

BRITISH ATHLETICS LEAGUE – NATIONAL TWO

Held at Meadowbank Edinburgh. Date 7th July 2007

Pos	Competitor	Club	Perf.	Pts
-----	------------	------	-------	-----

100 metres 'A' (WIND +***)

1	Lawrence Mensah	Herne Hill	10.73	16
2	Andrew Sturrock	Gateshead H	11.04	14
3	Steven Charters	Edin AC	11.05	12
4	T Anim-Somurh	Liverpool	11.12	10
5	Wynn Roberts	Swansea	11.25	8
6	G Tomlinson	Bedford	11.25	6
7	Jon Lindley	Derby	11.32	5
8	Keith Palmer	Southend	12.22	4

100 metres 'B' (WIND +***)

1	Idris Ojuriye	Herne Hill	10.88	12
2	Mike Golding	Liverpool	11.05	10
3	Thomas Moore	Edinburgh	11.12	8
4	Daniel Burns	Gateshead	11.24	6
5	Ashly Dowson	Southend	11.54	4
6	Leon Yandle	Swansea	11.54	3
7	Phil Harries	Derby	11.67	2
8	Tennyson James	Bedford		1

200 metres 'A' (WIND +****)

1	Lawrence Menseh	Herne Hill	21.71	16
2	Pat Swan	Edinburgh	21.93	14
3	Wyn Roberts	Swansea	22.55	12
4	T Anim-Somuah	Liverpool	22.72	10
5	Andrew Sturrock	Gateshead	22.73	8
6	Gavin Tomlinson	Bedford	23.12	6
7	Tom Allread	Derby	23.18	5
8	Keith Palmer	Southend	24.56	4

200 metres 'B' (WIND +***)

1	Steven Charters	Edinburgh	22.40	12
2	Robert Graham	Herne Hill	22.48	10
3	Daniel Burns	Gateshead	22.57	8
4	Phil Ellerman	Liverpool	22.79	6
5	Jon Lindley	Derby	22.95	4
6	Leon Yandle	Swansea	23.40	3
7	Ashly Dowson	Southend	23.84	2
8	Tennison James	Bedford	25.22	1

400 metres 'A'

1	Robert Lewis	Bedford	48.31	16
2	Chris Smith	Liverpool	49.10	14
3	Chris Gowell	Swansea	49.32	12
4	Mark Mitchell	Edinburgh	49.36	10
5	Tom Patton	Gateshead	50.15	8
6	Michael Dyer	Herne Hill	50.57	6
7	Tom Allread	Derby	50.64	5
8	Greg Goodram	Southend	55.54	4

400 metres 'B'

1	Mike Burslem	Edinburgh	50.61	12
2	Lewis Robson	Gateshead	50.88	10
3	Daniel Yipp	Liverpool	51.04	8
4	Sam Walsh	Swansea	52.83	6
5	Swee-Leng Chuah	Derby	53.32	4
6	Pete Benedickter	Bedford	54.79	3
7	Graham Eastly	Southend	55.16	2
8	James Ward	Herne Hill	67.72	1

800 metres 'A'

1	Chris Gowell	Swansea	1.53.14	16
2	Michael Dyar	Herne Hill	1.53.67	14
3	Rich Weir	Derby	1.54.26	12
4	Jonny Mellor	Liverpool	1.54.43	10
5	Andrew Teate	Gateshead	1.55.38	8
6	Iain Whitaker	Edinburgh	1.57.40	6
7	Lewis Cadman	Bedford	1.58.22	5
8	Mark Oldham	Southend	2.01.88	4

800 metres 'B'

1	Chris Parr	Gateshead	1.56.08	12
2	Sam Walsh	Swansea	1.57.05	10
3	Stuart Morland	Liverpool	1.57.84	8
4	Andrew Burles	Herne Hill	1.58.29	6
5	Tom Laurans	Derby	2.00.25	4
6	Matt Janes	Bedford	2.01.24	3
7	Pete Smale	Southend	2.02.20	2
8	Keith Dunlop	Edinburgh	2.04.98	1

1500 metres 'A'

1	Jonny Mellor	Liverpool	3.55.70	16
2	Rich Weir	Derby	3.57.03	14
3	Martin Conroy	Swansea	3.57.76	12
4	Ryan Stephenson	Gateshead	4.03.60	10
5	Matt Janes	Bedford	4.05.28	8
6	Jonny Henderson	Edinburgh	4.06.79	6
7	Simon Coomes	Herne Hill	4.09.62	5
8	Pete Smale	Southend	4.30.51	4

