

| | | | |
|-----------------------|---------------|------------------------|---------------|
| 100M A | Wind -0.8 m/s | 100M B | Wind -0.4 m/s |
| 1 Lawrence Mensah | HHH 10.72 | 1 Robert Graham | HHH 10.99 |
| 2 Richard Kilty | GHD 10.72 | 2 Wyn Roberts | SWS 11.12 |
| 3 Nigel Levine | BFD 10.95 | 3 Thaddeus Anim-Somuam | LVL 11.18 |
| 4 Oladele Bamisaye | SWS 11.08 | 4 Thomas Moore | EDN 11.22 |
| 5 Sean Taylor | DBY 11.13 | 5 Andrew Sturrock | GHD 11.42 |
| 6 Steven Charters | EDN 11.20 | 6 Nick Matthews | DBY 11.67 |
| 7 Mike Goulding | LVL 11.42 | 7 Ashley Dowson | STD 11.91 |
| 8 Keith Palmer | STD 12.47 | 8 Damian Larrington | BFD 12.65 |
| 200M A | Wind +0.6 m/s | 200M B | Wind +1.1 m/s |
| 1 Richard Kilty | GHD 21.37 | 1 Allan Stuart | EDN 21.77 |
| 2 Lawrence Mensah | HHH 21.47 | 2 Idris Ojuyire | HHH 22.40 |
| 3 Sean Taylor | DBY 21.98 | 3 Wyn Roberts | SWS 22.54 |
| 4 Steven Charters | EDN 22.46 | 4 Phillip Ellershaw | LVL 22.91 |
| 5 Oladele Bamisaye | SWS 22.75 | 5 Paul Miller | GHD 23.31 |
| 6 Thaddeus Anim-Somua | LVL 22.87 | 6 Phil Brown | DBY 23.66 |
| 7 Josh Steele | BFD 24.66 | 7 Ashley Dowson | STD 24.21 |
| 8 Keith Palmer | STD 24.86 | 8 Matt Devereux | BFD 25.69 |
| 400M A | | 400M B | |
| 1 Nigel Levine | BFD 47.29 | 1 Lewis Robson | GHD 50.01 |
| 2 Allan Stuart | EDN 49.21 | 2 Mike Burslem | EDN 50.05 |
| 3 Chris Smith | LVL 49.41 | 3 Ben Sturgess | BFD 50.42 |
| 4 Michael Dyer | HHH 50.82 | 4 James McCully | LVL 50.51 |
| 5 Nick Matthews | DBY 51.73 | 5 Samuel Adeyemi | HHH 50.74 |
| 6 Andrew Stanton | GHD 52.35 | 6 Jamie Fenaroli | SWS 51.46 |
| 7 Leon Yandle | SWS 53.01 | 7 Aaron Brown | DBY 53.04 |
| 8 Greg Goodrem | STD 55.04 | 8 Graham Eastty | STD 55.51 |
| 800M A | | 800M B | |
| 1 Michael Dyer | HHH 1.54.16 | 1 Liam McCully | LVL 1.57.69 |
| 2 Kieran Flannery | GHD 1.54.26 | 2 Andrew Stanton | GHD 1.57.80 |
| 3 Richard Weir | DBY 1.54.93 | 3 Chris Davies | SWS 1.58.43 |
| 4 Johnny Mellor | LVL 1.55.93 | 4 Andrew Burles | HHH 2.00.13 |
| 5 Iain Whitaker | EDN 1.56.76 | 5 Michael Goodwin | BFD 2.00.55 |
| 6 Rob Heaney | BFD 1.57.15 | 6 David Westbury | DBY 2.02.88 |
| 7 Jamie Fenaroli | SWS 1.58.72 | 7 Steve Whittaker | STD 2.05.47 |
| 8 Mark Oldham | STD 1.59.16 | | |
| 1500M A | | 1500M B | |
| 1 Lewis Moses | GHD 3.54.12 | 1 Chris Parr | GHD 3.55.00 |
| 2 Richard Weir | DBY 3.54.68 | 2 Harry Harper | LVL 3.56.96 |
| 3 Peter Bridger | SWS 3.54.70 | 3 Sam Walsh | SWS 4.07.03 |
| 4 Johnny Mellor | LVL 3.56.10 | 4 Ben Woodd | HHH 4.07.44 |
| 5 Dan Dalmedo | BFD 4.03.20 | 5 Rob Heaney | BFD 4.07.59 |
| 6 Ben Paviour | HHH 4.05.38 | 6 Tom Lawrence | DBY 4.13.16 |
| 7 Jonny Henderson | EDN 4.07.22 | 7 Iain Whitaker | EDN 4.18.69 |
| 8 Paul Whittaker | STD 4.12.55 | 8 Chris Lee | STD 4.28.24 |
| 5000M A | | 5000M B | |
| 1 John McCole | LVL 14.51.48 | 1 Matt Janes | BFD 15.12.26 |
| 2 Jon Gilby | DBY 14.54.66 | 2 Richard Burney | LVL 15.19.85 |
| 3 Dan Dalmedo | BFD 15.00.75 | 3 Marc Hobbs | SWS 15.37.20 |
| 4 Chris Parr | GHD 15.16.29 | 4 Jon Archer | GHD 15.54.80 |
| 5 Daniel Gurmin | SWS 15.23.47 | 5 Tim Elsey | HHH 16.23.35 |
| 6 Jon Hamblen | STD 15.24.71 | 6 Steve Wales | EDN 17.09.94 |
| 7 Nick Altmann | HHH 16.06.40 | 7 Ian Stevens | DBY 17.37.69 |
| 8 Martin Ferguson | EDN 16.43.83 | | |

