

The ERRA National Relays at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 1 - Provisional Results

Pos	Name	Club	Leg Time			
1	Adam Bowden	Harrow AC	26:29			
2	Mike Johnson	Cardiff A.	26:36			
3	A Holliday	TraffordAC	26:40			
4	T Mengisteab	Shettlesto	26:41			
5	David Norman	Altrincham	26:41			
6	Aaron Harris	Aldershot, A	26:42			
7	Josh Lilly	Severn	26:45			
8	J Thewlis	Notts AC A	26:46			
9	Ian Grime	NewhamEss	26:51			
10	Richard Burney	Liverpool	26:56			
11	Andy Thake	Hallamshir	26:59			
12	Martin Cox	Salford Ha	27:03			
13	Ian Williams	Tipton Har A	27:04			
14	Tom Bedford	Shaftesbur	27:09			
15	Matt Almond	Coventry G	27:10			
16	James Smith	Leeds City A	27:13			
17	Hywel Care	Woodford G	27:14			
18	James Kelly	Belgrave H A	27:15			
19	Philip Hoole	Rotherham	27:16			
20	Warren Frey	Birchfield	27:21			
21	Willy Smith	KeighleyC	27:24			
22	Chris Sampson	MorpethH&A	27:27			
23	Alex Derricott	Staffordsh	27:28			
24	Simon Mills	Sale Harri	27:31			
25	Nicholas Torry	Serpentine	27:32			
26	Chris Powner	Winchester	27:38			
27	Mark Hood	Sunderland	27:41			
28	Craig Peters	Bristol&WA	27:42			
29	Paul Ward	Telford AC	27:45			
30	A Carmichael	Gateshead	27:47			
31	Dave Roper	Cheltenham	27:52			
32	M Gillespie	Central Ac	27:54			
33	Nigel Marley	RugbyNort	28:06			
34	Chris Illman	Cirenceste	28:06			
35	A B-Littlewood	Blackheath	28:12			
36	David Turnbull	Holmfirth	28:13			
37	Stuart King	Mansfield	28:17			
38	Alex Pilcher	Derby Ac	28:22			
39	Dan Gurmin	SwanseaH	28:23			
40	S Robinson	Blackpool	28:24			
41	Andrw Dunwoody	Kent AC	28:25			
42	Chris Riley	Bedford An	28:27			
43	Chris Discombe	LesCrouprs	28:32			
44	Ed Barnett	Aldershot, B	28:37			
45	Stu Huntington	C. Norwich	28:39			
46	Ben Paviour	Herne Hill	28:43			
47	Barry Royden	MedwayMaid	28:51			
48	Mike Trees	Belgrave H B	28:59			
49	Paul Andrew	Northbrook	29:09			
50	Alan Woods	Wirral AC	29:11			
51	Matt Revier	Hillingdon	29:21			
52	Steve Marklew	RoyalSC	29:28			
53	Oliver Ziff	Leeds City B	29:32			
54	Chris Penn	Halesowen	29:38			
55	Paul Mountford	Tipton Har B	29:42			
56	C Thomson	Brighton A	29:43			
57	Carl Bradbury	Reading AC	29:55			
58	Rob Nixon	Notts AC B	29:56			
59	Brian Penny	Team Bath	30:09			
60	Rob Andrew	Bournville	30:13			
61	John Nash	NeneVH	30:26			
62	Keiran Davis	HeanorRC	30:27			
63	A Kenchington	Birmingham	30:37			
64	Kevin Lanckham	Bromsgrove	30:39			
65	Glen North	CharnwoodA	30:40			
66	P Darbyshire	Wigan Phoe	30:46			
67	Tom Randles	Gloucester	31:06			
68	Darren Edwards	Wolverhamp	33:57			

The ERRA National Relays at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Chris MacKay	NewhamEss	14:06	40:57	+ 8	41	Andrew Connick	Belgrave H B	15:47	44:46 + 7
2	Chris Moss	Cardiff A.	14:35	41:11	0	42	Mark Knowles	KeighleyC	17:26	44:50 - 21
3	Neil Gamester	Shaftesbur	14:06	41:15	+ 11	43	Michael Salter	Leeds City B	15:22	44:54 + 10
4	Andy Norman	Altrincham	14:35	41:16	+ 1	44	Luke Armitage	Kent AC	16:34	44:59 - 3
5	M Gillespie	Shettlesto	14:37	41:18	- 1	45	Steve Hale	Severn	18:34	45:19 - 38
6	Ben Warren	Harrow AC	14:53	41:22	- 5	46	Luke Northall	Tipton Har B	15:51	45:33 + 9
7	Tom Wade	Aldershot, A	14:57	41:39	- 1	47	Marc Turner	Halesowen	15:59	45:37 + 7
8	Tim Egerton	TraffordAC	15:04	41:44	- 5	48	Tony Grant	Hillingdon	16:21	45:42 + 3
9	Rob Keal	Notts AC A	15:02	41:48	- 1	49	Andrejs Safars	MedwayMaid	16:52	45:43 - 2
10	Tom Payn	Winchester	14:14	41:52	+ 16	50	Josh Mutch	Brighton A	16:15	45:58 + 6
11	Steve Davies	Belgrave H A	14:41	41:56	+ 7	51	Simon Leese	RoyalSC	16:31	45:59 + 1
12	Ben Jones	CoventryG	14:58	42:08	+ 3	52	Martyn Gibbons	Noits AC B	16:09	46:05 + 6
13	Michal Skinner	Blackheath	14:04	42:16	+ 22	53	Josh Reed	NeneVH	15:41	46:07 + 8
14	Niall Brooks	Sale Harri	14:47	42:18	+ 10	54	Ian Close	Blackpool	17:47	46:11 - 14
15	Gavin Keight	Hallamshir	15:23	42:22	- 4	55	Daniel Thorne	Reading AC	16:23	46:18 + 2
16	Matt Nicholson	MorpethH&A	14:55	42:22	+ 6	56	Kevin Keating	Wirral AC	17:21	46:32 - 6
17	Mike Burrett	Leeds City A	15:16	42:29	- 1	57	Brian Summers	RugbyNort	18:46	46:52 - 24
18	M Pierson	Holmfirth	14:17	42:30	+ 18	58	Steve McGlen	Bournville	16:40	46:53 + 2
19	Gareth Allott	Staffordsh	15:04	42:32	+ 4	59	Jerry Trill	Northbrook	18:12	47:21 - 10
20	Dan Stimpson	Tipton Har A	15:29	42:33	- 7	60	Lee Perkins	HeanorRC	17:07	47:34 + 2
21	T Prendergast	Woodford G	15:20	42:34	- 4	61	Paul Weall	Wigan Phoe	16:52	47:38 + 5
22	Graham Powell	Liverpool	15:42	42:38	- 12	62	Tom Whitmore	CharnwoodA	17:34	48:14 + 3
23	Mark Draper	Bedford An	14:13	42:40	+ 19	63	Paul King	Team Bath	18:31	48:40 - 4
24	P Whitehouse	Birchfield	15:31	42:52	- 4	64	David Edwards	Gloucester	17:56	49:02 + 3
25	Paul Simons	Salford Ha	15:54	42:57	- 13	65	Andrew Freeman	Bromsgrove	18:38	49:17 - 1
26	Mitch Goose	C. Norwich	14:26	43:05	+ 19	66	Richard Carney	Birmingham	19:12	49:49 - 3
27	Richard Weir	Derby Ac	14:45	43:07	+ 11	67	Tom Fisher	Wolverhamp	17:21	51:18 + 1
28	Mick O'Doherty	Bristol&WA	15:30	43:12	0	Fastest runners over stage 2:				
29	R Tuddenham	Serpentine	15:49	43:21	- 4	1	Michal Skinner	Blackheath	14:04	
30	Chris Carter	Telford AC	15:45	43:30	- 1	2	Neil Gamester	Shaftesbur	14:06	
31	Andrew Teate	Gateshead	15:50	43:37	- 1	3	Chris MacKay	NewhamEss	14:06	
32	David Lindsay	Central Ac	15:56	43:50	0	4	Mark Draper	Bedford An	14:13	
33	James Miller	Cheltenham	16:09	44:01	- 2	5	Tom Payn	Winchester	14:14	
34	Iain Yates	Herne Hill	15:19	44:02	+ 12	6	M Pierson	Holmfirth	14:17	
35	Nigel Brookes	Rotherham	16:55	44:11	- 16	7	Mitch Goose	C. Norwich	14:26	
36	C Brown-Monks	Mansfield	16:02	44:19	+ 1	8	Chris Moss	Cardiff A.	14:35	
37	Adam Harborow	Cirenceste	16:14	44:20	- 3	9	Andy Norman	Altrincham	14:35	
38	Tom Bowerman	Aldershot, B	15:47	44:24	+ 6	10	M Gillespie	Shettlesto	14:37	
39	Lee Aherne	LesCrouprs	15:54	44:26	+ 4					
40	Kristian Jones	SwanseaH	16:04	44:27	- 1					

The ERRA National Relays at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 3 - Provisional Results

