

## UK Women's Athletics League 2006

### National Division 2 - Robin Park, Wigan

03 June 2006

Events	CARDIFF		GLASGOW		HAVER		LIVER		SWANSEA		SOTON		WAKEF		WIGAN		UNUSED		TOTAL	
Women's 100m	9	2	5.5	6	1	1	2	4	4	5	3	9	5.5	7	7	3			37	37
Women's 200m	6	9	9	6	1	1	2	4	5	3	4	2	3	7	7	5			37	37
Women's 400m	7	7	5	6	2	4	6	2	1		4	5	3	3	9	9		1	37	37
Women's 800m	5	7	2	5	7	4	9	9	4	2	3	3	6	6			1	1	37	37
Women's 1500m	6	7	4	6	2	3	5	4			3	5	7	9	9		1	3	37	37
Women's 3000m S/Chase																				
Women's 3000m	6	7	5	4	9	9	4	6	7	5							6	6	37	37
Women's 400m Hurdles	7	4	9	7	4	6	2	2	3	5	1	1	5	9	6	3			37	37
Women's 100m Hurdles	1	3	2	2	3	6	6	4	5	1	4	5	9	7	7	9			37	37
Women's Hammer	4		9	9	5		2	5			3	7	7		6	6	1	10	37	37
Women's Discus	2	2	4	5	5	9	7	7	1	1	6	3	3	6	9	4			37	37
Women's Javelin	4	5	6	3	9	7	1	1	3	4	5	6	7	9	2	2			37	37
Women's Shot Putt	2	5	3	2	5	9	7	4	1	1	4	3	6	7	9	6			37	37
Women's Long Jump	5	5	2	2	3	4	1	3	4	7	9	9	7	6	6			1	37	37
Women's Triple Jump	1	4	2	3	7	6	3	2	9	9	4	5	6	7	5			1	37	37
Women's High Jump	9	5	7	9	6	2	4	6	3	3	1	1	5	7	2	4			37	37
Women's Pole Vault	7				4	7			6		5				9	9	6	21	37	37
Women's 4x100m Relay	9		7		2		1		3		5		6		4				37	37
Women's 4x400m Relay	5		9		1		6		2		4		3		7				37	37
	95	72	90.5	75	76	78	68	63	61	46	68	64	88.5	90	104	60	15	118	666	666

Match Summary	CARDIFF	GLASGOW	HAVER	LIVER	SWANSEA	SOTON	WAKEF	WIGAN	UNUSED	TOTAL
Teams	167.0	165.5	154.0	131.0	107.0	132.0	178.5	164.0	133.0	1332.0
Match Position	2	3	5	7	8	6	1	4		
League Points	7	6	4	2	1	3	8	5		

Standings	CARDIFF	GLASGOW	HAVER	LIVER	SWANSEA	SOTON	WAKEF	WIGAN
League Points	7.0	6.0	4.0	2.0	1.0	3.0	8.0	5.0
Match Points	167.0	165.5	154.0	131.0	107.0	132.0	178.5	164.0
League Positions	2	3	5	7	8	6	1	4

## National Division 2 - Robin Park, Wigan

				Perf	Record	Wind	UKA	AW	3 June 2006						
				Perf	Record	Wind	UKA	AW							
<b>Women's 100m A</b>				Wind=	-0.1				<b>Women's 100m B</b>						
									Wind=	-0.1					
1	1	Anoma Sooriyaarachchi	Cardiff Aac	11.83			155	☑	1	66	Emily Young	Team Southampton	12.18	103	☑
2	8	Hayley Jones	Wigan Harriers	11.91			143	☑	2	77	Amanda Shaw	Wakefield Harriers	12.28	88	☑
3=	7	Zara Hohn	Wakefield Harriers	11.94			139	☑	3	22	Aileen Connelly	City of Glasgow AC	12.35	77	☑
3=	2	Sabina Astarrita	City of Glasgow AC	11.94			139	☑	4	55	Leri Davies	Swansea Harriers	12.38	72	☑
5	5	Laura Eastman	Swansea Harriers	12.24			93	☑	5	44	Helen Asher	Liverpool Harriers AC	12.58		☑
6	6	Vicki Burgeess	Team Southampton	12.25			92	☑	6	88	Laura Wiley	Wigan Harriers	13.02		
7	4	Laura Holdsworth	Liverpool Harriers AC	12.69				☑	7	11	Elleri Noble	Cardiff Aac	13.22		
8	3	Hannah Gamester	Havering Mayesbrook AC	13.46					8	33	Danielle Ross	Havering Mayesbrook AC	14.10		

