

Division 1 Match 3 - Winchester

Saturday, 6th August

| | | Perf | Record | Wind | UKA | AW | | | Perf | Wind | UKA | AW |
|------------------------------|---|-------|--------|------|-----|----|------------------------------|---|-------|------|-----|----|
| <u>Women's 100m A</u> | | Wind= | -2.1 | | | | <u>Women's 100m B</u> | | Wind= | -2.4 | | |
| 1 | 4 Tope Faith-Nuqa Newham & Essex Be | 12.09 | | | 101 | ☑ | 1 | 33 Joey Duck Marshall Milton Keyn | 12.23 | | 80 | ☑ |
| 2 | 3 Kadi-Ann Thomas Marshall Milton Keyne | 12.18 | | | 88 | ☑ | 2 | 88 Phyllis Agbo Thames Valley H | 12.48 | | | ☑ |
| 3 | 2 Serita Solomon Blackheath & Bromle | 12.38 | | | 57 | ☑ | 3 | 44 Susannah Banjo Newham & Essex Be | 12.62 | | | ☑ |
| 4 | 1 Emma Bailey Bedford & County AC | 12.47 | | | | ☑ | 4 | 66 Becca Carozzi Southampton AC | 12.66 | | | ☑ |
| 5 | 8 Yvette Henry Thames Valley H | 12.55 | | | | ☑ | 5 | 22 Amara Lalemi-Jaco Blackheath & Bromle | 12.75 | | | ☑ |
| 6 | 6 Emily Newton Southampton AC | 12.63 | | | | ☑ | 6 | 77 Caryl Granville Swansea H | 12.81 | | | ☑ |
| 7 | 7 Rebecca Williams Swansea H | 12.64 | | | | ☑ | 7 | 55 Makeda Lewis (U20 Shaftesbury Barnet H | 12.90 | | | ☑ |
| 8 | 5 Chisom Nwachukw Shaftesbury Barnet H | 12.72 | | | | ☑ | 8 | | | | | |

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|------------------------------|---|-------|------|--|-----|---|------------------------------|---|-------|------|-----|---|
| <u>Women's 200m A</u> | | Wind= | -0.8 | | | | <u>Women's 200m B</u> | | Wind= | -0.7 | | |
| 1 | 3 Kadi-Ann Thomas Marshall Milton Keyne | 24.52 | | | 121 | ☑ | 1 | 33 Joey Duck Marshall Milton Keyn | 24.53 | | 121 | ☑ |
| 2 | 4 Tope Faith-Nuqa Newham & Essex Be | 24.62 | | | 115 | ☑ | 2 | 66 Emily Newton Southampton AC | 25.75 | | | ☑ |
| 3 | 8 Ambwene Simukon Thames Valley H | 24.89 | | | 97 | ☑ | 3 | 44 Susannah Banjo Newham & Essex Be | 25.88 | | | ☑ |
| 4 | 5 Chisom Nwachukw Shaftesbury Barnet H | 25.10 | | | 83 | ☑ | 4 | 22 Emily Martin Blackheath & Bromle | 26.01 | | | ☑ |
| 5 | 7 Rebecca Williams Swansea H | 25.12 | | | 81 | ☑ | 5 | 77 Megan Rogers Swansea H | 26.22 | | | ☑ |
| 6 | 1 Emma Bailey Bedford & County AC | 25.45 | | | 59 | ☑ | 6 | 55 Makeda Lewis (U20 Shaftesbury Barnet H | 26.31 | | | ☑ |
| 7 | 6 Becca Carozzi Southampton AC | 25.46 | | | 59 | ☑ | 7 | | | | | |
| 8 | 2 Yimika Adewakun Blackheath & Bromle | 25.83 | | | | ☑ | 8 | | | | | |

