

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 1 - Provisional Results

Pos	Name	Club	Leg Time			
1	Matthew Barnes	Altrincham	26:02	37	Richard Phillips	Serpentine A 28:23
2	Jon Wills	Bristol&W	26:05	38	Martin Matthews	BRATS 28:24
3	Jonathan Taylor	Morpeth H	26:05	39	Domonik Morton	Halesowen 28:36
4	Tsegai Tewelde	Shettlesto	26:08	40	David Vaughan	GardenCity 28:40
5	Simon Tonvi	Birchfield	26:11	41	Steven Tuttle	Bedford 28:58
6	Matthew Pierson	Holmfirth	26:14	42	Oliver Ziff	Leeds City B 29:04
7	Josh Lilly	Severn	26:15	43	John Pike	Newham&EB B 29:08
8	Alexander O'Gorman	Trafford A	26:18	44	Jim Cooper	Harrow Ac 29:11
9	Matt Bond	Sale Harr A	26:20	45	Martin Bateman	Hillingdon 29:17
10	Dave Mitchinson	Newham&EB A	26:21	46	Chris Busaileh	Herne Hill 29:23
11	James Connor	KentAc	26:23	47	Pamenos Ballantyne	Shaftesbur 29:26
12	Benedict Whitby	WindsorSEH	26:34	48	Richard Darling	Notts Ac B 29:33
13	Alex Pilcher	DerbyAc	26:37	49	Xavier Desse	Wirral AC 29:46
14	Tim Hartley	Notts Ac A	26:38	50	Adrian Jones	Keighley&C 29:55
15	Hywel Care	Woodford G	27:01	51	Dean Parker	Bournville 29:59
16	Thomas Marshall	Cardiff Aa	27:07	52	Jan Pichl	Salford H B 30:01
17	James McMullan	Thames H&H	27:07	53	Aaron Bodycote	Coventry G B 30:08
18	Joseph Bailey	Salford H A	27:09	54	Stephen Ashmore	Heanor RC 30:17
19	Ian Williams	Tipton Har	27:14	55	Barney Southin	Serpentine B 30:23
20	Chris Discombe	LesCrouprs A	27:16	56	Nick Corker	Royal Sutt 30:31
21	Ritchie Nicholls	Swansea Ha	27:21	57	Tim Kennedy	Sale Harr B 30:41
22	Alex Wall-Clarke	Southampto	27:21	58	Jon Gilling	Wells City 30:49
23	Chris Birchall	Leeds City A	27:23	59	Douglas Ross	Mansfield 31:00
24	Andrew Thake	Hallamshir	27:25	60	Richard Lomas	BromsRedd 31:06
25	Ben Lindsay	Aldershot A	27:28	61	Rod Jones	Westbury H 31:19
26	Matthew Armstrong	Coventry G A	27:30	62	Simon Mounsey	Rotherham 31:24
27	Sean Hall	Gateshead	27:34	63	Chris Davies	Worcester 31:35
28	Paul Ward	Telford Ac	27:36	64	Steven Duffy	Sunderland 31:37
29	A Derricott	StaffsMoor	27:47	65	Philip Derbyshire	Wigan Phoe 31:46
30	Dave Roper	Cheltenham	27:50	66	Martin Williams	LesCrouprs B 31:52
31	Ricky Challinor	Liverpool	27:56	67	Paul Andrew	Northbrook 32:06
32	Peter Huck	Barrow	28:07	68	Johann Breytenbach	Stratford 32:13
33	Neil Phillips	Aldershot B	28:08	69	Peter Bryan	Kenilworth 32:36
34	William Cockerell	Belgrave H	28:08	70	Daniel Worley	Harborough 32:57
35	Mohamud Aadan	Thames Val	28:09	71	Jeremy Mower	Gloucester 33:23
36	James McCarthy	BrightonHC	28:14			

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Bruce Raeside	Notts Ac A	14:01	40:39	+ 13
2	Tim Dalton	Severn	14:40	40:55	+ 5
3	Niall Brooks	Sale Harr A	14:36	40:56	+ 6
4	Rich Peters	Bristol&W	14:59	41:04	- 2
5	Richard Weir	DerbyAc	14:30	41:07	+ 8
6	Timothy Egerton	TraffordA	14:50	41:08	+ 2
7	Martin Graham	Shettlesto	15:05	41:13	- 3
8	Adam Cotton	Birchfield	15:04	41:15	- 3
9	James Reed	Altrincham	15:25	41:27	- 8
10	Lee Reynolds	WindsorSEH	14:59	41:33	+ 2
11	Bryn Reynolds	Newham&EB A	15:18	41:39	- 1
12	Ieuan Thomas	Cardiff Aa	14:45	41:52	+ 4
13	David Swinburne	Morpeth H	15:47	41:52	- 10
14	Johnny Mellor	Liverpool	14:10	42:06	+ 17
15	Andrew Heyes	Hallamshir	14:47	42:12	+ 9
16	Lewys Hobbs	Swansea Ha	14:58	42:19	+ 5
17	Jelle Verwer	Tipton Har	15:06	42:20	+ 2
18	Michael Burrett	Leeds City A	14:57	42:20	+ 5
19	Thomas Wade	Aldershot A	14:57	42:25	+ 6
20	Ryan Stephenson	Gateshead	15:01	42:35	+ 7
21	Andy Moreton	Kent Ac	16:16	42:39	- 10
22	T Prendergast	Woodford G	15:39	42:40	- 7
23	Gareth Allott	StaffsMoor	14:59	42:46	+ 6
24	Paul Savage	Salford H A	15:38	42:47	- 6
25	Richard Smith	Holmfirth	16:43	42:57	- 19
26	Chris Bannon	Coventry G A	15:32	43:02	0
27	Adam Clarke	Aldershot B	14:55	43:03	+ 6
28	Paul Whitelam	Thames Val	14:55	43:04	+ 7
29	Simon Molden	Thames H&H	16:07	43:14	- 12
30	Chris Carter	Telford Ac	15:44	43:20	- 2
31	Hassan Raidi	Belgrave H	15:29	43:37	+ 3
32	Phil George	LesCrouprs A	16:27	43:43	- 12
33	Philip Waite	Barrow	15:45	43:52	- 1
34	Anthony Gray	BRATS	15:30	43:54	+ 4
35	Anthony Whiteman	Shaftesbur	14:34	44:00	+ 12
36	James Miller	Cheltenham	16:16	44:06	- 6
37	Paul Fotherby	Southampto	16:49	44:10	- 15
38	Robert Heaney	Bedford	15:12	44:10	+ 3
39	Martin Gaunt	Serpentine A	15:54	44:17	- 2
40	David Boyce	BrightonHC	16:17	44:31	- 4
41	Bill Nock	Halesowen	16:24	45:00	- 2
42	Richard Mann	Hillingdon	15:50	45:07	+ 3
43	Jonathan Henderson	Herne Hill	15:47	45:10	+ 3
44	Daniel Davis	Leeds City B	16:08	45:12	- 2
45	Peter Norris	Harrow Ac	16:23	45:34	- 1
46	Steve Long	Notts Ac B	16:22	45:55	+ 2
47	Emerson Combstock	Coventry G B	15:51	45:59	+ 6
48	Gavin Massingham	Sunderland	14:26	46:03	+ 16
49	Rob Andrew	Bournville	16:07	46:06	+ 2
50	P Davies-Peerless	Wirral AC	16:35	46:21	- 1
51	Laurence Hellowell	Keighley&C	16:28	46:23	- 1
52	Paige Haines	Newham&EB B	17:19	46:27	- 9
53	Sam Dalgliesh	Westbury H	15:33	46:52	+ 8
54	Sean Bowen	GardenCity	18:15	46:55	- 14
55	Chris Rainsford	Heanor RC	17:01	47:18	- 1
56	Alex Brooks	Serpentine B	17:08	47:31	- 1
57	Chris Brown-Monks	Mansfield	16:48	47:48	+ 2
58	Gary Rowlinson	Sale Harr B	17:13	47:54	- 1
59	Oliver Harradence	Royal Sutt	17:28	47:59	- 3
60	Jon Hill	BromsRedd	17:16	48:22	0
61	Warren Miles	Worcester	16:54	48:29	+ 2
62	Peter Darton	Wells City	17:45	48:34	- 4
63	Sean Cordell	Salford H B	18:53	48:54	- 11
64	Stuart Hopkins	Kenilworth	16:29	49:05	+ 5
65	John Worthington	Wigan Phoe	17:48	49:34	0
66	Nico Constanti	Gloucester	16:34	49:57	+ 5
67	John Comrie	Rotherham	18:34	49:58	- 5
68	Andrew Cockerill	Stratford	17:57	50:10	0
69	John Harris	LesCrouprs B	18:30	50:22	- 3
70	Adam Brooks	Harborough	17:56	50:53	0
71	Anthony Williams	Northbrook	20:00	52:06	- 4

#### Fastest runners over stage 2:

1	Bruce Raeside	Notts Ac A	14:01
2	Johnny Mellor	Liverpool	14:10
3	Gavin Massingham	Sunderland	14:26
4	Richard Weir	DerbyAc	14:30
5	Anthony Whiteman	Shaftesbur	14:34
6	Niall Brooks	Sale Harr A	14:36
7	Tim Dalton	Severn	14:40
8	Ieuan Thomas	Cardiff Aa	14:45
9	Andrew Heyes	Hallamshir	14:47
10	Timothy Egerton	Trafford A	14:50

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Matthew Gillespie	Shettlesto	26:38	1:07:51	+ 6	42	Christopher Penn	Halesowen	30:24	1:15:24	- 1
2	David Norman	Altrincham	26:42	1:08:09	+ 7	43	Alan Wray	Harrow Ac	29:56	1:15:30	+ 2
3	James Bailey	Sale Harr A	27:15	1:08:11	0	44	Edward Banks	BRATS	31:45	1:15:39	- 10
4	Jonathan Thewlis	Notts Ac A	27:33	1:08:12	- 3	45	Chris Talbot	Telford Ac	33:01	1:16:21	- 15
5	Rory Chesser	Newham&EB A	26:47	1:08:26	+ 6	46	Christopher Wilson	Worcester	27:59	1:16:28	+ 15
6	Marc Hobbs	Swansea Ha	26:30	1:08:49	+ 10	47	Andrew Hennessy	Wells City	28:39	1:17:13	+ 15
7	Phil Wylie	Bristol&W	27:48	1:08:52	- 3	48	Andrew Brett	Keighley&C	31:04	1:17:27	+ 3
8	Martin Williams	Tipton Har	26:39	1:08:59	+ 9	49	Rob Nixon	Notts Ac B	31:34	1:17:29	- 3
9	Carwyn Jones	Cardiff Aa	27:14	1:09:06	+ 3	50	Gareth Cadd	Bournville	31:32	1:17:38	- 1
10	Mark Buckingham	Holmfirth	26:10	1:09:07	+ 15	51	Jonathan White	Coventry G B	31:48	1:17:47	- 4
11	Fraser Thompson	Aldershot A	26:48	1:09:13	+ 8	52	Simon MacE	GardenCity	31:26	1:18:21	+ 2
12	Nathan White	WindsorSEH	27:52	1:09:25	- 2	53	Halim Ferarha	Newham&EB B	32:08	1:18:35	- 1
13	James Wilkinson	Leeds City A	27:14	1:09:34	+ 5	54	Simon Barrett	Serpentine B	31:13	1:18:44	+ 2
14	Neilson Hall	Bedford	25:59	1:10:09	+ 24	55	Gregg Ward	Westbury H	31:59	1:18:51	- 2
15	Terry Wall	Morpeth H	28:34	1:10:26	- 2	56	Mike Ashby	Sale Harr B	31:21	1:19:15	+ 2
16	Matt BarnesSmith	Woodford G	27:48	1:10:28	+ 6	57	Lee Perkins	Heanor RC	31:59	1:19:17	- 2
17	Richard Burney	Liverpool	28:33	1:10:39	- 3	58	Sean Fenwick	Harborough	28:46	1:19:39	+ 12
18	Dave Archer	Hallamshir	28:30	1:10:42	- 3	59	Darren Hodgkinson	Mansfield	32:04	1:19:52	- 2
19	Benjamin Riddell	Salford H A	27:56	1:10:43	+ 5	60	John Morrissey	Wigan Phoe	30:20	1:19:54	+ 5
20	Marc Elliott	Gateshead	28:29	1:11:04	0	61	Andrew Kay	Salford H B	31:01	1:19:55	+ 2
21	David Anderson	Belgrave H	27:36	1:11:13	+ 10	62	Jonathan Maxfield	Rotherham	31:10	1:21:08	+ 5
22	Ryan Kenny	Coventry G A	28:16	1:11:18	+ 4	63	Simon Corker	Royal Sutt	33:15	1:21:14	- 4
23	Abdul Abdulrahman	Birchfield	30:09	1:11:24	- 15	64	Pat Noonan	Kenilworth	32:46	1:21:51	0
24	Nazwari Dawit	Thames Val	28:39	1:11:43	+ 4	65	Gavin Moorhead	BromsRedd	33:54	1:22:16	- 5
25	Ben Reynolds	Thames H&H	28:40	1:11:54	+ 4	66	StuartMcIlroy	LesCroupers B	32:23	1:22:45	+ 3
26	Alex Flynn	Aldershot B	28:53	1:11:56	+ 1	67	Daniel Lynch	Stratford	33:09	1:23:19	+ 1
27	Stephen Hale	Severn	31:14	1:12:09	- 25	68	Nathan Holmes	Northbrook	31:37	1:23:43	+ 3
28	Craig Wheeler	Trafford A	31:16	1:12:24	- 22	69	Nick Cousins	Gloucester	34:21	1:24:18	- 3
29	Hugh Torry	Serpentine A	28:29	1:12:46	+ 10	Fastest runners over stage 3:					
30	Julian Wilkie	Cheltenham	28:48	1:12:54	+ 6	1	Neilson Hall	Bedford	25:59		
31	James Trapmore	Shaftesbur	29:02	1:13:02	+ 4	2	Mark Buckingham	Holmfirth	26:10		
32	Alan Barnes	Herne Hill	28:14	1:13:24	+ 11	3	Marc Hobbs	Swansea Ha	26:30		
33	Richard Munn	KentAc	30:54	1:13:33	- 12	4	Matthew Gillespie	Shettlesto	26:38		
34	Garry Dixon	Barrow	29:49	1:13:41	- 1	5	Martin Williams	Tipton Har	26:39		
35	Julian Baker	LesCroupers A	30:00	1:13:43	- 3	6	David Norman	Altrincham	26:42		
36	Andy Morgan-Lee	Southampto	29:34	1:13:44	+ 1	7	Rory Chesser	Newham&EB A	26:47		
37	Jason Burgess	StaffsMoor	31:18	1:14:04	- 14	8	Fraser Thompson	Aldershot A	26:48		
38	James Smith	Leeds City B	28:58	1:14:10	+ 6	9	James Wilkinson	Leeds City A	27:14		
39	Luke Lambourne	BrightonHC	29:39	1:14:10	+ 1	10	Carwyn Jones	Cardiff Aa	27:14		
40	Alan Woods	WirralAC	28:38	1:14:59	+ 10						
41	Anupam Das	Hillingdon	30:05	1:15:12	+ 1						