Pos	Name	Club	Leg	Time	Cum Time	Gain
1	Mark Miles	Belgrave H A		25:49	1:07:45	+ 10
2	Steve Hepples	NewhamEss		26:49	1:07:46	- 1
3	Ben Lindsay	Aldershot, A		26:54	1:08:33	+ 4
4	Neilson Hall	Bedford An		25:54	1:08:34	+ 19
5	Tim Hartley	Notts AC A		26:47	1:08:35	+ 4
6	James Trapmore	Shaftesbur		27:40	1:08:55	- 3
7	Simon Tenvi	Birchfield		26:12	1:09:04	+ 17
8	Matt Bond	Sale Harri		26:50	1:09:08	+ 6
9	M Williams	Tipton Har A		26:37	1:09:10	+ 11
10	Adam Grice	Leeds City A		26:42	1:09:11	+ 7
11	Tom Marshall	Cardiff A.		28:01	1:09:12	- 9
12	Martin Graham	Shettleston		28:06	1:09:24	- 7
13	Matt Lole	Coventry G		27:22	1:09:30	- 1
14	John Wills	Bristol&WA		26:22	1:09:34	+ 14
15	John McCole	Liverpool		26:59	1:09:37	+ 7
16	Matt Clowes	Staffordsh		27:07	1:09:39	+ 3
17	Ewen Malloch	Woodford G		27:10	1:09:44	+ 4
18	P Killingley	Winchester		28:00	1:09:52	- 8
19	David Branfoot	Harrow AC		28:44	1:10:06	- 13
20	Mark Brown	MorpethH&A		27:48	1:10:10	- 4
21	Andrew Rayner	Blackheath		27:57	1:10:13	- 8
22	Rob Baker	Hallamshir		28:03	1:10:25	- 7
23	Dave Watson	Holmfirth		28:03	1:10:33	- 5
24	Robert Russell	Central Ac		26:50	1:10:40	+ 8
25	Darren Talbot	TraffordAC		28:58	1:10:42	- 17
26	Ashley Harrell	C. Norwich		28:10	1:11:15	0
27	James Connor	Kent AC		26:45	1:11:44	+ 17
28	Lewys Hobbs	SwanseaH		27:17	1:11:44	+ 12
29	Tom Bush	Altrincham		30:32	1:11:48	- 25
30	Chris Rimmer	Telford AC		28:29	1:11:59	0
31	James Mee	Mansfield		27:41	1:12:00	+ 5
32	Iain Lockett	Herne Hill		27:59	1:12:01	+ 2
33	R Phillips	Serpentine		28:47	1:12:08	- 4
34	Sean Hall	Gateshead		28:42	1:12:19	- 3
35	Graham Breen	Aldershot, B		28:19	1:12:43	+ 3
36	Anthony Ford	Blackpool		26:39	1:12:50	+ 18
37	Julian Baker	LesCrouprs		28:25	1:12:51	+ 2
38	Chris Peach	DerbyAc		29:47	1:12:54	- 11
39	James Kovacs	Salford Ha		30:02	1:12:59	- 14
40	R Stannard	Belgrave H B		28:34	1:13:20	+ 1
41	Andrew Hussey	Cheltenham		29:49	1:13:50	- 8
42	Dave Kesterton	Halesowen		28:22	1:13:59	+ 5
43	Adrin Williams	Cirenceste		29:40	1:14:00	- 6
44	M Bristow	Brighton A		28:27	1:14:25	+ 6
45	Simon Mounsey	Rotherham		30:34	1:14:45	- 10
46	Martin Bateman	Hillingdon		29:12	1:14:54	+ 2
47	Greg Hull	Leeds City B		30:02	1:14:56	- 4
48	Adrian Lowther	MedwayMaid		29:15	1:14:58	+ 1
49	L Hellowell	KeighleyC		30:33	1:15:23	- 7
50	Stuart Nelson	RugbyNort		28:40	1:15:32	+ 7
51	Nick Grimer	NeneVH		29:47	1:15:54	+ 2
52	Nick Earl	Reading AC		29:49	1:16:07	+ 3
53	Mike Cadman	Bournville		29:23	1:16:16	+ 5
54	Paul Archer	Notts AC B		30:19	1:16:24	- 2
55	Andy Ward	Wigan Phoe		28:55	1:16:33	+ 6
56	Mark Hulmston	Wirral AC		30:22	1:16:54	0
57	James Douglas	CharnwoodA		28:50	1:17:04	+ 5
58	Tony Hinchley	RoyalSC		31:28	1:17:27	- 7
59	Stephn Ashmore	HeanorRC		31:10	1:18:44	+ 1
60	John Hosie	Northbrook		31:39	1:19:00	- 1
61	Jason Richards	Tipton Har B		33:48	1:19:21	- 15
62	Nick Gaulder	Severn		34:08	1:19:27	- 17
63	A Sampson	Team Bath		31:28	1:20:08	0
64	Lee Smith	Gloucester		31:30	1:20:32	0
65	Simon Lanckham	Bromsgrove		32:23	1:21:40	0
66	Robert Vaughan	Birmingham		32:38	1:22:27	0
67	Paul Hammond	Wolverhamp		32:34	1:23:52	0

Fastest runners over stage 3:

1	Mark Miles	Belgrave H A	25:49
2	Neilson Hall	Bedford An	25:54
3	Simon Tenvi	Birchfield	26:12
4	John Wills	Bristol&WA	26:22
5	M Williams	Tipton Har A	26:37
6	Anthony Ford	Blackpool	26:39
7	Adam Grice	Leeds City A	26:42
8	James Connor	Kent AC	26:45
9	Tim Hartley	Notts AC A	26:47
10	Steve Hepples	NewhamEss	26:49

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 4 - Provisional Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Stephen Sharp	Belgrave H A		14:58	1:22:43	0	41	Elliot Prince	Cheltenham	17:00	1:30:50	0
2	Rob Cole	NewhamEss		15:28	1:23:14	0	42	D Thompson	Hillingdon	15:58	1:30:52 +	4
3	Ben Moreau	Aldershot, A		14:46	1:23:19	0	43	Pete Webster	Leeds City B	16:16	1:31:12 +	4
4	Ben Norris	Notts AC A		15:01	1:23:36 +	1	44	Graham Davies	Blackpool	18:26	1:31:16 -	8
5	Ryan Parker	Bedford An		15:13	1:23:47 -	1	45	Roger Mallard	Halesowen	17:23	1:31:22 -	3
6	D Easter	Shaftesbur		15:05	1:24:00	0	46	David Tune	Rotherham	16:55	1:31:40 -	1
7	Jonny Taylor	MorpethH&A		13:57	1:24:07 +	13	47	Paul Froud	Brighton A	17:37	1:32:02 -	3
8	Greg Devall	Birchfield		15:10	1:24:14 -	1	48	James Venue	NeneVH	16:15	1:32:09 +	3
9	Nick Hooker	Leeds City A		15:11	1:24:22 +	1	49	Derek Gardner	Cirenceste	18:23	1:32:23 -	6
10	J Ratcliffe	Tipton Har A		15:17	1:24:27 -	1	50	Mike Ashurst	Wigan Phoe	15:53	1:32:26 +	5
11	Thomas Fay	Shettlesto		15:07	1:24:31 +	1	51	Tom Causebrook	RugbyNort	17:08	1:32:40 -	1
12	Richard Peters	Bristol&WA		14:59	1:24:33 +	2	52	M Benford	Nofts AC B	16:25	1:32:49 +	2
13	Ed Takata	Cardiff A.		15:46	1:24:58 -	2	53	M Aldridge	Reading AC	17:03	1:33:10 -	1
14	Ian Lowthian	Sale Harri		15:51	1:24:59 -	6	54	Liam Spencer	KeighleyC	17:52	1:33:15 -	5
15	Richard Burman	Coventry G		15:34	1:25:04 -	2	55	Mike Ferguson	Bournville	17:48	1:34:04 -	2
16	Gavin Lewis	Woodford G		15:30	1:25:14 +	1	56	Ben Lacey	CharnwoodA	17:04	1:34:08 +	1
17	David Knapman	Winchester		15:23	1:25:15 +	1	57	Anthony Devoy	Wirral AC	17:57	1:34:51 -	1
18	Ian Lawton	Liverpool		15:55	1:25:32 -	3	58	Fred Tremblay	RoyalSC	17:39	1:35:06	0
19	Ian Salisbury	TraffordAC		15:06	1:25:48 +	6	59	A Hobday	HeanorRC	17:12	1:35:56	0
20	Joe Gratton	Hallamshir		15:25	1:25:50 +	2	60	M Eustace	Tipton Har B	17:24	1:36:45 +	1
21	Dave McKinlay	Blackheath		15:54	1:26:07	0	61	Pete Fellows	Northbrook	18:40	1:37:40 -	1
22	Adam Stainsby	Harrow AC		16:03	1:26:09 -	3	62	James Adie	Bromsgrove	16:04	1:37:44 +	3
23	Vincent Martin	Staffordsh		16:46	1:26:25 -	7	63	David Robson	Team Bath	17:40	1:37:48	0
24	Michael Wright	Central Ac		16:00	1:26:40	0	64	John Holland	Severn	18:59	1:38:26 -	2
25	John Broom	Holmfirth		16:25	1:26:58 -	2	65	A Wakefield	Gloucester	17:59	1:38:31 -	1
26	James O'Neill	C. Norwich		15:52	1:27:07	0	66	Ian Emery	Birmingham	18:49	1:41:16	0
27	Sam Walsh	SwanseaH		15:32	1:27:16 +	1	67	Mark Moore	Wolverhamp	18:33	1:42:25	0
28	Rob Nichol	Altrincham		15:33	1:27:21 +	1	Fastest runners over stage 4:					
29	Chris Busaileh	Herne Hill		15:21	1:27:22 +	3	1	Jonny Taylor	MorpethH&A	13:57		
30	Mark Dalkins	Telford AC		15:28	1:27:27	0	2	Ben Moreau	Aldershot, A	14:46		
31	Edward Lunley	Kent AC		16:02	1:27:46 -	4	3	Stephen Sharp	Belgrave H A	14:58		
32	Martin Gaunt	Serpentine		15:43	1:27:51 +	1	4	Richard Peters	Bristol&WA	14:59		
33	Tim Watson	Belgrave H B		15:04	1:28:24 +	7	5	Ben Norris	Notts AC A	15:01		
34	S Richardson	Aldershot, B		15:51	1:28:34 +	1	6	Tim Watson	Belgrave H B	15:04		
35	John Gibson	Gateshead		16:22	1:28:41 -	1	7	D Easter	Shaftesbur	15:05		
36	Luke Marshall	Mansfield		16:46	1:28:46 -	5	8	Jack Tyler	MedwayMaid	15:06		
37	Robert Hughes	Salford Ha		16:14	1:29:13 +	2	9	Ian Salisbury	TraffordAC	15:06		
38	T Lawrence	DerbyAc		16:32	1:29:26	0	10	Thomas Fay	Shettlesto	15:07		
39	Jack Tyler	MedwayMaid		15:06	1:30:04 +	9						
40	Scott Howell	LesCrouprs		17:39	1:30:30 -	3						