				Perf	Record	Wind	UKA	AW							
<b>Women's 200m A</b>				Wind=	+3.6				<b>Women's 200m B</b>						
									Wind=	+2.2					
1	2	Sabina Astarrita	City of Glasgow AC	24.31			135	☑	1	11	Anoma Sooriyaarachchi	Cardiff Aac	24.83	101	☑
2	8	Hayley Jones	Wigan Harriers	24.34			133	☑	2	77	Zara Hohn	Wakefield Harriers	25.45	59	☑
3	1	Eleanor Caney	Cardiff Aac	25.29			70	☑	3	22	Aileen Connelly	City of Glasgow AC	25.56	52	☑
4	5	Leri Davies	Swansea Harriers	25.43			61	☑	4	88	Donna Myers	Wigan Harriers	25.95		☑
5	6	Vicki Burgeess	Team Southampton	25.80				☑	5	44	Laura Holdsworth	Liverpool Harriers AC	26.09		☑
6	7	Kate Edmondson	Wakefield Harriers	26.17				☑	6	55	Angharad Randall	Swansea Harriers	27.28		
7	4	Kate McGing	Liverpool Harriers AC	26.19				☑	7	66	Donna Chatting	Team Southampton	27.32		
8	3	Claire Brennan	Havering Mayesbrook AC	27.32					8	33	Lauren Clarke	Havering Mayesbrook AC	27.71		

				Perf	Record	Wind	UKA	AW							
<b>Women's 400m A</b>									<b>Women's 400m B</b>						
1	8	Laura Gillespy	Wigan Harriers	55.10			135	☑	1	88	Amy Freeman	Wigan Harriers	56.0	112	☑
2	1	Lisa Parry	Cardiff Aac	56.21			107	☑	2	11	Eleanor Caney	Cardiff Aac	56.2	107	☑
3	4	Kate McGing	Liverpool Harriers AC	56.63			96	☑	3	22	Alison Reid	City of Glasgow AC	59.5		☑
4	2	Sarah Quinn	City of Glasgow AC	57.48			75	☑	4	66	Kim Murray	Team Southampton	59.8		☑
5	6	Rachael Lewington	Team Southampton	58.82				☑	5	33	Faye Fullerton	Havering Mayesbrook AC	61.2		☑
6	7	Kate Edmondson	Wakefield Harriers	59.01				☑	6	77	Sarah Beevers	Wakefield Harriers	62.9		
7	3	Lauren Clarke	Havering Mayesbrook AC	60.18				☑	7	44	Frances Davies	Liverpool Harriers AC	64.0		
8	5	Jennifer Corbett	Swansea Harriers	60.90				☑	8						

				Perf	Record	Wind	UKA	AW							
<b>Women's 800m A</b>									<b>Women's 800m B</b>						
1	4	Vicky Griffiths	Liverpool Harriers AC	02:07.35			146	☑	1	44	Melissa Ronan	Liverpool Harriers AC	02:16.78	52	☑
2	3	Faye Fullerton	Havering Mayesbrook AC	02:09.94			120	☑	2	11	Bethan Strange	Cardiff Aac	02:16.86	51	☑
3	7	Kelly Johnson	Wakefield Harriers	02:11.13			108	☑	3	77	Sarah Beevers	Wakefield Harriers	02:19.60		☑
4	1	Debbie Jones	Cardiff Aac	02:11.67			103	☑	4	22	Suzanne Benyon	City of Glasgow AC	02:21.31		☑
5	5	Non Stanford	Swansea Harriers	02:13.59			84	☑	5	33	Laurie Cooper	Havering Mayesbrook AC	02:26.56		
6	6	Catriona Witcombe	Team Southampton	02:23.58				☑	6	66	Sally Gilbert	Team Southampton	02:33.24		
7	2	Helen Sweeney	City of Glasgow AC	02:36.63					7	55	Wendy Huggins	Swansea Harriers	02:47.51		
8									8						