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 4 - Provisional Results

Pos	Name	Club	Leg	Time	Cum Time	Gain							
1	James Shane	Newham&EB	A	14:33	1:22:59	+ 4	42	Julian Critchlow	Harrow Ac	16:18	1:31:48	+ 1	
2	Michael Gillespie	Shettlesto		15:12	1:23:03	- 1	43	Graham Ratcliffe	Wirral AC	17:02	1:32:01	- 3	
3	Ryan Worland	Sale Harr	A	15:27	1:23:38	0	44	Nicolas Hazelwood	Halesowen	16:54	1:32:18	- 2	
4	Martin Whitehouse	Notts Ac	A	15:29	1:23:41	0	45	Dave Mansbridge	Telford Ac	16:21	1:32:42	0	
5	Nigel Stirk	Tipton Har		15:03	1:24:02	+ 3	46	Chris Horton	BRATS	17:23	1:33:02	- 2	
6	Mickey Reed	Aldershot A		14:56	1:24:09	+ 5	47	Andrew Poppleton	Worcester	16:57	1:33:25	- 1	
7	Chris Moss	Cardiff Aa		15:04	1:24:10	+ 2	48	Harun Abdi	Newham&EB	B	15:49	1:34:24	+ 5
8	Guy Smith	Swansea Ha		15:22	1:24:11	- 2	49	James Parrott	Coventry G	B	16:43	1:34:30	+ 2
9	Sean Hazell	Bristol&W		15:35	1:24:27	- 2	50	Joe Dalgliesh	Westbury H		15:44	1:34:35	+ 5
10	Matt Carlisle	WindsorSEH		15:17	1:24:42	+ 2	51	Chris Smith	Notts Ac	B	17:11	1:34:40	- 2
11	Michael Salter	Leeds City	A	15:20	1:24:54	+ 2	52	Stephen McGlen	Bournville		17:03	1:34:41	- 2
12	Ryan Parker	Bedford		15:08	1:25:17	+ 2	53	Ben Radbourne	Heanor RC		16:08	1:35:25	+ 4
13	Matthew Nicholson	Morpeth H		14:53	1:25:19	+ 2	54	N BarberisNegra	Serpentine	B	16:47	1:35:31	0
14	David Livingstone	Altrincham		17:16	1:25:25	- 12	55	Andrew Walling	Sale Harr	B	16:20	1:35:35	+ 1
15	Joe Gratton	Hallamshir		15:15	1:25:57	+ 3	56	Liam Spencer	Keighley&C		18:11	1:35:38	- 8
16	Benjamin Jones	Coventry G	A	14:44	1:26:02	+ 6	57	Chris Wilson	Wigan Phoe		17:03	1:36:57	+ 3
17	Andrew Stanton	Gateshead		15:30	1:26:34	+ 3	58	Steve Williams	GardenCity		19:44	1:38:05	- 6
18	Harry Harper	Liverpool		16:06	1:26:45	- 1	59	Dave Tune	Rotherham		17:08	1:38:16	+ 3
19	James Williams	Salford H	A	16:06	1:26:49	0	60	Daniel Winter	Mansfield		18:48	1:38:40	- 1
20	Darren Southcott	Woodford G		16:55	1:27:23	- 4	61	Simon Ralph	Royal Sutt		18:09	1:39:23	+ 2
21	Richard Ward	Belgrave H		16:12	1:27:25	0	62	Graeme Rolfe	Harborough		20:14	1:39:53	- 4
22	Tim Doran	Aldershot	B	15:43	1:27:39	+ 4	63	Richard De-Camps	Gloucester		16:24	1:40:42	+ 6
23	Jonathan Cullen	Birchfield		16:29	1:27:53	0	64	James Bowler	BromsRedd		18:31	1:40:47	+ 1
24	Toby Pearson	Thames H&H		16:00	1:27:54	+ 1	65	Paul Coker	LesCroupers	B	18:30	1:41:15	+ 1
25	Myles Edwards	Thames Val		16:21	1:28:04	- 1	66	Peter Matthews	Kenilworth		19:35	1:41:26	- 2
26	Ben Martin	Trafford A		15:43	1:28:07	+ 2	67	Sidney Sacks	Salford H	B	22:03	1:41:58	- 6
27	Oliver Starkey	Severn		16:18	1:28:27	0	68	Patrick Taylor	Stratford		18:40	1:41:59	- 1
28	Andrew Reeves	Serpentine	A	15:56	1:28:42	+ 1	69	Robert Pool	Northbrook		21:30	1:45:13	- 1
29	Andrew Kaighin	Cheltenham		16:13	1:29:07	+ 1	Fastest runners over stage 4:						
30	Mathew Allott	StaffsMoor		15:24	1:29:28	+ 7	1	Francis Tickner	Wells City		14:26		
31	Keith Newton	Herne Hill		16:13	1:29:37	+ 1	2	James Shane	Newham&EB	A	14:33		
32	David Williams	LesCroupers	A	16:13	1:29:56	+ 3	3	Benjamin Jones	Coventry G	A	14:44		
33	Len Reilly	Kent Ac		16:27	1:30:00	0	4	Matthew Nicholson	Morpeth H		14:53		
34	Eric Mayers	Shaftesbur		17:09	1:30:11	- 3	5	Mickey Reed	Aldershot	A	14:56		
35	Jeremy Curtis	Southampto		16:40	1:30:24	+ 1	6	Nigel Stirk	Tipton Har		15:03		
36	Richard Airey	BrightonHC		16:15	1:30:25	+ 3	7	Chris Moss	Cardiff Aa		15:04		
37	Gary Graham	Holmfirth		21:20	1:30:27	- 27	8	Ryan Parker	Bedford		15:08		
38	Dean Miller	Barrow		17:03	1:30:44	- 4	9	Michael Gillespie	Shettlesto		15:12		
39	Ben Dyson	Leeds City	B	16:52	1:31:02	- 1	10	Joe Gratton	Hallamshir		15:15		
40	Francis Tickner	Wells City		14:26	1:31:39	+ 7							
41	James Laing	Hillingdon		16:31	1:31:43	0							

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 5 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	M Teweldeberhan	Shettlesto	26:35	1:49:38	+ 1	42	Matt Revier	Hillingdon	30:32	2:02:15	- 1		
2	Kairn Stone	Newham&EB A	27:02	1:50:01	- 1	43	David Parker	Barrow	32:18	2:03:02	- 5		
3	Ryan McLeod	Tipton Har	26:19	1:50:21	+ 2	44	Kelvin Dickinson	Wirral AC	31:29	2:03:30	- 1		
4	David Webb	Leeds City A	26:04	1:50:58	+ 7	45	Richard Gray	BRATS	31:34	2:04:36	+ 1		
5	Brian Maher	Swansea Ha	27:15	1:51:26	+ 3	46	John Muddeman	Notts Ac B	30:27	2:05:07	+ 5		
6	Richard Gardiner	Cardiff Aa	27:27	1:51:37	+ 1	47	Paul Williams	Telford Ac	32:41	2:05:23	- 2		
7	Simon Mills	Sale Harr A	28:16	1:51:54	- 4	48	Stuart Brown	Keighley&C	29:46	2:05:24	+ 8		
8	Darren Fowlie	Notts Ac A	28:25	1:52:06	- 4	49	Chris Palmer	Westbury H	31:42	2:06:17	+ 1		
9	Alexander Tovey	WindsorSEH	27:54	1:52:36	+ 1	50	Richard Walsh	Worcester	32:53	2:06:18	- 3		
10	Jonathan Hay	Aldershot A	28:41	1:52:50	- 4	51	Colin Deasy	Coventry G B	31:57	2:06:27	- 2		
11	Tom Lowe	Bristol&W	28:27	1:52:54	- 2	52	Andy Crawford	Bournville	32:28	2:07:09	0		
12	Ian Fisher	Altrincham	27:32	1:52:57	+ 2	53	Jolyon Attwooll	Serpentine B	31:40	2:07:11	+ 1		
13	Richard Taylor	Coventry G A	27:00	1:53:02	+ 3	54	Mark Johnson	Mansfield	28:58	2:07:38	+ 6		
14	Robert Baker	Hallamshir	27:12	1:53:09	+ 1	55	Elton Davies	Sale Harr B	32:29	2:08:04	0		
15	Andrew Jones	Salford H A	26:25	1:53:14	+ 4	56	J Wainwright	Heanor RC	32:57	2:08:22	- 3		
16	C Sampson	Morpeth H	27:56	1:53:15	- 3	57	Mohamad Manir	Wigan Phoe	31:38	2:08:35	0		
17	Alexander Bellew	Bedford	28:13	1:53:30	- 5	58	Glenn James	Rotherham	30:20	2:08:36	+ 1		
18	Adam Carmichael	Gateshead	27:24	1:53:58	- 1	59	Alex McIntosh	GardenCity	32:36	2:10:41	- 1		
19	Biniam Ande	Birchfield	27:04	1:54:57	+ 4	60	Steve Marklew	Royal Sutt	31:22	2:10:45	+ 1		
20	Paul Rodgers	Aldershot B	27:29	1:55:08	+ 2	61	Phillip Gould	Kenilworth	29:46	2:11:12	+ 5		
21	James Kelly	Belgrave H	28:14	1:55:39	0	62	Tom Randles	Gloucester	30:45	2:11:27	+ 1		
22	John McCole	Liverpool	29:17	1:56:02	- 4	63	George Guthrie	Newham&EB B	38:10	2:12:34	- 15		
23	Nicholas Torry	Serpentine A	27:21	1:56:03	+ 5	64	Paul Collins	BromsRedd	32:15	2:13:02	0		
24	Julian Rendall	Thames H&H	28:37	1:56:31	0	65	Richard Bufton	Harborough	33:44	2:13:37	- 3		
25	Kevin Murphy	Woodford G	29:23	1:56:46	- 5	66	David Coles	LesCrouprs B	32:24	2:13:39	- 1		
26	John Gilbert	KentAc	27:19	1:57:19	+ 7	67	Ian Jackson	Salford H B	32:19	2:14:17	0		
27	Marc Heartley	StaffsMoor	28:14	1:57:42	+ 3	68	Danny Tolhurst	Stratford	32:45	2:14:44	0		
28	Gordon Irvine	Thames Val	29:54	1:57:58	- 3	69	Jason Nicholson	Northbrook	33:40	2:18:53	0		
29	Orlando Edwards	Shaftesbur	27:51	1:58:02	+ 5	Fastest runners over stage 5:							
30	Jeff Prest	Trafford A	30:15	1:58:22	- 4	1	David Webb	Leeds City A	26:04				
31	Mark Palser	LesCrouprs A	28:49	1:58:45	+ 1	2	Ryan McLeod	Tipton Har	26:19				
32	Tim Eley	Herne Hill	29:12	1:58:49	- 1	3	Andrew Jones	Salford H A	26:25				
33	Martin Gostling	Leeds City B	27:55	1:58:57	+ 6	4	M Teweldeberhan	Shettlesto	26:35				
34	David Watson	Holmfirth	28:57	1:59:24	+ 3	5	Richard Taylor	Coventry G A	27:00				
35	James Rose	Severn	30:59	1:59:26	- 8	6	Kairn Stone	Newham&EB A	27:02				
36	Russell Forsbrook	Cheltenham	30:29	1:59:36	- 7	7	Biniam Ande	Birchfield	27:04				
37	Ben Tickner	Wells City	28:05	1:59:44	+ 3	8	Robert Baker	Hallamshir	27:12				
38	Matthew Bristow	BrightonHC	29:48	2:00:13	- 2	9	Brian Maher	Swansea Ha	27:15				
39	David Branfoot	Harrow Ac	28:59	2:00:47	+ 3	10	John Gilbert	Kent Ac	27:19				
40	Peter Davis	Southampton	31:03	2:01:27	- 5								
41	Mark Hadley	Halesowen	29:43	2:02:01	+ 3								

