

NJL Midland Premier Div Round:1 RESULTS  
Loughborough University, Sun 25 April 2010

M 100m A

1	Antoe Walters	BIR	10.8
2	Elijah Skervin	NOT	10.8
3	Marcel Hodge	CHW	11.1
4	Paul Bennett	WWA	11.2
5	Dale Jacobs	MNS	11.3
6	Andy Lord	CLT	11.3
7	Reece Davies	STK	11.8
8	Jamie Graham	C&S	13.0

M 100m B

1	Josh Chan-Marshall	BIR	11.4
2	Jackson Mearan-Blyton	NOT	11.5
3	Jamie Price	WWA	11.6
4	Dominic Friend	CHW	11.6
5	Matt Wright	CLT	11.7
6	Alex Lloyd	MNS	11.9
7	Alasdair Rigby	C&S	11.9
8	Andrew Bedson	STK	12.1

M 200m A

1	Liam Clowes	STK	22.1
2	Antoe Walters	BIR	22.2
3	Elijah Skervin	NOT	22.5
4	Paul Bennett	WWA	22.6
5	Adam Sansom	MNS	22.7
6	Ashley Hill	CLT	22.7
7	Marcel Hodge	CHW	23.1
8	Jamie Graham	C&S	26.5

M 200m B

1	Zach King	NOT	22.6
2	Abian Richards	U17 BIR	22.7
3	Mike Neville	WWA	22.8
4	Dale Jacobs	MNS	22.8
5	Andy Lord	CLT	23.1
6	Aqueel Hassen	CHW	23.4
7	Matthew Mayne	U17 C&S	24.0
8	Andrew Bedson	STK	24.9

M 400m A

1	Jarryd Dunn	BIR	49.7
2	Zack King	NOT	50.1
3	Ashley Hill	CLT	50.2
4	Adam Sansom	MNS	53.2
5	Matthew Mayne	U17 C&S	54.1
6	Aqueel Hassen	CHW	54.3
7	Matthew Davies	U17 WWA	60.4

M 400m B

1	Adam Cotton	BIR	50.3
2	Alex Skidmore	U17 NOT	52.2
3	Scott Douglas	U17 CHW	53.6
4	Matt Wright	CLT	55.1
5	Richard Triggs	U17 WWA	55.9
6	Jamie Graham	C&S	57.7
7	Ryan Saxton	U17 MNS	61.2

M 800m A

1	Joshua Moody	NOT	1.56.7
2	Tom Guy	U17 STK	1.56.9
3	Gerwyn Slinger	WWA	1.58.9
4	Ryan Childs	MNS	1.59.3
5	Josh Lacey	BIR	2.02.7
6	Ashley Wickett	U17 C&S	2.05.5
7	Pat Sekinger	U17 CLT	2.13.0
8	Harry Buttery	U17 CHW	2.17.6

M 800m B

1	Alex Brecker	U17 STK	2.03.0
2	Tom Baldwin	U17 C&S	2.04.3
3	Paul Thompson	NOT	2.05.1
4	Sean White	U17 WWA	2.08.2
5	Jake Domingo	CHW	2.10.5
6	James Allan	U17 BIR	2.10.9
7	Will New	CLT	2.10.9
8	Richie Talbot	MNS	2.21.0

M 1500m A

1	Chris Perrin	C&S	4.04.70
2	Blayne Pick	NOT	4.06.10
3	Johnaton Gorringe	BIR	4.10.60
4	Luke Carroll	U17 CLT	4.13.20
5	Dave Sheldon	U17 STK	4.20.70
6	Lloyd Heckler	U17 WWA	4.26.40
7	Sam Densham	CHW	4.27.30
8	Ryan Childs	MNS	4.27.90

M 1500m B

1	James Perrin	C&S	4.07.00
2	Peter Hodkinson	NOT	4.21.50
3	Dan Harrison	CLT	4.29.00
4	Morgan Smith	U17 WWA	4.36.90
5	Joe Wales	CHW	4.41.20
6	James Allan	U17 BIR	4.56.10
7	Richie Talbot	MNS	5.01.20