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|------------------------------|--|-------|--|--|-----|---|------------------------------|---------------------------------------|-------|--|-----|---|
| <u>Women's 400m A</u> | | | | | | | <u>Women's 400m B</u> | | | | | |
| 1 | 8 Ambwene Simukon Thames Valley H | 54.50 | | | 156 | ☑ | 1 | 66 Emily Bonnett Southampton AC | 56.68 | | 101 | ☑ |
| 2 | 2 Yimika Adewakun Blackheath & Bromle | 55.65 | | | 127 | ☑ | 2 | 22 Krystal Galley Blackheath & Bromle | 57.08 | | 91 | ☑ |
| 3 | 6 Millie Clifford Southampton AC | 56.69 | | | 101 | ☑ | 3 | 44 Kate Laidlow Newham & Essex Be | 58.40 | | 58 | ☑ |
| 4 | 7 Megan Rogers Swansea H | 57.15 | | | 90 | ☑ | 4 | 88 Cleopatra Moulon Thames Valley H | 64.28 | | | |
| 5 | 4 Mubarakat Akinshij Newham & Essex Be | 62.48 | | | | | 5 | 77 Elin Leyshon Swansea H | 71.97 | | | |
| 6 | 5 Gerda Vaitkaityte Shaftesbury Barnet H | 63.48 | | | | | 6 | | | | | |
| 7 | 3 Di Baldwin (V50) Marshall Milton Keyne | 82.70 | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |

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|------------------------------|--|----------|--|--|----|---|------------------------------|--------------------------------------|----------|--|--|---|
| <u>Women's 800m A</u> | | | | | | | <u>Women's 800m B</u> | | | | | |
| 1 | 5 Amy Campbell Shaftesbury Barnet H | 02:11.06 | | | 86 | ☑ | 1 | 88 Katie Good Thames Valley H | 02:15.60 | | | ☑ |
| 2 | 6 Jenny Beckingham Southampton AC | 02:15.54 | | | | ☑ | 2 | 66 Rhianna Parker-Sin Southampton AC | 02:16.50 | | | ☑ |
| 3 | 7 Amanda Jones Swansea H | 02:16.25 | | | | ☑ | 3 | 55 Lucy Aukett Shaftesbury Barnet H | 02:20.50 | | | ☑ |
| 4 | 8 Emma Grant Thames Valley H | 02:16.43 | | | | ☑ | 4 | 22 Shavaun Henry Blackheath & Bromle | 02:24.90 | | | ☑ |
| 5 | 2 Danielle Critchley Blackheath & Bromle | 02:22.33 | | | | ☑ | 5 | 77 Holly Lawrence Swansea H | 02:33.50 | | | |
| 6 | 1 Emily Boast Bedford & County AC | 02:47.03 | | | | | 6 | 11 Lucy Salter Bedford & County AC | 03:13.60 | | | |
| 7 | 3 Di Baldwin (V50) Marshall Milton Keyne | 03:01.70 | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |

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|-------------------------------|--|----------|--|--|----|---|-------------------------------|---|----------|--|--|---|
| <u>Women's 1500m A</u> | | | | | | | <u>Women's 1500m B</u> | | | | | |
| 1 | 5 Amy Campbell Shaftesbury Barnet H | 04:33.77 | | | 91 | ☑ | 1 | 77 Ellen Butler Swansea H | 04:50.72 | | | ☑ |
| 2 | 7 Andrea Whitcombe Swansea H | 04:34.79 | | | 86 | ☑ | 2 | 88 Lisa Da Silva Thames Valley H | 04:52.40 | | | ☑ |
| 3 | 1 Suzi Boast Bedford & County AC | 04:40.08 | | | 59 | ☑ | 3 | 11 Natasha Peters Bedford & County AC | 04:53.36 | | | ☑ |
| 4 | 8 Katie Good Thames Valley H | 04:44.93 | | | | ☑ | 4 | 55 Lucy Aukett Shaftesbury Barnet H | 04:54.10 | | | ☑ |
| 5 | 66 Sophie Hall Southampton AC | 04:57.54 | | | | ☑ | 5 | 6 Natalie Burke Southampton AC | 04:58.98 | | | ☑ |
| 6 | 2 Shavaun Henry Blackheath & Bromle | 05:01.68 | | | | | 6 | 22 Danielle Critchley Blackheath & Bromle | 05:20.31 | | | |
| 7 | 4 Adele Stach-Kevitz Newham & Essex Be | 06:18.22 | | | | | 7 | 33 Kadi-Ann Thomas Marshall Milton Keyn | 07:11.32 | | | |
| 8 | 3 Joey Duck Marshall Milton Keyne | 06:55.47 | | | | | 8 | 44 Deborah Oyelade Newham & Essex Be | 07:22.25 | | | |