1500 metres 'B'

1	John McCole	Liverpool	3.58.06	12
2	Daniel Gurmin	Swansea	4.01.52	10
3	Lewis Moses	Gateshead	4.09.32	8
4	Lewis Cardman	Bedford	4.12.44	6
5	Kofi Agyei	Herne Hill	4.16.99	4
6	Jordon Wildrienne	Derby	4.17.73	3
7	Iain Whitaker	Edinburgh	4.29.13	2
8	Mark Oldham	Southend	4.49.32	1

5000 metres 'A'

1	Jonny Gylby	Derby	14.58.33	16
2	Darren Deed	Bedford	15.03.17	14
3	Marc Hobbs	Swansea	15.06.62	12
4	Richard Burney	Liverpool	15.15.44	10
5	Andy Little	Edinburgh	15.19.77	8
6	Ben Paviour	Herne Hill	15.34.22	6
7	Jon Archer	Gateshead	15.48.55	5
8	Paul Whitaker	Southend	16.24.69	4

5000 metres 'B'

1	Sullivan Smith	Swansea	15.19.24	12
2	Rob Berry	Liverpool	15.21.37	10
3	Tim Elsey	Herne Hill	15.43.70	8
4	Andrew Inskip	Bedford	16.29.45	6
5	Chris Davidson	Derby	16.35.33	4
6	Martin Ferguson	Edinburgh	17.02.05	3
7	Roy Scott	Southend	18.00.35	2
8	Andrew Dougall	Gateshead	DNF	1

3000 metres S/C 'A'

1	Simon Werr	Herne Hill	9.11.72	16
2	Alex Pilcher	Derby	9.14.51	14
3	Adam Peers	Liverpool	9.21.55	12
4	Sullivan Smith	Swansea	9.42.05	10
5	Kieran Flannery	Gateshead	9.49.57	8
6	Roy Scott	Southend	10.38.40	6
7	Darren Steel	Edinburgh	10.46.90	5
8				4

3000 metres S/C 'B'

1	Steve Davis	Swansea	9.53.94	12
2	David Catt	Liverpool	10.05.15	10
3	Keith Newton	Herne Hill	10.20.21	8
4	Andrew Teate	Gateshead	10.27.26	6
5	Rich Wilson	Derby	10.28.53	4
6	Steve Wales	Edinburgh	10.54.69	3
7	Mark Waine	Southend	10.55.97	2
8				1
Guest	Chris Sampson		9.23.69	0-Guest

110 metres hurdles 'A' (WIND +***)

1	Austin Ferns	Herne Hill	14.76	16
2	Fran Baker	Derby	14.88	14
3	Andrew Sturrock	Gateshead	14.98	12
4	Dave Collard	Edinburgh	15.62	10
5	Owen Jones	Swansea	16.14	8
6	Greg Goodram	Southend	16.55	6
7	Gavin Fordham	Bedford	16.62	5
8	Mike Sweeney	Liverpool	17.38	4

110 metres hurdles B (WIND +****)

1	Lewis Robson	Gateshead	15.51	12
2	Simon Hemmings	Southend	15.67	10
3	Phil Harries	Derby	16.48	8
4	Sean Connerton	Edinburgh	17.64	6
5	Gareth Lapskin	Liverpool	17.75	4
6	Pete Benedickter	Bedford		3
7	Alex Jackson	Swansea	22.13	2
8				1

400 metres hurdles 'A'

1	Robert Lewis	Bedford	51.78	16
2	Nic Davidson	Derby	52.11	14
3	Austin Ferns	Herne Hill	52.76	12
4	Ally Strange	Edinburgh	53.35	10
5	Kieran Flannery	Gateshead	55.70	8
6	J Crossdak	Liverpool	56.71	6
7	Greg Goodram	Southend	60.42	5
8	Stev Richards	Swansea	72.15	4

400 metres hurdles 'B'

1	Lewis Robson	Gateshead	56.74	12
2	Andy Gill	Bedford	57.39	10
3	Phil Harries	Derby	57.99	8
4	Mark Draper	Liverpool	58.44	6
5	Graham Eastly	Southend	60.60	4
6	Sean Connerton	Edinburgh	61.17	3
7	Owen Jones	Swansea	65.92	2
8	Keith Newton	Herne Hill	81.03	1

