

## Bridgend Races

Welsh Championships 2011 7th May 2011

MEN	NAME	CLUB	Time	WOMEN	NAME	CLUB	Time
<b>Welsh Champions: 2011</b>							
1st	Steve Davies	Belgrave Hrs	14-41	1st	Andrea Whitcombe	Swansea	17-13
2nd	Simon Jones	Belgrave Hrs	14-43	2nd	Elinor Kirk	Swansea	17-19
3rd	Adam Bitchell	CAAC	14-50	3rd	Alaw Beynon-Thomas	Carmarthen	17-29
<b>Age Group Medallists</b>							
<b>Under 17</b>				<b>Under 17</b>			
1st	Josh Griffiths	Carmarthen	16-02	1st	Ffion Price	Brecon A.C	17-54
2nd	Matthew O'Leary	Neath	16-45	2nd	Rhian Price	Brecon A.C.	18-52
3rd	Gwynant Jones	Maldwyn	17-45	3rd	Sarah Livett	Menai	19-33
<b>Under 20</b>				<b>Under 20</b>			
1st	Adam Bitchell	CAAC	14-50	1st	Natasha Cockram	Cwmbran	17-45
2nd	Rowan Axe	CAAC	14-54	2nd	Jade Williams	Amman Val	18-00
3rd	Dewi Griffiths	Swansea	15-03	3rd			
<b>Under 23</b>				<b>Under 23</b>			
1st	Ieuan Thomas	CAAC	15-12	1st	Elinor Kirk	Swansea	17-19
2nd				2nd	Alaw-Beynon-Thomas	Carmarthen	17-29
3rd				3rd	Kate Roberts	Bridgend AC	17-57
<b>V Men35</b>				<b>VW35</b>			
1st	Nat Lane	CAAC	15-17	1st	Andrea Whitcombe	Swansea	17-13
2nd	Jerome Edwards	Les Croups	16-21	2nd			
3rd				3rd			
<b>VM40</b>				<b>VW40</b>			
1st	Chris Williams	Neath AC	16-11	1st	Satu Haikala	Brecon A.C.	19-08
2nd	Paul Talbot	Neath AC	17-07	2nd	Lindsay Emyr	Les Croups	20-46
3rd				3rd			
<b>VM45</b>				<b>VW45</b>			
1st	Chris Parker	Port Talbot	16-57	1st	NO AWARDS		
2nd	Roy Whitehouse	Neath AC	17-43	2nd			
3rd	Peter Crane	Neath AC	18-00	3rd			
<b>VM50</b>				<b>VW50</b>			
1st	Rob Sheen	Leicester Co	17-19	1st	Jane Coker	Les Croups	20-00
2nd	Richard Bullen	Les Croups	17-23	2nd			
3rd	Scott Howells	Les Croups	17-46	3rd			

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<b>MEN</b>	<b>NAME</b>	<b>CLUB</b>	<b>Time</b>	<b>WOMEN</b>	<b>NAME</b>	<b>CLUB</b>	<b>Time</b>
<b>VM55</b>				<b>VW55</b>			
1st	David Proffitt	Newport	20-14	1st	Fiona Davies	Ponty Road	22-01
2nd							
<b>VM60</b>				<b>VW60</b>			
1st	Alan Perkins	Port Talbot	20-38	1st	Brenda Avery	Chepstow	23-27
<b>VM65</b>							
1st	Colin Anthony	Port Talbot	24-46				
<b>VM70</b>							
1st	Mark Tattersall	Neath A.C.	26-24				
<b>VM75</b>							
1st	Allan Smith	3Ms Gors	25-59				