				Perf	Record	Wind	UKA	AW							
<b>Women's 1500m A</b>									<b>Women's 1500m B</b>						
1	8	Jennifer Meadows	Wigan Harriers	04:19.36			153	☑	1	77	Helen Singleton	Wakefield Harriers	04:45.09		☑
2	7	Charlene Snellgrove	Wakefield Harriers	04:20.74			146	☑	2	11	Paris Williams	Cardiff Aac	04:57.23		☑
3	1	Debbie Jones	Cardiff Aac	04:29.67			101	☑	3	22	Sandra Branney	City of Glasgow AC	04:59.82		☑
4	4	Vicky Griffiths	Liverpool Harriers AC	04:33.63			81	☑	4	6	Sally Gilbert	Team Southampton	05:11.73		
5	2	Suzanne Benyon	City of Glasgow AC	04:42.23				☑	5	44	Linda McDermott	Liverpool Harriers AC	05:25.70		
6	66	Catriona Witcombe	Team Southampton	05:06.74					6	3	Lesley Felton	Havering Mayesbrook AC	05:41.64		
7	33	Laurie Cooper	Havering Mayesbrook AC	05:28.73					7						
8									8						

## National Division 2 - Robin Park, Wigan

					3 June 2006								
	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<b><u>Women's 3000m A</u></b>						<b><u>Women's 3000m B</u></b>							
1	3	Faye Fullerton	Havering Mayesbrook AC	09:40.99	131	<input checked="" type="checkbox"/>	1	33	Robyn matson	Havering Mayesbrook AC	10:46.95	<input checked="" type="checkbox"/>	
2	5	Eleanor Sherrard-Smith	Swansea Harriers	09:57.12	104	<input checked="" type="checkbox"/>	2	11	Emily Brown	Cardiff Aac	10:57.29	<input checked="" type="checkbox"/>	
3	1	Julia Clarke	Cardiff Aac	10:20.25	66	<input checked="" type="checkbox"/>	3	4	Sarah Jackson	Liverpool Harriers AC	11:32.65		
4	2	Sandra Branney	City of Glasgow AC	10:23.54	60	<input checked="" type="checkbox"/>	4	55	Wendy Huggins	Swansea Harriers	12:07.20		
5	44	Linda McDermott	Liverpool Harriers AC	11:17.78			5	22	Helen Sweeney	City of Glasgow AC	12:37.87		
6							6						
7							7						
8							8						
<b><u>Women's 400m Hurdles A</u></b>						<b><u>Women's 400m Hurdles B</u></b>							
1	2	Lisa Doyle	City of Glasgow AC	60.79	144	<input checked="" type="checkbox"/>	1	77	Tracy Hilton	Wakefield Harriers	64.46	70	<input checked="" type="checkbox"/>
2	1	Emma Peters	Cardiff Aac	62.15	117	<input checked="" type="checkbox"/>	2	22	Kerry Mann	City of Glasgow AC	67.63		<input checked="" type="checkbox"/>
3	8	Shona McPherson	Wigan Harriers	62.30	114	<input checked="" type="checkbox"/>	3	33	Claire Brennan	Havering Mayesbrook AC	69.07		<input checked="" type="checkbox"/>
4	7	Alison Hackney	Wakefield Harriers	63.63	87	<input checked="" type="checkbox"/>	4	55	Anna Leyshon	Swansea Harriers	70.99		
5	3	Cloe Van Wulvan	Havering Mayesbrook AC	65.34	53	<input checked="" type="checkbox"/>	5	11	Gemma Goulbourne	Cardiff Aac	72.74		
6	5	Carly Austin	Swansea Harriers	69.03		<input checked="" type="checkbox"/>	6	88	Anna Griffiths	Wigan Harriers	74.69		
7	4	Han Carroll	Liverpool Harriers AC	72.42			7	44	Sarah Jackson	Liverpool Harriers AC	79.93		
8	6	Carol Dawkins	Team Southampton	77.74			8	66	Sarah Ellis	Team Southampton	80.81		
<b><u>Women's 100m Hurdles A</u></b>						<b><u>Women's 100m Hurdles B</u></b>							
			Wind=	+2.4						Wind=	+1.8		
1	7	Zara Hohn	Wakefield Harriers	13.82	171	<input checked="" type="checkbox"/>	1	88	Jackie Cooke	Wigan Harriers	14.97	95	<input checked="" type="checkbox"/>
2	8	Sharon Walls	Wigan Harriers	14.07	155	<input checked="" type="checkbox"/>	2	77	Naida Bromley	Wakefield Harriers	15.25	76	<input checked="" type="checkbox"/>
3	4	Katy Read	Liverpool Harriers AC	14.16	149	<input checked="" type="checkbox"/>	3	33	Claire Brennan	Havering Mayesbrook AC	15.25	76	<input checked="" type="checkbox"/>
4	5	Laura Eastman	Swansea Harriers	14.59	120	<input checked="" type="checkbox"/>	4	66	Emily Young	Team Southampton	15.40	66	<input checked="" type="checkbox"/>