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 6 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Frank Baddick	Newham&EB A	14:52	2:04:53	+ 1	42	David Kesterton	Halesowen	16:18	2:18:19	- 1		
2	Lachlan Oates	Shettlesto	15:17	2:04:55	- 1	43	Simon Stanway	Barrow	17:40	2:20:42	0		
3	Michael Buntin	Tipton Har	15:32	2:05:53	0	44	Kevin Buxton	Wirral AC	17:39	2:21:09	0		
4	Joe Townsend	Leeds City A	15:03	2:06:01	0	45	Andy Kenchington	BRATS	16:47	2:21:23	0		
5	Martin Conroy	Swansea Ha	15:00	2:06:26	0	46	Chris Bagshaw	Telford Ac	16:08	2:21:31	+ 1		
6	Michael Kershaw	Cardiff Aa	15:48	2:07:25	0	47	James Barker	Notts Ac B	17:48	2:22:55	- 1		
7	Blayne Pick	Notts Ac A	15:20	2:07:26	+ 1	48	Richard Ballantine	Keighley&C	17:48	2:23:12	0		
8	Steve Mitchell	Bristol&W	14:47	2:07:41	+ 3	49	Philip Hoole	Rotherham	14:56	2:23:32	+ 9		
9	Brian Wakem	Aldershot A	14:52	2:07:42	+ 1	50	Dan Studley	Westbury H	17:47	2:24:04	- 1		
10	Mathew Almond	Coventry G A	15:02	2:08:04	+ 3	51	James Edgar	Serpentine B	17:22	2:24:33	+ 2		
11	Mark Brown	Morpeth H	15:06	2:08:21	+ 5	52	Steve Grainger	Mansfield	17:18	2:24:56	+ 2		
12	Michael Kilmartin	Sale Harr A	16:45	2:08:39	- 5	53	Andy Clayton	Bournville	17:51	2:25:00	- 1		
13	Michael Goodwin	Bedford	15:34	2:09:04	+ 4	54	Paul Moorcroft	Coventry G B	18:40	2:25:07	- 3		
14	Nick Lingley	WindsorSEH	16:39	2:09:15	- 5	55	Stephen Nicholls	Wigan Phoe	17:23	2:25:58	+ 2		
15	Paul Simons	Salford H A	16:28	2:09:42	0	56	Michael Stock	Worcester	20:17	2:26:35	- 6		
16	David Sprot	Hallamshir	16:41	2:09:50	- 2	57	Michael Wharton	Sale Harr B	19:09	2:27:13	- 2		
17	Phil Nichol	Altrincham	17:11	2:10:08	- 5	58	Christopher Riley	Heanor RC	19:05	2:27:27	- 2		
18	Peter Whitehouse	Birchfield	15:16	2:10:13	+ 1	59	David Desborough	GardenCity	17:41	2:28:22	0		
19	Liam Baister	Gateshead	16:20	2:10:18	- 1	60	Kelvin Goodwin	Newham&EB B	16:22	2:28:56	+ 3		
20	Simon Jones	Belgrave H	15:24	2:11:03	+ 1	61	James Smedley	Royal Sutt	18:16	2:29:01	- 1		
21	Jack Grundy	Aldershot B	16:05	2:11:13	- 1	62	Mark Ingram	Gloucester	18:12	2:29:39	0		
22	Omar Mansour	Woodford G	15:21	2:12:07	+ 3	63	Andrew Freeman	BromsRedd	18:02	2:31:04	+ 1		
23	Tiago Branco	Serpentine A	16:06	2:12:09	0	64	Christopher Dawson	Salford H B	17:38	2:31:55	+ 3		
24	Nathan Vengdasalam	Liverpool	16:34	2:12:36	- 2	65	Nick Rees	LesCrouprs B	19:15	2:32:54	+ 1		
25	Andy Howse	Thames H&H	16:46	2:13:17	- 1	66	Tom Dable	Kenilworth	21:46	2:32:58	- 5		
26	Ian Salisbury	Trafford A	15:34	2:13:56	+ 4	67	Richard Brown	Harborough	20:13	2:33:50	- 2		
27	Hesham Dahman	KentAc	16:46	2:14:05	- 1	68	Paul Hawkins	Stratford	19:51	2:34:35	0		
28	Ali Abbas Yahye	Thames Val	16:25	2:14:23	0	69	Andrew Ralph	Northbrook	20:17	2:39:10	0		
29	James Lavin	Leeds City B	15:41	2:14:38	+ 4	Fastest runners over stage 6:							
30	Jonathan Turnock	StaffsMoor	17:16	2:14:58	- 3	1	Steve Mitchell	Bristol&W	14:47				
31	Richard Bullen	LesCrouprs A	16:46	2:15:31	0	2	Brian Wakem	Aldershot A	14:52				
32	Victor Maughn	Herne Hill	16:45	2:15:34	0	3	Frank Baddick	Newham&EB A	14:52				
33	Chris Sutherland	Shaftesbur	18:26	2:16:28	- 4	4	Philip Hoole	Rotherham	14:56				
34	Josh Mutch	BrightonHC	16:22	2:16:35	+ 4	5	Martin Conroy	Swansea Ha	15:00				
35	Daniel Harrison	Cheltenham	17:25	2:17:01	+ 1	6	Mathew Almond	Coventry G A	15:02				
36	Mike Kelly	Harrow Ac	16:41	2:17:28	+ 3	7	Joe Townsend	Leeds City A	15:03				
37	Mark James	Severn	18:23	2:17:49	- 2	8	Mark Brown	Morpeth H	15:06				
38	Matthew Lewis	Wells City	18:16	2:18:00	- 1	9	Peter Whitehouse	Birchfield	15:16				
39	David Blackman	Southampto	16:40	2:18:07	+ 1	10	Lachlan Oates	Shettlesto	15:17				
40	Matthew Dewhirst	Holmfirth	18:54	2:18:18	- 6								
41	Daniel Thompson	Hillingdon	16:04	2:18:19	+ 1								

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 7 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Mark Warmby	Newham&EB A	26:32	2:31:25	0	41	Craig Walker	Telford Ac	28:47	2:50:18	+ 5
2	James Walsh	Leeds City A	26:16	2:32:17	+ 2	42	Robert Atkinson	Barrow	30:43	2:51:25	+ 1
3	Philip Hinch	Tipton Har	26:26	2:32:19	0	43	Austin Degge	Severn	33:58	2:51:47	- 6
4	Jethro Lennox	Shettlesto	27:30	2:32:25	- 2	44	Sean Egan	Wirral AC	30:55	2:52:04	0
5	Craig Hopkins	Swansea Ha	27:25	2:33:51	0	45	Patrick Allaway	BRATS	31:57	2:53:20	0
6	Tom Russell	Bristol&W	26:17	2:33:58	+ 2	46	Paul Archer	Notts Ac B	32:11	2:55:06	+ 1
7	Martin Mashford	Aldershot A	26:30	2:34:12	+ 2	47	David Smith	Rotherham	31:51	2:55:23	+ 2
8	Nathaniel Lane	Cardiff Aa	26:59	2:34:24	- 2	48	Andrew Taylor	Serpentine B	30:59	2:55:32	+ 3
9	Matt Blunden	Notts Ac A	27:49	2:35:15	- 2	49	Sean Rose	Bournville	30:50	2:55:50	+ 4
10	Scott Hazell	Coventry G A	27:55	2:35:59	0	50	Robert Brown	Keighley&C	32:44	2:55:56	- 2
11	Matthew Janes	Bedford	27:26	2:36:30	+ 2	51	Luke Marshall	Mansfield	31:03	2:55:59	+ 1
12	Phillip Tedd	Sale Harr A	28:32	2:37:11	0	52	David Hall	Worcester	29:38	2:56:13	+ 4
13	Michael Dawson	Morpeth H	29:07	2:37:28	- 2	53	Malcom White	Westbury H	32:47	2:56:51	- 3
14	James Trollope	Birchfield	27:29	2:37:42	+ 4	54	Paul Weall	Wigan Phoe	31:30	2:57:28	+ 1
15	Ross Murray	Gateshead	28:06	2:38:24	+ 4	55	Michael Peters	Coventry G B	34:46	2:59:53	- 1
16	Paskar Owor	Belgrave H	27:28	2:38:31	+ 4	56	Darren Ridout	Heanor RC	32:34	3:00:01	+ 2
17	Pumlani Bangani	Salford H A	29:23	2:39:05	- 2	57	Stephen Kemble	GardenCity	31:55	3:00:17	+ 2
18	Nick Leigh	Altrincham	28:58	2:39:06	- 1	58	David Gresswell	Gloucester	32:35	3:02:14	+ 4
19	Stephen Kimber	WindsorSEH	30:49	2:40:04	- 5	59	Russell Simpson	Royal Sutt	33:18	3:02:19	+ 2
20	Andrew Conway	Aldershot B	29:50	2:41:03	+ 1	60	Paul Barrett	Sale Harr B	35:55	3:03:08	- 3
21	Peter Hodges	Hallamshir	31:28	2:41:18	- 5	61	Paul Birkett	Salford H B	31:58	3:03:53	+ 3
22	Mark Keeley	Liverpool	28:47	2:41:23	+ 2	62	Philip Anderson	BromsRedd	33:19	3:04:23	+ 1
23	Aodh O'Neill	Serpentine A	29:45	2:41:54	0	63	William Clapp	Harborough	30:58	3:04:48	+ 4
24	Andy Weir	Thames H&H	28:46	2:42:03	+ 1	64	Ben Farag	LesCrouprs B	33:58	3:06:52	+ 1
25	Angus Holford	Woodford G	30:39	2:42:46	- 3	65	P McCorquodale	Kenilworth	34:26	3:07:24	+ 1
26	Thomas Charles	Trafford A	29:23	2:43:19	0	66	Phillip Howell	Stratford	36:02	3:10:37	+ 2
27	Michael Claff	Kent Ac	29:35	2:43:40	0	67	Howard Andersen	Northbrook	32:48	3:11:58	+ 2
28	Mark Bryant	Leeds City B	30:28	2:45:06	+ 1	Fastest runners over stage 7:					
29	Manuel DaSilva	Thames Val	30:52	2:45:15	- 1	1	James Walsh	Leeds City A	26:16		
30	Stuart Crees	LesCrouprs A	29:52	2:45:23	+ 1	2	Tom Russell	Bristol&W	26:17		
31	Simon Coombes	Herne Hill	30:04	2:45:38	+ 1	3	Philip Hinch	Tipton Har	26:26		
32	David Neill	StaffsMoor	31:03	2:46:01	- 2	4	Martin Mashford	Aldershot A	26:30		
33	Ronan Breen	Shaftesbur	29:44	2:46:12	0	5	Mark Warmby	Newham&EB A	26:32		
34	Jon James	Wells City	28:27	2:46:27	+ 4	6	Nathaniel Lane	Cardiff Aa	26:59		
35	Martyn Bean	BrightonHC	30:00	2:46:35	- 1	7	Craig Hopkins	Swansea Ha	27:25		
36	William New	Cheltenham	29:43	2:46:44	- 1	8	Matthew Janes	Bedford	27:26		
37	Martin Johnson	Southampton	29:00	2:47:07	+ 2	9	Paskar Owor	Belgrave H	27:28		
38	Paul Cuddihy	Hillingdon	28:51	2:47:10	+ 3	10	James Trollope	Birchfield	27:29		
39	Tom Kenderdine	Halesowen	29:36	2:47:55	+ 3						
40	David Turnbull	Holmfirth	30:00	2:48:18	0						