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 5 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Simon Jones	Belgrave H A	26:27	1:49:10	0
2	Keith Gerrard	NewhamEss	25:58	1:49:12	0
3	Bruce Raeside	Notts AC A	26:33	1:50:09 +	1
4	Owain Matthews	Bedford An	27:01	1:50:48 +	1
5	James Trollope	Birchfield	26:47	1:51:01 +	3
6	Kevin Heywood	Bristol&WA	26:29	1:51:02 +	6
7	Phil Hinch	Tipton Har A	26:36	1:51:03 +	3
8	Jethro Lennox	Shettlesto	26:38	1:51:09 +	3
9	Ryan Kenny	Coventry G	27:04	1:52:08 +	6
10	Martin Hilton	Leeds City A	27:54	1:52:16 -	1
11	Steven Murphy	Shaftesbur	28:27	1:52:27 -	5
12	Craig McBurney	MorpethH&A	28:28	1:52:35 -	5
13	Chris Moore	Aldershot, A	29:34	1:52:53 -	10
14	Owen Greene	TraffordAC	27:24	1:53:12 +	5
15	Daniel Augustus	Woodford G	28:03	1:53:17 +	1
16	James Bailey	Sale Harri	28:21	1:53:20 -	2
17	Owen Williams	Hallamshir	27:32	1:53:22 +	3
18	Alistair Hay	Central Ac	26:45	1:53:25 +	6
19	Andy Greenleaf	Winchester	28:41	1:53:56 -	2
20	Jason Ward	Altrincham	26:44	1:54:05 +	8
21	Craig Hopkins	SwanseaH	27:07	1:54:23 +	6
22	Colin Potts	Liverpool	29:09	1:54:41 -	4
23	Peter Norris	Harrow AC	29:01	1:55:10 -	1
24	Andrew Conway	Blackheath	29:23	1:55:30 -	3
25	Brian Wilder	Herne Hill	28:08	1:55:30 +	4
26	K Fairbanks	Cardiff A.	30:58	1:55:56 -	13
27	Darren Perry	Staffordsh	29:45	1:56:10 -	4
28	Hugh Torry	Serpentine	28:57	1:56:48 +	4
29	Tommy Carroll	C. Norwich	29:49	1:56:56 -	3
30	Joseph Bailey	Salford Ha	27:44	1:56:57 +	7
31	Will Cockerell	Belgrave H B	28:48	1:57:12 +	2
32	Mike Coleman	MedwayMaid	27:18	1:57:22 +	7
33	M Johnson	Holmfirth	30:29	1:57:27 -	8
34	Joe Morwood	Aldershot, B	29:02	1:57:36	0
35	Ian Cardy	Kent AC	30:01	1:57:47 -	4
36	Marc Elliott	Gateshead	29:48	1:58:29 -	1
37	Chris Davison	Derby Ac	29:17	1:58:43 +	1
38	Jamie Davies	Telford AC	31:34	1:59:01 -	8
39	Luke Minns	Blackpool	28:40	1:59:56 +	5
40	S Capewell	Mansfield	31:20	2:00:06 -	4
41	Bill Nock	Halesowen	28:48	2:00:10 +	4
42	Mark Bryant	Leeds City B	29:22	2:00:34 +	1
43	Anupam Das	Hillingdon	29:49	2:00:41 -	1
44	Andrew Donno	Brighton A	29:02	2:01:04 +	3
45	Phil George	LesCroupers	30:36	2:01:06 -	5
46	Jon Norris	Cheltenham	30:41	2:01:31 -	5
47	J Maxfield	Rotherham	30:35	2:02:15 -	1
48	Mark Couldwell	CharnwoodA	28:08	2:02:16 +	8
49	Charles Wood	Cirenceste	30:05	2:02:28	0
50	M Manir-Jolley	Wigan Phoe	30:27	2:02:53	0
51	Colin Palmer	Notts AC B	30:06	2:02:55 +	1
52	S GrangerBevan	Reading AC	30:30	2:03:40 +	1
53	Dean Parker	Bournville	29:37	2:03:41 +	2
54	Nigel Bedell	KeighleyC	30:41	2:03:56	0
55	Ollie Rich	NeneVH	32:02	2:04:11 -	7
56	Brendan Moen	RugbyNort	31:51	2:04:31 -	5
57	Ben Radbourne	HeanorRC	29:00	2:04:56 +	2
58	Kevin Buxton	Wirral AC	31:34	2:06:25 -	1
59	Pat Kavanagh	Tipton Har B	29:58	2:06:43 +	1
60	A Buckingham	Team Bath	29:53	2:07:41 +	3
61	Simon Ralph	RoyalSC	33:03	2:08:09 -	3
62	Nathan Holmes	Northbrook	31:05	2:08:45 -	1
63	Richard Dando	Bromsgrove	31:39	2:09:23 -	1
64	Jeremy Mower	Gloucester	32:15	2:10:46 +	1
65	Mark Ince	Birmingham	31:18	2:12:34 +	1
66	Tom Meheran	Severn	34:16	2:12:42 -	2
67	Andrew Baue	Wolverhamp	34:53	2:17:18	0

Fastest runners over stage 5:

1	Keith Gerrard	NewhamEss	25:58
2	Simon Jones	Belgrave H A	26:27
3	Kevin Heywood	Bristol&WA	26:29
4	Bruce Raeside	Notts AC A	26:33
5	Phil Hinch	Tipton Har A	26:36
6	Jethro Lennox	Shettlesto	26:38
7	Jason Ward	Altrincham	26:44
8	Alistair Hay	Central Ac	26:45
9	James Trollope	Birchfield	26:47
10	Owain Matthews	Bedford An	27:01

The ERRA National Relays at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 6 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Nick Goolab	Belgrave H A	14:45	2:03:55	0	40	C Booker	Halesowen	16:29	2:16:39 +	1
2	Olly Laws	NewhamEss	15:04	2:04:16	0	41	Andy Miles	Hillingdon	17:29	2:18:10 +	2
3	Ashley Sabin	Notts AC A	15:13	2:05:22	0	42	Andrew Kaighin	Cheltenham	16:43	2:18:14 +	4
4	Tsegai Tewelde	Shettleston	14:46	2:05:55 +	4	43	Gary Fallon	Derby Ac	19:43	2:18:26 -	6
5	Adam Watt	Birchfield	15:14	2:06:15	0	44	Daniel Harris	LesCrouprs	17:33	2:18:39 +	1
6	Robert Heaney	Bedford An	15:30	2:06:18 -	2	45	S Williams	Blackpool	18:56	2:18:52 -	6
7	Phil Clamp	Tipton Har A	15:32	2:06:35	0	46	M Ruddleston	Rotherham	16:38	2:18:53 +	1
8	Dan Woolford	Bristol&WA	15:38	2:06:40 -	2	47	Wolicich Gajnu	Notts AC B	16:08	2:19:03 +	4
9	J Wilkinson	Leeds City A	14:49	2:07:05 +	1	48	Steve Nicholls	Wigan Phoe	16:56	2:19:49 +	2
10	Neil Wilkinson	MorpethH&A	15:18	2:07:53 +	2	49	Paul Prosser	Brighton A	19:00	2:20:04 -	5
11	E Combstock	Coventry G	15:47	2:07:55 -	2	50	Ben Rosedale	Cirenceste	17:46	2:20:14 -	1
12	Ronnie Sparke	Woodford G	14:43	2:08:00 +	3	51	Kevin Pye	CharnwoodA	18:11	2:20:27 -	3
13	Jake Shelley	Shaftesbur	15:34	2:08:01 -	2	52	Alan Williams	NeneVH	16:40	2:20:51 +	3
14	Glen Comish	Sale Harri	14:43	2:08:03 +	2	53	Alan Wylie	Reading AC	17:42	2:21:22 -	1
15	Mickey Reed	Aldershot, A	15:15	2:08:08 -	2	54	Andy Saker	Bourneville	17:44	2:21:25 -	1
16	Dave Sprot	Hallamshir	15:49	2:09:11 +	1	55	Jon Wainwright	HeanorRC	17:08	2:22:04 +	2
17	Kyle Cowie	Central Ac	15:48	2:09:13 +	1	56	Andy Brett	KeighleyC	18:37	2:22:33 -	2
18	Jonathon Holt	TraffordAC	16:06	2:09:18 -	4	57	Simon Murcott	Tipton Har B	16:17	2:23:00 +	2
19	Max Kiralyfi	Winchester	15:53	2:09:49	0	58	Mark Armstrong	RugbyNort	18:38	2:23:09 -	2
20	David Notman	SwanseaH	15:41	2:10:04 +	1	59	K Dickinson	Wirral AC	17:47	2:24:12 -	1
21	R Challinor	Liverpool	15:35	2:10:16 +	1	60	Alan Every	Team Bath	18:45	2:26:26	0
22	J Critchlow	Harrow AC	15:58	2:11:08 +	1	61	C Hackforth	RoyalSC	18:21	2:26:30	0
23	Adrian Fuller	Altrincham	17:26	2:11:31 -	3	62	Simon Bowen	Bromsgrove	17:26	2:26:49 +	1
24	Daniel Ryan	Blackheath	16:27	2:11:57	0	63	John Wilson	Northbrook	19:13	2:27:58 -	1
25	Vic Maughn	Herne Hill	16:32	2:12:02	0	64	Richard Moor	Gloucester	18:24	2:29:10	0
26	Hassan Raidi	Belgrave H B	15:09	2:12:21 +	5	65	Mark Grace	Birmingham	19:14	2:31:48	0
27	Carl Goose	C. Norwich	15:36	2:12:32 +	2	66	Will Cowley	Wolverhamp	20:11	2:37:29 +	1
28	Jason Burgess	Staffordsh	16:51	2:13:01 -	1	Fastest runners over stage 6:					
29	Mike Boucher	Aldershot, B	15:27	2:13:03 +	5	1	Glen Comish	Sale Harri	14:43		
30	Paul Savage	Salford Ha	16:10	2:13:07	0	2	Ronnie Sparke	Woodford G	14:43		
31	Barney Southin	Serpentine	16:21	2:13:09 -	3	3	Nick Goolab	Belgrave H A	14:45		
32	Steve Sheard	Cardiff A.	17:49	2:13:45 -	6	4	Tsegai Tewelde	Shettleston	14:46		
33	James Hogg	MedwayMaid	16:33	2:13:55 -	1	5	J Wilkinson	Leeds City A	14:49		
34	Phil Sanders	Kent AC	16:44	2:14:31 +	1	6	Olly Laws	NewhamEss	15:04		
35	Martin Slater	Gateshead	16:37	2:15:06 +	1	7	Hassan Raidi	Belgrave H B	15:09		
36	James Dewhurst	Holmfirth	17:46	2:15:13 -	3	8	Ashley Sabin	Notts AC A	15:13		
37	Chris Bagshaw	Telford AC	16:22	2:15:23 +	1	9	Adam Watt	Birchfield	15:14		
38	Phil Townsend	Leeds City B	15:33	2:16:07 +	4	10	Mickey Reed	Aldershot, A	15:15		
39	Craig Kelly	Mansfield	16:31	2:16:37 +	1						