M 3000m A

1	Liam Hendricken	STK	9.18.9
2	Nick Hardy	BIR	9.19.8
3	Will New	CLT	9.20.7
4	Matthew O'Leary	U17 WWA	9.27.6
5	Sam Densham	CHW	9.34.7
6	James Barker	NOT	9.56.8
7	Ryan Saxton	U17 MNS	10.03.6
8	Phil Pugh	C&S	10.10.7

M 3000m B

1	Andy Kaighin	CLT	9.26.3
2	Josh Griffiths	U17 WWA	9.50.1
3	Nicholas Rees	CHW	9.58.5
4	Tom O'Mara	U17 MNS	10.04.2
5	Stuart Davies	C&S	10.33.8
6	Rob Dean	STK	13.39.5

M 110mH A

1	Curtis Holmes	BIR	14.0
2	Alex Lloyd	MNS	19.8
3	Jordon Brock	WWA	20.2

M 110mH B

1	Ciaran Donnelly	BIR	14.90
2	Shane Jones	U17 WWA	18.80
3	Jamie Allen	U17 MNS	20.30

M 400mH A			M 400mH B		
1	Adam Sansom	MNS 58.0	1	Jake Domingo	CHW 59.8
2	Richard Adiyia	CHW 59.7	2	Alasdair Rigby	C&S 65.3
3	Scott Gregory	U17 BIR 61.8	3	Jordon Brock	WWA 66.4
4	Glen Elsdon	WWA 62.7	4	Jamie Allen	U17 MNS 69.0
5	Sean Rich	C&S 63.7	5	Matthew Lee	U17 BIR 71.2
M 2000m Sc A			M 2000m Sc B		
1	Dan Lismore	BIR 6.44.4	1	Joe Broom	STK 6.56.5
2	Alex Brecler	U17 STK 6.51.6	2	Andy Kaighin	CLT 7.25.4
3	Dan Harrison	CLT 7.07.2	3	Phil Pugh	C&S 7.32.0
4	James Perin	C&S 7.10.2	4	Harry Buttery	U17 CHW 7.56.1
5	Matthew Thomas	U17 WWA 7.14.2			
6	Joe Wales	CHW 7.46.8			
7	Jamie Allen	U17 MNS 8.40.5			
M Discus Throw A			M Discus Throw B		
1	Najee Fox	STK 46.62	1	Marc Williams	STK 32.81
2	Forrest Francis	U17 BIR 39.90	2	Josh Newman	BIR 26.29
3	Tom Pearson	CHW 35.56	3	Adam Rubbery	CHW 21.89
4	Dan Timmis	C&S 34.98	4	Adam Phillips	U17 C&S 21.38
5	Ashley Gilder	U17 NOT 29.62	5	Greg Millar	MNS 17.86
6	Chris Clarke	U17 MNS 25.98	6	Sean White	U17 WWA 10.70
7	Alex Thomas	U17 WWA 22.31			
8	Matt Wright	CLT 18.67			
M Hammer Throw A			M Hammer Throw B		
1	Tim Williams	BIR 60.42	1	Ashley Andrews	BIR 49.69
