m/s	Herne Hill	Exeter	Southampton	Rugby	Swansea	Blackpool	Cardiff	Lincoln
	12.65	12.73	12.76	12.76	13.9	13.97	DNS	DNS
200	E Ruddock	S Skinner	K Wyper	A Ababid	N Seal	S Davis	.	.
-2.1m/s	Rugby	Exeter	Blackpool	Herne Hill	Southampton	Swansea	Cardiff	Lincoln
	24.9	25.08	26.51	26.77	27.1	27.84	DNS	DNS
400	V Barr	C Granville	B Carozzi	E Weeks	L Mansfield	K Kendall- Morris	.	.
	Rugby	Swansea	Southampton	Exeter	Blackpool	Herne Hill	Cardiff	Lincoln
	53.5	55.91	57.46	59.7	1.01.92	1.06.77	DNS	DNS
800	J Beckingham	C Anderson	M Davis	L Mountjoy	B Banks	S Kirk	.	.
	Southampton	Exeter	Herne Hill	Blackpool	Rugby	Swansea	Cardiff	Lincoln
	2.14.36	2.16.43	2.21.29	2.22.21	2.26.7	2.33.79	DNS	DNS
3000	G Unsworth	K Humphreys	C Glover	N Blandford	A Foulkes	T Gardner	.	.
	Blackpool	Exeter	Swansea	Southampton	Herne Hill	Rugby	Cardiff	Lincoln
	10.14.18	10.24.26	10.38.4	10.38.81	11.26.27	12.32.54	DNS	DNS
100H	C Granville	J Robinson	R Zelic	C O'Reilly	K Holder	B Tune	.	.
-2.6m/s	Swansea	Exeter	Herne Hill	Rugby	Blackpool	Southampton	Cardiff	Lincoln
	14.83	14.91	18.65	19.7	21.04	23.13	DNS	DNS
Relay	.	.	.	.	.	.	.	.
	Rugby	Exeter	Southampton	Blackpool	Herne Hill	Swansea	Cardiff	Lincoln
	2.45.75	2.48.8	2.49.08	3.07.7	3.09.41	3.11.57	DNS	DNS
Triple Jump	S Davies	L Rowe	C O'Reilly	J Bottell	L Mountjoy	R Zelic	.	.
	Swansea	Exeter	Rugby	Southampton	Blackpool	Herne Hill	Cardiff	Lincoln
	10.68	10.59	10.36	9.76	9.66	9.64	DNS	DNS
Pole Vault	L Maund	J Honeyball	S Manning	B Tune	K OBern	L Rowe	.	.
	Swansea	Herne Hill	Blackpool	Southampton	Rugby	Exeter	Cardiff	Lincoln
	3.70	3.00	2.40	2.4	2.2	1.1	DNS	DNS
Javelin	C Kanini-Parsons	C Burrows	R Chapman	K Evans	K Mulder	S McDonald	.	.
	Herne Hill	Rugby	Exeter	Swansea	Blackpool	Southampton	Cardiff	Lincoln
	35.3	33.22	30.29	23.74	21.66	11.16	DNS	DNS
Hammer	T Wells	Z Ash	A Stevens	A Bowyer	B Phillips	G Unsworth	.	.
	Swansea	Rugby	Southampton	Exeter	Herne Hill	Blackpool	Cardiff	Lincoln
	50.19	41.79	35.09	33.54	28.4	11.95	DNS	DNS

Result	Number	Team	Pts
1st	3	Exeter	75
2nd	6	Rugby	73
3rd	8	Swansea	72
4th	1	Blackpool	64
5th	4	Herne Hill	63
6th	7	Southampton	59
.	2	Cardiff	DNS
.	5	Lincoln	DNS