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 8 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Nathan Riding	Newham&EB A	15:01	2:46:26	0	41	John Garmson	Telford Ac	17:38	3:07:56	0
2	Ben Gamble	Tipton Har	14:54	2:47:13	+ 1	42	Jed Bartlett	Barrow	16:47	3:08:12	0
3	Allan Adams	Shettlesto	15:13	2:47:38	+ 1	43	Matthew Bayliss	BRATS	16:09	3:09:29	+ 2
4	Martin Hilton	Leeds City A	15:33	2:47:50	- 2	44	William Ferguson	Wirral AC	18:43	3:10:47	0
5	Laurence Cox	Aldershot A	14:48	2:49:00	+ 2	45	Gareth Howells	Severn	19:23	3:11:10	- 2
6	Christopher Davies	Swansea Ha	15:23	2:49:14	- 1	46	Sam Mitchell	Worcester	15:42	3:11:55	+ 6
7	Dan Woolford	Bristol&W	15:18	2:49:16	- 1	47	Kyle Craib	Rotherham	16:43	3:12:06	0
8	Peter Ryder	Cardiff Aa	16:14	2:50:38	0	48	Craig Kelly	Mansfield	16:38	3:12:37	+ 3
9	Chris McGurk	Notts Ac A	15:44	2:50:59	0	49	David Oxland	Notts Ac B	17:33	3:12:39	- 3
10	James Griggs	Coventry G A	15:07	2:51:06	0	50	Alessandro Poggi	Serpentine B	17:11	3:12:43	- 2
11	Gareth Raven	Sale Harr A	14:26	2:51:37	+ 1	51	Andy Ward	Wigan Phoe	15:49	3:13:17	+ 3
12	Daniel Dalmedo	Bedford	15:36	2:52:06	- 1	52	Matthew Dykes	Keighley&C	18:04	3:14:00	- 2
13	Adam Watt	Birchfield	15:17	2:52:59	+ 1	53	Robert Pringle	Westbury H	18:19	3:15:10	0
14	Mark Miles	Belgrave H	14:37	2:53:08	+ 2	54	Chris Harlan-Marks	Bournville	19:35	3:15:25	- 5
15	Mark Davies	Morpeth H	16:16	2:53:44	- 2	55	Damian Carr	Coventry G B	16:24	3:16:17	0
16	Martin Slater	Gateshead	16:15	2:54:39	- 1	56	Tom Denbigh	GardenCity	19:07	3:19:24	+ 1
17	Robert Hughes	Salford H A	15:46	2:54:51	0	57	David Liddall	Royal Sutt	17:52	3:20:11	+ 2
18	Tom Bush	Altrincham	16:20	2:55:26	0	58	Chris Mellors	Heanor RC	20:13	3:20:14	- 2
19	Petrou Snaipar	WindsorSEH	16:26	2:56:30	0	59	Philip Scowcroft	Sale Harr B	17:49	3:20:57	+ 1
20	Michael Boucher	Aldershot B	15:44	2:56:47	0	60	David Edwards	Gloucester	19:03	3:21:17	- 2
21	Adam Clansey	Liverpool	16:03	2:57:26	+ 1	61	Ronald Warrender	Salford H B	19:16	3:23:09	0
22	Nick Altmann	Thames H&H	15:33	2:57:36	+ 2	62	Richard Simkiss	Kenilworth	16:05	3:23:29	+ 3
23	Armand Bush	Hallamshir	16:30	2:57:48	- 2	63	Tony Harrison	Harborough	20:13	3:25:01	0
24	Miguel Branco	Serpentine A	16:25	2:58:19	- 1	64	Sam Moran	BromsRedd	20:50	3:25:13	- 2
25	Craig Berg	Woodford G	15:50	2:58:36	0	65	Scott Hemmens	LesCrouprs B	19:06	3:25:58	- 1
26	Graham Hogg	Trafford A	15:22	2:58:41	0	66	James Deacon	Stratford	19:45	3:30:22	0
27	Lee Haze	KentAc	16:49	3:00:29	0	67	Stuart Keen	Northbrook	19:46	3:31:44	0
28	Alexander Davy	Leeds City B	16:02	3:01:08	0	Fastest runners over stage 8:					
29	Andrew Fooks	Thames Val	16:30	3:01:45	0	1	Gareth Raven	Sale Harr A	14:26		
30	Sarwar Khan	Herne Hill	16:17	3:01:55	+ 1	2	Mark Miles	Belgrave H	14:37		
31	Richard Wilder	LesCrouprs A	16:38	3:02:01	- 1	3	Laurence Cox	Aldershot A	14:48		
32	David Hollins	StaffsMoor	16:23	3:02:24	0	4	Ben Gamble	Tipton Har	14:54		
33	Zared Hale	BrightonHC	16:40	3:03:15	+ 2	5	Nathan Riding	Newham&EB A	15:01		
34	Andrew Hussey	Cheltenham	16:33	3:03:17	+ 2	6	James Griggs	Coventry G A	15:07		
35	Paul Leppard	Hillingdon	17:31	3:04:41	+ 3	7	Allan Adams	Shettlesto	15:13		
36	James Bennett	Southampton	17:37	3:04:44	+ 1	8	Adam Watt	Birchfield	15:17		
37	Simon Prior	Wells City	18:19	3:04:46	- 3	9	Dan Woolford	Bristol&W	15:18		
38	Michael Potticary	Shaftesbur	20:12	3:06:24	- 5	10	Graham Hogg	Trafford A	15:22		
39	James Dewhurst	Holmfirth	18:10	3:06:28	+ 1						
40	Nick Price	Halesowen	18:47	3:06:42	- 1						

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 9 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Moumin Geele	Newham&EB A	25:37	3:12:03	0
2	Phil Nicholls	Tipton Har	26:07	3:13:20	0
3	T Woldemichael	Shettlesto	27:00	3:14:38	0
4	Stephen Scullion	Aldershot A	26:13	3:15:13	+ 1
5	Carl Smith	Leeds City A	27:57	3:15:47	- 1
6	Matthew Dumigan	Swansea Ha	27:18	3:16:32	0
7	Tom Merson	Bristol&W	27:19	3:16:35	0
8	Adam Bitchell	Cardiff Aa	27:58	3:18:36	0
9	Daniel Mulhare	Belgrave H	26:14	3:19:22	+ 5
10	Ben Livesey	Birchfield	26:59	3:19:58	+ 3
11	Job King	Coventry G A	29:15	3:20:21	- 1
12	Christopher Riley	Bedford	29:00	3:21:06	0
13	Colin Palmer	Notts Ac A	30:26	3:21:25	- 4
14	Benjamin Harrison	Morpeth H	28:57	3:22:41	+ 1
15	Colin Gell	Sale Harr A	31:24	3:23:01	- 4
16	Jason Ward	Altrincham	27:49	3:23:15	+ 2
17	Gery O'Neill	Salford H A	28:54	3:23:45	0
18	David Burlton	Gateshead	30:06	3:24:45	- 2
19	Joe Morwood	Aldershot B	28:27	3:25:14	+ 1
20	Robert Little	Hallamshir	28:20	3:26:08	+ 3
21	Daniel Agustus	Woodford G	27:59	3:26:35	+ 4
22	Ian Harkness	Thames H&H	29:23	3:26:59	0
23	IanMay	WindsorSEH	31:05	3:27:35	- 4
24	Paul Hayman	Serpentine A	30:35	3:28:54	0
25	Adam Osborne	Leeds City B	28:57	3:30:05	+ 3
26	Paul Rockliffe	Trafford A	31:32	3:30:13	0
27	Jeff Cunningham	Herne Hill	28:51	3:30:46	+ 3
28	Andrew Pickett	KentAc	30:31	3:31:00	- 1
29	Nick Dukes	LesCrouprs A	30:08	3:32:09	+ 2
30	Roger Mullins	Cheltenham	30:47	3:34:04	+ 4
31	Tony Grant	Hillingdon	29:52	3:34:33	+ 4
32	Jack Bancroft	Wells City	29:59	3:34:45	+ 5
33	Craig Walker	BrightonHC	31:36	3:34:51	0
34	John Husbands	Thames Val	33:19	3:35:04	- 5
35	Timothy Spencer	Southampton	30:25	3:35:09	+ 1
36	Kelvin Amos	StaffsMoor	32:53	3:35:17	- 4
37	Chris Rimmer	Telford Ac	28:39	3:36:35	+ 4
38	Anthony Jackson	Shaftesbur	30:18	3:36:42	0
39	Daniel Cleary	Halesowen	32:36	3:39:18	+ 1
40	James Mee	Mansfield	27:35	3:40:12	+ 8
41	Matthew Johnson	Holmfirth	33:52	3:40:20	- 2
42	David Hook	Barrow	32:49	3:41:01	0
43	Guy Evans	BRATS	31:35	3:41:04	0
44	Paul Humphries	Rotherham	30:18	3:42:24	+ 3
45	Jon Seymour	WirralAC	31:58	3:42:45	- 1
46	Michael O'Neill	Wigan Phoe	30:10	3:43:27	+ 5
47	Stefan Sternkopf	Worcester	31:42	3:43:37	- 1
48	Steven Evans	Serpentine B	31:09	3:43:52	+ 2
49	Matthew Judson	Notts Ac B	33:08	3:45:47	0
50	Mark Knowles	Keighley&C	31:55	3:45:55	+ 2
51	Harvey Rose	Coventry G B	30:47	3:47:04	+ 4
52	Daniel Wilson	Bournville	35:43	3:51:08	+ 2
53	Frederic Tremblay	Royal Sutt	31:39	3:51:50	+ 4
54	Andrew Holt	GardenCity	33:21	3:52:45	+ 2
55	Lee Smith	Gloucester	31:42	3:52:59	+ 5
56	Philip West	Salford H B	32:05	3:55:14	+ 5
57	Andrew Marriott	Heanor RC	35:18	3:55:32	+ 1
58	Bill Griffiths	Severn	44:50	3:56:00	- 13
59	Timothy Rainey	Sale Harr B	35:53	3:56:50	0
60	Martin Gore	Harborough	32:03	3:57:04	+ 3
61	Roger Homes	Kenilworth	34:07	3:57:36	+ 1
62	Gareth Morgan	LesCrouprs B	33:59	3:59:57	+ 3
63	David Rix	BromsRedd	36:05	4:01:18	+ 1
64	Keith Hawkes	Stratford	34:58	4:05:20	+ 2
65	Richard French	Northbrook	37:01	4:08:45	+ 2

#### Fastest runners over stage 9:

1	Moumin Geele	Newham&EB A	25:37
2	Phil Nicholls	Tipton Har	26:07
3	Stephen Scullion	Aldershot A	26:13
4	Daniel Mulhare	Belgrave H	26:14
5	Ben Livesey	Birchfield	26:59
6	T Woldemichael	Shettlesto	27:00
7	Matthew Dumigan	Swansea Ha	27:18
8	Tom Merson	Bristol&W	27:19
9	James Mee	Mansfield	27:35
10	Jason Ward	Altrincham	27:49

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 10 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	James Ellis	Newham&EB A	14:34	3:26:37	0	40	John Ewart	Holmfirth	17:47	3:58:07	+	1	
2	Ian Rawlinson	Tipton Har	14:51	3:28:11	0	41	Russell Devitt	Shaftesbur	21:28	3:58:10	-	3	
3	Thomas Fay	Shettlesto	15:19	3:29:57	0	42	Mark Hirsch	BRATS	17:11	3:58:15	+	1	
4	Steven Connor	Aldershot A	15:08	3:30:21	0	43	Harry Melia	Barrow	18:46	3:59:47	-	1	
5	Mauizbin Ali	Leeds City A	15:25	3:31:12	0	44	Chris Henry	Wirral AC	17:53	4:00:38	+	1	
6	Phillip Matthews	Swansea Ha	15:21	3:31:53	0	45	Terry Eastwood	Rotherham	18:15	4:00:39	-	1	
7	Mike Wilsmore	Bristol&W	15:37	3:32:12	0	46	David Collins	Wigan Phoe	18:18	4:01:45	0		
8	Edward Takata	Cardiff Aa	15:55	3:34:31	0	47	Thomas Forrester	Worcester	18:51	4:02:28	0		
9	Mark Pollard	Belgrave H	15:18	3:34:40	0	48	Fraser Johnson	Serpentine B	18:37	4:02:29	0		
10	Ben Sharman	Birchfield	15:32	3:35:30	0	49	Adrian Thomas	Keighley&C	17:14	4:03:09	+	1	
11	Tom Bark	Coventry G A	16:07	3:36:28	0	50	Dave Freeman	Coventry G B	17:24	4:04:28	+	1	
12	Alan Turnbull	Bedford	16:21	3:37:27	0	51	Ken Allen	Notts Ac B	20:07	4:05:54	-	2	
13	Andrew Warburton	Notts Ac A	17:34	3:38:59	0	52	Simeon Paine	Bournville	17:57	4:09:05	0		
14	James Wignall	Sale Harr A	16:06	3:39:07	+	1	53	Patrick Gallagher	GardenCity	18:00	4:10:45	+	1
15	Philip Walker	Morpeth H	16:34	3:39:15	-	1	54	Clive Hackforth	Royal Sutt	19:17	4:11:07	-	1
16	Mike Deegan	Salford H A	16:15	3:40:00	+	1	55	Richard Moor	Gloucester	20:38	4:13:37	0	
17	Andy Ford	Altrincham	17:24	3:40:39	-	1	56	Mike Anderton	Severn	18:28	4:14:28	+	2
18	Richard Batchelor	Aldershot B	16:50	3:42:04	+	1	57	Stephen Wardle	Heanor RC	20:04	4:15:36	0	
19	C Hainsworth	Gateshead	17:40	3:42:25	-	1	58	Thomas Temple	Salford H B	20:49	4:16:03	-	2
20	Gavin Lewis	Woodford G	15:50	3:42:25	+	1	59	Richard Steel	Kenilworth	18:31	4:16:07	+	2
21	Michael Sprot	Hallamshir	16:24	3:42:32	-	1	60	Tim Brett	Sale Harr B	20:20	4:17:10	-	1
22	Gordon Pearce	Thames H&H	15:54	3:42:53	0	61	David Headon	LesCrouprs B	17:44	4:17:41	+	1	
23	Andy Robbins	Serpentine A	15:59	3:44:53	+	1	62	Martin Hughes	Harborough	20:59	4:18:03	-	2
24	Jack Philp	WindsorSEH	17:48	3:45:23	-	1	63	Calvin Scoltock	BromsRedd	18:32	4:19:50	0	
25	Elliot Cole	Leeds City B	15:36	3:45:41	0	64	Kieran Tursner	Stratford	18:44	4:24:04	0		
26	James Bleakley	Trafford A	15:59	3:46:12	0	65	John Wilson	Northbrook	19:43	4:28:28	0		
27	Paul Pollock	KentAc	17:20	3:48:20	+	1	Fastest runners over stage 10:						
28	James Ward	Herne Hill	18:10	3:48:56	-	1	1	James Ellis	Newham&EB A	14:34			
29	Matt Hurford	LesCrouprs A	17:29	3:49:38	0		2	Ian Rawlinson	Tipton Har	14:51			
30	Andy Miles	Hillingdon	17:08	3:51:41	+	1	3	Steven Connor	Aldershot A	15:08			
31	Ian Giles	Cheltenham	17:58	3:52:02	-	1	4	Mark Pollard	Belgrave H	15:18			
32	Daniel Titheradge	BrightonHC	17:27	3:52:18	+	1	5	Thomas Fay	Shettlesto	15:19			
33	Gareth Briggs	StaffsMoor	17:07	3:52:24	+	3	6	Phillip Matthews	Swansea Ha	15:21			
34	Timothy Sherman	Southampto	17:42	3:52:51	+	1	7	Mauizbin Ali	Leeds City A	15:25			
35	Lee Benjamin	Thames Val	18:05	3:53:09	-	1	8	Ben Sharman	Birchfield	15:32			
36	Jonathan Hockey	Telford Ac	16:38	3:53:13	+	1	9	Elliot Cole	Leeds City B	15:36			
37	Steve Masters	Wells City	21:05	3:55:50	-	5	10	Mike Wilsmore	Bristol&W	15:37			
38	Chris Brown	Mansfield	16:13	3:56:25	+	2							
39	Matt Allen	Halesowen	17:33	3:56:51	0								