2	Ashley Gilder	NOT 58.99	2	Najee Fox	STK 37.32
3	Rob Dean	STK 54.67	3	Adam Phillips	U17 C&S 18.23
4	Tom Pearson	CHW 45.83	4	Ben Davies	WWA 9.65
5	Robert Rogers	U17 WWA 35.16	5	Tom O'Mara	U17 MNS 7.81
6	Dan Timmis	C&S 24.15	6	Will New	CLT 5.80
7	Chris Clarke	U17 MNS 16.32			
8	Andy Lord	CLT 10.00			
M High Jump A			M High Jump B		
1	Onajite Okoro	BIR 2.05	1	Robby Wells	WWA 1.85
2	Ryan Bailey	CHW 1.85	2	Sean Rich	C&S 1.70
3	Ben Davies	WWA 1.85	3	Lewis Martin	U17 STK 1.70
4	Alasdair Rigby	C&S 1.80	4	Tom Lilley	CHW 1.60
5	Deo Milandu	STK 1.75	5	Alex Poad	CLT 1.55
6	Ollie Zorko	U17 NOT 1.60	6	Ryan Saxton	U17 MNS 1.55
7	Pat Sekinger	U17 CLT 1.60	7	Lewis Golledge	U17 NOT 1.50
8	Alex Lloyd	MNS 1.60			
M Javelin Throw A			M Javelin Throw B		
1	Joe Dunderdale	MNS 56.57	1	Greg Millar	MNS 53.16
2	Charlie Stock	CHW 52.10	2	Richad Stanley	U17 C&S 42.87
3	Deo Milandu	STK 48.41	3	Marc Williams	STK 40.59
4	Alex Pinner	C&S 45.32	4	Robby Wells	WWA 37.99
5	Paul Bennett	WWA 44.27	5	Adam Rubbery	CHW 36.94
6	Hamish Cosgrove	BIR 36.53	6	Matthew Lee	U17 BIR 23.55
7	Ryan O'Donnel	U17 NOT 33.47	7	Tom Lyons	U17 NOT 11.47
8	Will New	CLT 9.89	8	Luke Carroll	U17 CLT 2.92
M Long Jump A			M Long Jump B		
1	Reece Davies	STK 6.69	1	Jose Martin-Fullerton	BIR 6.41
2	Nathaniel Facey	U17 BIR 6.55	2	Robby Wells	WWA 5.97
3	Kueni Igbagiri	WWA 6.08	3	Vivek Lodhia	CHW 5.55
4	Adam Sansom	MNS 6.03	4	Alex Lloyd	MNS 5.30
5	Richard Adiyia	CHW 5.82	5	Pat Sekinger	U17 CLT 5.20
6	Ollie Zorko	U17 NOT 5.65	6	Lewis Martin	U17 STK 5.15
7	Alex Poad	CLT 5.26	7	Lewis Golledge	U17 NOT 5.04
8	Max Johnson	U17 C&S 4.30	8	Tom Smith	C&S 3.81
M Pole Vault A			M Pole Vault B		
1	Deo Milandu	STK 3.80	1	Mark Cooper	STK 2.60

