

Bridgend Races

Welsh Championships 2011 7th May 2011

MEN	NAME	CLUB	Time	WOMEN	NAME	CLUB	Time
Welsh Champions: 2011							
1st	Steve Davies	Belgrave Hrs	14-41	1st	Andrea Whitcombe	Swansea	17-13
2nd	Simon Jones	Belgrave Hrs	14-43	2nd	Elinor Kirk	Swansea	17-19
3rd	Adam Bitchell	CAAC	14-50	3rd	Alaw Beynon-Thomas	Carmarthen	17-29
Age Group Medallists							
Under 17				Under 17			
1st	Josh Griffiths	Carmarthen	16-02	1st	Ffion Price	Brecon A.C	17-54
2nd	Matthew O'Leary	Neath	16-45	2nd	Rhian Price	Brecon A.C.	18-52
3rd	Gwynant Jones	Maldwyn	17-45	3rd	Sarah Livett	Menai	19-33
Under 20				Under 20			
1st	Adam Bitchell	CAAC	14-50	1st	Natasha Cockram	Cwmbran	17-45
2nd	Rowan Axe	CAAC	14-54	2nd	Jade Williams	Amman Val	18-00
3rd	Dewi Griffiths	Swansea	15-03	3rd			
Under 23				Under 23			
1st	Ieuan Thomas	CAAC	15-12	1st	Elinor Kirk	Swansea	17-19
2nd				2nd	Alaw-Beynon-Thomas	Carmarthen	17-29
3rd				3rd	Kate Roberts	Bridgend AC	17-57
V Men35				VW35			
1st	Nat Lane	CAAC	15-17	1st	Andrea Whitcombe	Swansea	17-13
2nd	Jerome Edwards	Les Croups	16-21	2nd			
3rd				3rd			
VM40				VW40			
1st	Chris Williams	Neath AC	16-11	1st	Satu Haikala	Brecon A.C.	19-08
2nd	Paul Talbot	Neath AC	17-07	2nd	Lindsay Emyr	Les Croups	20-46
3rd				3rd			
VM45				VW45			
1st	Chris Parker	Port Talbot	16-57	1st	NO AWARDS		
2nd	Roy Whitehouse	Neath AC	17-43	2nd			
3rd	Peter Crane	Neath AC	18-00	3rd			
VM50				VW50			
1st	Rob Sheen	Leicester Co	17-19	1st	Jane Coker	Les Croups	20-00
2nd	Richard Bullen	Les Croups	17-23	2nd			
3rd	Scott Howells	Les Croups	17-46	3rd			

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MEN	NAME	CLUB	Time	WOMEN	NAME	CLUB	Time
VM55				VW55			
1st	David Proffitt	Newport	20-14	1st	Fiona Davies	Ponty Road	22-01
2nd							
VM60				VW60			
1st	Alan Perkins	Port Talbot	20-38	1st	Brenda Avery	Chepstow	23-27
VM65							
1st	Colin Anthony	Port Talbot	24-46				
VM70							
1st	Mark Tattersall	Neath A.C.	26-24				
VM75							
1st	Allan Smith	3Ms Gors	25-59				