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 7 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	R Dessaix-Chin	Belgrave H A	26:21	2:30:16	0	54	Adrian Jones	KeighleyC	30:04	2:52:37 +	2
2	Kairn Stone	NewhamEss	27:07	2:31:23	0	55	Jame Parrymore	CharnwoodA	32:25	2:52:52 -	4
3	Ian Boneham	Notts AC A	26:28	2:31:50	0	56	Tom Munt	Reading AC	31:39	2:53:01 -	3
4	Phil Nicholls	Tipton Har A	25:39	2:32:14 +	3	57	T Weatherson	HeanorRC	31:42	2:53:46 -	2
5	Zak Kehara	Birchfield	26:09	2:32:24	0	58	G Ratcliffe	Wirral AC	31:26	2:55:38 +	1
6	Matt Janes	Bedford An	26:17	2:32:35	0	59	Stephen Milner	RugbyNort	33:37	2:56:46 -	1
7	Allan Adams	Shettlesto	27:34	2:33:29 -	3	60	Iain Cade	Team Bath	32:30	2:58:56	0
8	Tom Merson	Bristol&WA	27:41	2:34:21	0	61	Russel Simpson	RoyalSC	33:43	3:00:13	0
9	Gareth Raven	Sale Harri	26:23	2:34:26 +	5	62	D Gresswell	Gloucester	31:21	3:00:31 +	2
10	M Gostling	Leeds City A	27:43	2:34:48 -	1	63	H Anderson	Northbrook	33:20	3:01:18	0
11	Matt Shone	Woodford G	27:25	2:35:25 +	1	64	Richard Gray	Birmingham	31:24	3:03:12 +	1
12	S Scullion	Aldershot, A	27:22	2:35:30 +	3	65	James Atkins	Bromsgrove	36:26	3:03:15 -	3
13	Garage Price	Shaftesbur	28:11	2:36:12	0	66	Richard Read	Wolverhamp	34:42	3:12:11	0
14	Jon White	Coventry G	28:21	2:36:16 -	3	Fastest runners over stage 7:					
15	Terry Wall	MorpethH&A	28:38	2:36:31 -	5	1	Phil Nicholls	Tipton Har A	25:39		
16	Marc Hobbs	SwanseaH	27:28	2:37:32 +	4	2	Zak Kehara	Birchfield	26:09		
17	A Hendry	Central Ac	28:20	2:37:33	0	3	Matt Janes	Bedford An	26:17		
18	Adam Dyson	Hallamshir	28:39	2:37:50 -	2	4	R Dessaix-Chin	Belgrave H A	26:21		
19	Michael Hunt	TraffordAC	29:39	2:38:57 -	1	5	Gareth Raven	Sale Harri	26:23		
20	James Meldrum	Liverpool	28:51	2:39:07 +	1	6	Ian Boneham	Notts AC A	26:28		
21	Peter Tucker	Blackheath	27:43	2:39:40 +	3	7	Carl Hardman	Salford Ha	26:48		
22	Carl Hardman	Salford Ha	26:48	2:39:55 +	8	8	Kairn Stone	NewhamEss	27:07		
23	Alan Wray	Harrow AC	28:52	2:40:00 -	1	9	S Scullion	Aldershot, A	27:22		
24	Keith Newton	Herne Hill	28:50	2:40:52 +	1	10	Matt Shone	Woodford G	27:25		
25	Malachi Byansi	Belgrave H B	28:59	2:41:20 +	1						
26	James Preston	C. Norwich	28:56	2:41:28 +	1						
27	Ian Howarth	Altrincham	30:09	2:41:40 -	4						
28	Chris Bounds	Aldershot, B	29:00	2:42:03 +	1						
29	Ben Tyler	MedwayMaid	28:35	2:42:30 +	4						
30	Julian Mann	Winchester	32:42	2:42:31 -	11						
31	Gareth Briggs	Staffordsh	29:47	2:42:48 -	3						
32	Eric Phillips	Serpentine	30:26	2:43:35 -	1						
33	Peter Ryder	Cardiff A.	30:14	2:43:59 -	1						
34	Rich Munn	Kent AC	30:06	2:44:37	0						
35	Martin Sanders	Leeds City B	28:50	2:44:57 +	3						
36	Tim Calder	Gateshead	30:33	2:45:39 -	1						
37	Richard Smith	Holmfirth	31:16	2:46:29 -	1						
38	Dom Morton	Halesowen	30:06	2:46:45 +	2						
39	Andy Prophet	Cheltenham	29:03	2:47:17 +	3						
40	Steve Jones	Telford AC	32:02	2:47:25 -	3						
41	Richard Mann	Hillingdon	29:44	2:47:54	0						
42	Jono Prowse	Blackpool	29:15	2:48:07 +	3						
43	Feidhlim Fahy	Mansfield	31:52	2:48:29 -	4						
44	Stuart Crees	LesCrouprs	30:08	2:48:47	0						
45	Luke Field	Rotherham	30:32	2:49:25 +	1						
46	John Knibb	DerbyAc	31:17	2:49:43 -	3						
47	M Romanienko	Notts AC B	30:49	2:49:52	0						
48	Luke Lambourne	Brighton A	30:11	2:50:15 +	1						
49	Dave Townsend	Wigan Phoe	30:54	2:50:43 -	1						
50	Paul Barlow	Cirenceste	31:52	2:52:06	0						
51	Chris Mooney	NeneVH	31:29	2:52:20 +	1						
52	Mike Hager	Tipton Har B	29:30	2:52:30 +	5						
53	Sean Rose	Bournville	31:11	2:52:36 +	1						

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 8 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Mark Pollard	Belgrave H A	14:45	2:45:01	0	41	Shane Coombes	Hillingdon	17:08	3:05:02	0
2	Samatar Farah	NewhamEss	15:02	2:46:25	0	42	Steve Grainger	Mansfield	16:45	3:05:14 +	1
3	J Millington	Tipton Har A	14:44	2:46:58 +	1	43	J Hutchinson	Notts AC B	16:39	3:06:31 +	4
4	William Speake	Notts AC A	15:23	2:47:13 -	1	44	Mick McGeoch	LesCroupers	17:45	3:06:32	0
5	D Williamson	Bedford An	14:44	2:47:19 +	1	45	Howard Darwin	Rotherham	18:01	3:07:26	0
6	Ben Sharmen	Birchfield	15:59	2:48:23 -	1	46	Jeff Wright	Blackpool	19:55	3:08:02 -	4
7	Michael Deason	Shettlesto	15:02	2:48:31	0	47	Dave Collins	Wigan Phoe	17:23	3:08:06 +	2
8	Chris Birchall	Leeds City A	15:01	2:49:49 +	2	48	Mark Smith	Derby Ac	18:30	3:08:13 -	2
9	David Green	Bristol&WA	15:55	2:50:16 -	1	49	Paul Moore	Tipton Har B	16:46	3:09:16 +	3
10	Kevin Quinn	Aldershot, A	15:03	2:50:33 +	2	50	Scott Baxter	CharnwoodA	16:53	3:09:45 +	5
11	Ian Wetherall	Sale Harri	16:12	2:50:38 -	2	51	Steve Reid	NeneVH	17:30	3:09:50	0
12	Angus Holford	Woodford G	15:45	2:51:10 -	1	52	A Mitchelson	Brighton A	19:50	3:10:05 -	4
13	Harvey Speed	Coventry G	15:46	2:52:02 +	1	53	Stephen Elverd	Cirenceste	18:16	3:10:22 -	3
14	R Williams	Shaftesbur	16:08	2:52:20 -	1	54	Mike Berry	Bournville	18:41	3:11:17 -	1
15	Mark Davies	MorpethH&A	16:36	2:53:07	0	55	R Fairhurst	KeighleyC	18:52	3:11:29 -	1
16	Andy Gourley	SwanseaH	16:06	2:53:38	0	56	Matt Dawson	Reading AC	19:15	3:12:16	0
17	O'toole Rick	Hallamshir	16:08	2:53:58 +	1	57	Bryan Acford	RugbyNort	16:29	3:13:15 +	2
18	James Bleakley	TraffordAC	15:53	2:54:50 +	1	58	Ryan Blake	HeanorRC	19:49	3:13:35 -	1
19	A Milne	Central Ac	17:31	2:55:04 -	2	59	Paul Frodsham	Wirral AC	19:04	3:14:42 -	1
20	Harry Harper	Liverpool	15:59	2:55:06	0	60	Tom Beer	Team Bath	17:21	3:16:17	0
21	Frank Kilama	Blackheath	15:56	2:55:36	0	61	John Dardid	RoyalSC	18:41	3:18:54	0
22	Matthew Carey	Harrow AC	15:42	2:55:42 +	1	62	Ben Jones	Gloucester	19:00	3:19:31	0
23	Simon Bruton	Salford Ha	15:57	2:55:52 -	1	63	Andrew Ralph	Northbrook	18:37	3:19:55	0
24	Shaun Moralee	Belgrave H B	15:09	2:56:29 +	1	64	Mike Hanson	Bromsgrove	17:36	3:20:51 +	1
25	Jonathan Stead	Herne Hill	16:06	2:56:58 -	1	65	Toby Gosnall	Birmingham	18:28	3:21:40 -	1
26	Martyn Bath	C. Norwich	16:21	2:57:49	0	66	Craig Walker	Wolverham	15:41	3:27:52	0
27	Matt Allott	Staffordsh	15:33	2:58:21 +	4	Fastest runners over stage 8:					
28	Tom Collins	MedwayMaid	15:53	2:58:23 +	1	1	J Millington	Tipton Har A	14:44		
29	Dom Kiralyfi	Winchester	16:02	2:58:33 +	1	2	D Williamson	Bedford An	14:44		
30	Andy Stopher	Aldershot, B	16:42	2:58:45 -	2	3	Mark Pollard	Belgrave H A	14:45		
31	Andy Ford	Altrincham	17:21	2:59:01 -	4	4	Chris Birchall	Leeds City A	15:01		
32	Andy Friend	Cardiff A.	16:03	3:00:02 +	1	5	Michael Deason	Shettlesto	15:02		
33	Miguel Branco	Serpentine	16:44	3:00:19 -	1	6	Samatar Farah	NewhamEss	15:02		
34	Alex Davy	Leeds City B	16:02	3:00:59 +	1	7	Kevin Quinn	Aldershot, A	15:03		
35	Andrew Vagi	Kent AC	17:14	3:01:51 -	1	8	Shaun Moralee	Belgrave H B	15:09		
36	Chris Burrows	Gateshead	17:36	3:03:15	0	9	William Speake	Notts AC A	15:23		
37	Andy Butler	Halesowen	16:40	3:03:25 +	1	10	Matt Allott	Staffordsh	15:33		
38	Dave Randall	Cheltenham	17:08	3:04:25 +	1						
39	M Dewhirst	Holmfirth	18:27	3:04:56 -	2						
40	Chris Talbot	Telford AC	17:33	3:04:58	0						