2 Joseph Chesterman	U17 BIR	3.65	2 Greg Millar	MNS	2.30
3 Tom Lyons	U17 NOT	3.65			
4 Connor McHale	U17 MNS	2.90			
M Shot Putt A			M Shot Putt B		
1 Najee Fox	STK	13.57	1 Marc Williams	STK	12.30
2 Josh Newman	U17 BIR	13.21	2 Joe Dunderdale	MNS	11.51
3 Tom Pearson	CHW	12.66	3 Adam Rubbery	CHW	9.59
4 Chris Clarke	U17 MNS	12.60	4 Adam Phillips	U17 C&S	8.53
5 Dan Timis	C&S	11.70	5 Onajite Okoro	BIR	8.36
6 Ashley Gilder	U17 NOT	8.25	6 Charlie Waterhouse	U17 NOT	7.55
7 Robert Rogers	U17 WWA	7.94	7 Dan Harrison	CLT	4.86
8 Alex Poad	CLT	7.23			
M Triple Jump A			M Triple Jump B		
1 Jose Martin-Fullerton	BIR	14.22	1 Jamial Nesbit	BIR	12.74
2 Rhys Williams	U17 WWA	14.06	2 Vivek Lodhia	CHW	11.38
3 Alasdair Rigby	C&S	12.69	3 Lawrence Hancock	U17 WWA	10.58
4 Ollie Zorko	U17 NOT	12.67	4 Reece Davies	STK	10.22
5 Alex Poad	CLT	11.58	5 Adam Johnson	C&S	10.06
6 Lewis Martin	U17 STK	11.55	6 Tom Lyons	U17 NOT	9.68
7 Tom Lilley	CHW	11.55	7 Tom O'Mara	U17 MNS	9.01
8 Connor McHale	U17 MNS	10.15			
W 100m A			W 100m B		
1 Jenny Batten	CLT	12.0	1 Rhiannon Jeffreys	U17 WWA	12.7
2 Laura Samuel	BIR	12.4	2 Sam Griffiths	U17 CLT	12.8
3 Laura Haslem	CHW	12.6	3 Effie Asmah	BIR	13.0
4 Claudia Rogers	MNS	12.7	4 Abbie Langley	NOT	13.1
5 Laura Mason	NOT	13.0	5 Emily Wardle	CHW	13.2
6 Sarah Evans	WWA	13.2	6 Paige Machin	U17 STK	13.3
7 Jess Leek	U17 C&S	13.4	7 Ruby Coates	U17 C&S	14.1
8 Lauren White	U17 STK	13.8	8 Yvette Robinson	U17 MNS	14.3
W 200m A			W 200m B		
1 Jenny Batten	CLT	24.1	1 Rhiannon Jeffreys	U17 WWA	26.4
2 Laura Haslem	CHW	25.6	2 Nardhia Kidd-Walker	BIR	26.8
3 Claudi Rogers	MNS	25.8	3 Laura Mason	NOT	27.0
4 Melisha Hanson	U17 BIR	26.0	4 Chloe Boulter	C&S	27.7
5 Emma Hourd	NOT	26.2	5 Emily Wardle	CHW	27.9
6 Natalie Ainge	C&S	26.9	6 Sam Griffiths	U17 CLT	27.9
7 Catrin Stone	WWA	27.3	7 Yvette Robinson	U17 MNS	30.5
8 Paige Machin	U17 STK	27.3			
W 400m A			W 400m B		
1 Hanifa Greenwood	BIR	59.9	1 Hannah Stevenson	NOT	60.9
2 Natalie Ainge	C&S	60.8	2 Lillianne Sutton	U17 BIR	61.7
3 Emma Hourd	NOT	61.6	3 Katie Gardner	U17 STK	62.0
4 Katie Reynolds	U17 WWA	63.1	4 Beth Clarke	C&S	67.7
5 Laura Brown	MNS	64.2	5 Yvette Robinson	U17 MNS	69.6
6 Jess Lawro	CLT	64.4			
7 Lauren White	U17 STK	65.3			
W 800m A			W 800m B		
1 Sarah Hopcroft	BIR	2.14.9	1 Jourdana Beresford-Sm	U17 BIR	2.24.4
2 Rachel Atherton	C&S	2.20.7	2 Teresa Hulme	U17 C&S	2.26.9
3 Jemima Osborne	U17 WWA	2.22.8	3 Georgia Gunn	U17 CLT	2.32.6
4 Christie Childs	MNS	2.25.2	4 Rhiannon Anderson	WWA	2.33.5
5 Beth Hawling	U17 CLT	2.27.0	5 Kate Raynor	MNS	2.47.9
6 Hannah Robinson	U17 NOT	2.42.3			
W 1500m A			W 1500m B		
1 Lori Marhall	NOT	4.54.2	1 Sian Whittingham	U17 BIR	5.27.7
2 Monique Powell	BIR	4.58.3	2 Charlotte Bellingham	U17 MNS	5.35.8
3 Elysia Pearson	WWA	5.10.9	3 Catherine Hulme	U17 C&S	5.38.0
4 Beth Hawling	U17 CLT	5.26.4	4 Georgia Gunn	U17 CLT	5.40.8
5 Charlotte Smith	U17 C&S	5.30.9	5 Rebecca Hall	U17 WWA	6.32.3
6 Christie Childs	MNS	5.35.5			