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 11 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Kevin Skinner	Newham&EB A	27:55	3:54:32	0	45	Gary Claxton	Rotherham	30:35	4:31:14	0
2	Mark Powell	Tipton Har	28:17	3:56:28	0	46	James Hilton	Wigan Phoe	30:47	4:32:32	0
3	Amanuel Hagos	Shettlesto	27:06	3:57:03	0	47	Callum Martin	Serpentine B	30:58	4:33:27	+ 1
4	Darran Bilton	Leeds City A	27:00	3:58:12	+ 1	48	David O'Brien	Worcester	32:33	4:35:01	- 1
5	Aaron Harris	Aldershot A	28:02	3:58:23	- 1	49	Michael Benford	Notts Ac B	29:25	4:35:19	+ 2
6	Robbie Bugden	Bristol&W	27:20	3:59:32	+ 1	50	Stephen Carter	Keighley&C	32:27	4:35:36	- 1
7	Sullivan Smith	Swansea Ha	27:42	3:59:35	- 1	51	Tobias Gehrke	Coventry G B	33:47	4:38:15	- 1
8	Philip Wicks	Belgrave H	26:54	4:01:34	+ 1	52	Mike Johnson	Kenilworth	31:08	4:47:15	+ 7
9	Jean Ndayisenga	Birchfield	26:41	4:02:11	+ 1	53	David Hudson	Salford H B	32:03	4:48:06	+ 5
10	Andrew Friend	Cardiff Aa	28:31	4:03:02	- 2	54	Richard Sims	Heanor RC	34:23	4:49:59	+ 3
11	Toby Spencer	Coventry G A	28:44	4:05:12	0	55	Malcolm Bowyer	Stratford	26:49	4:50:53	+ 9
12	Richard Powell	Bedford	29:29	4:06:56	0	56	Scott Speller	Harborough	33:17	4:51:20	+ 6
13	Peter Newton	Morpeth H	28:10	4:07:25	+ 2	57	Alun Jones	LesCrouprs B	34:58	4:52:39	+ 4
14	Andrew Norman	Altrincham	27:32	4:08:11	+ 3	58	Jamie Dancyger	BromsRedd	33:07	4:52:57	+ 5
15	Jarrat Perkins	Notts Ac A	29:48	4:08:47	- 2	59	Steve Bottomley	Northbrook	36:29	5:04:57	+ 6
16	James Davis	Sale Harr A	30:21	4:09:28	- 2	Fastest runners over stage 11:					
17	Bertie Powell	Woodford G	27:44	4:10:09	+ 3	1	Jean Ndayisenga	Birchfield	26:41		
18	Tom Jenkins	Hallamshir	29:04	4:11:36	+ 3	2	Malcolm Bowyer	Stratford	26:49		
19	Simon Wurr	Thames H&H	28:54	4:11:47	+ 3	3	Philip Wicks	Belgrave H	26:54		
20	Conrad Franks	Gateshead	30:07	4:12:32	- 1	4	Darran Bilton	Leeds City A	27:00		
21	Simon Bruton	Salford H A	32:37	4:12:37	- 5	5	Amanuel Hagos	Shettlesto	27:06		
22	Jaime DelCampo	Aldershot B	31:23	4:13:27	- 4	6	Robbie Bugden	Bristol&W	27:20		
23	Gregory Hull	Leeds City B	29:05	4:14:46	+ 2	7	Andrew Norman	Altrincham	27:32		
24	Eric Phillips	Serpentine A	29:59	4:14:52	- 1	8	Sullivan Smith	Swansea Ha	27:42		
25	Gareth Turner	Trafford A	29:52	4:16:04	+ 1	9	Bertie Powell	Woodford G	27:44		
26	Cameron Smart	WindsorSEH	32:15	4:17:38	- 2	10	Kevin Skinner	Newham&EB A	27:55		
27	Phil Cook	LesCrouprs A	29:03	4:18:41	+ 2						
28	Ben Paviour	Herne Hill	30:49	4:19:45	0						
29	Andrew Farquharson	KentAc	31:48	4:20:08	- 2						
30	Andrew Symonds	Hillingdon	29:23	4:21:04	0						
31	James Tomlinson	BrightonHC	30:00	4:22:18	+ 1						
32	Elliot Prince	Cheltenham	30:31	4:22:33	- 1						
33	Craig Jeffery	StaffsMoor	31:25	4:23:49	0						
34	Tony Power	Telford Ac	30:38	4:23:51	+ 2						
35	Thomas Johnson	Southampto	31:26	4:24:17	- 1						
36	Stephen Norris	Thames Val	32:13	4:25:22	- 1						
37	Stuart King	Mansfield	30:03	4:26:28	+ 1						
38	Andrew Deamer	Wells City	32:01	4:27:51	- 1						
39	Daniel Lewis	Shaftesbur	30:36	4:28:46	+ 2						
40	Sam Crutchley	Halesowen	32:17	4:29:08	- 1						
41	Julian Rose	Holmfirth	31:30	4:29:37	- 1						
42	Mark Ince	BRATS	31:35	4:29:50	0						
43	Peter Savage	Barrow	30:24	4:30:11	0						
44	Mark Hulmston	Wirral AC	30:09	4:30:47	0						

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

### ERRA National Road Relays - Men's 12 Stage Stage 12 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Steve Hepples	Newham&EB A	14:40	4:09:12	0
2	Daniel Beier	Tipton Har	14:58	4:11:26	0
3	Paul Sorrie	Shettlesto	14:58	4:12:01	0
4	Ben Moreau	Aldershot A	14:18	4:12:41	+ 1
5	Martin Roscoe	Leeds City A	15:46	4:13:58	- 1
6	Harry Webb	Bristol&W	14:43	4:14:15	0
7	Afan Humphreys	Swansea Ha	15:20	4:14:55	0
8	Neil Speaight	Belgrave H	15:09	4:16:43	0
9	Yousf Al-Lathaa	Birchfield	15:21	4:17:32	0
10	Rowan Axe	Cardiff Aa	15:28	4:18:30	0
11	Harvey Speed	Coventry G A	15:30	4:20:42	0
12	Luke Humphreys	Bedford	16:07	4:23:03	0
13	Nicholas Talbot	Notts Ac A	15:55	4:24:42	+ 2
14	Andrew Whittingham	Altrincham	17:03	4:25:14	0
15	Matthew Shone	Woodford G	15:17	4:25:26	+ 2
16	Michael Hatch	Sale Harr A	16:38	4:26:06	0
17	Ben Groves	Morpeth H	19:10	4:26:35	- 4
18	David Lockett	Salford H A	16:13	4:28:50	+ 3
19	Adam Dyson	Hallamshir	17:59	4:29:35	- 1
20	Jason Stobbs	Gateshead	17:41	4:30:13	0
21	Al Kennis	Thames H&H	18:35	4:30:22	- 2
22	Geoffrey Belcher	Leeds City B	15:49	4:30:35	+ 1
23	Simon Sheard	Aldershot B	17:25	4:30:52	- 1
24	John Nugus	Serpentine A	16:37	4:31:29	0
25	Michael Hunt	Trafford A	16:10	4:32:14	0
26	Luke Turton	WindsorSEH	18:23	4:36:01	0
27	Sam Knight	Herne Hill	16:22	4:36:07	+ 1
28	Rob Sage	LesCrouprs A	18:47	4:37:28	- 1
29	Calum Fraser	KentAc	17:21	4:37:29	0
30	Scott Farley	Hillingdon	16:48	4:37:52	0
31	Kev Mason	BrightonHC	16:53	4:39:11	0
32	G Livingstone-Tho	Cheltenham	17:23	4:39:56	0
33	Vincent Martin	StaffsMoor	17:15	4:41:04	0
34	Dennis Gardener	Telford Ac	17:32	4:41:23	0
35	Nicolas Willson	Southampto	17:23	4:41:40	0
36	Ashraff Khan	Thames Val	17:24	4:42:46	0
37	Tim Raynor	Mansfield	17:43	4:44:11	0
38	W Collins-Pallet	Shaftesbur	17:10	4:45:56	+ 1
39	Roger Mallard	Halesowen	17:47	4:46:55	+ 1
40	C Lindesay	BRATS	17:35	4:47:25	+ 2
41	Philip Martin	Holmfirth	18:39	4:48:16	0
42	Peter Neal	Rotherham	17:34	4:48:48	+ 3
43	Karl Bryers	Wirral AC	18:24	4:49:11	+ 1
44	Roger Quayle	Barrow	19:06	4:49:17	- 1
45	Wesley Harrison	Serpentine B	16:44	4:50:11	+ 2
46	Kevin Farrow	Notts Ac B	15:18	4:50:37	+ 3
47	Richard Noone	Wigan Phoe	18:35	4:51:07	- 1
48	Andrew Peach	Worcester	17:22	4:52:23	0
49	Leonard Buxton	Keighley&C	17:35	4:53:11	+ 1
50	Andrew Downing	Coventry G B	26:12	5:04:27	+ 1
51	Clive Pearce	Kenilworth	19:45	5:07:00	+ 1
52	Duncan Mason	Salford H B	19:24	5:07:30	+ 1
53	Chris Webb	Harborough	18:48	5:10:08	+ 3
54	Anthony Jackson	Stratford	19:33	5:10:26	+ 1
55	Mick McGeoch	LesCrouprs B	17:49	5:10:28	+ 2
56	Nigel Scollin	Heanor RC	20:55	5:10:54	- 2
57	Simon Lanckham	BromsRedd	18:11	5:11:08	+ 1
58	Peter Fellows	Northbrook	19:30	5:24:27	+ 1

Fastest runners over stage 12:

1	Ben Moreau	Aldershot A	14:18
2	Steve Hepples	Newham&EB A	14:40
3	Harry Webb	Bristol&W	14:43
4	Daniel Beier	Tipton Har	14:58
5	Paul Sorrie	Shettlesto	14:58
6	Neil Speaight	Belgrave H	15:09
7	Matthew Shone	Woodford G	15:17

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

8 Kevin Farrow Notts Ac B 15:18  
 9 Afan Humphreys Swansea Ha 15:20  
 10 Yousf Al-Lathaa Birchfield

### Men's 12 Stage — Team Results — Provisional

(nn) is team position after the appropriate stage.

