WELSH ATHLETICS
ATHLETAU CYMRU

Celtic Indoor Cup and U20 International

Incorporating
U13 & U15 INVITATION EVENTS

Sunday 29th January

Full Results

T9 Senior Men 60m

11:55

ALL COMERS RECORD - Jason GARDENER, (England), 6.52, Cardiff 3.02.2002
WELSH RECORD - Colin JACKSON, Cardiff AAC, 6.49, Paris,Fr 11.03.1994
SENIOR MEETING RECORD - Nick SMITH, Scotland, 6.79, 2010
PREVIOUS EVENT WINNER - Nick SMITH, Scotland, 6.79, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	2	Leon REID	Saxons	6.99	
2	1	Dewi HAMMOND	Wales	7.01	
3	4	Ben SIMONS	Cardiff Metropolitan Uni	7.32	
4					
Guest Athletes					
1	75	Roy EJAIKUEKWU	Guest Guest	6.97	

T21 Senior men 400m

13:30

ALL COMERS RECORD - Matthew ELIAS, (Wales), 47.39, Cardiff 10.02.2002
WELSH RECORD - Jamie BAULCH, Cardiff AAC, 45.39, Birmingham,Eng 6.02.1997
SENIOR MEETING RECORD - Kris ROBERTSON Scotland 48.56 2009
PREVIOUS EVENT WINNER - Ian GARIOCH Scotland 49.21, 2009

Pos	Bib	Name	Country	Perf.	Comments
1	1	Paul BENNETT	Wales	49.35	
2	3	Anthony YOUNG	Scotland	49.41	
3	4	Mike HASLETT	Cardiff Metropolitan Uni	51.69	
4					

T32 Senior men 1500m

14:30

ALL COMERS RECORD - Stephen DAVIES, (Wales), 03:41.25, Cardiff 24.01.2009
WELSH RECORD - James THIE, Cardiff AAC, 03:38.69, Birmingham,Eng 20.02.2004
SENIOR MEETING RECORD - Alan O'BRIEN Ireland 3.49.73 2009 **NEW MEETING RECORD**
PREVIOUS EVENT WINNER - Ian WILLIAMSON Scotland 03:52.14, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	1	Stephen DAVIES	Wales	03:44.19	
2	4	Adam BITCHELL	Cardiff Metropolitan Uni	03:48.48	
3	3	Stuart ORR	Scotland	03:52.81	
Guest Athletes					
1	61	Rauri FINNEGAN	Ireland Guest	03:48.65	
2	62	Joel WARNE	Ireland Guest	03:48.68	
3	44	Ieuan THOMAS	SM Guest	03:50.58	
4	52	Mike KESHAW	UWIC Guest	03:53.23	

T4 Senior Men 60m Hurdles

11:10

ALL COMERS RECORD - Colin JACKSON, (Wales), 7.60, Cardiff 3.02.2002
WELSH RECORD - Colin JACKSON, Brecon AC, 7.30, Sindelfingen,Ger 6.03.1994
SENIOR MEETING RECORD - Chris BAILLIE Scotland 7.85 2008
PREVIOUS EVENT WINNER - Francis SMITH Scotland 8.20, 2009

Pos	Bib	Name	Country	Perf.	Comments
1	3	Chris BALLIE	Scotland	8.18	
2	1	Oliver JEFFRIES	Wales	8.71	
3	4	Chris MARSHALL	Cardiff Metropolitan Uni	9.20	
4					

T37 Senior Men/Women Mixed medley relay

15:15

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD -
SENIOR MEETING RECORD - New Event To Celtic Cup
2010 EVENT WINNER -

Pos	Bib	Name	Country	Perf.	Comments
1	1	Gareth WARBURTON(600m), Caryl GRANVILLE(400m), Tom CUSWORTH(200m), Melanie STEPHENSON(200m)	Wales	03:01.6	
2	4	John MORGAN(600m), Emma PETERS(400m), Mike HASLETT(200m), Becca CHAPMAN(200m)	Cardiff Metropolitan Uni	03:07.6	
3	3	Stuart ORR(600m), Kathryn EVANS(400m), Anthony YOUNG(200m), Chloe LAMBERT(200m)	Scotland	03:08.9	

F10 Senior Men Pole Vault

13:15

ALL COMERS RECORD - Paul WILLIAMSON, (England), 5.50, Cardiff 6.02.2000 & Nick BUCKI
WELSH RECORD - Paul WALKER, Sale, 5.43, Vienna,Aust 2.02.2010
SENIOR MEETING RECORD - Scott SIMPSON UWIC 5.15 2007 **NEW MEETING REC**
PREVIOUS EVENT WINNER - Richard HURREN Scotland 5.00, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	3	Gregor MACLEAN	Scotland	5.25	
2	1	Lewis NEWTON	Wales	4.55	
3	4	Luke BAILEY	Cardiff Metropolitan Uni	4.30	
4					
Guest Athletes					
1	37	Nick CRUCHLY	SM Guest	5.25	
2	48	Alasdair STRANGE	Scotland Guest	4.85	

F13 Senior Men Long Jump

13:00

ALL COMERS RECORD - Gable GARENAMOTSE, (Botswana), 8.01, Cardiff 3.02.2002
WELSH RECORD - Lynn DAVIES, Roath H, Cardiff, 7.97, LosAngeles,USA 12.02.1966
SENIOR MEETING RECORD - John CARR Scotland 7.42, 2010
PREVIOUS EVENT WINNER - John CARR Scotland 7.42, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	3	Alan HAMILTON	Scotland	7.00	
2	1	Adam WILLIAMS	Wales	6.88	
3	4	Phil WARWICKER	Cardiff Metropolitan Uni	6.18	
4					
Guest Athletes					
1	51	Chris CLAYTON	UWIC Guest	6.34	

T30 Senior Women 200m

14:15

ALL COMERS RECORD - Amy SPENCER, (England), 23.74, Cardiff 2009
WELSH RECORD - Catherine MURPHY, Shaftesbury, 23.35, Birmingham,Eng 02.02.2002
SENIOR MEETING RECORD - New Event To Celtic Cup
PREVIOUS EVENT WINNER -

Pos	Bib	Name	Country	Perf.	Comments
1	1	Laura MADDOX	Wales	25.31	
2	4	Emma PULLEN	Cardiff Metropolitan Uni	25.35	
3	3	Chloe LAMBERT	Scotland	25.96	

T17 Senior Women 800m

13:00

ALL COMERS RECORD - Jemma SIMPSON, (England), 02:03.66, Cardiff, 2.02.2008
WELSH RECORD - Hayley PARRY, Swansea Harriers, 02:01.52, Birmingham,Eng, 15.02.1998
SENIOR MEETING RECORD - Catherine RILEY Ireland 2.05.7* 2007
PREVIOUS EVENT WINNER - Seonaid MURRAY Scotland 02:10.50, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	3	Kathryn EVANS	Scotland	02:08.67	
2	4	Chloe ANDERSON	Cardiff Metropolitan Uni	02:12.31	
3	1	Julia COOKE	Wales	02:14.58	
Guest Athletes					
1	63	Sara TRACEY	Ireland Guest	02:11.14	

T33 Senior Women 3000m

14:40

ALL COMERS RECORD - Gemma TURTLE, (England), 08:56.23, Cardiff , 10.01.2010
WELSH RECORD - Hayley TULLETT, Swansea Harriers, 08:45.36, Lisbon,Port, 10.03.2001
SENIOR MEETING RECORD - New Meeting Event
PREVIOUS EVENT WINNER - New Event To Celtic Cup / No Entries

Pos	Bib	Name	Country	Perf.	Comments
1	3	Emily STEWART	Scotland	09:21.13	
2	4	Charlotte ARTER	Cardiff Metropolitan Uni	09:38.70	
3	1	Debbie REES	Wales	10:12.16	

F11 Senior Women High Jump

14:00

ALL COMERS RECORD - Susan JONES, (England), 1.90, Cardiff, 2.02.2002
WELSH RECORD - Julie CRANE, Sale Harriers Manchester, 1.90, Otterberg,Ger, 28.02.2004/
SENIOR MEETING RECORD - Julie CRANE Wales 1.82 2007
PREVIOUS EVENT WINNER - Pamela HUGHES Ireland 1.74, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	4	Lauren O'REILLY	Cardiff Metropolitan Uni	1.67	
2	1	Sian SWANSON	Wales	1.64	
3	3	Ellen KRISTOFFERSEN	Scotland	1.61	
Guest Athletes					
1	54	Kate SEALY	UWIC Guest	1.61	

F15 Senior Women Triple Jump

14:30

ALL COMERS RECORD - Yamile ALDAMA, (Cuba), 14.11, Cardiff 9.02.2003
WELSH RECORD - Sara BARRY, Cardiff AAC , 12.47, Cardiff 28.02.2009
SENIOR MEETING RECORD - Mary McLOONE Ireland 12.54 2009 **NEW MEETING REC**
PREVIOUS EVENT WINNER - Mary McLOONE Ireland 11.94, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	3	Nony MORDI	Scotland	12.78	
2	2	Ahtollah ROSE	Saxons	12.30	
3	1	Imogen MILES	Wales	11.94	
4	4	Sara GEARY	Cardiff Metropolitan Uni	10.80	
Guest Athletes					
1	64	Sharon HEVEREN	SW Guest	10.76	