7 Isabelle Perry	U17 CHW 6.34.2		
W 3000m A		W 3000m B	
1 Danni Johnson	BIR 10.22.4	1 Laura Muth	U17 BIR 11.21.3
2 Claire Talbot	U17 MNS 11.35.9	2 Kate Raynor	MNS 12.22.5
3 Jemina Osborne	U17 WWA 11.54.8		
4 Rebecca Bray	C&S 12.05.3		
5 Isabelle Perry	U17 CHW 13.56.5		
W 100mH A		W 100mH B	
1 Emma Komocki	NOT 15.3	1 Clare Ashley	NOT 19.3
2 Dionne Samuels	BIR 16.9	2 Natalie Ainge	C&S 20.9
3 Frankie Courtney	CLT 18.7		
4 Rebecca Cooke	C&S 20.9		
W 400mH A		W 400mH B	
1 Emma Komocki	NOT 65.7	1 Clare Ashley	NOT 70.3
2 Atlanta Williams	U17 WWA 71.8	2 Rebecca Cooke	C&S 70.9
3 Chloe Boulter	C&S 72.1		
4 Emma Nutt	U17 CHW 74.2		
5 Frankie Courtney	CLT 75.4		
W 1500m Sc A		W 1500m Sc B	
1 Kaie Reynolds	U17 WWA 5.53.0	1 Beth Clarke	C&S 6.52.8
2 Teresa Hulme	U17 C&S 6.45.8	2 Ffion Kelly	U17 CLT 8.05.7
3 Izzy Bailey	U17 CLT 8.05.7		
W Discus Throw A		W Discus Throw B	
1 Jade Moore	BIR 41.87	1 Jane Bourne	BIR 31.05
2 Charlotte Gair	MNS 37.95	2 Jessica Huddleston	WWA 25.79
3 Toni Wells	WWA 33.94	3 Danielle Byrd	U17 CLT 21.41
4 Charlotte Lawson	CLT 28.56	4 Alicia Clarke	C&S 20.37
5 Emily Campbell	U17 NOT 27.30	5 Alice Knight	U17 CHW 17.33
6 Amber Burdett	CHW 23.97	6 Mia Gell	U17 NOT 16.87
7 Beth Denning	U17 C&S 22.90	7 Claire Beaumont	MNS 16.19
W Hammer Throw A		W Hammer Throw B	
1 Toni Wells	WWA 47.93	1 Charlotte Gair	MNS 24.16
2 Kirsty Douglas	CHW 42.95	2 Gaby Cirillo	U17 WWA 23.38
3 Claire Beaumont	MNS 29.85	3 Vickyclueit	BIR 21.22
4 Danielle Byrd	U17 CLT 28.80	4 Emily Campbell	U17 NOT 20.83
5 Stephanie Hurst	BIR 22.10	5 Charlotte Lawson	CLT 19.78
6 Annabelle Palmer	U17 NOT 21.80	6 Alicia Clarke	C&S 16.07
7 Beth Denning	U17 C&S 17.13		
W High Jump A		W High Jump B	
1 Zoey Phillips	BIR 1.70	1 Jade Perry	U17 BIR 1.55
2 Chloe Boulter	C&S 1.60	2 Atlanta Williams	U17 WWA 1.50
3 Emily Morris	U17 WWA 1.60	3 Rebecca Cooke	C&S 1.40
4 Alessia Valente	NOT 1.55	4 Alice Hillyer	U17 NOT 1.40
5 Emma Nutt	U17 CHW 1.45		
6 Jess Collins	CLT 1.40		
7 Laura Brown	MNS 1.35		
W Javelin Throw A		W Javelin Throw B	
1 Amber Burdett	CHW 40.66	1 Carys Mansfield	U17 WWA 35.47
2 Zoe Priestley	U17 WWA 36.78	2 Kate Morley	U17 BIR 34.28
3 Jade Perry	U17 BIR 34.90	3 Alice Knight	U17 CHW 30.90
4 Lucy Banner	U17 MNS 30.46	4 Hannah Dunderdale	U17 MNS 29.99
5 Sally Clague	C&S 30.09	5 Lucy Heap	U17 C&S 25.94
6 Emma Claydon	U17 STK 29.26	6 Natasha Stevens	STK 21.81
7 Charlotte Lawson	CLT 29.17	7 Izzy Bailey	U17 CLT 16.40
8 Emma Komocki	NOT 13.64	8 Abbie Langley	NOT 10.16
W Long Jump A		W Long Jump B	
1 Laura Samuel	BIR 5.70	1 Shannel Hutchinson	U17 BIR 5.08
2 Alessia Valente	NOT 5.53	2 Jess Leek	U17 C&S 5.05
3 Gemma Smith	C&S 5.40	3 Chelsea Christopher	U17 WWA 4.70