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 9 - Provisional Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain						
1	Phil Wicks	Belgrave H A		25:13	3:10:14	0		40	Tom Hall	Hillingdon	30:11	3:35:13	+ 1
2	Moumin Geele	NewhamEss		26:02	3:12:27	0		41	Nick Dukes	LesCrouprs	30:02	3:36:34	+ 3
3	Darren Deed	Bedford An		26:15	3:13:34	+ 2		42	Ricky South	Holmfirth	31:43	3:36:39	- 3
4	Ian Rawlinson	Tipton Har A		27:13	3:14:11	- 1		43	Paul Humphries	Rotherham	30:10	3:37:36	+ 2
5	T Woldemichael	Shettlesto		26:05	3:14:36	+ 2		44	R Darling	Notts AC B	31:10	3:37:41	- 1
6	Matt Blunden	Notts AC A		28:11	3:15:24	- 2		45	Dale Wilkinson	Telford AC	32:50	3:37:48	- 5
7	Ben Livsey	Birchfield		27:05	3:15:28	- 1		46	Thomas Offord	Derby AC	30:48	3:39:01	+ 2
8	Alan Buckley	Leeds City A		26:51	3:16:40	0		47	Jim Unsworth	Blackpool	31:19	3:39:21	- 1
9	Phil Wylie	Bristol&WA		27:29	3:17:45	0		48	J Worthington	Wigan Phoe	32:30	3:40:36	- 1
10	Steve Connor	Aldershot, A		27:55	3:18:28	0		49	Barry Sampson	Cirenceste	30:35	3:40:57	+ 4
11	Bertie Powell	Woodford G		28:18	3:19:28	+ 1		50	Chris Loftus	KeighleyC	29:32	3:41:01	+ 5
12	Richard Taylor	Coventry G		27:43	3:19:45	+ 1		51	Howard Bristow	Brighton A	31:11	3:41:16	+ 1
13	Mike Hatch	Sale Harri		30:19	3:20:57	- 2		52	Ian Augner	NeneVH	31:40	3:41:30	- 1
14	Martin Conroy	SwanseaH		27:29	3:21:07	+ 2		53	Bryan Mills	Tipton Har B	32:23	3:41:39	- 4
15	Andi Jones	Salford Ha		26:08	3:22:00	+ 8		54	Michael Brind	CharnwoodA	32:01	3:41:46	- 4
16	Tommy Bryant	Shaftesbur		29:49	3:22:09	- 2		55	Steve James	Bournville	32:26	3:43:43	- 1
17	D Swinburne	MorpethH&A		29:06	3:22:13	- 2		56	J Donnelly	Wirral AC	29:36	3:44:18	+ 3
18	David Archer	Hallamshir		29:05	3:23:03	- 1		57	Darren Stevens	Reading AC	32:17	3:44:33	- 1
19	Dave Griffin	Blackheath		28:37	3:24:13	+ 2		58	Darren Ridout	HeanorRC	31:52	3:45:27	0
20	R Dewhurst	Liverpool		29:45	3:24:51	0		59	Paul Birch	RugbyNort	32:21	3:45:36	- 2
21	Jim Cooper	Harrow AC		29:11	3:24:53	+ 1		60	Stephen Rose	Team Bath	31:38	3:47:55	0
22	David Mulvee	Herne Hill		28:08	3:25:06	+ 3		61	Luke Herbert	Gloucester	29:29	3:49:00	+ 1
23	John Howe	TraffordAC		30:36	3:25:26	- 5		62	M Matthews	Birmingham	29:17	3:50:57	+ 3
24	Scott McDonald	Central Ac		30:37	3:25:41	- 5		63	Mick O'Shea	Northbrook	31:32	3:51:27	0
25	Landa Eguia	Belgrave H B		30:14	3:26:43	- 1		64	John Fletcher	RoyalSC	33:10	3:52:04	- 3
26	Luke Allen	C. Norwich		29:26	3:27:15	0		65	Nick Horton	Bromsgrove	31:54	3:52:45	- 1
27	Sam Lucking	Staffordsh		29:58	3:28:19	0		66	Jay Toddington	Wolverhamp	35:10	4:03:02	0
28	M Collins	Cardiff A.		28:23	3:28:25	+ 4		Fastest runners over stage 9:					
29	G Williams	MedwayMaid		30:09	3:28:32	- 1		1	Phil Wicks	Belgrave H A	25:13		
30	Adan Osborne	Leeds City B		28:04	3:29:03	+ 4		2	Moumin Geele	NewhamEss	26:02		
31	Smith-Banniste	Aldershot, B		30:29	3:29:14	- 1		3	T Woldemichael	Shettlesto	26:05		
32	Paul Hayman	Serpentine		29:24	3:29:43	+ 1		4	Andi Jones	Salford Ha	26:08		
33	Michael Davies	Winchester		31:56	3:30:29	- 4		5	Darren Deed	Bedford An	26:15		
34	D Livingstone	Altrincham		32:55	3:31:56	- 3		6	Alan Buckley	Leeds City A	26:51		
35	Chris Paton	Gateshead		30:42	3:33:57	+ 1		7	Ben Livsey	Birchfield	27:05		
36	Nick Hazelwood	Halesowen		30:38	3:34:03	+ 1		8	Ian Rawlinson	Tipton Har A	27:13		
37	Pablo Lazo	Kent AC		32:41	3:34:32	- 2		9	Martin Conroy	SwanseaH	27:29		
38	Mark Norris	Cheltenham		30:10	3:34:35	0		10	Phil Wylie	Bristol&WA	27:29		
39	Danny Barkes	Mansfield		29:50	3:35:04	+ 3							

