

Welsh Athletics Ltd  
Cardiff International Sports Stadium  
Leckwith Road, Cardiff CF11 8AZ

Tel 029 2064 4870  
Fax 029 2034 2687

www.welshathletics.org  
office@welshathletics.org



WELSH ATHLETICS  
ATHLETAU CYMRU

01.11.2011

Dear,

### **Certificate in Teaching Secondary Athletics Course**

**Date:** Friday 27<sup>th</sup> April 2012

**Time:** 10am to 4pm

**Venue:** Swansea University Indoor Athletics Centre

Prior to the busy school athletics programme, Welsh Athletics are organising a Certificate in Teaching Secondary Athletics course in Swansea for both the Afan Nedd Tawe and Dyfed Schools Athletics Associations.

The aim of this course is to provide teachers and others working in secondary schools with the knowledge, skills and confidence to deliver enjoyable and engaging running, jumping and throwing lessons that focus on maximum participation, increasing understanding and skill acquisition based upon high quality technical models.

Based upon the Elevating Athletics Secondary resource, the course demonstrates progression across all age groups in generic running, jumping and throwing activities. It is based upon safe and inclusive teaching methodology, which focuses on developing competency in the execution of athletics specific skills. The additional programmes and resources available to support delivery, measurement and assessment, citizenship and problem solving are signposted and inclusion of all children and ongoing steps into competition are highlighted.

If you would like to book a place please email [andrew.jenkins@welshathletics.org](mailto:andrew.jenkins@welshathletics.org) by **Monday 16<sup>th</sup> April 2012**, however places will be allocated on a first come first served basis with a maximum of 24 places available. The cost of the course is £30 per person, cheques made payable to Welsh Athletics. If you would like Welsh Athletics to invoice your school please supply the contact details of your finance department.

Yours in Sport

**Andrew Jenkins**  
**Welsh Athletics West Wales Athletics Network Officer**  
[andrew.jenkins@welshathletics.org](mailto:andrew.jenkins@welshathletics.org)  
**078 9457 3555**