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|--------------------------------------|---|----------|----|--|-----|---|--------------------------------------|--|--|--|--|--|
| <u>Women's 2000 S/Chase A</u> | | | | | | | <u>Women's 2000 S/Chase B</u> | | | | | |
| 1 | 5 Victoria Walker (U20 Shaftesbury Barnet H | 07:27.79 | LR | | 344 | ☑ | 1 | | | | | |
| 2 | 7 Holly Lawrence Swansea H | 07:49.44 | | | 301 | ☑ | 2 | | | | | |
| 3 | 8 Joanna Mobed Thames Valley H | 07:52.79 | | | 294 | ☑ | 3 | | | | | |
| 4 | 6 Clemmie McAteer Southampton AC | 08:28.43 | | | 223 | ☑ | 4 | | | | | |
| 5 | 1 Leanne Buxton Bedford & County AC | 08:59.78 | | | 160 | ☑ | 5 | | | | | |
| 6 | 2 Sarah Abrams Blackheath & Bromle | 09:50.66 | | | 58 | ☑ | 6 | | | | | |
| 7 | 3 Di Baldwin (V50) Marshall Milton Keyne | 10:24.30 | | | | | 7 | | | | | |
| 8 | | | | | | | 8 | | | | | |

Division 1 Match 3 - Winchester

| | | | | | Saturday, 6th August | | | | | | | | |
|-------------------------------|------|--------------------|-----------------------|----------|----------------------|-------------------------------|------|------|------------------|---------------------|---------|----|---|
| | Perf | Record | Wind | UKA | AW | | Perf | Wind | UKA | AW | | | |
| <u>Women's 3000m A</u> | | | | | | <u>Women's 3000m B</u> | | | | | | | |
| 1 | 7 | Andrea Whitcombe | Swansea H | 09:38.90 | 135 | ☑ | 1 | 77 | Alaw Benyon Thom | Swansea H | 10:07.0 | 88 | ☑ |
| 2 | 8 | Katie Good | Thames Valley H | 09:43.07 | 128 | ☑ | 2 | 88 | Lisa Da Silva | Thames Valley H | 10:13.0 | 78 | ☑ |
| 3 | 11 | Alice Burgin | Bedford & County AC | 10:06.79 | 88 | ☑ | 3 | 1 | Natasha Peters | Bedford & County AC | 10:21.3 | 64 | ☑ |
| 4 | 3 | Ellie Roche (U20) | Marshall Milton Keyne | 10:20.70 | 65 | ☑ | 4 | 22 | Rachel Robinson | Blackheath & Bromle | 13:12.2 | | |
| 5 | 6 | Nicci Blandford | Southampton AC | 10:22.95 | 61 | ☑ | 5 | | | | | | |
| 6 | 5 | Claire Miles | Shaftesbury Barnet H | 10:55.05 | | ☑ | 6 | | | | | | |
| 7 | 2 | Jane Bradshaw | Blackheath & Bromle | 11:01.03 | | | 7 | | | | | | |
| 8 | 44 | Adele Stach-Kevitz | Newham & Essex Be | 13:12.68 | | | 8 | | | | | | |

Women's 400 Hurdles A

| | | | | | | |
|---|---|----------------------|-----------------------|-------|-----|---|
| 1 | 7 | Caryl Granville | Swansea H | 60.46 | 150 | ☑ |
| 2 | 6 | Emily Bonnett | Southampton AC | 61.02 | 141 | ☑ |
| 3 | 2 | Megan Southwart | Blackheath & Bromle | 61.05 | 140 | ☑ |
| 4 | 4 | Kate Laidlow | Newham & Essex Be | 65.25 | 70 | ☑ |
| 5 | 8 | Ambwene Simukor | Thames Valley H | 65.69 | 63 | ☑ |
| 6 | 1 | Lucy Spray | Bedford & County AC | 66.60 | | ☑ |
| 7 | 3 | Chloe Walley | Marshall Milton Keyne | 72.25 | | |
| 8 | 5 | Victoria Walker (U2) | Shaftesbury Barnet H | 81.07 | | |