F16 Senior Women Shot (4.00kg)

14:30

ALL COMERS RECORD - Venissa HEAD, (Wales), 19.06, St Athan 7.04.1984
WELSH RECORD - Venissa HEAD, Cardiff AAC AAC, 19.06, St Athan 7.04.1984
SENIOR MEETING RECORD - Alison RODGER Scotland 16.09, 2010
PREVIOUS EVENT WINNER - Alison RODGER Scotland 16.09, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	4	Sarah BENSON	Cardiff Metropolitan Uni	11.73	
2	3	Rachel HUNTER	Scotland	11.21	
3	1	Vicky LLOYD	Wales	9.48	
Guest Athletes					
1	65	Adele NICOLL	U20 Guest	13.33	
2	55	Gemma YOUNG	UWIC Guest	10.54	

T35 U20 Men/Women Mixed medley relay

14:55

WELSH RECORD -
U20 MEETING RECORD - New Event To Celtic Cup
2010 EVENT WINNER -

Pos	Bib	Name	Country	Perf.	Comments
1	7	Loren BLEAKEN(600m), Jordon BRANSBERG(400m), Micaela BRINDAL(200m), Roy EJIAKUEKWU(200m)	England U20	3:14.50	
2	8	Diane RAMSAY(600m), Grant MUIR(400m), Kathryn CHRISTIE(200m), James HIGGINS(200m)	Scotland U20	3:17.30	
3	6	Rhianwedd PRICE(600m), Jonathan HOBBS(400m), Chloe JONES(200m), Jamaul WHYTE(200m)	Wales U20 Select	3:18.80	
4	5	Megan ROGERS(600m), Matthew ANTONIAZZI(400m), Beth SARGENT(200m), Owen SMITH(200m)	Wales U20	3:22.20	

T8 U20 Women 60m

11:50

WELSH RECORD - Lisa ARMSTRONG, Torfean AC, 7.48, Cosford,Eng, 16.03.1991
U20 MEETING RECORD - Niamh WHELAN Ireland 7.49 2009
PREVIOUS EVENT WINNER - Twinelle HOPESON England U20 7.60, 2011

Pos	Bib	Name	Country	Perf.	Comments
1	7	Bianca WILLIAMS	England U20	7.69	
2	8	Kathryn CHRISTIE	Scotland U20	7.89	
3	6	Shannon MALONE	Wales U20 Select	7.91	
4	5	Rhiannon JEFFREYS	Wales U20	7.99	

T19 U20 Women 400m

13:20

WELSH RECORD - Faye HARDING, Sale Harriers Manchester, 55.75, Birmingham,Eng 29.02.
U20 MEETING RECORD - Clare MOONEY Ireland U20 56.32, 2010 **NEW MEETING RECORD**
PREVIOUS EVENT WINNER - Clare MOONEY Ireland U20 56.32, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	8	Diane RAMSAY	Scotland U20	56.11	
2	5	Megan ROGERS	Wales U20	56.64	
3	7	Hayley MCLEAN	England U20	57.05	
4	6	Chloe JONES	Wales U20 Select	58.77	

T31 U20 Women 1500m

14:20

WELSH RECORD - Non STANFORD, Swansea Harriers, 04:27.66, Cardiff, 7.01.2006
U20 MEETING RECORD - Sarah HOPKINSON England 4.29.76 2008 **NEW MEETING RECORD**
PREVIOUS EVENT WINNER - Abbie Leigh VERNON England U20 04:39.42, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	8	Laura MUIR	Scotland U20	04:23.78	
2	5	Ffion PRICE	Wales U20	04:34.46	
3	6	Rhianwedd PRICE	Wales U20 Select	04:47.05	

T3 U20 Women 60m Hurdles

11:00

WELSH RECORD - Bethan EDWARDS, Cardiff AAC, 8.47, Birmingham,Eng 23.02.1992
U20 MEETING RECORD - Serita SOLOMAN England 8.6* 2007
PREVIOUS EVENT WINNER - Sandra SEATON England U20 8.81, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	7	Yasmin MILLER	England U20	8.78	
2	5	Megan RODGERS	Wales U20	9.10	
3	8	Emma BROWN	Scotland U20	9.65	

F2 U20 Women & Guest Pole Vault

11:00

WELSH RECORD - Rhian CLARKE, Essex Ladies, 3.65, Lievin,Fr 3.03.1996
U20 MEETING RECORD - Sally SCOTT England 4.01 2009
PREVIOUS EVENT WINNER - Holly BLEASDALE England U20 3.76, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	7	Lucy BRYAN	England U20	4.02	
2	5	Naomi JAMES	Wales U20	3.45	
3	8	Hannah LAWLER	Scotland U20	3.00	
4					
Guest Athletes					
1	38	Sally PEAKE	SW Guest	4.32	
2	39	Sally SCOTT	SW Guest	4.12	
3	40	Ellie BESFORD	SW Guest	3.30	

F6 U20 Women Long Jump

11:45

WELSH RECORD - Rhinannon YATES, UWIC, 5.83p,Cardiff"11.12.2010
U20 MEETING RECORD - Kelley PROPER Ireland 5.82 2007
PREVIOUS EVENT WINNER - Lorraine UGEN England U20 6.02, 2010

Pos	Bib	Name	Country	Perf.	Comments
1	8	Scott LINCOLN	England U20	5.70	
2	7	Matthew FIELD	Wales U20	5.61	
3	6	Josh BUSSELL	Wales U20 Select	5.15	
4	5	Lewis NICHOLSON	Scotland U20	5.11	
Guest Athletes					
1	33	Emma LYONS	SW Guest	5.89	

CELTIC CUP 2012
MATCH POINTS BY EVENT

Event	Age Group	WAL	ENG	SCO	CMU	Pts not used	Event	Age Group	WAL	WAL (S)	ENG	SCO	Pts not used
		1	2	3	4				5	6	7	8	
60mh	SM	3		5	2	-1	200m	U20M	3	2	5	1	
60m	SM	3	5		2	-1	800m	U20M	3	2	5	1	
400m	SM	5		3	2	-1	3000m	U20M	2	1	5	3	
1500m	SM	5		2	3	-1	High Jump	U20M	5	1	3	2	
Pole Vault	SM	3		5	2	-1	Triple Jump	U20M	2	1	5	3	
Long Jump	SM	3		5	2	-1	Shot	U20M	3	2	5	1	
200m	SW	5		2	3	-1	60m	U20W	1	2	5	3	
800m	SW	2		5	3	-1	400m	U20W	3	1	2	5	
3000m	SW	2		5	3	-1	1500m	U20W	3	2		5	-1
High Jump	SW	3		2	5	-1	60mh	U20W	3		5	2	-1
Triple Jump	SW	2	3	5	1		Pole Vault	U20W	3		5	2	-1
Shot	SW	2		3	5	-1	Long Jump	U20W	1	2	3	5	
Mixed medley relay	SM/SW	5		2	3	-1	Mixed medley relay	U20M/U20W	1	2	5	3	
TOTAL		43	8	44	36	-12	**TOTALS**		30	16	48	35	-3

CELTIC CUP 2012

Match Score

Senior Match points after 13 events out of 13 events		
Pos	Country	Pts
1	Scotland	44.0
2	Wales	43.0
3	Cardiff Metropolitan Uni	36.0
4	Saxons	8.0

U20 Match points after 13 events out of 13 events		
Pos	Country	Pts
1	England U20	48.0
2	Scotland U20	35.0
3	Wales U20	30.0
4	Wales U20 Select	16.0

T1 U17 Women 3000m — 10:30

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Heledd GRUFFUDD, Carmarthen Harriers, 10:28.11, Birmingham,Eng, 13.02.1994 NEW WELSH RECORD
CHAMPIONSHIP BEST - Victoria JONES, 10.43.83, Wrexham AC 12.01.2003 CBP
2011 WINNER - Malika REZOUGUI Cwmbran Harriers 10:54.63

Pos	Bib	Name	Country	Perf.	Comments
1	138	Rebecca EVANS	Cardiff AAC	10:24.64	
2	139	Olivia GWYNN	Swansea Harriers	10:32.38	
3	141	Lara PHILIPPART	Swansea Harriers	10:57.59	
4	137	Iona EVANS	Swansea Harriers	11:04.16	
5	140	Rhian HOMER	Pembrokeshire Harriers	11:11.49	
6	142	Caitlin THOMPSON	Pembrokeshire Harriers	11:15.89	

T2 U17 Men 3000m — 10:45

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Simon LAWSON, Cardiff AAC, 08:46.50, Cardiff 17.12.2005
CHAMPIONSHIP BEST - Elliott HARDEE, 08.57.78, Newport Harriers 14.02.2010
2011 WINNER - Lloyd HECKLER Carmarthen Harriers 09:09.79