		Bridgend Town Centre Races	5 Kms Road Race		
		Women's Race	7th May 2011		
		MEN IN WOMEN'S RACE			
POS	Race No:	NAME	CLUB	TIME	CATEG
1	212	Andrea Whitcombe	Swansea HAC	17-13	M35
2	204	Elinor Kirk	Swansea HAC	17-19	U23
3	251	Charlotte Arter	CAAC	17-26	U23
4	202	Alaw Beynon-Thomas	Carmarthen	17-29	U23
5	201	Natasha Cockram	Cwmbran	17-45	U20
6	219	Erika Robinson	Buckley	17-53	SW
7	206	Ffion Price	Brecon A.C.	17-54	U17
8	208	Kate Roberts	Bridgend A.C.	17-57	U23
9	203	Jade Williams	Amman Valley	18-00	U20
10	214	Michelle Allen	CAAC	18-10	U23
11	254	Vaughan Edwards	Porthcawl	18-35	SM
12	205	Carol Glover	Swansea HAC	18-39	SW
13	215	Natalie Allen	CAAC	18-44	U23
14	262	Alex Williams	Port Talbot	18-46	M40
15	207	Rhian Price	Brecon A.C.	18-52	U17
16	217	Ellen Butler	Swansea HAC	18-54	SW
17	211	Sally Wilder	San Domenico	18-57	SW
18	221	Satu Haikala	Brecon A.C.	19-08	M40
19	216	Sarah Livett	Menai T&F	19-33	U17
20	260	Will Edwards	Porthcawl	19-59	M35
21	213	Jane Coker	Les Croups	20-00	M50
22	165	Richard Jones	Cornelly	20-07	M35
23	261	John Williams	U/A	20-07	M40
24	220	Gabriella Maine	Porthcawl	20-18	SW
25	239	Alan Perkins	Port Talbot	20-38	MM 60
26	249	Julian Maine	Porthcawl	20-42	M50
27	222	Lindsay Emyr	Les Croups	20-46	M40
28	256	Lee Bodenham	Porthcawl	20-48	SW

		Bridgend Town Centre Races	5 Kms Road Race		
		Women's Race	7th May 2011		
		MEN IN WOMEN'S RACE			
POS	Race No:	NAME	CLUB	TIME	CATEG
29	247	Carys Griffiths	Bridgend A.C.	20-55	SW
30	257	David Breen	Porthcawl	21-40	M50
31	224	Fiona Davies	Ponty Road	22-01	M55
32	255	Kate Coker	CAAC	22-18	U17
33	225	Carley Evans	Swansea HAC	22-18	SW
34	235	Andrew Dunscombe		22-19	SM
35	244	Eric Hughes	Bridgend A.C.	23-02	MM70
36	253	Nick Simms	Not Known	23-03	SM
37	234	Brenda Avery	Chepstow	23-27	M60
38	232	Catherine Hayes	Barry & Vale	23-38	M40
39	231	Dawn Howles	Barry AFC	23-56	M40
40	252	John Lewis	Cornelly	24-00	M45
41	259	Gareth Jenkins	U/A	24-44	SM
42	241	Colin Anthony	Port Talbot	24-46	MM65
43	238	Allan Lock	Bridgend A.C.	25-21	MM60
44	237	Gareth Taylor	Bridgend A.C.	25-37	MM40
45	240	Ian Swanson	Port Talbot	25-41	MM60
46	246	Allan Smith	3ms Gorseinon	25-59	MM70
47	230	Jeard Groves	U/A	26-19	M35
48	243	Mark Tattersall	Neath	26-24	MM70
49	229	Michelle Rivett	Vegan A.C.	26-36	M35
50	258	Peter Morris	U/A	27-31	SM
51	248	Gethin Williams	U/A	29-49	U20M

		Bridgend Town Centre Races	5 Kms Road Race		
		Men's Race	7th May 2011		
POS	Race No	NAME	CLUB	TIME	CATEG
1	102	Stephen Davies	Belgrave Hrs	14-41	SM
2	109	Simon Jones	Belgrave Hrs	14-43	SM
3	104	Adam Bitchell	CAAC	14-50	U20
4	105	Rowan Axe	CAAC	14-54	U20
5	108	Chris Discombe	Les Croups	14-57	SM
6	103	Dewi Griffiths	Swansea HAC	15-03	U20
7	115	David Mountford	Deeside	15-04	U23
8	106	Ieuan Thomas	CAAC	15-12	U23
9	113	Nathaniel Lane	CAAC	15-17	M35
10	112	Afan Humphries	Swansea HAC	15-22	SM
11	119	Daniel Hiscox	Swansea HAC	15-40	U20
12	166	Nick Wood	Dartford	15-45	U20
13	131	Matthew Rose	Buckley	15-49	SM
14	124	Josh Griffiths	Carmarthen	16-02	U17
15	138	Chris Carpanini	Newport	16-08	U20
16	167	Matthew Evans	Swansea HAC	16-10	U23
17	138	Chris Williams	Neath	16-11	M40
18	134	Steven Rees	Port Talbot	16-19	SM
19	125	Jerome Edwards	Les Croups	16-21	M35
20	120	Stuart Crees	Les Croups	16-31	SM
21	172	Julian Baker	Les Croups	16-46	M40
22	126	Nicky Dukes	Les Croups	16-47	M35
23	122	Matthew O'Leary	Neath	16-48	U17
24	130	Matthew Thomas	Swansea HAC	16-54	U20
25	144	Chris Parker	Port Talbot	16-57	M45
26	142	Paul Talbot	Neath	17-07	M40
27	162	Richard Mulvany	Neath	17-11	M35
28	163	Edward Donovan	Les Croups	17-12	SM
29	164	Gwynant Jones	Maldwyn	17-19	U17
30	154	Rob Sheen	Leicester Corit	17-19	M50