#### 1 Newham And Essex Beagles 'A' 4:09:12

1 Dave Mitchinson (10) 26:21	2 Bryn Reynolds (11) 15:18
3 Rory Chesser (5) 26:47	4 James Shane (1) 14:33
5 Kairn Stone (2) 27:02	6 Frank Baddick (1) 14:52
7 Mark Warmby (1) 26:32	8 Nathan Riding (1) 15:01
9 Mounin Geele (1) 25:37	10 James Ellis (1) 14:34
11 Kevin Skinner (1) 27:55	12 Steve Hepples (1) 14:40

#### 2 Tipton Harriers 4:11:26

1 Ian Williams (19) 27:14	2 Jelle Verwer (17) 15:06
3 Martin Williams (8) 26:39	4 Nigel Stirk (5) 15:03
5 Ryan McLeod (3) 26:19	6 Michael Buntin (3) 15:32
7 Philip Hinch (3) 26:26	8 Ben Gamble (2) 14:54
9 Phil Nicholls (2) 26:07	10 Ian Rawlinson (2) 14:51
11 Mark Powell (2) 28:17	12 Daniel Beier (2) 14:58

#### 3 Shettleston Harriers 4:12:01

1 Tsegai Tewelde (4) 26:08	2 Martin Graham (7) 15:05
3 Matthew Gillespie (1) 26:38	4 Michael Gillespie (2) 15:12
5 MTeweldeberhan (1) 26:35	6 Lachlan Oates (2) 15:17
7 Jethro Lennox (4) 27:30	8 Allan Adams (3) 15:13
9 TWoldemichael (3) 27:00	10 Thomas Fay (3) 15:19
11 Amanuel Hagos (3) 27:06	12 Paul Sorrie (3) 14:58

#### 4 Aldershot, Farnham & District 'A' 4:12:41

1 Ben Lindsay (25) 27:28	2 Thomas Wade (19) 14:57
3 Fraser Thompson (11) 26:48	4 Mickey Reed (6) 14:56
5 Jonathan Hay (10) 28:41	6 Brian Wakem (9) 14:52
7 Martin Mashford (7) 26:30	8 Laurence Cox (5) 14:48
9 Stephen Scullion (4) 26:13	10 Steven Connor (4) 15:08
11 Aaron Harris (5) 28:02	12 Ben Moreau (4) 14:18

#### 5 Leeds City AC 'A' 4:13:58

1 Chris Birchall (23) 27:23	2 Michael Burrett (18) 14:57
3 James Wilkinson (13) 27:14	4 Michael Salter (11) 15:20
5 David Webb (4) 26:04	6 Joe Townsend (4) 15:03
7 James Walsh (2) 26:16	8 Martin Hilton (4) 15:33
9 Carl Smith (5) 27:57	10 Mauizbin Ali (5) 15:25
11 Darran Bilton (4) 27:00	12 Martin Roscoe (5) 15:46

#### 6 Bristol & West AC 4:14:15

1 Jon Wills (2) 26:05	2 Rich Peters (4) 14:59
3 Phil Wylie (7) 27:48	4 Sean Hazell (9) 15:35
5 Tom Lowe (11) 28:27	6 Steve Mitchell (8) 14:47
7 Tom Russell (6) 26:17	8 Dan Woolford (7) 15:18
9 Tom Merson (7) 27:19	10 Mike Wilsmore (7) 15:37
11 Robbie Bugden (6) 27:20	12 Harry Webb (6) 14:43

#### 7 Swansea Harriers 4:14:55

1 Ritchie Nicholls (21) 27:21	2 Lewys Hobbs (16) 14:58
3 Marc Hobbs (6) 26:30	4 Guy Smith (8) 15:22
5 Brian Maher (5) 27:15	6 Martin Conroy (5) 15:00
7 Craig Hopkins (5) 27:25	8 Christopher Davies (6) 15:23
9 Matthew Dumigan (6) 27:18	10 Phillip Matthews (6) 15:21
11 Sullivan Smith (7) 27:42	12 Afan Humphreys (7) 15:20

#### 8 Belgrave Harriers 4:16:43

1 William Cockerell (34) 28:08	2 Hassan Raidi (31) 15:29
3 David Anderson (21) 27:36	4 Richard Ward (21) 16:12
5 James Kelly (21) 28:14	6 Simon Jones (20) 15:24
7 Paskar Owor (16) 27:28	8 Mark Miles (14) 14:37
9 Daniel Mulhare (9) 26:14	10 Mark Pollard (9) 15:18
11 Philip Wicks (8) 26:54	12 Neil Speaight (8) 15:09

#### 9 Birchfield Harriers 4:17:32

1 Simon Torvi (5) 26:11	2 Adam Cotton (8) 15:04
3 Abdul Abdulrahman (23) 30:09	4 Jonathan Cullen (23) 16:29
5 Biniam Ande (19) 27:04	6 Peter Whitehouse (18) 15:16
7 James Trollope (14) 27:29	8 Adam Watt (13) 15:17
9 Ben Livesey (10) 26:59	10 Ben Sharman (10) 15:32
11 Jean Ndayisenga (9) 26:41	12 Yousf Al-Lathaa (9) 15:21

#### 10 Cardiff Aac 4:18:30

1 Thomas Marshall (16) 27:07	2 Ieuan Thomas (12) 14:45
3 Carwyn Jones (9) 27:14	4 Chris Moss (7) 15:04
5 Richard Gardiner (6) 27:27	6 Michael Kershaw (6) 15:48
7 Nathaniel Lane (8) 26:59	8 Peter Ryder (8) 16:14
9 Adam Bitchell (8) 27:58	10 Edward Takata (8) 15:55
11 Andrew Friend (10) 28:31	12 Rowan Axe (10) 15:28

#### 11 Coventry Godiva Harriers 'A' 4:20:42

1 Matthew Armstrong (26) 27:30	2 Chris Bannon (26) 15:32
3 Ryan Kenny (22) 28:16	4 Benjamin Jones (16) 14:44
5 Richard Taylor (13) 27:00	6 Mathew Almond (10) 15:02
7 Scott Hazell (10) 27:55	8 James Griggs (10) 15:07
9 Job King (11) 29:15	10 Tom Bark (11) 16:07
11 Toby Spencer (11) 28:44	12 Harvey Speed (11) 15:30

#### 12 Bedford And County AC 4:23:03

1 Steven Tuttle (41) 28:58	2 Robert Heaney (38) 15:12
3 Neilson Hall (14) 25:59	4 Ryan Parker (12) 15:08
5 Alexander Bellew (17) 28:13	6 Michael Goodwin (13) 15:34
7 Matthew Janes (11) 27:26	8 Daniel Dalmedo (12) 15:36
9 Christopher Riley (12) 29:00	10 Alan Turnbull (12) 16:21
11 Richard Powell (12) 29:29	12 Luke Humphreys (12) 16:07

#### 13 Notts AC 'A' 4:24:42

1 Tim Hartley (14) 26:38	2 Bruce Raeside (1) 14:01
3 Jonathan Thewlis (4) 27:33	4 Martin Whitehouse (4) 15:29
5 Darren Fowle (8) 28:25	6 Blayne Pick (7) 15:20
7 Matt Blunden (9) 27:49	8 Chris McGurk (9) 15:44
9 Colin Palmer (13) 30:26	10 Andrew Warburton (13) 17:34
11 Jarrat Perkins (15) 29:48	12 Nicholas Talbot (13) 15:55

#### 14 Altrincham & District AC 4:25:14

1 Matthew Barnes (1) 26:02	2 James Reed (9) 15:25
3 David Norman (2) 26:42	4 David Livingstone (14) 17:16
5 Ian Fisher (12) 27:32	6 Phil Nichol (17) 17:11
7 Nick Leigh (18) 28:58	8 Tom Bush (18) 16:20
9 Jason Ward (16) 27:49	10 Andy Ford (17) 17:24
11 Andrew Norman (14) 27:32	12 Andrew Whittingham (14) 17:03

#### 15 Woodford Green & Essex Ladies 4:25:26

1 Hywel Care (15) 27:01	2 TPrendergast (22) 15:39
3 Matt Barnes Smith (16) 27:48	4 Darren Southcott (20) 16:55
5 Kevin Murphy (25) 29:23	6 Omar Mansour (22) 15:21
7 Angus Holford (25) 30:39	8 Craig Berg (25) 15:50
9 Daniel Agustus (21) 27:59	10 Gavin Lewis (20) 15:50
11 Bertie Powell (17) 27:44	12 Matthew Shone (15) 15:17

#### 16 Sale Harriers Manchester 'A' 4:26:06

1 Matt Bond (9) 26:20	2 Niall Brooks (3) 14:36
3 James Bailey (3) 27:15	4 Ryan Worland (3) 15:27
5 Simon Mills (7) 28:16	6 Michael Kilmartin (12) 16:45
7 Phillip Tedd (12) 28:32	8 Gareth Raven (11) 14:26
9 Colin Gell (15) 31:24	10 James Wignall (14) 16:06
11 James Davis (16) 30:21	12 Michael Hatch (16) 16:38

#### 17 Morpeth H & AC 4:26:35

1 Jonathan Taylor (3) 26:05	2 David Swinburne (13) 15:47
3 Terry Wall (15) 28:34	4 Matthew Nicholson (13) 14:53
5 C Sampson (16) 27:56	6 Mark Brown (11) 15:06
7 Michael Dawson (13) 29:07	8 Mark Davies (15) 16:16
9 Benjamin Harrison (14) 28:57	10 Philip Walker (15) 16:34
11 Peter Newton (13) 28:10	12 Ben Groves (17) 19:10