| 110MH A | | 110MH B | | Wind +0.4 m/s |
|---------|-----------------|---------|-------|---------------|
| 1 | Andrew Sturrock | GHD | 15.17 | GHD 16.01 |
| 2 | Simon Hemmings | STD | 15.78 | HHH 16.35 |
| 3 | James Parker | HHH | 15.89 | STD 16.58 |
| 4 | Steven Boyles | SWS | 16.23 | DBY 17.39 |
| 5 | Phil Harries | DBY | 16.66 | LVL 19.96 |
| 6 | Mike Sweeney | LVL | 17.51 | EDN 20.80 |
| 7 | Sean Connerton | EDN | 17.64 | SWS 23.53 |

| 400MH A | | 400MH B | | |
|---------|----------------|---------|-------|-----------|
| 1 | Liam Collins | GHD | 54.47 | GHD 55.72 |
| 2 | James Parker | HHH | 56.46 | DBY 59.17 |
| 3 | Mark Draper | LVL | 58.03 | STD 60.53 |
| 4 | Phil Harries | DBY | 58.64 | LVL 61.95 |
| 5 | Greg Goodrem | STD | 60.09 | SWS 62.35 |
| 6 | Leon Yandle | SWS | 60.26 | |
| 7 | Sean Connerton | EDN | 61.57 | |

| 3000M SC A | | 3000M SC B | | |
|------------|-----------------|------------|----------|--------------|
| 1 | Sullivan Smith | SWS | 9.20.47 | LVL 9.54.12 |
| 2 | Adam Piers | LVL | 9.27.25 | SWS 9.59.48 |
| 3 | Simon Wurr | HHH | 9.38.72 | HHH 10.01.19 |
| 4 | Kieran Flannery | GHD | 9.56.85 | GHD 10.12.00 |
| 5 | Rob Hughes | EDN | 10.08.24 | DBY 10.52.90 |
| 6 | Roy Scott | STD | 10.15.51 | STD 11.06.73 |
| 7 | David Westbury | DBY | 10.45.60 | |

| Discus Throw A | | Discus Throw B | | |
|----------------|-------------------|----------------|-------|-----------|
| 1 | Rob Earle | STD | 46.65 | STD 41.38 |
| 2 | Garry Power | HHH | 45.10 | SWS 39.17 |
| 3 | Peter Roberts | SWS | 42.64 | LVL 38.67 |
| 4 | Craig Sturrock | GHD | 41.43 | HHH 37.93 |
| 5 | Mike Bomba | LVL | 39.26 | GHD 35.23 |
| 6 | Damian Larrington | BFD | 36.53 | DBY 28.99 |
| 7 | Sam Worrall | DBY | 30.52 | BFD 28.00 |
| 8 | Peter Holmes | EDN | 19.84 | |

| Hammer Throw A | | Hammer Throw B | | |
|----------------|------------------|----------------|-------|-----------|
| 1 | Glen Kerr | BFD | 62.84 | HHH 53.30 |
| 2 | Matthew Richards | SWS | 55.84 | LVL 46.25 |
| 3 | Stuart Thurgood | HHH | 54.80 | BFD 45.30 |
| 4 | Rob Earle | STD | 54.79 | STD 41.30 |
| 5 | Peter Holmes | EDN | 54.12 | SWS 37.93 |
| 6 | Mike Bomba | LVL | 52.82 | DBY 30.45 |
| 7 | David Maggs | GHD | 36.92 | GHD 24.88 |
| 8 | Barry Hawksworth | DBY | 35.27 | |

