

WOMEN'S BAL CUP FINAL 10 in 100 4th September 2010 at Barnet Cophthall

Place Pts	1 10	2 8	3 6	4 5	5 4	6 3	7 2	8 1
100	J Phillips	R Jackman	E Newton	C Allee	A Rees	C Fidler	.	.
-1.6m/s	Herne Hill	Exeter	Southampton	Rugby	Swansea	Blackpool	Cardiff	Lincoln
	12.65	12.73	12.76	12.76	13.9	13.97	DNS	DNS
200	E Ruddock	S Skinner	K Wyper	A Ababid	N Seal	S Davis	.	.
-2.1m/s	Rugby	Exeter	Blackpool	Herne Hill	Southampton	Swansea	Cardiff	Lincoln
	24.9	25.08	26.51	26.77	27.1	27.84	DNS	DNS
400	V Barr	C Granville	B Carozzi	E Weeks	L Mansfield	K Kendall- Morris	.	.
	Rugby	Swansea	Southampton	Exeter	Blackpool	Herne Hill	Cardiff	Lincoln
	53.5	55.91	57.46	59.7	1.01.92	1.06.77	DNS	DNS
800	J Beckingham	C Anderson	M Davis	L Mountjoy	B Banks	S Kirk	.	.
	Southampton	Exeter	Herne Hill	Blackpool	Rugby	Swansea	Cardiff	Lincoln
	2.14.36	2.16.43	2.21.29	2.22.21	2.26.7	2.33.79	DNS	DNS
3000	G Unsworth	K Humphreys	C Glover	N Blandford	A Foulkes	T Gardner	.	.
	Blackpool	Exeter	Swansea	Southampton	Herne Hill	Rugby	Cardiff	Lincoln
	10.14.18	10.24.26	10.38.4	10.38.81	11.26.27	12.32.54	DNS	DNS
100H	C Granville	J Robinson	R Zelic	C O'Reilly	K Holder	B Tune	.	.
-2.6m/s	Swansea	Exeter	Herne Hill	Rugby	Blackpool	Southampton	Cardiff	Lincoln
	14.83	14.91	18.65	19.7	21.04	23.13	DNS	DNS
Relay
	Rugby	Exeter	Southampton	Blackpool	Herne Hill	Swansea	Cardiff	Lincoln
	2.45.75	2.48.8	2.49.08	3.07.7	3.09.41	3.11.57	DNS	DNS
Triple Jump	S Davies	L Rowe	C O'Reilly	J Bottell	L Mountjoy	R Zelic	.	.
	Swansea	Exeter	Rugby	Southampton	Blackpool	Herne Hill	Cardiff	Lincoln
	10.68	10.59	10.36	9.76	9.66	9.64	DNS	DNS
Pole Vault	L Maund	J Honeyball	S Manning	B Tune	K OBern	L Rowe	.	.
	Swansea	Herne Hill	Blackpool	Southampton	Rugby	Exeter	Cardiff	Lincoln
	3.70	3.00	2.40	2.4	2.2	1.1	DNS	DNS
Javelin	C Kanini-Parsons	C Burrows	R Chapman	K Evans	K Mulder	S McDonald	.	.
	Herne Hill	Rugby	Exeter	Swansea	Blackpool	Southampton	Cardiff	Lincoln
	35.3	33.22	30.29	23.74	21.66	11.16	DNS	DNS
Hammer	T Wells	Z Ash	A Stevens	A Bowyer	B Phillips	G Unsworth	.	.
	Swansea	Rugby	Southampton	Exeter	Herne Hill	Blackpool	Cardiff	Lincoln
	50.19	41.79	35.09	33.54	28.4	11.95	DNS	DNS

Result	Number	Team	Pts
1st	3	Exeter	75
2nd	6	Rugby	73
3rd	8	Swansea	72
4th	1	Blackpool	64
5th	4	Herne Hill	63
6th	7	Southampton	59
.	2	Cardiff	DNS
.	5	Lincoln	DNS