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 10 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Neil Speaight	Belgrave H A	14:33	3:24:47	0
2	Stuart Major	NewhamEss	15:07	3:27:34	0
3	Nigel Stirk	Tipton Har A	15:03	3:29:14 +	1
4	Tom Naylor	Bedford An	16:08	3:29:42 -	1
5	Kenneth McCoy	Shettlesto	15:24	3:30:00	0
6	Adam Blundell	Birchfield	15:04	3:30:32 +	1
7	Andrus Ramodas	Notts AC A	15:15	3:30:39 -	1
8	James Walsh	Leeds City A	15:39	3:32:19	0
9	Harry Webb	Bristol&WA	15:08	3:32:53	0
10	Joe Wade	Aldershot, A	15:18	3:33:46	0
11	Craig Berg	Woodford G	15:48	3:35:16	0
12	Alistair Smith	Coventry G	16:18	3:36:03	0
13	Adam Elliott	Sale Harri	15:10	3:36:07	0
14	Sullivan Smith	SwanseaH	16:15	3:37:22	0
15	Dave Lockett	Salford Ha	16:07	3:38:07	0
16	Phil Walker	MorpethH&A	15:59	3:38:12 +	1
17	Billy Collins	Shaftesbur	16:11	3:38:20 -	1
18	Stuart Maycock	Hallamshir	16:43	3:39:46	0
19	Damian Nevins	Harrow AC	15:25	3:40:18 +	2
20	Alex Young	TraffordAC	15:25	3:40:51 +	3
21	Simon Coombes	Herne Hill	16:02	3:41:08 +	1
22	L Luscombe	Liverpool	16:23	3:41:14 -	2
23	David Anderson	Belgrave H B	15:36	3:42:19 +	2
24	Jon Quint	C. Norwich	15:43	3:42:58 +	2
25	Jamie McDonald	Central Ac	17:52	3:43:33 -	1
26	Tim Alexander	MedwayMaid	16:09	3:44:41 +	3
27	James Lavin	Leeds City B	15:52	3:44:55 +	3
28	Pete Martin	Staffordsh	16:44	3:45:03 -	1
29	P Couldridge	Aldershot, B	16:15	3:45:29 +	2
30	J Attwooll	Serpentine	16:04	3:45:47 +	2
31	Tom Anderson	Winchester	15:53	3:46:22 +	2
32	Dic Evans	Cardiff A.	18:52	3:47:17 -	4
33	Mark Norton	Altrincham	17:36	3:49:32 +	1
34	Corin Hughes	Cheltenham	16:31	3:51:06 +	4
35	Nick Price	Halesowen	17:45	3:51:48 +	1
36	Richard Hall	Gateshead	18:14	3:52:11 -	1
37	E Campbell	Hillingdon	18:06	3:53:19 +	3
38	Steve Davies	Mansfield	18:54	3:53:58 +	1
39	David Smith	Rotherham	16:47	3:54:23 +	4
40	Steve Rimmer	Holmfirth	17:45	3:54:24 +	2
41	Nick Rees	LesCrouprs	17:51	3:54:25	0
42	Ioan Ilie	Telford AC	17:03	3:54:51 +	3
43	David Oxland	Notts AC B	17:18	3:54:59 +	1
44	Russell Parkin	DerbyAc	17:21	3:56:22 +	2
45	Adam Binns	NeneVH	15:19	3:56:49 +	7
46	Adam McLean	KeighleyC	16:33	3:57:34 +	4
47	Richard Brown	CharnwoodA	16:38	3:58:24 +	7
48	Robbie Brown	Cirenceste	17:36	3:58:33 +	1
49	Paul Seddon	Wigan Phoe	18:32	3:59:08 -	1
50	Mike Holden	Tipton Har B	17:35	3:59:14 +	3
51	Bob Fairclough	Blackpool	20:44	4:00:05 -	4
52	Andrew Chapman	Brighton A	19:22	4:00:38 -	1
53	Mark Curson	Reading AC	17:11	4:01:44 +	4
54	Adrian Fowler	Bournville	18:21	4:02:04 +	1
55	Michael Stone	Wirral AC	18:58	4:03:16 +	1
56	Steve Wardle	HeanorRC	19:12	4:04:39 +	2
57	John Lancaster	Team Bath	18:06	4:06:01 +	3
58	Arthur Daley	Gloucester	19:11	4:08:11 +	3
59	Matthew Emery	RugbyNort	22:51	4:08:27	0
60	S Titmarsh	Birmingham	18:13	4:09:10 +	2
61	John Manley	Bromsgrove	18:22	4:11:07 +	4
62	Martin Jones	RoyalSC	19:58	4:12:02 +	2
63	Pete Austin	Northbrook	21:18	4:12:45	0
64	Matt Walton	Wolverhamp	17:25	4:20:27 +	2

Fastest runners over stage 10:

1	Neil Speaight	Belgrave H A	14:33
2	Nigel Stirk	Tipton Har A	15:03
3	Adam Blundell	Birchfield	15:04
4	Stuart Major	NewhamEss	15:07
5	Harry Webb	Bristol&WA	15:08
6	Adam Elliott	Sale Harri	15:10
7	Andrus Ramodas	Notts AC A	15:15
8	Joe Wade	Aldershot, A	15:18
9	Adam Binns	NeneVH	15:19
10	Kenneth McCoy	Shettlesto	15:24

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 11 - Provisional Results

Pos	Name	Club	Leg	Time	Cum Time	Gain
1	Martin Dent	Belgrave H A		25:42	3:50:29	0
2	Kevin Skinner	NewhamEss		26:57	3:54:31	0
3	SteveMarriott	Tipton Har A		27:13	3:56:27	0
4	Amanuel Hagos	Shettlesto		26:48	3:56:48 +	1
5	Andrew Inskip	Bedford An		28:17	3:57:59 -	1
6	A Abdulrenman	Birchfield		27:48	3:58:20	0
7	M Whitehouse	Notts AC A		27:46	3:58:25	0
8	Simon Deakin	Leeds City A		27:09	3:59:28	0
9	Phil Parry	Bristol&WA		28:35	4:01:28	0
10	Fergus Meade	Aldershot, A		28:00	4:01:46	0
11	Steffan North	Sale Harri		27:55	4:04:02 +	2
12	Kevin Murphy	Woodford G		29:00	4:04:16 -	1
13	Brian Maher	SwanseaH		27:08	4:04:30 +	1
14	James Griggs	CoventryG		30:26	4:06:29 -	2
15	Phil Leybourne	Salford Ha		28:41	4:06:48	0
16	K Forster	MorpethH&A		29:30	4:07:42	0
17	Mohammed Rahim	Harrow AC		29:29		
18	Eric Mayers	Shaftesbur		31:32	4:09:52 -	1
19	J Cunningham	Herne Hill		28:47	4:09:55 +	2
20	Pete Hodges	Hallamshir		30:51	4:10:37 -	2
21	Paul Rockliffe	TraffordAC		30:23	4:11:14 -	1
22	Alan Ashton	Liverpool		30:08	4:11:22	0
23	Ben Hurley	Belgrave H B		30:50	4:13:09	0
24	Reece Wood	C. Norwich		30:26	4:13:24	0
25	Lewis Millar	Central Ac		30:02	4:13:35	0
26	Pat Curran	MedwayMaid		29:14	4:13:55	0
27	Marc Hartley	Staffordsh		29:06	4:14:09 +	1
28	J Whitehead	Leeds City B		30:05	4:15:00 -	1
29	Andrew Reeves	Serpentine		29:45	4:15:32 +	1
30	R Batchelor	Aldershot, B		30:57	4:16:26 -	1
31	Nathaniel Lane	Cardiff A.		30:22	4:17:39 +	1
32	David Vosser	Winchester		32:42	4:19:04 -	1
33	R Forsbrook	Cheltenham		29:48	4:20:54 +	1
34	Tom Kenderdine	Halesowen		29:34	4:21:22 +	1
35	A Defanis	Altrincham		32:01	4:21:33 -	2
36	Phil Cook	LesCrouprs		29:03	4:23:28 +	5
37	Phil Branston	Gateshead		31:43	4:23:54 -	1
38	R SedmanSmith	Telford AC		29:28	4:24:19 +	4
39	Peter Stafford	Mansfield		31:18	4:25:16 -	1
40	Gary Claxton	Rotherham		30:59	4:25:22 -	1
41	John Muddeman	Notts AC B		30:38	4:25:37 +	2
42	Paul Leppard	Hillingdon		32:22	4:25:41 -	5
43	Julian Rose	Holmfirth		32:16	4:26:40 -	3
44	Gary Bailey	KeighleyC		30:07	4:27:41 +	2
45	Sean Beard	NeneVH		30:53	4:27:42	0
46	Ian Stevens	Derby Ac		31:33	4:27:55 -	2
47	Chris Wilson	Wigan Phoe		31:05	4:30:13 +	2
48	Glen Cox	Tipton Har B		31:16	4:30:30 +	2
49	M Bannister	Brighton A		30:06	4:30:44 +	3
50	Matt Shannon	Cirenceste		32:21	4:30:54 -	2
51	Chris Lloyd	Blackpool		33:01	4:33:06	0
52	Peter Scarrett	Wirral AC		31:23	4:34:39 +	3
53	Andy McDonald	Reading AC		33:02	4:34:46	0
54	Steve Jeffers	CharnwoodA		36:57	4:35:21 -	7
55	Andy Wheeler	Bournville		33:28	4:35:32 -	1
56	Dan Jones	Team Bath		33:26	4:39:27 +	1
57	Peter Edwards	HeanorRC		35:04	4:39:43 -	1
58	Ian Summers	Gloucester		33:19	4:41:30	0
59	Nigel Sewell	RugbyNort		33:15	4:41:42	0
60	Paddy Allaway	Birmingham		34:08	4:43:18	0
61	Gavin Moorhead	Bromsgrove		34:12	4:45:19	0
62	S Larcombe	RoyalSC		33:52	4:45:54	0
63	Richard Hodge	Northbrook		33:35	4:46:20	0
64	Richard Wilson	Wolverhamp		37:24	4:57:51	0

Fastest runners over stage 11:			
1	Martin Dent	Belgrave H A	25:42
2	Amanuel Hagos	Shettlesto	26:48
3	Kevin Skinner	NewhamEss	26:57
4	Brian Maher	SwanseaH	27:08
5	Simon Deakin	Leeds City A	27:09
6	SteveMarriott	Tipton Har A	27:13
7	M Whitehouse	Notts AC A	27:46
8	A Abdulrenman	Birchfield	27:48
9	Steffan North	Sale Harri	27:55
10	Fergus Meade	Aldershot, A	28:00