Women's 400 Hurdles B

| | | | | | | |
|---|----|-----------------|---------------------|-------|-----|---|
| 1 | 77 | Anwen Rees | Swansea H | 61.87 | 127 | ☑ |
| 2 | 66 | Millie Clifford | Southampton AC | 62.07 | 123 | ☑ |
| 3 | 22 | Rachel Robinson | Blackheath & Bromle | 69.76 | | ☑ |
| 4 | 88 | Joanna Mobed | Thames Valley H | 73.92 | | |
| 5 | | | | | | |
| 6 | | | | | | |
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Women's 100 Hurdles A

Wind= -2.1

| | | | | | | |
|---|---|------------------|-----------------------|-------|-----|---|
| 1 | 6 | Karla Drew | Southampton AC | 14.24 | 137 | ☑ |
| 2 | 2 | Serita Solomon | Blackheath & Bromle | 14.34 | 130 | ☑ |
| 3 | 4 | Holly Thomas | Newham & Essex Be | 14.59 | 114 | ☑ |
| 4 | 7 | Caryl Granville | Swansea H | 15.05 | 83 | ☑ |
| 5 | 3 | Chloe Walley | Marshall Milton Keyne | 15.32 | 65 | ☑ |
| 6 | 8 | Ugne Liuksaityte | Thames Valley H | 19.32 | | |
| 7 | | | | | | |
| 8 | | | | | | |

Women's 100 Hurdles B

Wind= -2.0

| | | | | | | |
|---|----|-----------------|---------------------|-------|----|---|
| 1 | 22 | Megan Southwart | Blackheath & Bromle | 15.16 | 76 | ☑ |
| 2 | 77 | Anwen Rees | Swansea H | 15.60 | | ☑ |
| 3 | 66 | Megan Fry | Southampton AC | 16.51 | | |
| 4 | 44 | Stephanie Ugbo | Newham & Essex Be | 16.70 | | |
| 5 | 88 | Joanna Mobed | Thames Valley H | 22.78 | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

Women's Hammer A

| | | | | | | |
|---|----|-------------------|-----------------------|-------|-----|---|
| 1 | 7 | Toni Wells | Swansea H | 51.73 | 131 | ☑ |
| 2 | 2 | Shaunagh Brown | Blackheath & Bromle | 50.25 | 123 | ☑ |
| 3 | 3 | Andrea Jenkins | Marshall Milton Keyne | 50.11 | 122 | ☑ |
| 4 | 1 | Laura Duke | Bedford & County AC | 47.30 | 107 | ☑ |
| 5 | 5 | Amy Clemens (U20) | Shaftesbury Barnet H | 46.64 | 103 | ☑ |
| 6 | 88 | Carla Letheby | Thames Valley H | 37.01 | 50 | ☑ |
| 7 | 4 | Sue Lawrence | Newham & Essex Be | 33.92 | | ☑ |
| 8 | 6 | Anna Stevens | Southampton AC | 31.44 | | ☑ |

Women's Hammer B

| | | | | | | |
|---|----|--------------------|-----------------------|-------|----|---|
| 1 | 33 | Sadie Watts | Marshall Milton Keyne | 43.63 | 86 | ☑ |
| 2 | 22 | Sam Milner | Blackheath & Bromle | 36.42 | | ☑ |
| 3 | 8 | Ellisha Dee | Thames Valley H | 35.74 | | ☑ |
| 4 | 11 | Rachael Bennett | Bedford & County AC | 28.41 | | |
| 5 | 55 | Nneka Ofulue (U20) | Shaftesbury Barnet H | 27.31 | | |
| 6 | 77 | Nina Prells | Swansea H | 24.86 | | |
| 7 | 44 | Adele Stach-Kevitz | Newham & Essex Be | 23.13 | | |
| 8 | 66 | Sarah Ellis | Southampton AC | 22.48 | | |