Pos	Bib	Name	Country	Perf.	Comments
1	124	Connor DAVIES	Swansea Harriers	09:09.44	
2	125	Jack FEAR	Newport Harriers	09:30.68	
3	133	Ciaran LEWIS	Cardiff AAC	09:32.36	
4	128	Laurie HAWORTH	Pembrokeshire Harriers	09:56.07	
5	122	Lewis BRUNT	Cardiff AAC	10:19.54	
6	123	Ieuan COOKE	Pembrokeshire Harriers	10:31.26	
7	130	Thomas JOHN	Neath Harriers	10:34.76	
8	126	Ryan FOULKES	Wrexham AC	DNF	
9	127	Thomas HARDING	Colwyn Bay	DNF	
10	131	Ben JONES	Cwmbran Harriers	DQ	
11	134	Christian LOVATT	Carmarthen Harriers	DQ	
12	129	Jac HOPKINS	Swansea Harriers	DNS	
13	132	Rhydian JONES	Swansea Harriers	DNS	
14	135	Jonathan TOBIN	Swansea Harriers	DNS	

T13 U20M (Welsh Championship) 3000m — 12:15

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Tony BLACKWELL, Wolverhampton, 08:13.40, Cosford,Eng 10.12.1977
CHAMPIONSHIP BEST - Matthew JONES, 08.37.58, City of Stoke 20.02.2000
2011 WINNER - Josh GRIFFITHS Carmarthen Harriers 09:06.43

Pos	Bib	Name	Country	Perf.	Comments
1	145	Matthew O'LEARY	Neath Harriers	09:22.15	
2	146	Paul TOBIN	Swansea Harriers	09:23.27	
3	143	Ronan LLYR	Carmarthen Harriers	09:47.56	

T34 U20W 3000m — 14:40

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Non STANFORD, Swansea Harriers, 09:22.98, Sheffield,Eng, 11.02.2006
CHAMPIONSHIP BEST - Natasha COCKRAM, 10.06.21, Cwmbran Harriers 9.01.2011
2011 WINNER - Natasha COCKRAM Cwmbran Harriers 10:06.21

Pos	Bib	Name	Country	Perf.	Comments
1	147	Sarah LIVETT	Menai T&F	10:18.89	

T7 Senior Men Welsh Championship & Guest 3000m

11:35

ALL COMERS RECORD - Rob WHALLEY, (England), 07:53.63, Cardiff, 6.02.2000
WELSH RECORD - Ian HAMER, Swansea Harriers, 07:51.49, Birmingham,Eng 14.03.1992
CHAMPIONSHIP BEST - David WESTBURY, 08.17.84, Derby AC 31.01.2010
2011 WINNER - Dewi GRIFFITHS (SM) Carmarthen Harriers 08:24.12

Pos	Bib	Name	Country	Perf.	Comments
1	157	Mark MITCHELL *	Forres Harriers	08:07.90	
2	152	Joshua GORECKI *	Aldershot Farnham	08:25.40	
3	151	Wynne EVANS (W)	Carmarthen Harriers	08:33.77	
4	156	Michael KALLENBERG (W)	Cardiff AAC	08:35.73	
5	149	Luke CARROLL *	Cheltenham Harriers	08:41.15	
6	148	Chris CARPANINI (W)	Newport Harriers	08:51.83	
7	155	Lloyd HECKLER (W)	Carmarthen Harriers	09:07.08	

T33 Senior Women 3000m

14:40

ALL COMERS RECORD - Gemma TURTLE, (England), 08:56.23, Cardiff , 10.01.2010
WELSH RECORD - Hayley TULLETT, Swansea Harriers, 08:45.36, Lisbon,Port, 10.03.2001
CHAMPIONSHIP BEST - Natalie LEWIS, 09.43.57, Cardiff AAC 28.01.2006
2011 WINNER - No Entries

Pos	Bib	Name	Country	Perf.	Comments
1	160	Alaw BEYNON-THOMAS (W)	Swansea Harriers	09:53.67	
2	164	Debbie REES (W)	Cardiff AAC	10:12.16	
3	162	Shavaun HENRY *	Blackheath	10:18.09	
4	161	Emily BROWN (W)	Cardiff AAC	10:33.34	
5	163	Leigh JAMES (W)	Windsor Slough Eton	11:05.38	

T11 U13 Girls Invitation 60m — 12:05

WELSH RECORD - Hannah BRIER, Swansea Harriers, 8.23 , Cardiff, 30.01.2010

Pos	Bib	Name	Country	Perf.	Comments
1	21	Sarah OMOREGIE	Pembrokeshire Harriers	8.41	
2	22	Rosie HAINING	Aberdare VAAC	8.82	
3	23	Rhiannon MAINE	Swansea Harriers	8.94	
4	24	Armani WILLIAMS	Newport Harriers	9.01	
5	20	Esme GREER	Pembrokeshire Harriers	9.09	
6	25	Chelsie DAVIES	Blaenau Gwent AC	9.11	

T24 U13 Girls Invitation 200m — 13:45

WELSH RECORD - Hannah BRIER, Swansea Harriers, 27.43, Cardiff 30.01.2010

Pos	Bib	Name	Country	Perf.	Comments
1	94	Catrin LORD	Cardiff AAC	29.95	
2	24	Armani WILLIAMS	Newport Harriers	30.18	
3	93	Amy AHIA	Cardiff AAC	30.64	
4	92	Gabrielle FAKANDE	Cwmbran Harriers		DNS

T14 U13 Girls Invitation 800m — 12:30

WELSH RECORD - Lora ROBERTS, Bridgend AC, 02:24.99, Cardiff, 28.01.2007

Pos	Bib	Name	Country	Perf.	Comments
1	81	Isobel DODD	Bridgend AC	02:34.57	
2	83	Caitlin EXTON	Cardiff AAC	02:35.10	
3	82	Holli JEHU	Aberdare VAAC	02:36.27	
4	85	Sara FLOWER	North Somerset AC	02:36.72	
5	80	Rebecca HORTON	Aberdare VAAC	02:43.50	
6	84	Abigail FISHER	Blaenau Gwent AC	02:47.37	

F1 U13 Girls Invitation Long Jump — 11:00

WELSH RECORD - Chloe HUGHES, Deeside AAC, 4.61, Cardiff 29.01.2011

Pos	Bib	Name	Country	Perf.	Comments
1	107	Macey JONES	Cwmbran Harriers	4.15	
2	104	Emily THOMAS	Cardiff AAC	3.99	
3	106	Madeleine NEWTON	Neath Harriers	3.80	
4	92	Gabrielle FAKANDE	Cwmbran Harriers	3.74	
5	107	Macey JONES	Cwmbran Harriers	3.63	
6	104	Emily THOMAS	Cardiff AAC	0.00	

T25 U13 Boys Invitation 200m — 13:50

WELSH RECORD - Sion ROBERTS, Wrexham AC, 25.92, Cardiff 30.01.2010

Pos	Bib	Name	Country	Perf.	Comments
1	95	Samuel WINK	Cardiff AAC	27.59	
2	96	Ceirion HOPKINS	Neath Harriers	27.96	
3	98	Stephen JONES	Aberdare VAAC	28.94	
4	97	Ewan ROSSER	Cwmbran Harriers		DNS

T15 U13 Boys Invitation 800m — 12:40

WELSH RECORD - Scott EDWARDS, Derby AC, 02:22.04, Cardiff, 28.01.2007

Pos	Bib	Name	Country	Perf.	Comments
1	89	James VINCENT	Cardiff AAC	02:36.50	
2	91	Adam GREY	Cwmbran Harriers	03:07.89	
3	86	Elliot LAWRENCE	Swansea Harriers		DNS
4	87	Samuelle WILLIAMS	Barry & Vale Harriers		DNS
5	88	Ioan JONES	Cardiff AAC		DNS
6	90	Ioan DAVIES	Cardiff AAC		DNS

T5 U13 Boys Invitation 60m Hurdles — 11:20

WELSH RECORD - David GUEST, Bridgend AC, 9.68, Cardiff 25.09.2004

Pos	Bib	Name	Country	Perf.	Comments
1	10	Deio HUGHES	Cardiff AAC	10.81	
2	9	Scott MORGAN	Swansea Harriers	11.24	
3	12	Thomas ATKINSON	Cardiff AAC	11.51	
4	14	Rhys EVANS	Rhondda AC	13.73	

F5 U13 Boys Invitation High Jump — 12:30

WELSH RECORD - Jamie DALTON, Preseli, 1.55, Swansea 26.01.1992

Pos	Bib	Name	Country	Perf.	Comments
1	10	Deio HUGHES	Cardiff AAC	1.36	
2	95	Samuel WINK	Cardiff AAC	1.36	
3	89	James VINCENT	Cardiff AAC	1.33	
4	9	Scott MORGAN	Swansea Harriers	1.30	

T26 U15 Girls Invitation 200m — 13:55

WELSH RECORD - Hannah BRIER, Swansea Harriers, 25.14, Birmingham,Eng 27.02.2011

Pos	Bib	Name	Country	Perf.	Comments
1	99	Hannah BRIER	Swansea Harriers	25.74	
2	101	Bethan REGISTER	Cardiff AAC	27.38	
3	102	Jodi BEYNON	Blaenau Gwent AC	28.35	
4	166	Leoni STEVENS	Bridgend AC		DNS