4	Catrin Stone	WWA	5.16	4	Natasha Stevens	STK	4.32
5	Katie Gardner	U17	STK 4.89	5	Laura Brown	MNS	4.30
6	Chloe Elphick	U17	MNS 4.66	6	Cheyenne Haye	U17	NOT 4.05
7	Jess Colins		CLT 4.64	7	Izzy Bailey	CLT	3.60
8	Maria Goodwin	U17	CHW 4.08	8	Helen Orr	CHW	3.40

W Pole Vault A

1	Naomi James	WWA	3.45
2	Sophie Cook	U17	BIR 3.05
3	Helen Orr		CHW 2.45
4	Chloe Elphick	U17	MNS 2.15

W Pole Vault B

1	Emma Jones	WWA	3.15
---	------------	-----	------

W Shot Putt A

1	Lucy Griffiths	U17	WWA 10.85
2	Stephanie Hurst		BIR 10.25
3	Katie Gardner	U17	STK 9.67
4	Hannah Dunderdale	U17	MNS 9.10
5	Amber Burdett		CHW 8.92
6	Emily Campbell	U17	NOT 8.29
7	Charlotte Lawson		CLT 7.94
8	Beth Denning	U17	C&S 7.22

W Shot Putt B

1	Toni Wells	WWA	10.84
2	Jade Perry	U17	BIR 10.11
3	Charlotte Fair		MNS 8.24
4	Helen Gill	U17	NOT 8.22
5	Danielle Byrd	U17	CLT 7.68
6	Emma Claydon	U17	STK 7.51
7	Alice Knight	U17	CHW 7.33
8	Alicia Clarke		C&S 6.77

W Triple Jump A

1	Laura Samuel		BIR 13.32
2	Alessia Valente		NOT 11.60
3	Gemma Smith		C&S 10.85
4	Chloe Elphick		MNS 10.70
5	Rhiannon Thomas	U17	WWA 9.30
6	Rosie Hall		CLT 9.22
7	Maria Goodwin	U17	CHW 9.18

W Triple Jump B

1	Shannel Hutchinson	U17	BIR 11.09
2	Laura Brown		MNS 10.49
3	Ruby Coates	U17	C&S 9.90
4	Nicola Jones	U17	WWA 8.82
5	Clare Ashley		NOT 8.76
6	Helen Orr		CHW 8.26

W 4x100m Relay

1	NOT 49.9	1	Abbie Langley	2	Alice Hillyer	U17
		3	Cheyenne Haye	4	Laura Mason	
2	BIR 50.0	1	Dionne Samuels	2	Effie Asmah	
		3	Nardhia Kidd-Walker	4	Melisha Hanson	U17
3	CLT 51.1	1	Jess Colins	2	Frankie Courtney	
		3	Sam Griffiths	4	Jenny Batten	
4	WWA 52.2	1	Sarah Evans	2	Rhiannon Jeffreys	U17
		3	Catrin Stone	4	Rhiannon Thomas	U17
5	C&S 52.2	1	Natalie Ainge	2	Chloe Boulter	
		3	Megan Jones	4	Jess Leek	U17
6	CHW 52.6	1	Amber Burdett	2	Emily Wardl	
		3	Helen Orr	4	Laura Haslem	
7	MNS 57.2	1	Chloe Elphick	2	Claudia Rogers	
		3	Claire Beaumont	4	Charlotte Gair	