Women's Discus A

| | | | | | | |
|---|---|-------------------|-----------------------|-------|-----|---|
| 1 | 2 | Shaunagh Brown | Blackheath & Bromle | 49.70 | 154 | ☑ |
| 2 | 3 | Emma Beales (V35) | Marshall Milton Keyne | 43.14 | 113 | ☑ |
| 3 | 8 | Ellisha Dee | Thames Valley H | 40.59 | 97 | ☑ |
| 4 | 6 | Debbie Callaway | Southampton AC | 38.85 | 86 | ☑ |
| 5 | 1 | Rachael Bennett | Bedford & County AC | 37.36 | 77 | ☑ |
| 6 | 4 | Sue Lawrence | Newham & Essex Be | 35.49 | 65 | ☑ |
| 7 | 5 | Trecia Smith | Shaftesbury Barnet H | 35.09 | 63 | ☑ |
| 8 | 7 | Nina Prells | Swansea H | 32.73 | | ☑ |

Women's Discus B

| | | | | | | |
|---|----|--------------------|-----------------------|-------|-----|---|
| 1 | 22 | Sam Milner | Blackheath & Bromle | 42.22 | 107 | ☑ |
| 2 | 33 | Andrea Jenkins | Marshall Milton Keyne | 40.93 | 99 | ☑ |
| 3 | 88 | Carla Letheby | Thames Valley H | 36.83 | 73 | ☑ |
| 4 | 11 | Jemma Eastwood | Bedford & County AC | 28.71 | | |
| 5 | 77 | Toni Wells | Swansea H | 28.63 | | |
| 6 | 66 | Anna Stevens | Southampton AC | 28.08 | | |
| 7 | 55 | Nneka Ofulue (U20) | Shaftesbury Barnet H | 23.74 | | |
| 8 | 44 | Melissa Strevens | Newham & Essex Be | 15.88 | | |

Women's Javelin A

| | | | | | | |
|---|----|--------------------|-----------------------|-------|-----|---|
| 1 | 6 | Freya Jones | Southampton AC | 48.33 | 152 | ☑ |
| 2 | 3 | Sadie Watts | Marshall Milton Keyne | 39.70 | 98 | ☑ |
| 3 | 7 | Clair Williams | Swansea H | 39.66 | 97 | ☑ |
| 4 | 55 | Makeda Lewis (U20) | Shaftesbury Barnet H | 32.41 | 52 | ☑ |
| 5 | 8 | Carla Letheby | Thames Valley H | 31.83 | | ☑ |
| 6 | 1 | Leanne Buxton | Bedford & County AC | 30.79 | | ☑ |
| 7 | 22 | Sandra Alaneme | Blackheath & Bromle | 18.49 | | |
| 8 | 4 | Susannah Banjo | Newham & Essex Be | 10.95 | | |

Women's Javelin B

| | | | | | | |
|---|----|------------------|-----------------------|-------|----|---|
| 1 | 66 | Sarah Ellis | Southampton AC | 39.79 | 98 | ☑ |
| 2 | 5 | Trecia Smith | Shaftesbury Barnet H | 30.98 | | ☑ |
| 3 | 11 | Rachael Bennett | Bedford & County AC | 27.65 | | |
| 4 | 77 | Megan Rogers | Swansea H | 26.45 | | |
| 5 | 33 | Andrea Jenkins | Marshall Milton Keyne | 24.90 | | |
| 6 | 88 | Juchinar Searles | Thames Valley H | 23.84 | | |
| 7 | 2 | Liz Hughes | Blackheath & Bromle | 18.44 | | |
| 8 | | | | | | |

Division 1 Match 3 - Winchester

| | | Perf | Record | Wind | UKA | AW | Saturday, 6th August | | | | Perf | Wind | UKA | AW | |
|-----------------------------------|---|------------------|----------------------|-------|-----|-----|----------------------|---|----|-------------------|----------------------|-------|-----|----|---|
| <u>Women's Shot Putt A</u> | | | | | | | | | | | | | | | |
| 1 | 2 | Shaunagh Brown | Blackheath & Bromle | 14.38 | | 137 | ☑ | 1 | 22 | Sam Milner | Blackheath & Bromle | 11.40 | | 78 | ☑ |
| 2 | 8 | Phyllis Agbo | Thames Valley H | 13.24 | | 114 | ☑ | 2 | 88 | Abigail Moronkeji | Thames Valley H | 11.12 | | 72 | ☑ |
| 3 | 6 | Freya Jones | Southampton AC | 12.03 | | 90 | ☑ | 3 | 11 | Laura Duke | Bedford & County AC | 10.57 | | 61 | ☑ |
| 4 | 5 | Lucy Boggis | Shaftesbury Barnet H | 11.20 | | 74 | ☑ | 4 | 66 | Debbie Callaway | Southampton AC | 9.87 | | | |
| 5 | 1 | Leanne Buxton | Bedford & County AC | 10.60 | | 62 | ☑ | 5 | 33 | Sadie Watts | Marshall Milton Keyn | 9.60 | | | |
| 6 | 3 | Emma Beales (vV3 | Marshall Milton Keyn | 10.45 | | 59 | ☑ | 6 | 55 | Makeda Lewis (U2C | Shaftesbury Barnet H | 9.28 | | | |
| 7 | 7 | Toni Wells | Swansea H | 10.33 | | 56 | ☑ | 7 | 77 | Nina Prells | Swansea H | 8.90 | | | |
| 8 | 4 | Sue Lawrence | Newham & Essex Be | 8.55 | | | | 8 | 44 | Kate Laidlow | Newham & Essex Be | 7.72 | | | |