T6 U15 Girls Invitation 60m Hurdles — 11:30

WELSH RECORD - Heather JONES, Carmarthen AC, 8.79, Birmingham,Eng 25.02.2001

Pos	Bib	Name	Country	Perf.	Comments
1	19	Jessica MERRICK	Swansea Harriers	9.69	
2	16	Mia EVANS	Neath Harriers	10.37	
3	15	Ffion JENKINS	Swansea Harriers	11.99	
4	17	Jamie O'DRISCOLL	Swansea Harriers		DNS
5	18	Abigail BOWERS	Oswestry Olympians		DNS

F4 U15 Girls Invitation High Jump 12:30

WELSH RECORD - Julia CHARLTON, Carmarthen Harriers, 1.79, St Athan, 24.02.1980

Pos	Bib	Name	Country	Perf.	Comments
1	112	Lucy MATON	Cardiff AAC	1.45	
2	113	Abigail BUXTON	Pembrokeshire Harriers	1.45	
3	102	Jodi BEYNON	Blaenau Gwent AC	1.42	

F3 U15 Girls Invitation Shot 11:00

WELSH RECORD - Adele NICOLL, Birchfield Harriers, 13.56, Cardiff 29.01.2011

Pos	Bib	Name	Country	Perf.	Comments
1	111	Katy WHITLEY	Wrexham AC	11.36	
2	110	Lauren RICHARDS	Severn AC	10.21	
3	108	Emily COCKRILL	Swansea Harriers	9.77	
4	109	Amy HUMBLE	Carmarthen Harriers	9.08	

T12 U15 Boys Invitation 60m 12:10

WELSH RECORD - Andrew WATKINS, Pontypridd AC, 7.06, Birmingham,Eng 23.02.2002

Pos	Bib	Name	Country	Perf.	Comments
1	27	Sion ROBERTS	Wrexham AC	7.35	
2	28	Shane HUGHES	Wrexham AC	7.55	
3	26	Harry HILLMAN	Cardiff AAC	7.80	
4	30	Sam JONES	Cardiff AAC	7.85	
5	31	Daniel SNELLING	Newport Harriers	8.35	
6	29	Jared ROSSER	Cwmbran Harriers		DNS

T27 U15 Boys Invitation 200m 14:00

WELSH RECORD - Andrew WATKINS, Pontypridd AC, 22.57, Birmingham,Eng 24.02.2002

Pos	Bib	Name	Country	Perf.	Comments
1	27	Sion ROBERTS	Wrexham AC	23.51	
2	28	Shane HUGHES	Wrexham AC	24.16	
3	103	Ryan JAMES	Cardiff AAC	24.48	
4	29	Jared ROSSER	Cwmbran Harriers		DNS

F8 U15 Boys Invitation Long Jump 12:30

WELSH RECORD - Lloyd ROBBINS, Deeside, 6.16, Birmingham,Eng 29.02.2010

Pos	Bib	Name	Country	Perf.	Comments
1	114	Thomas TROTMAN	Cardiff AAC	5.80	
2	26	Harry HILLMAN	Cardiff AAC	5.26	
3	117	Rhys ROBERTS	Bridgend AC	5.02	
4	116	Thomas WALLEY	Wrexham AC	4.82	
5	114	Thomas TROTMAN	Cardiff AAC	4.66	
6	26	Harry HILLMAN	Cardiff AAC	0.00	

F9 U15 Boys Invitation Shot (4.00kg) 13:15

WELSH RECORD - Mathew EVANS, Carmarthen Harriers, 15.69, Cardiff 11.01.2003

Pos	Bib	Name	Country	Perf.	Comments
1	119	Nathan THOMASON	Colwyn Bay	13.79	
2	120	Jake EVANS	Pembrokeshire Harriers	12.39	

T10 Guest Women 60m

12:00

ALL COMERS RECORD - Joice MADUAKA, (England), 7.28, Cardiff, 3.02.2002
WELSH RECORD - Carman SMART, Cardiff AAC, 7.34, Cosford,Eng, 17.02.1990

Pos	Bib	Name	Country	Perf.	Comments
1	71	Yasmin MILLER	England U20 Guest	7.82	
2	77	Beth SARGENT	Guest Guest	8.03	
3	69	Sarah EVANS	SW Guest	8.66	

T23 Guest Men 200m

13:40

ALL COMERS RECORD - Doug TURNER, (Wales), 20.92, Cardiff 10.02.2002
WELSH RECORD - Christian MALCOLM, Cardiff AAC, 20.54, Ghent,Bel 26.02.2000

Pos	Bib	Name	Country	Perf.	Comments
1	66	Gareth HOPKINS	SM Guest	22.60	
2	67	Gareth PRICE	SM Guest	23.37	
3	57	Tom CUSWORTH	Wales U20 Guest		DQ
4					

T29 Guest Women 200m

14:10

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Michelle PROBERT, Sale Harriers Manchester, 24.38, Berlin,Ger 28.01.2001 Lowri JONES

Pos	Bib	Name	Country	Perf.	Comments
1	58	Rhiannon JEFFRIES	Wales Guest	25.94	
2	74	Laura DURANI	Guest Guest	26.78	
3	72	Jamie-Lee BOWEN	Guest Guest	26.90	
4					

T20 Guest Men 400m

13:25

ALL COMERS RECORD - Not Recognised at this age group
WELSH RECORD - Bruce TASKER, Carmarthen H, 47.74, Birmingham,Eng 5.03.2006

Pos	Bib	Name	Country	Perf.	Comments
1	56	Matthew ANTONIZZI	Wales U20 Guest	50.83	
2	68	Jonathan HOBBS	SM Guest	51.23	
3	78	Ryan COOPER	Guest Guest	55.09	
4					

T18 Guest Men 800m

13:10

ALL COMERS RECORD - Joe THOMAS, (Wales), 01:47.82p, Cardiff , 21.01.2012
WELSH RECORD - James WATKINS, Cardiff AAC, 01:47.23, Moscow,Rus, 11.03.2006

Pos	Bib	Name	Country	Perf.	Comments
1	60	Danny MOONEY	Ireland Guest	01:52.07	
2	59	Jordan BRANSBERG	England U20 Guest	01:52.56	
3	41	Andrew DE-CHAMPS	SM Guest	01:53.55	
4	34	Dave BANDWELL-CLODE	SM Guest	01:54.17	
5	53	John MORGAN	UWIC Guest	01:54.87	
6	35	Lewis BANNER	SM Guest	01:55.19	
7	42	Tom BOWERMAN	SM Guest	01:57.78	

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F1 - U13 Girls Invitation Long Jump	11:00	WELSH RECORD - Chloe HUGHES, Deeside AAC, 4.61, Cardiff 29.01.2011		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	92	Gabrielle FAKANDE	Cwmbran Harriers	3.74	3.68	3.55	3.74	4	3.74			3.74	4
2	104	Emily THOMAS	Cardiff AAC	3.87	3.86	NJ	3.87	2	3.99			3.99	2
3	94	Catrin LORD	Cardiff AAC	1.61	3.25	NJ	3.25	5	3.63			3.63	5
4	105	Katy GREEN	Cardiff AAC										
5	106	Madeleine NEWTON	Neath Harriers	3.73	3.80	3.68	3.80	3	3.79			3.80	3
6	107	Macey JONES	Cwmbran Harriers	3.89	NJ	3.94	3.94	1	4.15			4.15	1
7													
8													

FULL INVITATION RESULTS

POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF
1	107	Macey JONES	Cwmbran Harriers	4.15	5	107	Catrin LORD	Cardiff AAC	3.63
2	104	Emily THOMAS	Cardiff AAC	3.99	6	104			
3	106	Madeleine NEWTON	Neath Harriers	3.80	7	106			
4	92	Gabrielle FAKANDE	Cwmbran Harriers	3.74	8	92			

JUDGES' SIGNATURES

Welsh Athletics - Height Card

New Meeting Record

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Not Recognised at this age group		
EVENT	F2 - U20 Women & Guest Pole Vault	11:00 AM	WELSH RECORD - Rhian CLARKE, Essex Ladies, 3.65, Lievin,Fr 3.03.1996		
			MEETING RECORD - Sally SCOTT England 4.01 2009		

Order	Bib	NAME	CLUB	Start Height	2.60			2.80			3.00			3.15			3.30			3.45			3.60			3.75			3.90			4.02			4.12			Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					4.22			4.32			4.37																															
					Metres			Metres			Metres			Metres			Metres			Metres			Metres			Metres			Metres			Metres			Metres			Metres					
1	7	Lucy BRYAN	England U20	3.60																			O			O			O			X	X	O	X	X	X	**4.02**	3	5	9	1
2	6	No ATHLETE	Wales U20 Select																																							
3	5	Naomi JAMES	Wales U20	3.30													O			O			X	X	X													3.45	1	3	5	2
4	8	Hannah LAWLER	Scotland U20	2.60	O			O			O			X	X	X																						3.00	1	3	6	3
5	38	Sally PEAKE	SW Guest	3.90	**O**			**X**	**O**		**X**	**X**	**X**																O			X	O		O			4.32	2	5	10	1
6	39	Sally SCOTT	SW Guest	3.75	**X**	**X**	**X**																			O			O			O			O			4.12	1	3	7	2
7	40	Ellie BESFORD	SW Guest	3.15										O			O			X	X	X																3.30	1	3	5	3
8																																										