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

<b>18 Salford Harriers &amp; AC</b>		<b>'A'</b>	<b>4:28:50</b>	<b>27 Herne Hill Harriers</b>		<b>'A'</b>	<b>4:36:07</b>
1 Joseph Bailey (18) 27:09	2 Paul Savage (24) 15:38	1 Chris Busaileh (46) 29:23	2 Jonathan Henderson (43) 15:47	3 Benjamin Riddell (19) 27:56	4 James Williams (19) 16:06	3 Alan Barnes (32) 28:14	4 Keith Newton (31) 16:13
5 Andrew Jones (15) 26:25	6 Paul Simons (15) 16:28	5 Tim Elsey (32) 29:12	6 Victor Maughn (32) 16:45	7 Pumlani Bangani (17) 29:23	8 Robert Hughes (17) 15:46	7 Simon Coombes (31) 30:04	8 Sarwar Khan (30) 16:17
9 Gerry O'Neill (17) 28:54	10 Mike Deegan (16) 16:15	9 Jeff Cunningham (27) 28:51	10 James Ward (28) 18:10	11 Simon Bruton (21) 32:37	12 David Lockett (18) 16:13	11 Ben Paviour (28) 30:49	12 Sam Knight (27) 16:22
<b>19 Hallamshire Harriers Sheffield</b>		<b>'A'</b>	<b>4:29:35</b>	<b>28 Les Croupiers</b>		<b>'A'</b>	<b>4:37:28</b>
1 Andrew Thake (24) 27:25	2 Andrew Heyes (15) 14:47	1 Chris Discombe (20) 27:16	2 Phil George (32) 16:27	3 Dave Archer (18) 28:30	4 Joe Gratton (15) 15:15	3 Julian Baker (35) 30:00	4 David Williams (32) 16:13
5 Robert Baker (14) 27:12	6 David Sprot (16) 16:41	5 Mark Palser (31) 28:49	6 Richard Bullen (31) 16:46	7 Peter Hodges (21) 31:28	8 Armand Bush (23) 16:30	7 Stuart Crees (30) 29:52	8 Richard Wilder (31) 16:38
9 Robert Little (20) 28:20	10 Michael Sprot (21) 16:24	9 Nick Dukes (29) 30:08	10 Matt Hurford (29) 17:29	11 Tom Jenkins (18) 29:04	12 Adam Dyson (19) 17:59	11 Phil Cook (27) 29:03	12 Rob Sage (28) 18:47
<b>20 Gateshead Harriers &amp; AC</b>		<b>'A'</b>	<b>4:30:13</b>	<b>29 Kent AC</b>		<b>'A'</b>	<b>4:37:29</b>
1 Sean Hall (27) 27:34	2 Ryan Stephenson (20) 15:01	1 James Connor (11) 26:23	2 Andy Moreton (21) 16:16	3 Marc Elliott (20) 28:29	4 Andrew Stanton (17) 15:30	3 Richard Munn (33) 30:54	4 Len Reilly (33) 16:27
5 Adam Carmichael (18) 27:24	6 Liam Baister (19) 16:20	5 John Gilbert (26) 27:19	6 Hesham Dahman (27) 16:46	7 Ross Murray (15) 28:06	8 Martin Slater (16) 16:15	7 Michael Claff (27) 29:35	8 Lee Haze (27) 16:49
9 David Burlton (18) 30:06	10 C Hainsworth (19) 17:40	9 Andrew Pickett (28) 30:31	10 Paul Pollock (27) 17:20	11 Conrad Franks (20) 30:07	12 Jason Stobbs (20) 17:41	11 Andrew Farquharson (29) 17:21	12 Calum Fraser (29) 17:21
<b>21 Thames Hare &amp; Hounds</b>		<b>'A'</b>	<b>4:30:22</b>	<b>30 Hillingdonac</b>		<b>'A'</b>	<b>4:37:52</b>
1 James McMullan (17) 27:07	2 Simon Molden (29) 16:07	1 Martin Bateman (45) 29:17	2 Richard Mann (42) 15:50	3 Ben Reynolds (25) 28:40	4 Toby Pearson (24) 16:00	3 Anupam Das (41) 30:05	4 James Laing (41) 16:31
5 Julian Rendall (24) 28:37	6 Andy Howse (25) 16:46	5 Matt Revier (42) 30:32	6 Daniel Thompson (41) 16:04	7 Andy Weir (24) 28:46	8 Nick Altmann (22) 15:33	7 Paul Cuddihy (38) 28:51	8 Paul Leppard (35) 17:31
9 Ian Harkness (22) 29:23	10 Gordon Pearce (22) 15:54	9 Tony Grant (31) 29:52	10 Andy Miles (30) 17:08	11 Simon Wurr (19) 28:54	12 Al Kennis (21) 18:35	11 Andrew Symonds (30) 29:23	12 Scott Farley (30) 16:48
<b>22 Leeds City AC</b>		<b>'B'</b>	<b>4:30:35</b>	<b>31 Brighton And Hove City AC</b>		<b>'A'</b>	<b>4:39:11</b>
1 Oliver Ziff (42) 29:04	2 Daniel Davis (44) 16:08	1 James McCarthy (36) 28:14	2 David Boyce (40) 16:17	3 James Smith (38) 28:58	4 Ben Dyson (39) 16:52	3 Luke Lambourne (39) 29:39	4 Richard Airey (36) 16:15
5 Martin Gostling (33) 27:55	6 James Lavin (29) 15:41	5 Matthew Bristow (38) 29:48	6 Josh Mutch (34) 16:22	7 Mark Bryant (28) 30:28	8 Alexander Davy (28) 16:02	7 Martyn Bean (35) 30:00	8 Zared Hale (33) 16:40
9 Adam Osborne (25) 28:57	10 Elliot Cole (25) 15:36	9 Craig Walker (33) 31:36	10 Daniel Titheradge (32) 17:27	11 Gregory Hull (23) 29:05	12 Geoffrey Belcher (22) 15:49	11 James Tomlinson (31) 30:00	12 Kev Mason (31) 16:53
<b>23 Aldershot, Farnham &amp; District</b>		<b>'B'</b>	<b>4:30:52</b>	<b>32 Cheltenham Harriers</b>		<b>'A'</b>	<b>4:39:56</b>
1 Neil Phillips (33) 28:08	2 Adam Clarke (27) 14:55	1 Dave Roper (30) 27:50	2 James Miller (36) 16:16	3 Alex Flynn (26) 28:53	4 Tim Doran (22) 15:43	3 Julian Wilkie (30) 28:48	4 Andrew Kaighin (29) 16:13
5 Paul Rodgers (20) 27:29	6 Jack Grundy (21) 16:05	5 Russell Forsbrook (36) 30:29	6 Daniel Harrison (35) 17:25	7 Andrew Conway (20) 29:50	8 Michael Boucher (20) 15:44	7 William New (36) 29:43	8 Andrew Hussey (34) 16:33
9 Joe Morwood (19) 28:27	10 Richard Batchelor (18) 16:50	9 Roger Mullins (30) 30:47	10 Ian Giles (31) 17:58	11 Jaime Del Campo (22) 31:23	12 Simon Sheard (23) 17:25	9 Elliot Prince (32) 30:31	12 G Livingstone-Tho (32) 17:23
<b>24 Serpentine</b>		<b>'A'</b>	<b>4:31:29</b>	<b>33 Staffordshire Moorlands AC</b>		<b>'A'</b>	<b>4:41:04</b>
1 Richard Phillips (37) 28:23	2 Martin Gaunt (39) 15:54	1 A Derricott (29) 27:47	2 Gareth Allott (23) 14:59	3 Hugh Tory (29) 28:29	4 Andrew Reeves (28) 15:56	3 Jason Burgess (37) 31:18	4 Mathew Allott (30) 15:24
5 Nicholas Torry (23) 27:21	6 Tiago Branco (23) 16:06	5 Marc Heartley (27) 28:14	6 Jonathan Turnock (30) 17:16	7 Aodh O'Neill (23) 29:45	8 Miguel Branco (24) 16:25	7 David Neill (32) 31:03	8 David Hollins (32) 16:23
9 Paul Hayman (24) 30:35	10 Andy Robbins (23) 15:59	9 Kelvin Amos (36) 32:53	10 Gareth Briggs (33) 17:07	11 Eric Phillips (24) 29:59	12 John Nugus (24) 16:37	11 Craig Jeffery (33) 31:25	12 Vincent Martin (33) 17:15
<b>25 Trafford AC</b>		<b>'A'</b>	<b>4:32:14</b>	<b>34 Telford AC</b>		<b>'A'</b>	<b>4:41:23</b>
1 Alexander O'Gorman (8) 26:18	2 Timothy Egerton (6) 14:50	1 Paul Ward (28) 27:36	2 Chris Carter (30) 15:44	3 Craig Wheeler (28) 31:16	4 Ben Martin (26) 15:43	3 Chris Talbot (45) 33:01	4 Dave Mansbridge (45) 16:21
5 Jeff Prest (30) 30:15	6 Ian Salisbury (26) 15:34	5 Paul Williams (47) 32:41	6 Chris Bagshaw (46) 16:08	7 Thomas Charles (26) 29:23	8 Graham Hogg (26) 15:22	7 Craig Walker (41) 28:47	8 John Garmson (41) 17:38
9 Paul Rockliffe (26) 31:32	10 James Bleakley (26) 15:59	9 Chris Rimmer (37) 28:39	10 Jonathan Hockey (36) 16:38	11 Gareth Turner (25) 29:52	12 Michael Hunt (25) 16:10	9 Chris Rimmer (37) 28:39	10 Jonathan Hockey (36) 16:38
<b>26 Windsor Slough Eton &amp; Hounslow</b>		<b>'A'</b>	<b>4:36:01</b>	<b>35 Southampton AC</b>		<b>'A'</b>	<b>4:41:40</b>
1 Benedict Whitby (12) 26:34	2 Lee Reynolds (10) 14:59	1 Alex Wall-Clarke (22) 27:21	2 Paul Fotherby (37) 16:49	3 Nathan White (12) 27:52	4 Matt Carlisle (10) 15:17	3 Andy Morgan-Lee (36) 29:34	4 Jeremy Curtis (35) 16:40
5 Alexander Tovey (9) 27:54	6 Nick Lingley (14) 16:39	5 Peter Davis (40) 31:03	6 David Blackman (39) 16:40	7 Stephen Kimber (19) 30:49	8 Petrou Snaipar (19) 16:26	5 Martin Johnson (37) 29:00	8 James Bennett (36) 17:37
9 Ian May (23) 31:05	10 Jack Philp (24) 17:48	9 Timothy Spencer (35) 30:25	10 Timothy Sherman (34) 17:42	11 Cameron Smart (26) 32:15	12 Luke Turton (26) 18:23	9 Thomas Johnson (35) 31:26	12 Nicolas Willson (35) 17:23

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

<b>36 Thames Valley Harriers</b> 4:42:46				<b>45 Serpentine</b>				<b>'B' 4:50:11</b>																
1 Mohamad Aadan (35) 28:09	2 Paul Whitelam (28) 14:55	1 Barney Southin (55) 30:23	2 Alex Brooks (56) 17:08	3 Nazwari Dawit (24) 28:39	4 Myles Edwards (25) 16:21	3 Simon Barrett (54) 31:13	4 N Barberis Negra (54) 16:47	5 Gordon Irvine (28) 29:54	6 Ali Abbas Yahye (28) 16:25	5 Jolyon Attwooll (53) 31:40	6 James Edgar (51) 17:22	7 Manuel Da Silva (29) 30:52	8 Andrew Fooks (29) 16:30	7 Andrew Taylor (48) 30:59	8 Alessandro Poggi (50) 17:11	9 John Husbands (34) 33:19	10 Lee Benjamin (35) 18:05	9 Steven Evans (48) 31:09	10 Fraser Johnson (48) 18:37	11 Stephen Norris (36) 32:13	12 Ashraff Khan (36) 17:24	11 Callum Martin (47) 30:58	12 Wesley Harrison (45) 16:44	
<b>37 Mansfield Harriers &amp; AC</b> 4:44:11				<b>46 Notts AC</b>				<b>'B' 4:50:37</b>																
1 Douglas Ross (59) 31:00	2 Chris Brown-Monks (57) 16:48	1 Richard Darling (48) 29:33	2 Steve Long (46) 16:22	3 Darren Hodgkinson (59) 32:04	4 Daniel Winter (60) 18:48	3 Rob Nixon (49) 31:34	4 Chris Smith (51) 17:11	5 Mark Johnson (54) 28:58	6 Steve Grainger (52) 17:18	5 John Muddeman (46) 30:27	6 James Barker (47) 17:48	7 Luke Marshall (51) 31:03	8 Craig Kelly (48) 16:38	7 Paul Archer (46) 32:11	8 David Oxland (49) 17:33	9 James Mee (40) 27:35	10 Chris Brown (38) 16:13	9 Matthew Judson (49) 33:08	10 Ken Allen (51) 20:07	11 Stuart King (37) 30:03	12 Tim Raynor (37) 17:43	11 Michael Benford (49) 29:25	12 Kevin Farrow (46) 15:18	
<b>38 Shaftesbury Barnet</b> 4:45:56				<b>47 Wigan Phoenix</b> 4:51:07																				
1 Pamenos Ballantyne (47) 29:26	2 Anthony Whiteman (35) 14:34	1 Philip Derbyshire (65) 31:46	2 John Worthington (65) 17:48	3 James Trapmore (31) 29:02	4 Eric Mayers (34) 17:09	3 John Morrissey (60) 30:20	4 Chris Wilson (57) 17:03	5 Orlando Edwards (29) 27:51	6 Chris Sutherland (33) 18:26	5 Mohamad Manir (57) 31:38	6 Stephen Nicholls (55) 17:23	7 Ronan Breen (33) 29:44	8 Michael Potticary (38) 20:12	7 Paul Weall (54) 31:30	8 Andy Ward (51) 15:49	9 Anthony Jackson (38) 30:18	10 Russell Devitt (41) 21:28	9 Michael O'Neill (46) 30:10	10 David Collins (46) 18:18	11 Daniel Lewis (39) 30:36	12 W Collins-Pallet (38) 17:10	11 James Hilton (46) 30:47	12 Richard Noone (47) 18:35	
<b>39 Halesowen AC</b> 4:46:55				<b>48 Worcester AC</b> 4:52:23																				
1 Domonik Morton (39) 28:36	2 Bill Nock (41) 16:24	1 Chris Davies (63) 31:35	2 Warren Miles (61) 16:54	3 Christopher Penn (42) 30:24	4 Nicolas Hazelwood (44) 16:54	3 Christopher Wilson (46) 27:59	4 Andrew Poppleton (47) 16:57	5 Mark Hadley (41) 29:43	6 David Kesterton (42) 16:18	5 Richard Walsh (50) 32:53	6 Michael Stock (56) 20:17	7 Tom Kenderdine (39) 29:36	8 Nick Price (40) 18:47	7 David Hall (52) 29:38	8 Sam Mitchell (46) 15:42	9 Daniel Cleary (39) 32:36	10 Matt Allen (39) 17:33	9 Stefan Sternkopf (47) 31:42	10 Thomas Forrester (47) 18:51	11 Sam Crutchley (40) 32:17	12 Roger Mallard (39) 17:47	11 David O'Brien (48) 32:33	12 Andrew Peach (48) 17:22	
<b>40 Brats</b> 4:47:25				<b>49 Keighley And Craven AC</b> 4:53:11																				
1 Martin Matthews (38) 28:24	2 Anthony Gray (34) 15:30	1 Adrian Jones (50) 29:55	2 Laurence Hellowell (51) 16:28	3 Edward Banks (44) 31:45	4 Chris Horton (46) 17:23	3 Andrew Brett (48) 31:04	4 Liam Spencer (56) 18:11	5 Richard Gray (45) 31:34	6 Andy Kenchington (45) 16:47	5 Stuart Brown (48) 29:46	6 Richard Ballantine (48) 17:48	7 Patrick Allaway (45) 31:57	8 Matthew Bayliss (43) 16:09	7 Robert Brown (50) 32:44	8 Matthew Dykes (52) 18:04	9 Guy Evans (43) 31:35	10 Mark Hirsch (42) 17:11	9 Mark Knowles (50) 31:55	10 Adrian Thomas (49) 17:14	11 Mark Ince (42) 31:35	12 C Lindsay (40) 17:35	11 Stephen Carter (50) 32:27	12 Leonard Buxton (49) 17:35	
<b>41 Holmfirth Harriers</b> 4:48:16				<b>50 Coventry Godiva Harriers</b> 'B' 5:04:27																				
1 Matthew Pierson (6) 26:14	2 Richard Smith (25) 16:43	1 Aaron Bodycote (53) 30:08	2 Emerson Combstock (47)	3 Mark Buckingham (10) 26:10	4 Gary Graham (37) 21:20	15:51	3 Jonathan White (51) 31:48	5 David Watson (34) 28:57	6 Matthew Dewhirst (40) 18:54	4 James Parrott (49) 16:43	5 Colin Deasy (51) 31:57	7 David Turnbull (40) 30:00	8 James Dewhirst (39) 18:10	6 Paul Moorcroft (54) 18:40	7 Michael Peters (55) 34:46	9 Matthew Johnson (41) 33:52	10 John Ewart (40) 17:47	8 Damian Carr (55) 16:24	9 Harvey Rose (51) 30:47	11 Julian Rose (41) 31:30	12 Philip Martin (41) 18:39	10 Dave Freeman (50) 17:24	11 Tobias Gehrke (51) 33:47	12 Andrew Downing (50) 26:12
<b>42 Rotherham H &amp; AC</b> 4:48:48				<b>51 Kenilworth Runners</b> 5:07:00																				
1 Simon Mounsey (62) 31:24	2 John Comrie (67) 18:34	1 Peter Bryan (69) 32:36	2 Stuart Hopkins (64) 16:29	3 Jonathan Maxfield (62) 31:10	4 Dave Tune (59) 17:08	3 Pat Noonan (64) 32:46	4 Peter Matthews (66) 19:35	5 Glenn James (58) 30:20	6 Philip Hoole (49) 14:56	5 Phillip Gould (61) 29:46	6 Tom Dable (66) 21:46	7 David Smith (47) 31:51	8 Kyle Craib (47) 16:43	7 P McCorquodale (65) 34:26	8 Richard Simkiss (62) 16:05	9 Paul Humphries (44) 30:18	10 Terry Eastwood (45) 18:15	9 Roger Homes (61) 34:07	10 Richard Steel (59) 18:31	11 Gary Claxton (45) 30:35	12 Peter Neal (42) 17:34	11 Mike Johnson (52) 31:08	12 Clive Pearce (51) 19:45	
<b>43 Wirral AC</b> 4:49:11				<b>52 Salford Harriers &amp; AC</b> 'B' 5:07:30																				
1 Xavier Desse (49) 29:46	2 P Davies-Peerless (50) 16:35	1 Jan Pichl (52) 30:01	2 Sean Cordell (63) 18:53	3 Alan Woods (40) 28:38	4 Graham Ratcliffe (43) 17:02	3 Andrew Kay (61) 31:01	4 Sidney Sacks (67) 22:03	5 Kelvin Dickinson (44) 31:29	6 Kevin Buxton (44) 17:39	5 Ian Jackson (67) 32:19	6 Christopher Dawson (64) 17:38	7 Sean Egan (44) 30:55	8 William Ferguson (44) 18:43	7 Paul Birkett (61) 31:58	8 Ronald Warrender (61) 19:16	9 Jon Seymour (45) 31:58	10 Chris Henry (44) 17:53	9 Philip West (56) 32:05	10 Thomas Temple (58) 20:49	11 Mark Hulmston (44) 30:09	12 Karl Bryers (43) 18:24	11 David Hudson (53) 32:03	12 Duncan Mason (52) 19:24	
<b>44 Barrow &amp; Furness Striders AC</b> 4:49:17				<b>53 Harborough AC</b> 5:10:08																				
1 Peter Huck (32) 28:07	2 Philip Waite (33) 15:45	1 Daniel Worley (70) 32:57	2 Adam Brooks (70) 17:56	3 Garry Dixon (34) 29:49	4 Dean Miller (38) 17:03	3 Sean Fenwick (58) 28:46	4 Graeme Rolfe (62) 20:14	5 David Parker (43) 32:18	6 Simon Stanway (43) 17:40	5 Richard Bufton (65) 33:44	6 Richard Brown (67) 20:13	7 Robert Atkinson (42) 30:43	8 Jed Bartlett (42) 16:47	7 William Clapp (63) 30:58	8 Tony Harrison (63) 20:13	9 David Hook (42) 32:49	10 Harry Melia (43) 18:46	9 Martin Gore (60) 32:03	10 Martin Hughes (62) 20:59	11 Peter Savage (43) 30:24	12 Roger Quayle (44) 19:06	11 Scott Speller (56) 33:17	12 Chris Webb (53) 18:48	