Women's Long Jump A

| | | | | | | | |
|---|----|----------------|----------------------|------|------|-----|---|
| 1 | 8 | Phyllis Agbo | Thames Valley H | 6.24 | +2.6 | 167 | ☑ |
| 2 | 5 | Lucy Boggis | Shaftesbury Barnet H | 5.59 | +1.4 | 86 | ☑ |
| 3 | 3 | Sophie Wilkins | Marshall Milton Keyn | 5.56 | +0.8 | 82 | ☑ |
| 4 | 6 | Karla Drew | Southampton AC | 5.53 | +1.8 | 78 | ☑ |
| 5 | 2 | Emily Martin | Blackheath & Bromle | 5.48 | +0.3 | 72 | ☑ |
| 6 | 44 | Rochelle Jones | Newham & Essex Be | 5.16 | +1.1 | | ☑ |
| 7 | 77 | Donna Jones | Swansea H | 5.07 | -0.6 | | ☑ |
| 8 | 1 | Emma Bailey | Bedford & County AC | 3.67 | +1.3 | | |

Women's Long Jump B

| | | | | | | | |
|---|----|-------------------|----------------------|------|------|----|---|
| 1 | 55 | Gaby Rowsell (U20 | Shaftesbury Barnet H | 5.36 | +2.2 | 57 | ☑ |
| 2 | 22 | Lauren Blackie | Blackheath & Bromle | 5.35 | -1.7 | 56 | ☑ |
| 3 | 4 | Chioma Matthews | Newham & Essex Be | 4.94 | +0.0 | | |
| 4 | 7 | Rebecca Williams | Swansea H | 4.68 | +0.9 | | |
| 5 | 88 | Esther Aije | Thames Valley H | 4.50 | +1.5 | | |
| 6 | 33 | Chloe Walley | Marshall Milton Keyn | 4.44 | +2.1 | | |
| 7 | 66 | Megan Fry | Southampton AC | 4.33 | +1.1 | | |
| 8 | | | | | | | |

Women's Triple Jump A

| | | | | | | | |
|---|----|------------------|----------------------|-------|------|-----|---|
| 1 | 55 | Yamille Aldama | Shaftesbury Barnet H | 14.30 | +2.6 | 227 | ☑ |
| 2 | 4 | Chioma Matthews | Newham & Essex Be | 12.60 | +1.0 | 142 | ☑ |
| 3 | 22 | Lauren Blackie | Blackheath & Bromle | 11.95 | +2.1 | 110 | ☑ |
| 4 | 7 | Sian Swanson | Swansea H | 10.46 | +0.3 | | ☑ |
| 5 | 33 | Sophie Wilkins | Marshall Milton Keyn | 10.22 | +1.1 | | ☑ |
| 6 | 88 | Ugne Liuksaityte | Thames Valley H | 9.38 | +1.3 | | |
| 7 | 6 | Vicki Vinter | Southampton AC | 9.28 | +0.5 | | |
| 8 | 1 | Jemma Eastwood | Bedford & County AC | 8.54 | +0.8 | | |