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

- Men's 12 Stage Stage 12 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Daniel Mulhare	Belgrave H A	14:14	4:04:43	0
2	D Mitchinson	NewhamEss	15:23	4:09:54	0
3	Mike Buntin	Tipton Har A	15:21	4:11:48	0
4	Paul Sorrie	Shettlesto	15:01	4:11:49	0
5	J Ndayesenga	Birchfield	14:45	4:13:05 +	1
6	Dan Dalmedo	Bedford An	15:40	4:13:39 -	1
7	R Birchall	Notts AC A	15:25	4:13:50	0
8	Darran Bilton	Leeds City A	14:48	4:14:16	0
9	Steve Mitchell	Bristol&WA	14:39	4:16:07	0
10	M Mashford	Aldershot, A	14:48	4:16:34	0
11	Martyn Cryer	Woodford G	14:34	4:18:50 +	1
12	Alex Lewis	SwanseaH	15:15	4:19:45 +	1
13	Colin Gell	Sale Harri	16:40	4:20:42 -	2
14	Tom Bark	CoventryG	16:37	4:23:06	0
15	Ben Harrison	MorpethH&A	15:40	4:23:22 +	1
16	William Martin	Salford Ha	16:59	4:23:47 -	1
17	Tim Elsey	Herne Hill	15:17	4:25:12 +	2
18	Mark Cursons	Harrow AC	16:06	4:25:53 -	1
19	Jeremy Gilmour	TraffordAC	14:56	4:26:10 +	2
20	Armund Bush	Hallamshir	15:38	4:26:15	0
21	MPotticary	Shaftesbur	17:21	4:27:13 -	3
22	Anthony Clarke	Liverpool	16:49	4:28:11	0
23	Mark Humphrey	Belgrave H B	16:19	4:29:28	0
24	Nick Slade	MedwayMaid	16:25	4:30:20 +	2
25	Mikey Beamish	C. Norwich	17:09	4:30:33 -	1
26	David Bratt	Staffordsh	16:28	4:30:37 +	1
27	Geoff Belcher	Leeds City B	15:44	4:30:44 +	1
28	Ian McDonald	Central Ac	17:24	4:30:59 -	3
29	Brian Stopher	Aldershot, B	15:42	4:32:08 +	1
30	John Nugus	Serpentine	17:06	4:32:38 -	1
31	Jamie Knapp	Winchester	15:46	4:34:50 +	1
32	Alex Donald	Cardiff A.	19:17	4:36:56 -	1
33	Will New	Cheltenham	16:29	4:37:23	0
34	Dominic Scott	Altrincham	17:44	4:39:17 +	1
35	Andy Nock	Halesowen	18:02	4:39:24 -	1
36	Calum Cheshire	LesCroupers	16:17	4:39:45	0
37	Douglas Ross	Mansfield	16:47	4:42:03 +	2
38	Mark Ward	Rotherham	16:48	4:42:10 +	2
39	Ray Robinson	Gateshead	18:25	4:42:19 -	2
40	Steve Hirons	Hillingdon	17:12	4:42:53 +	2
41	David Brazener	Notts AC B	17:18	4:42:55	0
42	B Holroyd	Holmfirth	18:17	4:44:57 +	1
43	James Smedley	DerbyAc	17:07	4:45:02 +	3
44	Grahm Williams	NeneVH	17:28	4:45:10 +	1
45	John Morrissey	Wigan Phoe	16:46	4:46:59 +	2
46	Lenny Buxton	KeighleyC	20:02	4:47:43 -	2
47	D Titheradge	Brighton A	17:08	4:47:52 +	2
48	Richard Hunter	Tipton Har B	17:38	4:48:08	0
49	M Croucher	Cirenceste	18:33	4:49:27 +	1
50	Steve Mears	CharnwoodA	15:49	4:51:10 +	4
51	Tony Codling	Blackpool	19:32	4:52:38	0
52	Kevin Woodward	Bournville	17:22	4:52:54 +	3
53	Nigel Pratten	Wirral AC	21:06	4:55:45 -	1
54	Dave Gunstone	Team Bath	17:55	4:57:22 +	2
55	John Gercs	RugbyNort	15:47	4:57:29 +	4
56	Peter Ivens	HeanorRC	17:54	4:57:37 +	1
57	Nick Cousins	Gloucester	17:13	4:58:43 +	1
58	Dave Henderson	Bromsgrove	16:21	5:01:40 +	3
59	Mark Edwards	Birmingham	18:39	5:01:57 +	1
60	Paul Kenney	RoyalSC	19:01	5:04:55 +	2
61	Stuart Keen	Northbrook	19:47	5:06:07 +	2
62	Dan Brazier	Wolverhamp	19:00	5:16:51 +	2

Fastest runners over stage 12:			
1	Daniel Mulhare	Belgrave H A	14:14
2	Martyn Cryer	Woodford G	14:34
3	Steve Mitchell	Bristol&WA	14:39
4	J Ndayesenga	Birchfield	14:45
5	Darran Bilton	Leeds City A	14:48
6	M Mashford	Aldershot, A	14:48
7	Jeremy Gilmour	TraffordAC	14:56
8	Paul Sorrie	Shettlesto	15:01
9	Alex Lewis	SwanseaH	15:15
10	Tim Elsey	Herne Hill	15:17

Fastest of all long legs — Provisional			
1	Phil Wicks	Belgrave H	A 25:13
2	Phil Nicholls	Tipton Har	A 25:39
3	Martin Dent	Belgrave H	A 25:42
4	Mark Miles	Belgrave H	A 25:49
5	Neilson Hall	Bedford An	25:54
6	Keith Gerrard	NewhamEss	25:58
7	Moumin Geele	NewhamEss	26:02
8	T Woldemichael	Shettlesto	26:05
9	Andi Jones	Salford Ha	26:08
10	Zak Kehara	Birchfield	26:09

Fastest of all short legs — Provisional			
1	Jonny Taylor	MorpethH&A	13:57
2	Michal Skinner	Blackheath	14:04
3	Neil Gamester	Shaftesbur	14:06
=	Chris MacKay	NewhamEss	14:06
5	Mark Draper	Bedford An	14:13
6	Daniel Mulhare	Belgrave H	A 14:14
=	Tom Payn	Winchester	14:14
8	M Pierson	Holmfirth	14:17
9	Mitch Goose	C. Norwich	14:26
10	Neil Speaight	Belgrave H	A 14:33

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

— Team Results — Provisional

(nn) is team position after the appropriate stage.

1 Belgrave Harriers		'A' 4:04:43		9 Bristol & West AC		4:16:07	
1 James Kelly (18) 27:15	2 Steve Davies (11) 14:41	1 Craig Peters (28) 27:42	2 Mick O'Doherty (28) 15:30	3 Mark Miles (1) 25:49	4 Stephen Sharp (1) 14:58	3 John Wills (14) 26:22	4 Richard Peters (12) 14:59
5 Simon Jones (1) 26:27	6 Nick Goolab (1) 14:45	5 Kevin Heywood (6) 26:29	6 Dan Woolford (8) 15:38	7 R Dessaix-Chin (1) 26:21	8 Mark Pollard (1) 14:45	7 Tom Merson (8) 27:41	8 David Green (9) 15:55
9 Phil Wicks (1) 25:13	10 Neil Speaight (1) 14:33	9 Phil Wylie (9) 27:29	10 Harry Webb (9) 15:08	11 Martin Dent (1) 25:42	12 Daniel Mulhare (1) 14:14	11 Phil Parry (9) 28:35	12 Steve Mitchell (9) 14:39
2 Newham And Essex Beagles		4:09:54		10 Aldershot, Farnham & District		'A' 4:16:34	
1 Ian Grime (9) 26:51	2 Chris MacKay (1) 14:06	1 Aaron Harris (6) 26:42	2 Tom Wade (7) 14:57	3 Steve Hepples (2) 26:49	4 Rob Cole (2) 15:28	3 Ben Lindsay (3) 26:54	4 Ben Moreau (3) 14:46
5 Keith Gerrard (2) 25:58	6 Olly Laws (2) 15:04	5 Chris Moore (13) 29:34	6 Mickey Reed (15) 15:15	7 Kairn Stone (2) 27:07	8 Samatar Farah (2) 15:02	7 S Scullion (12) 27:22	8 Kevin Quinn (10) 15:03
9 Moumin Geele (2) 26:02	10 Stuart Major (2) 15:07	9 Steve Connor (10) 27:55	10 Joe Wade (10) 15:18	11 Kevin Skinner (2) 26:57	12 D Mitchinson (2) 15:23	11 Fergus Meade (10) 28:00	12 M Mashford (10) 14:48
3 Tipton Harriers		'A' 4:11:48		11 Woodford Green/Essex Ladies		4:18:50	
1 Ian Williams (13) 27:04	2 Dan Stimpson (20) 15:29	1 Hywel Care (17) 27:14	2 T Prendergast (21) 15:20	3 M Williams (9) 26:37	4 J Ratcliffe (10) 15:17	3 Ewen Malloch (17) 27:10	4 Gavin Lewis (16) 15:30
5 Phil Hinch (7) 26:36	6 Phil Clamp (7) 15:32	5 Daniel Augustus (15) 28:03	6 Ronnie Sparke (12) 14:43	7 Phil Nicholls (4) 25:39	8 J Millington (3) 14:44	7 Matt Shone (11) 27:25	8 Angus Holford (12) 15:45
9 Ian Rawlinson (4) 27:13	10 Nigel Stirk (3) 15:03	9 Bertie Powell (11) 28:18	10 Craig Berg (11) 15:48	11 Steve Marriott (3) 27:13	12 Mike Buntin (3) 15:21	11 Kevin Murphy (12) 29:00	12 Martyn Cryer (11) 14:34
4 Shettleston Harriers		4:11:49		12 Swansea Harriers		4:19:45	
1 T Mengisteab (4) 26:41	2 M Gillespie (5) 14:37	1 Dan Gurmin (39) 28:23	2 Kristian Jones (40) 16:04	3 Martin Graham (12) 28:06	4 Thomas Fay (11) 15:07	3 Lewys Hobbs (28) 27:17	4 Sam Walsh (27) 15:32
5 Jethro Lennox (8) 26:38	6 Tsegai Tewelde (4) 14:46	5 Craig Hopkins (21) 27:07	6 David Notman (20) 15:41	7 Allan Adams (7) 27:34	8 Michael Deacon (7) 15:02	7 Marc Hobbs (16) 27:28	8 Andy Gourley (16) 16:06
9 T Woldemichael (5) 26:05	10 Kenneth McCoy (5) 15:24	9 Martin Conroy (14) 27:29	10 Sullivan Smith (14) 16:15	11 Amanuel Hagos (4) 26:48	12 Paul Sorrie (4) 15:01	11 Brian Maher (13) 27:08	12 Alex Lewis (12) 15:15
5 Birchfield Harriers		4:13:05		13 Sale Harriers Manchester		4:20:42	
1 Warren Frey (20) 27:21	2 P Whitehouse (24) 15:31	1 Simon Mills (24) 27:31	2 Niall Brooks (14) 14:47	3 Simon Tenvi (7) 26:12	4 Greg Devall (8) 15:10	3 Matt Bond (8) 26:50	4 Ian Lowthian (14) 15:51
5 James Trollope (5) 26:47	6 Adam Watt (5) 15:14	5 James Bailey (16) 28:21	6 Glen Cornish (14) 14:43	7 Zak Kehara (5) 26:09	8 Ben Sharmen (6) 15:59	7 Gareth Raven (9) 26:23	8 Ian Wetherall (11) 16:12
9 Ben Livsey (7) 27:05	10 Adam Blundell (6) 15:04	9 Mike Hatch (13) 30:19	10 Adam Elliott (13) 15:10	11 A Abdulrenman (6) 27:48	12 J Ndayesenga (5) 14:45	11 Steffan North (11) 27:55	12 Colin Gell (13) 16:40
6 Bedford And County AC		4:13:39		14 Coventry Godiva Harriers		4:23:06	
1 Chris Riley (42) 28:27	2 Mark Draper (23) 14:13	1 Matt Almond (15) 27:10	2 Ben Jones (12) 14:58	3 Neilson Hall (4) 25:54	4 Ryan Parker (5) 15:13	3 Matt Lole (13) 27:22	4 Richard Burman (15) 15:34
5 Owain Matthews (4) 27:01	6 Robert Heaney (6) 15:30	5 Ryan Kenny (9) 27:04	6 E Combstock (11) 15:47	7 Matt Janes (6) 26:17	8 D Williamson (5) 14:44	7 Jon White (14) 28:21	8 Harvey Speed (13) 15:46
9 Darren Deed (3) 26:15	10 Tom Naylor (4) 16:08	9 Richard Taylor (12) 27:43	10 Alistair Smith (12) 16:18	11 Andrew Inskip (5) 28:17	12 Dan Dalmedo (6) 15:40	11 James Griggs (14) 30:26	12 Tom Bark (14) 16:37
7 Notts AC		'A' 4:13:50		15 Morpeth Harriers & AC		4:23:22	
1 J Thewis (8) 26:46	2 Rob Keal (9) 15:02	1 Chris Sampson (22) 27:27	2 Matt Nicholson (16) 14:55	3 Tim Hartley (5) 26:47	4 Ben Norris (4) 15:01	3 Mark Brown (20) 27:48	4 Jonny Taylor (7) 13:57
5 Bruce Raeside (3) 26:33	6 Ashley Sabin (3) 15:13	5 Craig McBurney (12) 28:28	6 Neil Wilkinson (10) 15:18	7 Ian Boneham (3) 26:28	8 William Speake (4) 15:23	7 Terry Wall (15) 28:38	8 Mark Davies (15) 16:36
9 Matt Blunden (6) 28:11	10 Andrus Ramodas (7) 15:15	9 D Swinburne (17) 29:06	10 Phil Walker (16) 15:59	11 M Whitehouse (7) 27:46	12 R Birchall (7) 15:25	11 K Forster (16) 29:30	12 Ben Harrison (15) 15:40
8 Leeds City AC		'A' 4:14:16		16 Salford Harriers & AC		4:23:47	
1 James Smith (16) 27:13	2 Mike Burrett (17) 15:16	1 Martin Cox (12) 27:03	2 Paul Simons (25) 15:54	3 Adam Grice (10) 26:42	4 Nick Hooker (9) 15:11	3 James Kovacs (39) 30:02	4 Robert Hughes (37) 16:14
5 Martin Hilton (10) 27:54	6 J Wilkinson (9) 14:49	5 Joseph Bailey (30) 27:44	6 Paul Savage (30) 16:10	7 M Gostling (10) 27:43	8 Chris Birchall (8) 15:01	7 Carl Hardman (22) 26:48	8 Simon Bruton (23) 15:57
9 Alan Buckley (8) 26:51	10 James Walsh (8) 15:39	9 Andi Jones (15) 26:08	10 Dave Lockett (15) 16:07	11 Simon Deakin (8) 27:09	12 Darran Bilton (8) 14:48	11 Phil Leybourne (15) 28:41	12 William Martin (16) 16:59