Bridgend Town Centre Races			5 Kms Road Race		
Men's Race			7th May 2011		
POS	Race No	NAME	CLUB	TIME	CATEG
31	151	Richard Bullen	Les Croups	17-23	M50
32	132	Andrew Reynolds	Port Talbot	17-25	SM
33	170	Mark Emery	Bridgend	17-26	SM
34	136	Paul Speyer	Brackla Hrs	17-28	M35
35	171	Matt Hurford	Les Croups	17-42	M35
36	146	Roy Whitehouse	Neath	17-43	M45
37	153	Scott Howell	Les Croups	17-46	M50
38	169	Simon Wilson	Swansea HAC	17-51	M45
39	140	Chris Fulcher	Port Talbot	17-55	M40
40	148	Peter Crane	Neath	18-00	M45
41	168	Alex Lewis	Swansea HAC	18-04	SM
42	129	Paul Tobin	Swansea HAC	18-10	U17
43	152	Philip Crane	Neath	18-22	M50
44	155	David Crane	Neath	18-30	M50
45	150	Glyn Sansom	San Domenico	18-33	M45
46	161	Andrew Dwyer	N/A	18-36	M40
47	173	Jeff Thomas	Bridgend	18-41	M45
48	135	Gareth Lynch	Les Croups	18-45	M35
49	157	Paul Coker	Les Croups	18-47	M50
50	137	Johnny Lam	San Domenico	19-23	M35
51	156	Gary Davies	Chepstow	19-58	M50
52	236	Kevin Jones	Vegan	20-02	M45
53	149	Stephen Livett	Menai T&F	20-10	M45
54	159	David Proffitt	Newport	20-14	M55
55	145	Dominic Shields	San Domenico	21-26	M45

	Bridgend 5 Kms	Road Races				7th May 2011
	Welsh Championships:		Teams			
SENIOR MEN	TEAMS			SENIOR WOMEN	TEAMS	Ladies Positions
1st				1st		
	Adam Bitchell	3				
CARDIFF AAC	Rowan Axe	4		SWANSEA	Andrea Whitcombe	1
24 Points	Ieuan Thomas	8		13 Points	Elinor Kirk	2
	Nat Lane	9			Carol Glover	10
2nd				2nd		
	Dewi Griffiths	6		BRECON A.C.	Ffion Price	6
SWANSEA AC	Afan Humphries	10		33 Points	Rhian Price	12
48 Points	Daniel Hiscox	11			Satu Haikala	15
	Matthew Thomas	21				
3rd				3rd		
	Chris Discombe	5		CARDIFF	Michelle Allen	10
LES CROUPS	Jerome Edwards	17			Natalie Allen	13
59 Points	Stuart Crees	18			Kate Coker	32
	Nicky Dukes	19				
VET MEN	TEAM	Vet Men's		VET WOMEN	TEAM	Veteran Ladies
1st				1st	NO AWARDS	
	Chris Williams	2				
NEATH A.C.	Paul Talbot	6				
15 Points	Richard Mulvany	7				
2nd						
	Jerome Edwards	3				
LES CROUPS	Nicky Dukes	4				
16 Points	Richard Bullen	9				
3rd						
	Roy Whitehouse	11				
NEATH A.C.	Peter Crane	14				
40 Points	Phil Crane	15				