		Bridgend Town Centre Races	5 Kms Road Race		
		Women's Race	7th May 2011		
		<b>MEN IN WOMEN'S RACE</b>			
POS	Race	NAME	CLUB	TIME	CATEG
	No:				
1	212	Andrea Whitcombe	Swansea HAC	17-13	M35
2	204	Elinor Kirk	Swansea HAC	17-19	U23
3	251	Charlotte Arter	CAAC	17-26	U23
4	202	Alaw Beynon-Thomas	Carmarthen	17-29	U23
5	201	Natasha Cockram	Cwmbran	17-45	U20
6	219	Erika Robinson	Buckley	17-53	SW
7	206	Ffion Price	Brecon A.C.	17-54	U17
8	208	Kate Roberts	Bridgend A.C.	17-57	U23
9	203	Jade Williams	Amman Valley	18-00	U20
10	214	Michelle Allen	CAAC	18-10	U23
11	254	Vaughan Edwards	Porthcawl	18-35	SM
12	205	Carol Glover	Swansea HAC	18-39	SW
13	215	Natalie Allen	CAAC	18-44	U23
14	262	Alex Williams	Port Talbot	18-46	M40
15	207	Rhian Price	Brecon A.C.	18-52	U17
16	217	Ellen Butler	Swansea HAC	18-54	SW
17	211	Sally Wilder	San Domenico	18-57	SW
18	221	Satu Haikala	Brecon A.C.	19-08	M40
19	216	Sarah Livett	Menai T&F	19-33	U17
20	260	Will Edwards	Porthcawl	19-59	M35
21	213	Jane Coker	Les Croups	20-00	M50
22	165	Richard Jones	Cornelly	20-07	M35
23	261	John Williams	U/A	20-07	M40
24	220	Gabriella Maine	Porthcawl	20-18	SW
25	239	Alan Perkins	Port Talbot	20-38	MM 60
26	249	Julian Maine	Porthcawl	20-42	M50
27	222	Lindsay Emyr	Les Croups	20-46	M40
28	256	Lee Bodenham	Porthcawl	20-48	SW

		Bridgend Town Centre Races	5 Kms Road Race		
		Women's Race	7th May 2011		
		<b>MEN IN WOMEN'S RACE</b>			
POS	Race No:	NAME	CLUB	TIME	CATEG
29	247	Carys Griffiths	Bridgend A.C.	20-55	SW
30	257	David Breen	Porthcawl	21-40	M50
31	224	Fiona Davies	Ponty Road	22-01	M55
32	255	Kate Coker	CAAC	22-18	U17
33	225	Carley Evans	Swansea HAC	22-18	SW
34	235	Andrew Dunscombe		22-19	SM
35	244	Eric Hughes	Bridgend A.C.	23-02	MM70
36	253	Nick Simms	Not Known	23-03	SM
37	234	Brenda Avery	Chepstow	23-27	M60
38	232	Catherine Hayes	Barry & Vale	23-38	M40
39	231	Dawn Howles	Barry AFC	23-56	M40
40	252	John Lewis	Cornelly	24-00	M45
41	259	Gareth Jenkins	U/A	24-44	SM
42	241	Colin Anthony	Port Talbot	24-46	MM65
43	238	Allan Lock	Bridgend A.C.	25-21	MM60
44	237	Gareth Taylor	Bridgend A.C.	25-37	MM40
45	240	Ian Swanson	Port Talbot	25-41	MM60
46	246	Allan Smith	3ms Gorseinon	25-59	MM70
47	230	Jeard Groves	U/A	26-19	M35
48	243	Mark Tattersall	Neath	26-24	MM70
49	229	Michelle Rivett	Vegan A.C.	26-36	M35
50	258	Peter Morris	U/A	27-31	SM
51	248	Gethin Williams	U/A	29-49	U20M

		Bridgend Town Centre Races	5 Kms Road Race		
		Men's Race	7th May 2011		
POS	Race No	NAME	CLUB	TIME	CATEG
1	102	Stephen Davies	Belgrave Hrs	14-41	SM
2	109	Simon Jones	Belgrave Hrs	14-43	SM
3	104	Adam Bitchell	CAAC	14-50	U20
4	105	Rowan Axe	CAAC	14-54	U20
5	108	Chris Discombe	Les Croups	14-57	SM
6	103	Dewi Griffiths	Swansea HAC	15-03	U20
7	115	David Mountford	Deeside	15-04	U23
8	106	Ieuan Thomas	CAAC	15-12	U23
9	113	Nathaniel Lane	CAAC	15-17	M35
10	112	Afan Humphries	Swansea HAC	15-22	SM
11	119	Daniel Hiscox	Swansea HAC	15-40	U20
12	166	Nick Wood	Dartford	15-45	U20
13	131	Matthew Rose	Buckley	15-49	SM
14	124	Josh Griffiths	Carmarthen	16-02	U17
15	138	Chris Carpanini	Newport	16-08	U20
16	167	Matthew Evans	Swansea HAC	16-10	U23
17	138	Chris Williams	Neath	16-11	M40
18	134	Steven Rees	Port Talbot	16-19	SM
19	125	Jerome Edwards	Les Croups	16-21	M35
20	120	Stuart Crees	Les Croups	16-31	SM
21	172	Julian Baker	Les Croups	16-46	M40
22	126	Nicky Dukes	Les Croups	16-47	M35
23	122	Matthew O'Leary	Neath	16-48	U17
24	130	Matthew Thomas	Swansea HAC	16-54	U20
25	144	Chris Parker	Port Talbot	16-57	M45
26	142	Paul Talbot	Neath	17-07	M40
27	162	Richard Mulvany	Neath	17-11	M35
28	163	Edward Donovan	Les Croups	17-12	SM
29	164	Gwynant Jones	Maldwyn	17-19	U17
30	154	Rob Sheen	Leicester Corit	17-19	M50