CELTIC CUP RESULTS

	Bib	NAME	CLUB	PERF
1	7	Lucy BRYAN	England U20	4.02
2	5	Naomi JAMES	Wales U20	3.45
3	8	Hannah LAWLER	Scotland U20	3.00
4				

GUEST RESULTS

No.	Bib	NAME	CLUB	PERF
1	38	Sally PEAKE	SW Guest	4.32
2	39	Sally SCOTT	SW Guest	4.12
3	40	Ellie BESFORD	SW Guest	3.30
4				

JUDGES SIGNATURES

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F3 - U15 Girls Invitation Shot	11:00	WELSH RECORD - Adele NICOLL, Birchfield Harriers, 13.56, Cardiff 29.01.2011		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	108	Emily COCKRILL	Swansea Harriers	9.76	8.89	8.73	9.76	3	9.77			9.77	3
2	109	Amy HUMBLE	Carmarthen Harriers	NT	9.07	9.04	9.07	4	9.08			9.08	4
3	110	Lauren RICHARDS	Severn AC	9.31	10.21	NT	10.21	2	9.37			10.21	2
4	111	Katy WHITLEY	Wrexham AC	9.93	9.98	10.98	10.98	1	11.36			11.36	1
5													
6													
7													
8													

FULL INVITATION RESULTS

POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF
1	111	Katy WHITLEY	Wrexham AC	11.36	5	111			
2	110	Lauren RICHARDS	Severn AC	10.21	6	110			
3	108	Emily COCKRILL	Swansea Harriers	9.77	7	108			
4	109	Amy HUMBLE	Carmarthen Harriers	9.08	8	109			

JUDGES' SIGNATURES

Welsh Athletics - Height Card

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Not Recognised at this age group		
EVENT	F4 - U15 Girls Invitation High Jump	12:30 PM	WELSH RECORD - Julia CHARLTON, Carmarthen Harriers, 1.79, St Athan, 24.02.1980		

Order	Bib	NAME	CLUB	Start Height	1.30	1.33	1.36	1.39	1.42	1.45	1.48					Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres				
1	112	Lucy MATON	Cardiff AAC	1.30	O	O	O	O	X X O	O	X X X					1.45	1	5	11	1
2	113	Abigail BUXTON	Pembrokeshire Harriers	1.30	O	O	O	O	X O	X O	X X X					1.45	2	5	11	2
3	102	Jodi BEYNON	Blaenau Gwent AC	1.30	O	O	X O	O	X O	X X X						1.42	2	5	10	3
4																				
5																				
6																				
7																				
8																				

CELTIC CUP INVITATION RESULTS

	Bib	NAME	CLUB	PERF
1	112	Lucy MATON	Cardiff AAC	1.45
2	113	Abigail BUXTON	Pembrokeshire Harriers	1.45
3	102	Jodi BEYNON	Blaenau Gwent AC	1.42
4				

No.	Bib	NAME	CLUB	PERF
1				
2				
3				
4				

JUDGES SIGNATURES

F4-U15G-HJ

Welsh Athletics - Height Card

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Not Recognised at this age group		
EVENT	F5 - U13 Boys Invitation High Jump	12:30 PM	WELSH RECORD - Jamie DALTON, Preseli, 1.55, Swansea 26.01.1992		

Order	Bib	NAME	CLUB	Start Height	1.15	1.18	1.21	1.24	1.27	1.30	1.33	1.36	1.39			Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres				
1	95	Samuel WINK	Cardiff AAC	1.21			O	X O	X X O	X O	O	X X O	X X X			1.36	3	9	15	2
2	89	James VINCENT	Cardiff AAC	1.27					O	O	X O	X X X				1.33	2	4	7	3
3	10	Deio HUGHES	Cardiff AAC	1.21			O	O	O	O	O	O	X X X			1.36	1	3	9	1
4	9	Scott MORGAN	Swansea Harriers	1.15	O	X O	O	X O	O	X O	X X X					1.30	2	6	12	4
5																				
6																				
7																				
8																				

CELTIC CUP INVITATION RESULTS

	Bib	NAME	CLUB	PERF
1	10	Deio HUGHES	Cardiff AAC	1.36
2	95	Samuel WINK	Cardiff AAC	1.36
3	89	James VINCENT	Cardiff AAC	1.33
4	9	Scott MORGAN	Swansea Harriers	1.30

GUEST RESULTS

No.	Bib	NAME	CLUB	PERF
1				
2				
3				
4				

JUDGES SIGNATURES

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F6 - U20 Women Long Jump	11:45	WELSH RECORD - Rhinannon YATES, UWIC, 5.83p,Cardiff"11.12.2010		
			U20 MEETING RECORD - Kelley PROPER Ireland 5.82 2007		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	8	Faye NICHOLSON	Scotland U20	5.53	5.70	5.53	5.70	2	WD			5.70	1
2	7	Micaela BRINDAL	England U20	4.80	5.33	5.54	5.54	3	NJ	5.61	NJ	5.61	2
3	6	Melissa ARTHUR	Wales U20 Select	4.29	5.04	4.99	5.04	4	4.60	4.88	5.15	5.15	3
4	5	Megan O'SULLIVAN	Wales U20	5.04	4.98	3.97	5.04	4	NJ	5.06	5.11	5.11	4
5	33	Emma LYONS	SW Guest	NJ	5.81	NJ	5.81	1	5.60	5.89	5.88	5.89	1
6													
7													
8													

CELTIC CUP RESULTS

POS	No.	NAME	CLUB	PERF
1	8	Faye NICHOLSON	Scotland U20	5.70
2	7	Micaela BRINDAL	England U20	5.61
3	6	Melissa ARTHUR	Wales U20 Select	5.15
4	5	Megan O'SULLIVAN	Wales U20	5.11

GUEST RESULTS

POS	No.	NAME	CLUB	PERF
1	33	Emma LYONS	SW Guest	5.89
2				
3				
4				

JUDGES' SIGNATURES

F6-U20W-LJ

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F7 - U20 Men Shot (6.00kg)	12:15	WELSH RECORD - Brett MORSE, Cardiff AAC, 17.51, Cardiff 14.12.2008		
			MEETING RECORD - Kieran SHOWLER-DAVIES England 17.52 2009		

Order	BIB	Name	Club	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	6	Josh BUSSELL	Wales U20 Select	13.24	13.31	12.72	13.31	3	13.66	12.53	12.55	13.66	3
2	5	Matthew FIELD	Wales U20	14.20	14.45	14.25	14.45	2	15.37	14.46	14.53	15.37	2
3	7	Scott LINCOLN	England U20	16.06	16.90	16.55	16.90	1	16.76	16.88	16.72	16.90	1
4	8	Lewis NICHOLSON	Scotland U20	11.60	12.19	12.63	12.63	4	12.38	11.95	12.75	12.75	4
5													
6													
7													
8													

CELTIC CUP RESULTS					GUEST RESULTS					JUDGES' SIGNATURES
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF	
1	7	Scott LINCOLN	England U20	16.90	1					
2	5	Matthew FIELD	Wales U20	15.37	2					
3	6	Josh BUSSELL	Wales U20 Select	13.66	3					
4	8	Lewis NICHOLSON	Scotland U20	12.75	4					

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F8 - U15 Boys Invitation Long Jump	12:30	WELSH RECORD - Lloyd ROBBINS, Deeside, 6.16, Birmingham,Eng 29.02.2010		
			MEETING RECORD - New Meeting Event		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	114	Thomas TROTMAN	Cardiff AAC	5.80	5.75	NJ	5.80	1	5.75			5.80	1
2	26	Harry HILLMAN	Cardiff AAC	5.10	5.10	5.19	5.19	2	5.26			5.26	2
3	116	Thomas WALLEY	Wrexham AC	4.82	NJ	4.82	4.82	4	4.82			4.82	4
4	117	Rhys ROBERTS	Bridgend AC	5.02	5.02	NJ	5.02	3	4.85			5.02	3
5	118	Joel WATSON	Cardiff AAC	NJ	NJ	4.69	4.66	5				4.66	5
6													
7													
8													

FULL INVITATION RESULTS

POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF
1	114	Thomas TROTMAN	Cardiff AAC	5.80	5	114	Joel WATSON	Cardiff AAC	4.66
2	26	Harry HILLMAN	Cardiff AAC	5.26	6	26			
3	117	Rhys ROBERTS	Bridgend AC	5.02	7	117			
4	116	Thomas WALLEY	Wrexham AC	4.82	8	116			

JUDGES' SIGNATURES

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F9 - U15 Boys Invitation Shot (4.00kg)	13:15	WELSH RECORD - Mathew EVANS, Carmarthen Harriers, 15.69, Cardiff 11.01.2003		
			MEETING RECORD - New Meeting Event		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	119	Nathan THOMASON	Colwyn Bay	12.49	13.62	13.35	13.62	1	13.79			13.79	1
2	120	Jake EVANS	Pembrokeshire Harriers	10.63	12.39	12.17	12.39	2	12.16			12.39	2
3	29	Jared ROSSER	Cwmbran Harriers										
4	121	Lewis CAMPBELL	Cardiff AAC										
5													
6													
7													
8													