# ERRA National Road Relays

## at Sutton Park, Birmingham on Saturday 17th April 2010

<b>54 Stratford On Avon AC</b>		<b>5:10:26</b>		<b>Severn</b>			
1 Johann Breytenbach (68) 32:13	2 Andrew Cockerill (68) 17:57	1 Josh Lilly (7) 26:15	2 Tim Dalton (2) 14:40	3 Stephen Hale (27) 31:14	4 Oliver Starkey (27) 16:18	5 James Rose (35) 30:59	6 Mark James (37) 18:23
3 Daniel Lynch (67) 33:09	4 Patrick Taylor (68) 18:40	7 Austin Degge (43) 33:58	8 Gareth Howells (45) 19:23	5 Danny Tolhurst (68) 32:45	6 Paul Hawkins (68) 19:51	9 Bill Griffiths (58) 44:50	10 Mike Anderton (56) 18:28
7 Phillip Howell (66) 36:02	8 James Deacon (66) 19:45			9 Keith Hawkes (64) 34:58	10 Kieran Tursner (64) 18:44		
11 Malcolm Bowyer (55) 26:49	12 Anthony Jackson (54) 19:33						
<b>55 Les Croupiers</b>		<b>'B' 5:10:28</b>		<b>Sale Harriers Manchester 'B'</b>			
1 Martin Williams (66) 31:52	2 John Harris (69) 18:30	1 Tim Kennedy (57) 30:41	2 Gary Rowlinson (58) 17:13	3 Stuart McLroy (66) 32:23	4 Paul Coker (65) 18:30	3 Mike Ashby (56) 31:21	4 Andrew Walling (55) 16:20
5 David Coles (66) 32:24	6 Nick Rees (65) 19:15	5 Elton Davies (55) 32:29	6 Michael Wharton (57) 19:09	7 Ben Farag (64) 33:58	8 Scott Hemmens (65) 19:06	7 Paul Barrett (60) 35:55	8 Phillip Scowcroft (59) 17:49
9 Gareth Morgan (62) 33:59	10 David Headon (61) 17:44	9 Timothy Rainey (59) 35:53	10 Tim Brett (60) 20:20	11 Alun Jones (57) 34:58	12 Mick McGeoch (55) 17:49		
<b>56 Heanor Running Club</b>		<b>5:10:54</b>		<b>Liverpool Harriers &amp; AC</b>			
1 Stephen Ashmore (54) 30:17	2 Chris Rainsford (55) 17:01	1 Ricky Challinor (31) 27:56	2 Johnny Mellor (14) 14:10	3 Lee Perkins (57) 31:59	4 Ben Radbourne (53) 16:08	3 Richard Burney (17) 28:33	4 Harry Harper (18) 16:06
5 J Wainwright (56) 32:57	6 Christopher Riley (58) 19:05	5 John McCole (22) 29:17	6 Nathan Vengdasalam (24) 28:47	7 Darren Ridout (56) 32:34	8 Chris Mellors (58) 20:13	5 Adam Clansay (21) 16:03	7 Mark Keeley (22) 28:47
9 Andrew Marriott (57) 35:18	10 Stephen Wardle (57) 20:04			11 Richard Sims (54) 34:23	12 Nigel Scollin (56) 20:55		
<b>57 Bromsgrove &amp; Redditch AC</b>		<b>5:11:08</b>		<b>Westbury Harriers</b>			
1 Richard Lomas (60) 31:06	2 Jon Hill (60) 17:16	1 Rod Jones (61) 31:19	2 Sam Dalgliesh (53) 15:33	3 Gavin Moorhead (65) 33:54	4 James Bowler (64) 18:31	3 Gregg Ward (55) 31:59	4 Joe Dalgliesh (50) 15:44
5 Paul Collins (64) 32:15	6 Andrew Freeman (63) 18:02	5 Chris Palmer (49) 31:42	6 Dan Studley (50) 17:47	7 Philip Anderson (62) 33:19	8 Sam Moran (64) 20:50	7 Malcom White (53) 32:47	8 Robert Pringle (53) 18:19
9 David Rix (63) 36:05	10 Calvin Scoltock (63) 18:32			11 Jamie Dancyger (58) 33:07	12 Simon Lanckham (57) 18:11		
<b>58 Northbrook AC</b>		<b>5:24:27</b>		<b>Harrow AC</b>			
1 Paul Andrew (67) 32:06	2 Anthony Williams (71) 20:00	1 Jim Cooper (44) 29:11	2 Peter Norris (45) 16:23	3 Nathan Holmes (68) 31:37	4 Robert Pool (69) 21:30	3 Alan Wray (43) 29:56	4 Julian Critchlow (42) 16:18
5 Jason Nicholson (69) 33:40	6 Andrew Ralph (69) 20:17	5 David Branfoot (39) 28:59	6 Mike Kelly (36) 16:41	7 Howard Andersen (67) 32:48	8 Stuart Keen (67) 19:46		
9 Richard French (65) 37:01	10 John Wilson (65) 19:43			11 Steve Bottomley (59) 36:29	12 Peter Fellows (58) 19:30		
<b>Incomplete Teams:</b>				<b>Newham And Essex Beagles 'B'</b>			
<b>Wells City Harriers</b>				1 John Pike (43) 29:08	2 Paige Haines (52) 17:19	3 Halim Ferarha (53) 32:08	4 Harun Abdi (48) 15:49
1 Jon Gilling (58) 30:49	2 Peter Darton (62) 17:45	5 George Guthrie (63) 38:10	6 Kelvin Goodwin (60) 16:22	3 Andrew Hennessy (47) 28:39	4 Francis Tickner (40) 14:26		
3 Andrew Hennessy (47) 28:39	4 Francis Tickner (40) 14:26			5 Ben Tickner (37) 28:05	6 Matthew Lewis (38) 18:16		
5 Ben Tickner (37) 28:05	6 Matthew Lewis (38) 18:16			7 Jon James (34) 28:27	8 Simon Prior (37) 18:19		
7 Jon James (34) 28:27	8 Simon Prior (37) 18:19			9 Jack Bancroft (32) 29:59	10 Steve Masters (37) 21:05		
9 Jack Bancroft (32) 29:59	10 Steve Masters (37) 21:05			11 Andrew Deamer (38) 32:01			
<b>Bournville Harriers</b>				<b>Derby AC</b>			
1 Dean Parker (51) 29:59	2 Rob Andrew (49) 16:07	1 Alex Pilcher (13) 26:37	2 Richard Weir (5) 14:30	3 Gareth Cadd (50) 31:32	4 Stephen McGlen (52) 17:03		
5 Andy Crawford (52) 32:28	6 Andy Clayton (53) 17:51			7 Sean Rose (49) 30:50	8 Chris Harlan-Marks (54) 19:35		
7 Sean Rose (49) 30:50	8 Chris Harlan-Marks (54) 19:35			9 Daniel Wilson (52) 35:43	10 Simeon Paine (52) 17:57		
<b>Garden City Runners</b>				<b>Sunderland Harriers</b>			
1 David Vaughan (40) 28:40	2 Sean Bowen (54) 18:15	1 Steven Duffy (64) 31:37	2 Gavin Massingham (48) 14:26	3 Simon MacE (52) 31:26	4 Steve Williams (58) 19:44		
5 Alex McIntosh (59) 32:36	6 David Desborough (59) 17:41			5 Andrew Holt (54) 33:21	7 Tom Denbigh (56) 19:07		
7 Stephen Kemble (57) 31:55	8 Tom Denbigh (56) 19:07				9 Patrick Gallagher (53) 18:00		
9 Andrew Holt (54) 33:21	10 Patrick Gallagher (53) 18:00						
<b>Royal Sutton Coldfield AC</b>				<b>Fastest of all long legs — Provisional</b>			
1 Nick Corker (56) 30:31	2 Oliver Harradence (59) 17:28	1 Moumin Geele Newham&EB A 25:37	2 Neilson Hall Bedford 25:59	3 Simon Corker (63) 33:15	4 Simon Ralph (61) 18:09	3 Matthew Barnes Altrincham 26:02	4 David Webb Leeds City A 26:04
5 Steve Marklew (60) 31:22	6 James Smedley (61) 18:16	5 Jon Wills Bristol&W 26:05	= Jonathan Taylor Morpeth H 26:05	7 Russell Simpson (59) 33:18	8 David Liddall (57) 17:52	7 Phil Nicholls Tipton Har 26:07	8 Tsegai Tewelde Shettlesto 26:08
9 Frederic Tremblay (53) 31:39	10 Clive Hackforth (54) 19:17	9 Mark Buckingham Holmfirth 26:10	10 Simon Tonvi Birchfield 26:11			9 Mark Buckingham Holmfirth 26:10	10 Simon Tonvi Birchfield 26:11
<b>Gloucester AC</b>				<b>Fastest of all short legs — Provisional</b>			
1 Jeremy Mower (71) 33:23	2 Nico Constanti (66) 16:34	1 Bruce Raeside Notts Ac A 14:01	2 Johnny Mellor Liverpool 14:10	3 Nick Cousins (69) 34:21	4 Richard De-Camps (63) 16:24	3 Ben Moreau Aldershot A 14:18	4 Francis Tickner Wells City 14:26
5 Tom Randles (62) 30:45	6 Mark Ingram (62) 18:12	= Gareth Raven Sale Harr A 14:26	= Gavin Massingham Sunderland 14:26	7 David Gresswell (58) 32:35	8 David Edwards (60) 19:03	7 Richard Weir Derby Ac 14:30	8 James Shane Newham&EB A 14:33
9 Lee Smith (55) 31:42	10 Richard Moor (55) 20:38	= James Ellis Newham&EB A 14:34				9 Anthony Whiteman Shaftesbur 14:34	= James Ellis Newham&EB A 14:34