5	6	Grace Clements	Team Southampton	14.60	119	<input checked="" type="checkbox"/>	5	44	Helen Asher	Liverpool Harriers AC	15.54	57	<input checked="" type="checkbox"/>
6	3	Cloe Van Wulvan	Havering Mayesbrook AC	14.72	111	<input checked="" type="checkbox"/>	6	11	Gemma Goulbourne	Cardiff Aac	16.06		<input checked="" type="checkbox"/>
7	2	Kerry Mann	City of Glasgow AC	15.65		<input checked="" type="checkbox"/>	7	22	Lisa Doyle	City of Glasgow AC	16.44		<input checked="" type="checkbox"/>
8	1	Emma Peters	Cardiff Aac	15.86		<input checked="" type="checkbox"/>	8	55	Anna Leyshon	Swansea Harriers	17.10		
<b><u>Women's Hammer A</u></b>						<b><u>Women's Hammer B</u></b>							
1	2	Katie Horne	City of Glasgow AC	48.65	128	<input checked="" type="checkbox"/>	1	22	Claire Cameron	City of Glasgow AC	30.53		<input checked="" type="checkbox"/>
2	7	Nicola Jackson	Wakefield Harriers	44.83	109	<input checked="" type="checkbox"/>	2	66	Clare Rogery	Team Southampton	25.26		
3	8	Bethan Lishman	Wigan Harriers	43.83	104	<input checked="" type="checkbox"/>	3	88	Kirsty Forsythe	Wigan Harriers	21.49		
4	33	Melanie Harrison	Havering Mayesbrook AC	39.68	83	<input checked="" type="checkbox"/>	4	44	Gemma Llewellyn	Liverpool Harriers AC	21.26		
5	11	Beth Sewell	Cardiff Aac	37.99	74	<input checked="" type="checkbox"/>	5						
6	6	Debbie Callaway	Team Southampton	29.46			6						
7	4	Faye Jones	Liverpool Harriers AC	22.44			7						
8							8						
<b><u>Women's Discus A</u></b>						<b><u>Women's Discus B</u></b>							
1	8	Kara Nwidobie-Sharpe	Wigan Harriers	54.08	175	<input checked="" type="checkbox"/>	1	33	Lynsey Clarke	Havering Mayesbrook AC	35.83	84	<input checked="" type="checkbox"/>
2	4	Gemma Llewellyn	Liverpool Harriers AC	42.55	117	<input checked="" type="checkbox"/>	2	44	Faye Jones	Liverpool Harriers AC	30.67	58	<input checked="" type="checkbox"/>
3	6	Debbie Callaway	Team Southampton	41.18	110	<input checked="" type="checkbox"/>	3	7	Bethany Stanilands	Wakefield Harriers	29.90	54	
4	3	Melanie Harrison	Havering Mayesbrook AC	40.57	107	<input checked="" type="checkbox"/>	4	22	Katie Horne	City of Glasgow AC	22.20		
5	2	Claire Cameron	City of Glasgow AC	36.37	86	<input checked="" type="checkbox"/>	5	88	Bethan Lishman	Wigan Harriers	21.93		
6	77	Nicola Jackson	Wakefield Harriers	30.71	58	<input checked="" type="checkbox"/>	6	66	Clare Ridgley	Team Southampton	20.56		
7	1	Beth Sewell	Cardiff Aac	27.09			7	11	Paris Williams	Cardiff Aac	12.92		
8	5	Non Stanford	Swansea Harriers	12.83			8	55	Wendy Huggins	Swansea Harriers	11.37		
<b><u>Women's Javelin A</u></b>						<b><u>Women's Javelin B</u></b>							
1	3	Louise Matthews	Havering Mayesbrook AC	46.41	147	<input checked="" type="checkbox"/>	1	77	Naida Bromley	Wakefield Harriers	35.44	92	<input checked="" type="checkbox"/>
2	7	Laura Whittingham	Wakefield Harriers	45.83	144	<input checked="" type="checkbox"/>	2	33	Emma Christmas	Havering Mayesbrook AC	34.76	88	<input checked="" type="checkbox"/>
3	2	Ashley Austin	City of Glasgow AC	42.18	125	<input checked="" type="checkbox"/>	3	66	Grace Clements	Team Southampton	32.97	79	<input checked="" type="checkbox"/>
4	6	Sarah Ellis	Team Southampton	37.39	101	<input checked="" type="checkbox"/>	4	1	Beth Sewell	Cardiff Aac	19.47		
5	11	Kerry Jones	Cardiff Aac	27.03	50		5	55	Sara Barry	Swansea Harriers	18.61		
6	5	Carly Austin	Swansea Harriers	26.33			6	22	Katie Horne	City of Glasgow AC	16.20		
7	8	Bethan Lishman	Wigan Harriers	17.79			7	88	Anna Griffiths	Wigan Harriers	13.07		
8	44	Frances Davies	Liverpool Harriers AC	12.09			8	4	Kathleen Upton	Liverpool Harriers AC	10.12		