Women's Triple Jump B

| | | | | | | | |
|---|----|------------------|----------------------|-------|------|-----|---|
| 1 | 5 | Trecia Smith | Shaftesbury Barnet H | 12.27 | +1.6 | 126 | ☑ |
| 2 | 2 | Sandra Alaneme | Blackheath & Bromle | 11.93 | +1.9 | 109 | ☑ |
| 3 | 77 | Donna Jones | Swansea H | 10.44 | +0.9 | | ☑ |
| 4 | 3 | Rachel Gibbens | Marshall Milton Keyn | 9.65 | +1.5 | | |
| 5 | 8 | Esther Aije | Thames Valley H | 8.91 | +0.0 | | |
| 6 | 66 | Jenny Beckingham | Southampton AC | 7.93 | +1.1 | | |
| 7 | | | | | | | |
| 8 | | | | | | | |

Women's High Jump A

| | | | | | | | |
|---|---|----------------|----------------------|------|--|-----|---|
| 1 | 2 | Sarah Abrams | Blackheath & Bromle | 1.70 | | 120 | ☑ |
| 2 | 5 | Eloise Newman | Shaftesbury Barnet H | 1.65 | | 95 | ☑ |
| 3 | 6 | Karla Drew | Southampton AC | 1.65 | | 95 | ☑ |
| 4 | 7 | Sian Swanson | Swansea H | 1.60 | | 70 | ☑ |
| 5 | 1 | Hannah Frith | Bedford & County AC | 1.60 | | 70 | ☑ |
| 6 | 3 | Rachel Gibbens | Marshall Milton Keyn | 1.55 | | | ☑ |
| 7 | 4 | Stephanie Ugbo | Newham & Essex Be | 1.55 | | | ☑ |
| 8 | 8 | Esther Aije | Thames Valley H | 1.50 | | | |

Women's High Jump B

| | | | | | | | |
|----|----|-------------------|----------------------|------|--|--|---|
| 1= | 33 | Sophie Wilkins | Marshall Milton Keyn | 1.55 | | | ☑ |
| 1= | 55 | Gaby Rowsell (U20 | Shaftesbury Barnet H | 1.55 | | | ☑ |
| 3 | 22 | Christine Lyston | Blackheath & Bromle | 1.50 | | | |
| 4 | 11 | Laura Duke | Bedford & County AC | 1.50 | | | |
| 5 | 77 | Atlanta Williams | Swansea H | 1.50 | | | |
| 6 | 66 | Joanne Bottell | Southampton AC | 1.25 | | | |
| 7 | 88 | Abigail Moronkeji | Thames Valley H | 1.25 | | | |

Women's Pole Vault A

| | | | | | | | |
|---|----|------------------|----------------------|------|--|-----|---|
| 1 | 5 | Jade Ive (U20) | Shaftesbury Barnet H | 3.91 | | 176 | ☑ |
| 2 | 22 | Rachel Arnheim | Blackheath & Bromle | 3.60 | | 145 | ☑ |
| 3 | 3 | Rachel Gibbens | Marshall Milton Keyn | 3.40 | | 125 | ☑ |
| 4 | 7 | Naomi James | Swansea H | 3.30 | | 115 | ☑ |
| 5 | 1 | Jemma Eastwood | Bedford & County AC | 3.10 | | 95 | ☑ |
| 6 | 44 | Melissa Strevens | Newham & Essex Be | 2.70 | | 55 | ☑ |
| 7 | 8 | Ugne Liuksaityte | Thames Valley H | 2.30 | | | ☑ |

Women's Pole Vault B

| | | | | | | | |
|---|----|------------------|---------------------|------|--|-----|---|
| 1 | 2 | Liz Hughes | Blackheath & Bromle | 3.50 | | 135 | ☑ |
| 2 | 4 | Kelly Montgomery | Newham & Essex Be | 2.50 | | | ☑ |
| 3 | 11 | Hannah Frith | Bedford & County AC | 2.30 | | | ☑ |
| 4 | 77 | Megan Jones | Swansea H | 2.30 | | | ☑ |