FULL INVITATION RESULTS

POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF
1	119	Nathan THOMASON	Colwyn Bay	13.79	5	119			
2	120	Jake EVANS	Pembrokeshire Harriers	12.39	6	120			
3					7				
4					8				

JUDGES' SIGNATURES

Welsh Athletics - Height Card

New Meeting Record

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Paul WILLIAMSON, (England), 5.50, Cardiff 6.02.2000 & Nick BUCKFIELD, (England), 5.50, Cardiff 2.02.2002		
EVENT	F10 - Senior Men Pole Vault	1:15 PM	WELSH RECORD - Paul WALKER, Sale, 5.43, Vienna,Aust 2.02.2010		
			MEETING RECORD - Scott SIMPSON UWIC 5.15 2007		

Order	Bib	NAME	CLUB	Start Height	4.10	4.30	4.45	4.55	4.65	4.85	5.05	5.15	5.25	5.35		Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres				
1	3	Gregor MACLEAN	Scotland	5.05							O	P	X X O	X X X		5.25	3	5	8	1
2	1	Lewis NEWTON	Wales	4.30		O	O	X X X								4.55	3	3	5	2
3	2	No ATHLETE	Saxons																	
4	4	Luke BAILEY	Cardiff Metropolitan Uni	4.10	O	X O	X X X									4.30	2	4	6	3
5	37	Nick CRUCHLY	SM Guest	5.05							X X O	X O	O	X X X		5.25	1	6	9	1
6	48	Alasdair STRANGE	Scotland Guest	4.65					X X O	O	X X X					4.85	1	5	7	2
7																				
8																				

CELTIC CUP INVITATION RESULTS

	Bib	NAME	CLUB	PERF
1	3	Gregor MACLEAN	Scotland	5.25
2	1	Lewis NEWTON	Wales	4.55
3	4	Luke BAILEY	Cardiff Metropolitan Uni	4.30
4				

GUEST RESULTS

No.	Bib	NAME	CLUB	PERF
1	37	Nick CRUCHLY	SM Guest	5.25
2	48	Alasdair STRANGE	Scotland Guest	4.85
3				
4				

JUDGES SIGNATURES

Welsh Athletics - Height Card

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Susan JONES, (England), 1.90, Cardiff, 2.02.2002		
EVENT	F11 - Senior Women High Jump	2:00 PM	WELSH RECORD - Julie CRANE, Sale Harriers Manchester, 1.90, Otterberg,Ger, 28.02.2004/2005		
			MEETING RECORD - Julie CRANE Wales 1.82 2007		

Order	Bib	NAME	CLUB	Start Height	1.52	1.55	1.58	1.61	1.64	1.67	1.70					Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres				
1	3	Ellen KRISTOFFERSEN	Scotland	1.52	O	O	X O	O	X X X							1.61	1	4	8	3
2	4	Lauren O'REILLY	Cardiff Metropolitan Uni	1.55		O	O	O	O	X O	X X X					1.67	2	4	9	1
3	2	No ATHLETE	Saxons																	
4	1	Sian SWANSON	Wales	1.55		O	O	O	X X O	X X X						1.64	3	5	9	2
5	54	Kate SEALY	UWIC Guest	1.52	O	O	X O	O	X X X							1.61	1	4	8	1
6																				
7																				
8																				

CELTIC CUP INVITATION RESULTS

	Bib	NAME	CLUB	PERF
1	4	Lauren O'REILLY	Cardiff Metropolitan Uni	1.67
2	1	Sian SWANSON	Wales	1.64
3	3	Ellen KRISTOFFERSEN	Scotland	1.61
4				

GUEST RESULTS

No.	Bib	NAME	CLUB	PERF
1	54	Kate SEALY	UWIC Guest	1.61
2				
3				
4				

JUDGES SIGNATURES

Welsh Athletics - Height Card

MEETING	Celtic Indoor Cup, & U20 International	VENUE	National Indoor Athletics Centre, Cyncoed, Cardiff	DATE	Sun-29-January-2012
		TIME	ALL COMERS RECORD - Not Recognised at this age group		
EVENT	F12 - U20 Men High Jump	2:00 PM	WELSH RECORD - Andrew MCIVER/John HILL, Cardiff AAC/Solihull, 2.15, Cosford,Eng 26.01.1980/11.01.1985		
			MEETING RECORD - Barry PENDER Ireland 2.14 2008		

Order	Bib	NAME	CLUB	Start Height	1.70	1.75	1.80	1.85	1.90	1.95	2.00					Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
					Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres				
1	7	Jonathan HEATH	England U20	1.85				O	O	X O	X X X					1.95	2	4	7	2
2	5	Stephen GUEST	Wales U20	1.75		O		O	O	O	X X X					1.95	1	3	7	1
3	8	Sean GAFFNEY	Scotland U20	1.80			O	O	X X O	X O	X X X					1.95	2	6	10	3
4	6	Aled PRICE	Wales U20 Select	1.70	O	X O	X X O	X X X								1.80	3	6	9	4
5																				
6																				
7																				
8																				

CELTIC CUP INVITATION RESULTS

	Bib	NAME	CLUB	PERF
1	5	Stephen GUEST	Wales U20	1.95
2	7	Jonathan HEATH	England U20	1.95
3	8	Sean GAFFNEY	Scotland U20	1.95
4	6	Aled PRICE	Wales U20 Select	1.80

GUEST RESULTS

No.	Bib	NAME	CLUB	PERF
1				
2				
3				
4				

JUDGES SIGNATURES

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Gable GARENAMOTSE, (Botswana), 8.01, Cardiff 3.02.2002		
Event	F13 - Senior Men Long Jump	13:00	WELSH RECORD - Lynn DAVIES, Roath H, Cardiff, 7.97, LosAngeles,USA 12.02.1966		
			MEETING RECORD - John CARR Scotland 7.42, 2010		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	1	Adam WILLIAMS	Wales	6.76	6.59	NJ	6.76	2	NJ	6.88	6.63	6.88	2
2	2	James DAVIES	Saxons										
3	4	Phil WARWICKER	Cardiff Metropolitan Uni	5.81	6.15	NJ	6.15	4	NJ	6.18	4.19	6.18	3
4	3	Alan HAMILTON	Scotland	5.18	6.88	6.83	6.88	1	6.98	5.32	7.00	7.00	1
5	51	Chris CLAYTON	UWIC Guest	5.96	6.22	6.14	6.22	3	6.24	6.34	6.25	6.34	1
6													
7													
8													

CELTIC CUP RESULTS

POS	No.	NAME	CLUB	PERF
1	3	Alan HAMILTON	Scotland	7.00
2	1	Adam WILLIAMS	Wales	6.88
3	4	Phil WARWICKER	Cardiff Metropolitan Uni	6.18
4				

GUEST RESULTS

POS	No.	NAME	CLUB	PERF
1	51	Chris CLAYTON	UWIC Guest	6.34
2				
3				
4				

JUDGES' SIGNATURES

F13-SM-LJ

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Not Recognised at this age group		
Event	F14 - U20 Men Triple Jump	13:30	WELSH RECORD - Steven SHALDERS, Cardiff AAC, 15.45, Birmingham,Eng 20.02.1999		
			MEETING RECORD - Kola ADEDOYIN England 14.94 2009		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	8	Douglas PAUL	Scotland U20	NJ	11.47	13.19	13.19	3	NJ	13.15	NJ	13.19	2
2	6	Tom MORGAN	Wales U20 Select	12.10	12.09	NJ	12.10	5	NJ	12.10	11.80	12.10	4
3	5	Connor LAVERTY	Wales U20	12.55	NJ	12.39	12.55	4	12.77	NJ	NJ	12.77	3
4	7	Joes MARTIN-FULLERTON	England U20	13.74	13.81	14.75	14.75	2	14.83	14.82	13.98	14.83	1
5	32	Navid CHILDS	SM Guest	14.74	14.95	NJ	14.95	1	14.86	14.88	14.80	14.95	1
6													
7													
8													

CELTIC CUP RESULTS					GUEST RESULTS					JUDGES' SIGNATURES
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF	
1	7	Joes MARTIN-FULLERTON	England U20	14.83	1	32	Navid CHILDS	SM Guest	14.95	
2	8	Douglas PAUL	Scotland U20	13.19	2					
3	5	Connor LAVERTY	Wales U20	12.77	3					
4	6	Tom MORGAN	Wales U20 Select	12.10	4					