W 4x400m Relay

1	BIR 4.03.9	1	Jourdanna Beresford-Sm	U17	2	Lilianne Sutton	U17
		3	Sarah Hopcroft		4	Hanifa Greenwood	
2	NOT 4.07.1	1	Emma Hourd		2	Clare Ashley	
		3	Hannah Stevenson		4	Emma Komocki	
3	C&S 4.18.8	1	Natalie Ainge		2	Rebecca Cooke	
		3	Chloe Boulter		4	Rachel Atherton	
4	WWA 4.30.5	1	Atlanta Williams	U17	2	Kaie Reynolds	U17
		3	Jemina Osborne	U17	4	Rebecca Hall	U17
5	MNS 4.31.6	1	Laura Brown		2	Christie Childs	
		3	Claire Talbot	U17	4	Yvette Robinson	U17
6	CLT 4.36.8	1	Ffion Kelly	U17	2	Georgia Gunn	U17
		3	Beth Hawling	U17	4	Frankie Courtney	
7	CHW 4.53.8	1	Laura Haslem		2	Isabelle Perry	U17
		3	Helen Orr		4	Emma Nutt	U17

M 4x100m Relay

1 BIR 44.2	1 Curtis Holmes		2 Onajite Okoro	
	3 Josh Chan-Marshall		4 Antoe Walters	
2 NOT 44.4	1 Jackson Mearan-Blyton		2 Timmion Skervin	
	3 Jarrod Skervin		4 Elijah Skervin	
3 WWA 45.0	1 Matthew Davies	U17	2 Mike Neville	
	3 Jamie Price		4 Paul Bennett	
4 CHW 45.6	1 Marcel Hodge		2 Aqueel Hassen	
	3 Scott Wilson		4 Dominic Friend	
5 CLT 46.5	1 Ashley Hill		2 Matt Wright	
	3 Andy Lord		4 Alex Poad	
6 C&S 50.7	1 Tom Smith		2 Max Johnson	U17
	3 Jamie Graham		4 Alasdair Rigby	
7 MNS 55.0	1 Connor McHale	U17	2 Ryan Saxton	U17
	3 Jamie Allen	U17	4 Tom O'Mara	U17

M 4x400m Relay

1 BIR 3.24.2	1 Abian Richards	U17	2 Adam Cotton	
	3 Tom Hinton		4 Jarryd Dunn	
2 MNS 3.29.0	1 Ryan Childs		2 Alex Lloyd	
	3 Dale Jacobs		4 Adam Sansom	
3 WWA 3.31.9	1 Gerwyn Slinger		2 Mike Neville	
	3 Jamie Price		4 Paul Bennett	
4 NOT 3.33.3	1 Pa Abden Njie		2 Charlie Waterhouse	U17
	3 Alex Skidmore	U17	4 Zach King	
5 C&S 3.37.1	1 Ashley Wickett	U17	2 Chris Perrin	
	3 Tom Baldwin	U17	4 Matthew Mayne	U17
6 CHW 3.39.7	1 Richard Adiyia		2 Jake Domingo	
	3 Aqueel Hassen		4 Scott Douglas	U17
7 CLT 3.49.2	1 Ashley Hill		2 Matt Wright	
	3 Luke Carroll	U17	4 Pat Sekinger	U17
8 STK 3.51.5	1 Tom Guy	U17	2 Dave Sheldon	U17
	3 Andrew Bedson		4 Liam Hendricken	

MATCH RESULT

LEAGUE STANDINGS

	Event	Lge		Event	Lge
1 BIR	531	8	1 Birchfield Harriers	531	8
2 WWA	432	7	2 West Wales	432	7
3 C&S	373	6	3 Cannock & Stafford AC	373	6
4 MNS	351	5	4 Mansfield Harriers	351	5
5 NOT	350	4	5 Notts AC	350	4
6 CHW	302	3	6 Charnwood AC	302	3
7 CLT	289	2	7 Cheltenham & County H	289	2
8 STK	250	1	8 City of Stoke AC	250	1

**Athlete of the Match:** Tim Williams      Birchfield Hammer      60.42  
 Laura Samuel      Birchfield Triple Jump      13.32