## National Division 2 - Robin Park, Wigan

					3 June 2006								
	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<b><u>Women's Shot Putt A</u></b>						<b><u>Women's Shot Putt B</u></b>							
1	8	Kara Nwidobie-Sharpe	Wigan Harriers	13.23	134	☑	1	33	Kate Brewington	Havering Mayesbrook AC	10.95	89	☑
2	4	Gemma Llewellyn	Liverpool Harriers AC	12.22	114	☑	2	77	Fiona Thomas	Wakefield Harriers	10.47	79	☑
3	7	Bethany Stanilands	Wakefield Harriers	11.91	108	☑	3	88	Anna Griffiths	Wigan Harriers	8.80		
4	3	Melanie Harrison	Havering Mayesbrook AC	11.30	96	☑	4	1	Lisa Parry	Cardiff Aac	8.44		
5	6	Debbie Callaway	Team Southampton	10.49	79	☑	5	44	Faye Jones	Liverpool Harriers AC	7.22		
6	2	Claire Cameron	City of Glasgow AC	9.71	64		6	66	Carol Dawkins	Team Southampton	7.09		
7	11	Rachel Basford	Cardiff Aac	8.80			7	22	Erin Legatte	City of Glasgow AC	6.98		
8	55	Sara Barry	Swansea Harriers	8.21			8	5	Eleanor Sherrard-Smith	Swansea Harriers	5.00		
<b><u>Women's Long Jump A</u></b>						<b><u>Women's Long Jump B</u></b>							
1	6	Grace Clements	Team Southampton	5.42	82	☑	1	66	Kim Murray	Team Southampton	5.26	66	☑
2	7	Naida Bromley	Wakefield Harriers	5.35	75	☑	2	5	Laura Eastman	Swansea Harriers	4.67		
3	8	Laura Wiley	Wigan Harriers	5.12	52	☑	3	77	Lynsie Whyke	Wakefield Harriers	4.52		
4	1	Sharon Heveran	Cardiff Aac	5.06		☑	4	11	Kerry Jones	Cardiff Aac	4.17		
5	55	Jennifer Corbett	Swansea Harriers	4.81			5	33	Lauren Clarke	Havering Mayesbrook AC	4.15		
6	3	Lynsey Clarke	Havering Mayesbrook AC	4.70			6	44	Frances Davies	Liverpool Harriers AC	3.61		
7	22	Suzanne McGowan	City of Glasgow AC	4.24			7	2	Stephanie O'Neil	City of Glasgow AC	3.49		
8	4	Jenny Woods	Liverpool Harriers AC	3.91			8						
<b><u>Women's Triple Jump A</u></b>						<b><u>Women's Triple Jump B</u></b>							
1	55	Sara Barry	Swansea Harriers	12.07	130	☑	1	5	Jennifer Corbett	Swansea Harriers	10.11	52	☑
2	3	Lynsey Clarke	Havering Mayesbrook AC	10.73	77	☑	2	77	Tiffany Lyons	Wakefield Harriers	9.50		
3	7	Lynsie Whyke	Wakefield Harriers	10.46	66	☑	3	33	Hannah Gamester	Havering Mayesbrook AC	9.20		
4	8	Jackie Cooke	Wigan Harriers	9.96			4	66	Vicky Burgess	Team Southampton	9.13		
5	6	Emily Young	Team Southampton	9.85			5	11	Gemma Goulbourne	Cardiff Aac	8.82		