Welsh Athletics : Distance Card

NEW MEETING RECORD

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Yamile ALDAMA, (Cuba), 14.11, Cardiff 9.02.2003		
Event	F15 - Senior Women Triple Jump	14:30	WELSH RECORD - Sara BARRY, Cardiff AAC , 12.47, Cardiff 28.02.2009		
			MEETING RECORD - Mary McLOONE Ireland 12.54 2009		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	1	Imogen MILES	Wales	11.68	11.74	11.66	11.74	3	11.77	11.94	11.91	11.94	3
2	3	Nony MORDI	Scotland	12.31	NJ	12.57	12.57	1	NJ	12.54	12.78	12.78	1
3	4	Sara GEARY	Cardiff Metropolitan Uni	10.20	10.41	10.52	10.52	5	10.80	10.77	10.70	10.80	4
4	2	Ahtollah ROSE	Saxons	12.23	12.30	12.17	12.30	2	11.94	WD		12.30	2
5	64	Sharon HEVEREN	SW Guest	10.39	10.71	10.76	10.76	4	10.70	10.70	10.38	10.76	1
6													
7													
8													

CELTIC CUP RESULTS					GUEST RESULTS					JUDGES' SIGNATURES
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF	
1	3	Nony MORDI	Scotland	12.78	1	64	Sharon HEVEREN	SW Guest	10.76	
2	2	Ahtollah ROSE	Saxons	12.30	2					
3	1	Imogen MILES	Wales	11.94	3					
4	4	Sara GEARY	Cardiff Metropolitan Uni	10.80	4					

Welsh Athletics : Distance Card

Meeting	Celtic Indoor Cup, & U20 International	Venue	National Indoor Athletics Centre, Cyncoed, Cardiff	Date	Sun-29-January-2012
		Time	ALL COMERS RECORD - Venissa HEAD, (Wales), 19.06, St Athan 7.04.1984		
Event	F16 - Senior Women Shot (4.00kg)	14:30	WELSH RECORD - Venissa HEAD, Cardiff AAC AAC, 19.06, St Athan 7.04.1984		
			MEETING RECORD - Alison RODGER Scotland 16.09, 2010		

Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best of All	Final Position
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	2	Eleanor GATRELL	Saxons										
2	1	Vicky LLOYD	Wales	9.30	9.38	9.48	9.48	5	8.99	9.45	9.47	9.48	3
3	3	Rachel HUNTER	Scotland	NT	9.58	10.71	10.71	3	11.21	NT	10.13	11.21	2
4	4	Sarah BENSON	Cardiff Metropolitan Uni	11.06	11.17	10.96	11.17	2	11.64	11.31	11.73	11.73	1
5	55	Gemma YOUNG	UWIC Guest	8.91	10.27	10.54	10.54	4	10.30	10.08	8.82	10.54	2
6	65	Adele NICOLL	U20 Guest	13.33	12.99	13.20	13.33	1	12.99	13.30	12.89	13.33	1
7													
8													

CELTIC CUP RESULTS					GUEST RESULTS					JUDGES' SIGNATURES
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF	
1	4	Sarah BENSON	Cardiff Metropolitan Uni	11.73	1	65	Adele NICOLL	U20 Guest	13.33	
2	3	Rachel HUNTER	Scotland	11.21	2	55	Gemma YOUNG	UWIC Guest	10.54	
3	1	Vicky LLOYD	Wales	9.48	3					
4					4					