Women's 4x100m Relay

| | | | | | | | | |
|---|---|---------------------|-------------------|--------------------|------------------------|--------------------|-------|---|
| 1 | 4 | Newham & Essex | Rochelle Jones | Temi Erinoso | Susannah Banjo | Tope Faith-Nuqa | 48.42 | ☑ |
| 2 | 3 | Marshall Milton Key | Chloe Walley | Joey Duck | Sophie Wilkins | Kadi-Ann Thomas | 48.58 | ☑ |
| 3 | 2 | Blackheath & Brom | Lauren Blackie | Serita Solomon | Emily Martin | Amara Lalemi-Jacob | 48.60 | ☑ |
| 4 | 8 | Thames Valley H | Cleopatra Moulon | Ambwene Simukonda | Phyllis Agbo | Yvette Henry | 49.00 | ☑ |
| 5 | 7 | Swansea H | Sian Swanson | Caryl Granville | Megan Rogers | Rebecca Williams | 49.08 | ☑ |
| 6 | 6 | Southampton AC | Emily Bonnett | Becca Carozzi | Karla Drew | Emily Newton | 49.37 | ☑ |
| 7 | 1 | Bedford & County | Emma Bailey | Hannah Frith | Lucy Spray | Laura Duke | 52.08 | |
| 8 | 5 | Shaftesbury Barnet | Gerda Vaitkaityte | Gaby Rowsell (U20) | Chisom Nwachukwu (U20) | Lucy Aukett | 53.00 | |

UK Women's Athletics League 2011



Division 1 Match 3 - Winchester

Saturday, 6th August

| | | | | | | | | |
|------|-------|------|-----|----|------|------|-----|----|
| Perf | Recor | Wind | UKA | AW | Perf | Wind | UKA | AW |
|------|-------|------|-----|----|------|------|-----|----|

Women's 4x400m Relay

| | | | | | | | | |
|---|---|---------------------|-------------------|------------------------|------------------|------------------|----------|-------------------------------------|
| 1 | 7 | Swansea H | Rebecca Williams | Anwen Rees | Megan Rogers | Caryl Granville | 03:51.02 | <input checked="" type="checkbox"/> |
| 2 | 6 | Southampton AC | Millie Clifford | Rhianna Parker-Simpson | Jenny Beckingham | Emily Bonnett | 03:53.68 | <input checked="" type="checkbox"/> |
| 3 | 2 | Blackheath & Brom | Krystal Galley | Amara Lalemi-Jacobs | Megan Southwart | Yimika Adewakun | 03:53.82 | <input checked="" type="checkbox"/> |
| 4 | 3 | Marshall Milton Key | Sophie Wilkins | Ellie Roche (U20) | Joey Duck | Kadi-Ann Thomas | 03:57.58 | <input checked="" type="checkbox"/> |
| 5 | 4 | Newham & Essex F | Chioma Matthews | Kate Laidlow | Susannah Banjo | Tope Faith-Nuqa | 03:59.48 | <input checked="" type="checkbox"/> |
| 6 | 8 | Thames Valley H | Phyllis Agbo | Yvette Henry | Cleopatra Moulon | Ambwene Simukond | 04:03.87 | <input checked="" type="checkbox"/> |
| 7 | 5 | Shaftesbury Barnet | Gerda Vaitkaityte | Gaby Rowsell (U20) | Lucy Aukett | Amy Campbell | 04:15.64 | <input checked="" type="checkbox"/> |
| 8 | | | | | | | | |

| MATCH RESULT | League Points | Match | STANDINGS | League Points | Match |
|--------------|---------------|-------|-----------|---------------|-------|
| 1 B&B | 8 | 224.0 | 1 B&B | 22 | 631.0 |
| 2 SWA | 7 | 205.0 | 2 SWA | 20 | 597.0 |
| 3 TVH | 6 | 188.0 | 3 TVH | 20 | 587.0 |
| 4 STN | 5 | 182.0 | 4 SBH | 15 | 551.0 |
| 5 SBH | 4 | 169.0 | 5 STN | 13 | 509.5 |
| 6 MKN | 3 | 168.0 | 6 NEB | 7 | 401.0 |
| 7 BFD | 2 | 126.0 | 7 BFD | 6 | 378.0 |
| 8 NEB | 1 | 120.0 | 8 MKN | 5 | 401.5 |

100m Non Scoring

Wind= -1.8

| | | | |
|---|----|--------------|-------|
| 1 | 34 | Temi Erinoso | 12.95 |
| 2 | 35 | Paula Watson | 13.50 |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |

400m Non Scoring

1
2

Pole vault Non Scoring

1 Christina Moore