6	4	Jenny Woods	Liverpool Harriers AC	9.62			6	22	Jennifer Graham	City of Glasgow AC	8.82		
7	2	Stephanie O'Neil	City of Glasgow AC	9.57			7	44	Sarah Jackson	Liverpool Harriers AC	8.20		
8	1	Kerry Jones	Cardiff Aac	8.90			8						
<b><u>Women's High Jump A</u></b>						<b><u>Women's High Jump B</u></b>							
1	1	Sharon Heveran	Cardiff Aac	1.76	150	☑	1	22	Barbara Kolasinski	City of Glasgow AC	1.65	95	☑
2	2	Erin Legatte	City of Glasgow AC	1.65	95	☑	2	7	Laura Jarvis	Wakefield Harriers	1.60	70	☑
3	3	Cloe Van Wulvan	Havering Mayesbrook AC	1.65	95	☑	3	44	Jenny Woods	Liverpool Harriers AC	1.55		☑
4	77	Tiffany Lyons	Wakefield Harriers	1.65	95	☑	4	11	Emma Peters	Cardiff Aac	1.45		
5	4	Liz Sweeney	Liverpool Harriers AC	1.55		☑	5	88	Amy Richards	Wigan Harriers	1.40		
6	55	Angharad Randall	Swansea Harriers	1.55		☑	6	5	Carly Austin	Swansea Harriers	1.30		
7	8	Shona McPherson	Wigan Harriers	1.45			7	33	Emma Christmas	Havering Mayesbrook AC	1.30		
8	6	Sarah Ellis	Team Southampton	1.40			8	66	Rachael Lewington	Team Southampton	1.25		
<b><u>Women's Pole Vault A</u></b>						<b><u>Women's Pole Vault B</u></b>							
1	8	Michelle Sharrock	Wigan Harriers	3.50	140	☑	1	88	Melanie McCoy	Wigan Harriers	3.00	90	☑
2	1	Jessica Abrahams	Cardiff Aac	3.20	110	☑	2	33	Danielle Ross	Havering Mayesbrook AC	2.30		☑
3	5	Anna Leyshon	Swansea Harriers	2.90	80	☑							
4	6	Clare Ridgley	Team Southampton	2.50		☑							
5	3	Hannah Gamester	Havering Mayesbrook AC	2.30		☑							
<b><u>Women's 4x100m Relay</u></b>													
1	1	Cardiff Aac	Anoma Sooriyaarachchi	Eleanor Caney	Emma Peters	Lisa Parry	47.99			☑			
2	2	City of Glasgow AC	Sabina Astarrita	Gillian Black	Nicola Gossman	Suzanne McGowan	49.25			☑			
3	7	Wakefield Harriers	Kate Edmondson	Zara Hohn	Fiona Thomas	Amanda Shaw	49.58			☑			
4	6	Team Southampton	Rachael Lewington	Vicky Burgess	Kim Murray	Emily Young	49.65			☑			
5	8	Wigan Harriers	Jackie Cooke	Shona McPherson	Laura Wiley	Sharon Walls	49.93			☑			
6	5	Swansea Harriers	Leri Davies	Jennifer Corbett	Anna Leyshon	Laura Eastman	49.93			☑			
7	3	Havering Mayesbrook AC	Hannah Gamester	Claire Brennan	Lauren Clarke	Lynsey Clarke	52.56						
8	4	Liverpool Harriers AC	Jenny Woods	Katy Read	Laura Holdsworth	Helen Asher	55.41						