| High Jump A | | High Jump B | | |
|-------------|----------------|-------------|------|----------|
| 1 | Martin Aram | LVL | 2.05 | DBY 1.95 |
| 2 | Robbie Grabarz | BFD | 2.00 | BFD 1.95 |
| 3 | Ben Moubey | DBY | 2.00 | SWS 1.85 |
| 4 | Simon Hemmings | STD | 1.97 | STD 1.85 |
| 5 | Craig Davies | SWS | 1.85 | LVL 1.80 |
| 6 | Mark Davidson | GHD | 1.80 | GHD 1.80 |
| 7 | Hansley Jones | HHH | 1.75 | HHH 1.70 |

Javelin Throw A

| | |
|--------------------|-----------|
| 1 Ian Burns | GHD 61.76 |
| 2 Rhys Williams | SWS 61.64 |
| 3 Ben Fisher | LVL 60.84 |
| 4 Allandre Johnson | HHH 57.08 |
| 5 Gavin Fordham | BFD 46.16 |
| 6 Steve Ingram | DBY 41.61 |
| 7 | EDN 40.23 |
| 8 Ben Sculley | STD 39.97 |

Javelin Throw B

| | |
|--------------------|-----------|
| 1 Paul McKown | LVL 54.87 |
| 2 Dean Barrett | GHD 48.84 |
| 3 Thomas Rees | SWS 44.85 |
| 4 Thomas Ashby | HHH 44.45 |
| 5 Dave Condon | STD 39.27 |
| 6 Barry Hawksworth | DBY 34.40 |
| 7 Matt Devereux | BFD 30.47 |
| 8 Allan Stuart | EDN 21.80 |

Long Jump A

| | |
|------------------|--------------|
| 1 Royden John | HHH 7.13+1.2 |
| 2 Steve Fleming | EDN 6.90+2.3 |
| 3 Wyn Roberts | SWS 6.52+1.2 |
| 4 Ade Babatunde | GHD 6.40-0.4 |
| 5 Tendai Huntley | BFD 6.19+1.3 |
| 6 Adam Gallie | DBY 6.19+1.0 |
| 7 Chris Rattray | LVL 5.88+0.5 |
| 8 Jack Eade | STD 5.87+2.7 |

Long Jump B

| | |
|--------------------|--------------|
| 1 Paul Oluyemi | HHH 6.83+2.9 |
| 2 Lewis Robson | GHD 6.15-0.3 |
| 3 Alex Jackson | SWS 5.85-0.3 |
| 4 Kevin Brown | STD 5.72-0.7 |
| 5 Martin Aram | LVL 5.65+1.1 |
| 6 Jonathan Ritchie | EDN 5.48+0.4 |
| 7 Ian Richards | DBY 5.39+0.5 |
| 8 Gavin Fordham | BFD 5.34+2.4 |

Pole Vault A

| | |
|-----------------|----------|
| 1 Chris Boundy | GHD 4.20 |
| 2 Glyn Price | SWS 4.20 |
| 3 Jason Fry | STD 4.20 |
| 4 Matt Devereux | BFD 3.90 |
| 5 Danny Passey | DBY 3.60 |
| 6 Chris Roose | LVL 3.40 |
| 7 Thomas Ashby | HHH 3.40 |

Pole Vault B

| | |
|-----------------|----------|
| 1 Jack Eade | STD 3.80 |
| 2 Gavin Fordham | BFD 3.80 |
| 3 James Stacey | GHD 3.60 |
| 4 Mike Sweeney | LVL 3.20 |
| 5 Royden John | HHH 3.20 |
| 6 Oz Hutchinson | DBY 2.80 |
| 7 Lewis Harry | SWS 2.20 |

Shot Putt A

| | |
|----------------------|-----------|
| 1 Craig Sturrock | GHD 15.24 |
| 2 Dave Condon | STD 14.62 |
| 3 Martin Aram | LVL 12.90 |
| 4 Ryan Spencer-Jones | SWS 12.75 |
| 5 James Cotterell | DBY 12.67 |
| 6 Stuart Thurgood | HHH 12.04 |
| 7 Glen Kerr | BFD 11.32 |
| 8 Peter Holmes | EDN 8.98 |

Shot Putt B

| | |
|---------------------|-----------|
| 1 Rob Earle | STD 13.05 |
| 2 Will Lowndes | LVL 12.46 |
| 3 Thomas Rees | SWS 11.99 |
| 4 John Stacey | GHD 11.30 |
| 5 Damian Larrington | BFD 10.96 |
| 6 Jamie Wragg | DBY 10.28 |
| 7 Thomas Ashby | HHH 9.86 |
| 8 David Clark | EDN 8.89 |