High Jump 'A'

1	Robbie Grabacz	Bedford	2.10	16
2	Martin Aram	Liverpool	2.00	14
3	Ben Mourbey	Derby	1.95	12
4	Stuart Livingston	Edinburgh	1.85	10
5	Simon Hemmings	Southend	1.85	8
6	Craig Davies	Swansea	1.80	6
7	Mark Davidson	Gateshead	1.75	5
8	Courtney Gordon	Herne Hill	1.65	4

High Jump 'B'

1	Adam Gallie	Derby	1.90	12
2	Greg Goodrem	Southend	1.85	10
3	Gavin Fordham	Bedford	1.75	8
4	Mike Sweeney	Liverpool	1.75	6
5	Harry Hostyn	Swansea	1.70	4
6	Darren Steel	Edinburgh	1.65	3
7	Hansley Jones	Herne Hill	1.65	2
8				1

Pole Vault 'A'

1	C Boundy	Gateshead	4.20	16
2	Jason Fry	Southend	4.00	14
3	Francis Baker	Derby	4.00	12
4	Gareth Lapskin	Liverpool	4.00	10
5	Matt Devereaux	Bedford	4.00	8
6	Douglas Winch	Edinburgh	3.80	6
7	Thomas Ashby	Herne Hill	2.70	5
8	Owen Jones	Swansea	2.30	4

Pole Vault 'B'

1	G Fordham	Bedford	3.80	12
2	R Dixon	Gateshead	3.60	10
3	Daniel Passey	Derby	3.60	8
4	Alastair Strange	Edinburgh	3.60	6
5	Rob Laine	Liverpool	3.60	4
6	Pete Smale	Southend	2.60	3
7	Steven Poston	Herne Hill	2.50	2
8				1

Long Jump 'A'

1	Francis Baker	Derby	6.70	16
2	Garry Mackay	Edinburgh	6.63	14
3	Daniel Burns	Gateshead	6.60	12
4	Paul Oluyemi	Herne Hill	6.29	10
5	Alex Jackson	Swansea	6.09	8
6	Chris Rattray	Liverpool	6.03	6
7	Kevin Brown	Southend	5.54	5
8	Gavin Tomlinson	Bedford	5.41	4

Long Jump 'B'

1	David Martin	Edinburgh	6.59	12
2	Lewis Robson	Gateshead	6.34	10
3	Harry Mostyn	Swansea	5.90	8
4	Mike Sweeney	Liverpool	5.80	6
5	Ian Richards	Derby	5.49	4
6	Ashley Dowson	Southend	5.41	3
7	Hansley Jones	Herne Hill	4.57	2
8	Tennyson James	Bedford	4.57	1

Triple Jump 'A'

1	Curtis May	Herne Hill	14.39	16
2	Alastair Strange	Edinburgh	14.18	14
3	Ade Babatunde	Gateshead	14.08	12
4	Owen Jones	Swansea	13.38	10
5	Chris Rattray	Liverpool	12.26	8
6	Greig Goodrem	Southend	12.23	6
7	Ian Richards	Derby	11.94	5
8	James Danobrega	Bedford	10.48	4

Triple Jump 'B'

1	J Odametey	Herne Hill	14.32	12
2	Harry Mostyn	Swansea	12.98	10
3	Earl Gill	Gateshead	12.53	8
4	Alex Taylor	Liverpool	11.77	6
5	Kevin Brown	Southend	11.73	4
6	Danny Passey	Derby	10.37	3
7	Tennyson James	Bedford	10.08	2
8				1

Shot Putt 'A'

1	Craig Sturrock	Gateshead	15.42	16
2	Ryan Spencer-Jones	Swansea	14.51	14
3	William Falconer	Edinburgh	14.38	12
4	Rob Earle	Southend	12.70	10
5	Will Londnes	Liverpool	12.65	8
6	Marcus Williams	Herne Hill	12.13	6
7	Gavin Fordham	Bedford	10.27	5
8	Fran Baker	Derby	10.21	4

Shot Putt 'B'

1	Martin Aram	Liverpool	12.44	12
2	Thomas Rees	Swansea	12.12	10
3	Stuart Thurgood	Herne Hill	11.30	8
4	Nick Whittle	Edinburgh	10.76	6
5	James Self	Southend	10.53	4
6	Andrew Sturrock	Gateshead	10.43	3
7	James Dandobr	Bedford	8.82	2
8	Phil Harries	Derby	7.00	1