National Division 2 - Robin Park, Wigan

Perf Record Wind UKA AW

3 June 2006

Perf Wind UKA AW

Women's 4x400m Relay

1	2	City of Glasgow AC	Lisa Doyle	Aileen Connelly	Sarah Quinn	Alison Reid	03:49.95	<input checked="" type="checkbox"/>
2	8	Wigan Harriers	Shona McPherson	Donna Myers	Amy Freeman	Laura Gillespy	03:50.07	<input checked="" type="checkbox"/>
3	4	Liverpool Harriers AC	Melissa Ronan	Laura Holdsworth	Kate McGing	Vicky Griffiths	03:56.25	<input checked="" type="checkbox"/>
4	1	Cardiff Aac	Bethan Strange	Lisa Parry	Debbie Jones	Eleanor Caney	03:56.79	<input checked="" type="checkbox"/>
5	6	Team Southampton	Kim Murray	Vicky Burgess	Catriona Witcombe	Rachael Lewington	04:05.53	<input checked="" type="checkbox"/>
6	7	Wakefield Harriers	Alison Hackney	Lynsie Whyke	Helen Singleton	Charlene Snellgrove	04:08.88	<input checked="" type="checkbox"/>
7	5	Swansea Harriers	Jennifer Corbett	Laura Eastman	Carly Austin	Leri Davies	04:12.47	<input checked="" type="checkbox"/>
8	3	Havering Mayesbrook AC	Lauren Clarke	Lesley Felton	Laurie Cooper	Faye Fullerton	04:23.33	<input checked="" type="checkbox"/>

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	WAKEF		8	178.5	1	WAKEF	8	178.5	
2	CARDIFF		7	167.0	2	CARDIFF	7	167.0	
3	GLASGOW		6	165.5	3	GLASGOW	6	165.5	
4	WIGAN		5	164.0	4	WIGAN	5	164.0	
5	HAYER		4	154.0	5	HAYER	4	154.0	
6	SOTON		3	132.0	6	SOTON	3	132.0	
7	LIVER		2	131.0	7	LIVER	2	131.0	
8	SWANSEA		1	107.0	8	SWANSEA	1	107.0	

Women's 100m Non Scoring

Wind= -0.1

1	358	Nicola Gossman	City of Glasgow AC	12.53	<input checked="" type="checkbox"/>
2	366	Suzanne McGowan	City of Glasgow AC	12.88	<input checked="" type="checkbox"/>
3	353	Gillian Black	City of Glasgow AC	14.05	
4					
5					
6					
7					
8					

Women's 100m Non Scoring

Wind=

1					
2					
3					
4					
5					
6					
7					
8					