Triple Jump A

| | |
|------------------|---------------|
| 1 Ade Babatunde | GHD 14.65+1.2 |
| 2 Curtis May | HHH 14.10+0.8 |
| 3 Wyn Roberts | SWS 13.24-0.2 |
| 4 Martin Aram | LVL 12.96+0.2 |
| 5 Kevin Brown | STD 12.90-0.1 |
| 6 Ben Moubey | DBY 12.23+0.7 |
| 7 Tendai Huntley | BFD 11.45-1.3 |

Triple Jump B

| | |
|------------------|---------------|
| 1 Daniel Blacket | GHD 12.37+0.6 |
| 2 Chris Rattray | LVL 12.19-0.2 |
| 3 Ian Richards | DBY 11.55+0.7 |
| 4 Paul Oluyemi | HHH 11.49+0.8 |
| 5 Jack Eade | STD 11.10+2.2 |

4x100M Relay

| | | |
|-------------|---------------------|------------------------|
| 1 HHH 43.08 | 1 Yomi Adeyemi | 2 Robert Graham |
| | 3 Idris Ojuyire | 4 Lawrence Mensah |
| 2 GHD 43.51 | 1 Lewis Robson | 2 Richard Kilty |
| | 3 Paul Miller | 4 Andrew Sturrock |
| 3 EDN 43.82 | 1 Thomas Moore | 2 David Clark |
| | 3 Sean Connerton | 4 Steve Fleming |
| 4 SWS 44.65 | 1 Steven Boyles | 2 Leon Yandle |
| | 3 Wyn Roberts | 4 Oladele Bamişaye |
| 5 DBY 44.73 | 1 Phil Brown | 2 Phil Harries |
| | 3 Nick Matthews | 4 Sean Taylor |
| 6 LVL 44.79 | 1 Mark Draper | 2 Daniel Yipp |
| | 3 Phillip Ellershaw | 4 Thaddeus Anim-Somuan |
| 7 STD 47.78 | 1 Greg Goodrem | 2 Ashley Dowson |
| | 3 Keith Palmer | 4 Simon Hemmings |
| 8 BFD 49.63 | 1 Damian Larrington | 2 Matt Devereux |
| | 3 Rob Heaney | 4 Josh Steele |

4x400M Relay

| | | |
|---------------|-------------------|-------------------|
| 1 GHD 3.23.70 | 1 Richard Kilty | 2 Niall Flannery |
| | 3 Kieran Flannery | 4 Lewis Robson |
| 2 BFD 3.24.64 | 1 Nigel Levine | 2 Tash Litchfield |
| | 3 Michael Goodwin | 4 Ben Sturgess |
| 3 HHH 3.24.99 | 1 Samuel Adeyemi | 2 Idris Ojuyire |
| | 3 Andrew Burles | 4 Michael Dyer |
| 4 DBY 3.25.26 | 1 Sean Taylor | 2 Swee-Leng Chuah |
| | 3 Phil Brown | 4 Richard Weir |
| 5 LVL 3.26.79 | 1 James McCully | 2 Liam McCully |
| | 3 Chris Smith | 4 Mark Draper |
| 6 SWS 3.32.17 | 1 Jamie Fenarloli | 2 Sam Walsh |
| | 3 Leon Yandle | 4 Craig Davies |
| 7 STD 3.45.96 | 1 Simon Hemmings | 2 Steve Whittaker |
| | 3 Chris Lee | 4 Greg Goodrem |

MATCH RESULT

LEAGUE STANDINGS Not Available

| | Event | Lge |
|---------------------------|-------|-----|
| 1 Gateshead Harriers & AC | 376 | 8 |
| 2 Herne Hill Harriers | 325 | 7 |
| 3 City of Liverpool | 318 | 6 |
| 4 Swansea Harriers | 300 | 5 |
| 5 Derby AC | 237 | 4 |
| 6 Southend on Sea AC | 232 | 3 |
| 7 Bedford & County AC | 216 | 2 |
| 8 City of Edinburgh | 153 | 1 |

100m

| | | | |
|---|----------------|-----|-------|
| 1 | Idris Ojuriye | HHH | 11.00 |
| 2 | Ally Strange | EDB | 11.07 |
| 3 | Yomi Adeyemi | HHH | 11.22 |
| 4 | David Clark | EDB | 11.26 |
| 5 | Mike Burslem | EDB | 11.29 |
| 6 | Phil Ellershaw | LIV | 11.57 |