Welsh Athletics
2012 U13, U15 & Senior
Welsh Championships Medalists

	Athlete	Club	Perf	Athlete	Club	Perf	Athlete	Club	Perf
U13B 60m	Ben PARIS	Cardiff AAC	8.31	Ceirion HOPKINS	Neath Harriers	8.33	Ben EVANS	Pembrokeshire Harriers	8.35
U13B 200m	Samuel WINK	Cardiff AAC	27.63	Stephen JONES	Aberdare VAAC	28.65	Ceirion HOPKINS	Neath Harriers	28.81
U13B 800m	Thomas EVANS	Wrexham AC	02:30.13	Josh ABLETT	Colwyn Bay	02:32.51	Elliot LAWRENCE	Swansea Harriers	02:32.58
U13B 1500m	Thomas EVANS	Wrexham AC	05:06.27	Elliot LAWRENCE	Swansea Harriers	05:08.76	James VINCENT	Cardiff AAC	05:10.44
U13B 60m HURDLES	Michael THOMPSON	Swansea Harriers	10.25	Scott MORGAN	Swansea Harriers	11.18	Deio HUGHES	Cardiff AAC	11.35
U13B HIGH JUMP	James VINCENT	Cardiff AAC	1.35	Deio HUGHES	Cardiff AAC	1.35	Samuel WINK	Cardiff AAC	1.35
U13B LONG JUMP	Ceirion HOPKINS	Neath Harriers	4.52	James VINCENT	Cardiff AAC	4.22	Thomas ATKINSON	Cardiff AAC	4.20
U13B SHOT	Scott HILL	Swansea Harriers	8.23	Ben EVANS	Pembrokeshire Harriers	7.77	Dylan PARRY	Bridgend AC	7.69
U13G 60m	Sarah OMOREGIE	Pembrokeshire Harriers	8.53	Rosie HAINING	Aberdare VAAC	8.69	Rhiannon MAINE	Swansea Harriers	8.81
U13G 200m	Gabrielle FAKANDE	Cwmbran Harriers	29.51	Catrin LORD	Cardiff AAC	29.65	Armani WILLIAMS	Newport Harriers	30.30
U13G 800m	Holli JEHU	Aberdare VAAC	02:35.37	Isobel DODD	Bridgend AC	02:40.51	Sara FLOWER	North Somerset AC	02:41.85
U13G 1500m	Holli JEHU	Aberdare VAAC	05:29.38	Caitlin EXTON	Cardiff AAC	05:29.79	Katie LONG	Cardiff AAC	05:30.08
U13G 60m HURDLES	Sarah OMOREGIE	Pembrokeshire Harriers	10.22	Bethan JOHNSON	Bridgend AC	10.54	Esme GREER	Pembrokeshire Harriers	10.56
U13G HIGH JUMP	Sarah OMOREGIE	Pembrokeshire Harriers	1.55	Ffion LLEWELLYN	Bridgend AC	1.29	Emily COLES	Swansea Harriers	1.26
U13G LONG JUMP	Gabrielle FAKANDE	Cwmbran Harriers	4.14	Emily THOMAS	Cardiff AAC	3.94	Catrin LORD	Cardiff AAC	3.94
U13G SHOT	Sarah WATKINS	Neath Harriers	9.24	Rachel JONES	Swansea Harriers	9.08	Amy ROTHERO	Pembrokeshire Harriers	6.68
U15B 60m	Sion ROBERTS	Wrexham AC	7.32	Shane HUGHES	Wrexham AC	7.54	Harry HILLMAN	Cardiff AAC	7.81
U15B 200m	Sion ROBERTS	Wrexham AC	23.56	Shane HUGHES	Wrexham AC	24.28	Ryan JAMES	Cardiff AAC	24.69
U15B 400m	Ryan JAMES	Cardiff AAC	55.13	Tyler PRITCHARD	Cwmbran Harriers	55.93	Luke BROWN	Aberdare VAAC	59.00
U15B 800m	Nikita NEARY	Carmarthen Harriers	02:04.30	Tyler PRITCHARD	Cwmbran Harriers	02:08.37	Danny MORGAN	Aberdare VAAC	02:09.52
U15B 1500m	Nikita NEARY	Carmarthen Harriers	04:20.61	Alex PRICE	Aberdare VAAC	04:27.49	Tyler PRITCHARD	Cwmbran Harriers	04:33.68
U15B 60M HURDLES	Harry HILLMAN	Cardiff AAC	9.20	Rhys ROBERTS	Bridgend AC	9.90	Rhys HARRIS	Swansea Harriers	10.10
U15B HIGH JUMP	Thomas TROTMAN	Cardiff AAC	1.86	Miles KELLER-JENKINS	Swansea Harriers	1.75	Harry HILLMAN	Cardiff AAC	1.55
U15B POLE VAULT	No Competitors								
U15B LONG JUMP	Thomas TROTMAN	Cardiff AAC	5.62	Amin ULLAH	Barry & Vale Harriers	5.34	Harry HILLMAN	Cardiff AAC	5.09
U15B SHOT	Nathan THOMASON	Colwyn Bay	12.45	Jake EVANS	Pembrokeshire Harriers	12.38	Jared ROSSER	Cwmbran Harriers	9.94
U15G 60m	Hannah BRIER	Swansea Harriers	7.77	Amelia REYNOLDS	Newport Harriers	8.20	Emily WRIGHT	Yate AC	8.21
U15G 200m	Hannah BRIER	Swansea Harriers	25.76	Bethan REGISTER	Cardiff AAC	27.35	Chloe HUGHES	Deeside AAC	27.86
U15G 300m	Amelia REYNOLDS	Newport Harriers	43.78	Emily WOOSTER	Barry & Vale Harriers	44.59	Rhiannon LONG	Cardiff AAC	45.51
U15G 800m	Cari HUGHES	Menai T&F	02:25.06	Lily DAVIS	Deeside AAC	02:29.78	Bethan EVANS	Pontyclun AC	02:33.59
U15G 1500m	Cari HUGHES	Menai T&F	05:02.31	Bethan EVANS	Pontyclun AC	05:07.85	Caitlin PAGE	Sarn-Helen AC	05:10.14
U15G 60M HURDLES	Jessica MERRICK	Swansea Harriers	9.64	Abigail BOWERS	Oswestry Olympians	9.71	Jamie O'DRISCOLL	Swansea Harriers	10.27
U15G HIGH JUMP	Lucy MATON	Cardiff AAC	1.40	Jodi BEYNON	Blaenau Gwent AC	1.35	Abigail BUXTON	Pembrokeshire Harriers	1.35
U15G POLE VAULT	Carys JONES	Carmarthen Harriers	2.76	Anna BARNES	Swansea Harriers	2.56	Maryanne EVE	Swansea Harriers	1.96
U15G LONG JUMP	Emily WRIGHT	Yate AC	5.30	Chloe HUGHES	Deeside AAC	5.12	Jodi BEYNON	Blaenau Gwent AC	4.87
U15G SHOT	Katy WHITLEY	Wrexham AC	10.71	Emily COCKRILL	Swansea Harriers	10.16	Lauren RICHARDS	Severn AC	9.28
U17M 800m	Jacob PREECE	Cardiff AAC	01:58.55	Thomas HARDING	Colwyn Bay	01:59.15	Rhys GRANVILLE	Carmarthen Harriers	01:59.22
U17W 800m	Abigail BACKSHALL	Colwyn Bay	02:22.46	Kate SEARY	Cardiff AAC	02:24.71	Cerys HEAHER	Vale Royal AC	02:26.28
U20M 800m	Elliot SLADE	Cardiff AAC	01:55.43	Tom EARLEY	Colwyn Bay	01:57.49	Matthew RICHARDS	Coventry Godiva	02:01.90
U20W 800m	Ffion PRICE	Brecon AC	02:15.26	Rhianwedd PRICE	Brecon AC	02:18.22	Lauren BELL	Pembrokeshire Harriers	02:21.24
SM 60m	Marc RITCHIE SM	Aberdare VAAC	6.87	Rhys KNAPMAN U23M	Cardiff AAC	6.96	Ben SIMONS SM	Telford AC	6.98
SM 200m	Michael PRENTICE U20M	Cardiff AAC	22.50	Darren LEWIS SM	Sale Harriers Manchester	23.29			
SM 400m	Matthew ANTONIAZZI U20M	Cwmbran Harriers	51.43	Paul BENNETT U23M	Swansea Harriers	51.45	Daniel DELL SM	Cardiff AAC	51.63
SM 800m	Joe THOMAS SM	Cardiff AAC	01:53.08	Andrew DE-CAMPS SM	Gloucester AC	01:55.94	Carl HILL U23M	Aberdare VAAC	01:56.35
SM 1500m	Adam BITCHELL U23M	Cardiff AAC	03:54.63	Ieuan THOMAS SM	Cardiff AAC	03:55.42	Michael KERSHAW U23M	Cardiff AAC	03:57.00
SM 60m HURDLES	Oliver JEFFERIES U20M	University of Bristol	8.74	Tyron BLAKE U20M	Cardiff AAC	9.05			
SM HIGH JUMP	Robert MITCHELL SM	Sale Harriers Manchester	2.05	Owen CHESHER SM	Brecon AC	1.90	Stephen GUEST U20M	Bridgend AC	1.85
SM POLE VAULT	Lewis NEWTON U20M	Cardiff AAC	4.54	David CALLAN	Cardiff AAC	4.24	Emyr JONES U23M	Carmarthen Harriers	4.04
SM LONG JUMP	Aled PRICE U17M	Carmarthen Harriers	6.61	Adam WILLIAMS U23M	Cardiff AAC/ UWIC	6.47	Christopher HALL SM	Cardiff AAC/ UWIC	6.47
SM TRIPLE JUMP	Navid CHILDS SM	Thames Valley H	14.84	Alex EZECHI-OBIAKO U23M	Cardiff AAC	14.65	Adam WILLIAMS U23M	Cardiff AAC/ UWIC	14.55
SM SHOT	Ryan SPENCER-JONES SM	Birchfield Harriers	17.87	Anthony HALLING U23M	Rhondda AC	10.80	James KINGSBURY SM	Rhondda AC	9.34
SW 60m	Zara GEORGE SW	Cardiff AAC	7.61	Rhiannon YATES U23W	Cardiff AAC/ UWIC	7.69	Hannah THOMAS U20W	Wrexham AC	7.70
SW 200m	Melanie STEPHENSON SW	Cardiff AAC	25.83	Rhiannon JEFFREYS U20W	Neath Harriers	26.02	Lauren REGAN SW	Cardiff AAC	27.56
SW 400m	Laura MADDOX U23W	Team Bath AC	56.62	Caryl GRANVILLE SW	Swansea Harriers	57.02	Megan ROGERS U20W	Wrexham AC/UWIC	58.20
SW 800m	Julia COOKE SW	Cheltenham Harriers	02:17.28	Rebecca NUTTALL U23W	Liverpool Harriers	02:17.75	Emily BROWN SW	Cardiff AAC	02:25.07
SW 1500m	Julia COOKE SW	Cheltenham Harriers	04:46.23						
SW 60m HURDLES	Caryl GRANVILLE SW	Swansea Harriers	8.79	Lauren O'REILLY U23W	Newport Harriers	8.92	Megan ROGERS U20W	Wrexham AC/UWIC	9.31
SW HIGH JUMP	Sian SWANSON U20W	Maldwyn Harriers	1.60	Lauren O'REILLY U23W	Newport Harriers	1.55			
SW POLE VAULT	Emily TAYLOR SW	Notts AC	3.54	Naomi JAMES U20W	Swansea Harriers	3.54	Lyndsey MAUND SW	Swansea Harriers	3.44
SW LONG JUMP	Rhiannon YATES U23W	Cardiff AAC/ UWIC	5.77	Imogen MILES SW	Cardiff AAC	5.57	Donna JONES U23W	Swansea Harriers	5.40
SW TRIPLE JUMP	Imogen MILES SW	Cardiff AAC	11.92	Donna JONES U23W	Swansea Harriers	11.13	Megan O'SULLIVAN U20W	Cardiff AAC	10.99
SW SHOT	Vicky LLOYD SW	Pembrokeshire Harriers	10.67	Jessica HUDDLESTON U23W	Pembrokeshire Harriers	10.14			
U17M 3000m	Connor DAVIES	Swansea Harriers	09:09.44	Jack FEAR	Newport Harriers	09:30.68	Ciaran LEWIS	Cardiff AAC	09:32.36
U17W 3000m	Rebecca EVANS	Cardiff AAC	10:24.64	Olivia GWYNN	Swansea Harriers	10:32.38	Lara PHILIPPART	Swansea Harriers	10:57.59
U20M 3000m	Matthew O'LEARY	Neath Harriers	09:22.15	Paul TOBIN	Swansea Harriers	09:23.27	Ronan LLYR	Carmarthen Harriers	09:47.56
U20W 3000m	Sarah LIVETT	Menai T&F	10:18.89						
SM 3000m	Wynne EVANS	Carmarthen Harriers	08:33.77	Chris CARPANINI	Newport Harriers	08:51.83	Lloyd HECKLER	Carmarthen Harriers	09:07.08
SW 3000m	Alaw BEYNON-THOMAS	Swansea Harriers	09:53.67	Debbie REES	Cardiff AAC	10:12.16	Emily BROWN	Cardiff AAC	10:33.34

Welsh Athletics
2012 U13, U15 & Senior
Welsh Championships Medal Table

		GOLD	SILVER	BRONZE	TOTAL
1	Cardiff AAC	18	14	18	50
2	Swansea Harriers	8	12	9	29
3	Wrexham AC	5	2	1	8
4	Carmarthen Harriers	5	0	4	9
5	Pembrokeshire Harriers	4	3	5	12
6	Aberdare VAAC	3	3	3	9
7	Cwmbran Harriers	3	2	2	7
8	Neath Harriers	3	2	1	6
9	Menai T&F	3	0	0	3
10	Colwyn Bay	2	3	0	5
10	Cheltenham Harriers	2	0	0	2
12	Newport Harriers	1	5	1	7
13	Cardiff AAC/ UWIC	1	2	2	5
14	Brecon AC	1	2	0	3
15	Sale Harriers Manchester	1	1	0	2
16	Yate AC	1	0	1	2
17	Birchfield Harriers	1	0	0	1
17	Thames Valley H	1	0	0	1
17	Team Bath AC	1	0	0	1
17	Notts AC	1	0	0	1
17	Maldwyn Harriers	1	0	0	1
17	University of Bristol	1	0	0	1
23	Bridgend AC	0	4	2	6
24	Deeside AAC	0	2	1	3
25	Barry & Vale Harriers	0	2	0	2
26	Blaenau Gwent AC	0	1	1	2
26	Pontyclun AC	0	1	1	2
26	Rhondda AC	0	1	1	2
29	Gloucester AC	0	1	0	1
29	Liverpool Harriers	0	1	0	1
29	Oswestry Olympians	0	1	0	1
32	Wrexham AC/UWIC	0	0	2	2
33	Coventry Godiva	0	0	1	1
33	North Somerset AC	0	0	1	1
33	Severn AC	0	0	1	1
33	Telford AC	0	0	1	1
33	Vale Royal AC	0	0	1	1
33	Sarn-Helen AC	0	0	1	1