Discus 'A'

1	Rob Earle	Southend	44.75	16
2	R Spencer Jones	Swansea	43.68	14
3	Craig Sturrock	Gateshead	43.64	12
4	Martin Aram	Liverpool	42.53	10
5	Garry Power	Herne Hill	40.96	8
6	W Falconer	Edinburgh	38.79	6
7	Gavin Fordham	Bedford	30.37	5
8	Fran Baker	Derby	27.95	4

Discus 'B'

1	Peter Roberts	Swansea	42.15	12
2	James South	Southend	41.74	10
3	Mike Bomba	Liverpool	40.58	8
4	Stuart Thurgood	Herne Hill	35.42	6
5	David Maggs	Gateshead	29.26	4
6	J Dandberga	Bedford	28.33	3
7	Nick Whittle	Edinburgh	24.02	2
8	Swee-Leng Chuch	Derby	14.92	1

Hammer 'A'

1	Mike Bomba	Liverpool	57.26	16
2	Stuart Thurgood	Herne Hill	55.42	14
3	Mathew Richards	Swansea	54.10	12
4	Rob Earle	Southend	53.22	10
5	Chris Black	Edinburgh	47.80	8
6	David Higgs	Gateshead	35.27	6
7	J Danobrega	Bedford	25.16	5
8	Rich Wilson	Derby	10.16	4

Hammer 'B'

1	M Hanley	Herne Hill	51.34	12
2	M Fenton	Southend	50.35	10
3	W Lowndes	Liverpool	46.23	8
4	T Lalley	Swansea	37.98	6
5	W Falconer	Edinburgh	32.86	4
6	Sean Hudson	Gateshead	32.73	3
7	Tennyson James	Bedford	14.45	2
8	C Davidson	Derby	5.58	1

Javelin 'A'

1	Ben Fisher	Liverpool	60.12	16
2	Rhys Williams	Swansea	59.82	14
3	Ian Burns	Gateshead	59.10	12
4	Allandre Johnson	Herne Hill	56.26	10
5	Gavin Fordham	Bedford	48.77	8
6	David Collard	Edinburgh	40.25	6
7	Ben Sculley	Southend	38.89	5
8	Fran Baker	Derby	35.95	4

Javelin 'B'

1	J Clark	Swansea	57.10	12
2	D Barret	Gateshead	50.47	10
3	Rob Laine	Liverpool	47.00	8
4	T Ashby	Herne Hill	39.97	6
5	Ally Strange	Edinburgh	38.82	4
6	Rob Earle	Southend	33.97	3
7	J Danobrega	Bedford	29.14	2
8	Phil Harries	Derby	19.00	1

4 x 100 metres relay

1	Herne Hill		43.45	16
2	Edinburgh		43.71	14
3	Liverpool		43.88	12
4	Gateshead		44.20	10
5	Derby		45.45	8
6	Bedford		45.21	6
7	Swansea		46.45	5
8	Southend		46.75	4

4 x 400 metres relay

1	Liverpool		3.20.02	16
2	Edinburgh		3.20.31	14
3	Gateshead		3.21.08	12
4	Derby		3.22.11	10
5	Herne Hill		3.24.44	8
6	Swansea		3.26.70	6
7	Southend		3.37.35	5
8	Bedford		3.40.41	4

Match Result

Position	Club	Total points	League points
1	Liverpool	340	8
2	Gateshead	316	7
3	Swansea	309	6
4	Herne Hill	304	5
5	Edinburgh	272	4
6	Derby	250	3
7	Bedford	205	2
8	Southend	200	1

Overall league position after this match

Position	Club	League points	Match points
1	Gateshead	22	987
2	Liverpool	22	985.5
3	Swansea	19	967.5
4	Herne Hill	13	862
5	Derby	12	779.5
6	Southend	8	709
7	Edinburgh	7	690.5
8	Bedford	5	539

The results continue (if appropriate) with guests and wheelchair results

GUESTS

Event	Guest Please indicate with * any guest on the UKA HCA list	Performance
100m	Phil Ellershaw	11.26
100m	David Clark	11.32
100m	Sean Connerton	11.79

Please note:

Guests performances do not count in the match