Bridgend Town Centre Races			5 Kms Road Race		
Men's Race			7th May 2011		
POS	Race No	NAME	CLUB	TIME	CATEG
31	151	Richard Bullen	Les Croups	17-23	M50
32	132	Andrew Reynolds	Port Talbot	17-25	SM
33	170	Mark Emery	Bridgend	17-26	SM
34	136	Paul Speyer	Brackla Hrs	17-28	M35
35	171	Matt Hurford	Les Croups	17-42	M35
36	146	Roy Whitehouse	Neath	17-43	M45
37	153	Scott Howell	Les Croups	17-46	M50
38	169	Simon Wilson	Swansea HAC	17-51	M45
39	140	Chris Fulcher	Port Talbot	17-55	M40
40	148	Peter Crane	Neath	18-00	M45
41	168	Alex Lewis	Swansea HAC	18-04	SM
42	129	Paul Tobin	Swansea HAC	18-10	U17
43	152	Philip Crane	Neath	18-22	M50
44	155	David Crane	Neath	18-30	M50
45	150	Glyn Sansom	San Domenico	18-33	M45
46	161	Andrew Dwyer	N/A	18-36	M40
47	173	Jeff Thomas	Bridgend	18-41	M45
48	135	Gareth Lynch	Les Croups	18-45	M35
49	157	Paul Coker	Les Croups	18-47	M50
50	137	Johnny Lam	San Domenico	19-23	M35
51	156	Gary Davies	Chepstow	19-58	M50
52	236	Kevin Jones	Vegan	20-02	M45
53	149	Stephen Livett	Menai T&F	20-10	M45
54	159	David Proffitt	Newport	20-14	M55
55	145	Dominic Shields	San Domenico	21-26	M45

	<b>Bridgend 5 Kms</b>	<b>Road Races</b>				<b>7th May 2011</b>
	<b>Welsh Championships:</b>		<b>Teams</b>			
<b>SENIOR MEN</b>	<b>TEAMS</b>			<b>SENIOR WOMEN</b>	<b>TEAMS</b>	<b>Ladies Positions</b>
<b>1st</b>				<b>1st</b>		
	Adam Bitchell	3				
CARDIFF AAC	Rowan Axe	4		SWANSEA	Andrea Whitcombe	1
24 Points	Ieuan Thomas	8		13 Points	Elinor Kirk	2
	Nat Lane	9			Carol Glover	10
<b>2nd</b>				<b>2nd</b>		
	Dewi Griffiths	6		BRECON A.C.	Ffion Price	6
SWANSEA AC	Afan Humphries	10		33 Points	Rhian Price	12
48 Points	Daniel Hiscox	11			Satu Haikala	15
	Matthew Thomas	21				
<b>3rd</b>				<b>3rd</b>		
	Chris Discombe	5		CARDIFF	Michelle Allen	10
LES CROUPS	Jerome Edwards	17			Natalie Allen	13
59 Points	Stuart Crees	18			Kate Coker	32
	Nicky Dukes	19				
<b>VET MEN</b>	<b>TEAM</b>	<b>Vet Men's</b>		<b>VET WOMEN</b>	<b>TEAM</b>	<b>Veteran Ladies</b>
<b>1st</b>				<b>1st</b>	<b>NO AWARDS</b>	
	Chris Williams	2				
NEATH A.C.	Paul Talbot	6				
15 Points	Richard Mulvany	7				
<b>2nd</b>						
	Jerome Edwards	3				
LES CROUPS	Nicky Dukes	4				
16 Points	Richard Bullen	9				
<b>3rd</b>						
	Roy Whitehouse	11				
NEATH A.C.	Peter Crane	14				
40 Points	Phil Crane	15				