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

17 Herne Hill Harriers 4:25:12		26 Staffordshire Moorlands AC 4:30:37	
1 Ben Paviour (46) 28:43	2 Iain Yates (34) 15:19	1 Alex Derricott (23) 27:28	2 Gareth Allott (19) 15:04
3 Iain Lockett (32) 27:59	4 Chris Busaileh (29) 15:21	3 Matt Clowes (16) 27:07	4 Vincent Martin (23) 16:46
5 Brian Wilder (25) 28:08	6 Vic Maughn (25) 16:32	5 Darren Perry (27) 29:45	6 Jason Burgess (28) 16:51
7 Keith Newton (24) 28:50	8 Jonathan Stead (25) 16:06	7 Gareth Briggs (31) 29:47	8 Matt Allott (27) 15:33
9 David Mulvee (22) 28:08	10 Simon Coombes (21) 16:02	9 Sam Lucking (27) 29:58	10 Pete Martin (28) 16:44
11 J Cunningham (19) 28:47	12 Tim Elsey (17) 15:17	11 Marc Hartley (27) 29:06	12 David Bratt (26) 16:28
18 Harrow AC 4:25:53		27 Leeds City AC 'B' 4:30:44	
1 Adam Bowden (1) 26:29	2 Ben Warren (6) 14:53	1 Oliver Ziff (53) 29:32	2 Michael Salter (43) 15:22
3 David Branfoot (19) 28:44	4 Adam Stainsby (22) 16:03	3 Greg Hull (47) 30:02	4 Pete Webster (43) 16:16
5 Peter Norris (23) 29:01	6 J Critchlow (22) 15:58	5 Mark Bryant (42) 29:22	6 Phil Townsend (38) 15:33
7 Alan Wray (23) 28:52	8 Matthew Carey (22) 15:42	7 Martin Sanders (35) 28:50	8 Alex Davy (34) 16:02
9 Jim Cooper (21) 29:11	10 Damian Nevins (19) 15:25	9 Adan Osborne (30) 28:04	10 James Lavin (27) 15:52
11 Mohammed Rahim (17) 29:29	12 Mark Cursons (18) 16:06	11 J Whitehead (28) 30:05	12 Geoff Belcher (27) 15:44
19 Trafford A.C. 4:26:10		28 Central AC 4:30:59	
1 A Holliday (3) 26:40	2 Tim Egerton (8) 15:04	1 M Gillespie (32) 27:54	2 David Lindsay (32) 15:56
3 Darren Talbot (25) 28:58	4 Ian Salisbury (19) 15:06	3 Robert Russell (24) 26:50	4 Michael Wright (24) 16:00
5 Owen Greene (14) 27:24	6 Jonathon Holt (18) 16:06	5 Alistair Hay (18) 26:45	6 Kyle Cowie (17) 15:48
7 Michael Hunt (19) 29:39	8 James Bleakley (18) 15:53	7 A Hendry (17) 28:20	8 A Milne (19) 17:31
9 John Howe (23) 30:36	10 Alex Young (20) 15:25	9 Scott McDonald (24) 30:37	10 Jamie McDonald (25) 17:52
11 Paul Rockliffe (21) 30:23	12 Jeremy Gilmour (19) 14:56	11 Lewis Millar (25) 30:02	12 Ian McDonald (28) 17:24
20 Hallamshire Harriers Sheffield 4:26:15		29 Aldershot, Farnham & District 'B' 4:32:08	
1 Andy Thake (11) 26:59	2 Gavin Keight (15) 15:23	1 Ed Barnett (44) 28:37	2 Tom Bowerman (38) 15:47
3 Rob Baker (22) 28:03	4 Joe Gratton (20) 15:25	3 Graham Breen (35) 28:19	4 S Richardson (34) 15:51
5 Owen Williams (17) 27:32	6 Dave Sprot (16) 15:49	5 Joe Morwood (34) 29:02	6 Mike Boucher (29) 15:27
7 Adam Dyson (18) 28:39	8 O'toole Rick (17) 16:08	7 Chris Bounds (28) 29:00	8 Andy Stopher (30) 16:42
9 David Archer (18) 29:05	10 Stuart Maycock (18) 16:43	9 Smith-Bannister (31) 30:29	10 P Couldridge (29) 16:15
11 Pete Hodges (20) 30:51	12 Armund Bush (20) 15:38	11 R Batchelor (30) 30:57	12 Brian Stopher (29) 15:42
21 Shaftesbury Barnet Harriers 4:27:13		30 Serpentine 4:32:38	
1 Tom Bedford (14) 27:09	2 Neil Gamester (3) 14:06	1 Nicholas Torry (25) 27:32	2 R Tuddenham (29) 15:49
3 James Trapmore (6) 27:40	4 D Easter (6) 15:05	3 R Phillips (33) 28:47	4 Martin Gaunt (32) 15:43
5 Steven Murphy (11) 28:27	6 Jake Shelley (13) 15:34	5 Hugh Torry (28) 28:57	6 Barney Southin (31) 16:21
7 Garage Price (13) 28:11	8 R Williams (14) 16:08	7 Eric Phillips (32) 30:26	8 Miguel Branco (33) 16:44
9 Tommy Bryant (16) 29:49	10 Billy Collins (17) 16:11	9 Paul Hayman (32) 29:24	10 J Attwool (30) 16:04
11 Eric Mayers (18) 31:32	12 MPotticary (21) 17:21	11 Andrew Reeves (29) 29:45	12 John Nugus (30) 17:06
22 Liverpool Harriers & AC 4:28:11		31 Winchester & District AC 4:34:50	
1 Richard Burney (10) 26:56	2 Graham Powell (22) 15:42	1 Chris Powner (26) 27:38	2 Tom Payn (10) 14:14
3 John McCole (15) 26:59	4 Ian Lawton (18) 15:55	3 P Killingley (18) 28:00	4 David Knapman (17) 15:23
5 Colin Potts (22) 29:09	6 R Challinor (21) 15:35	5 Andy Greenleaf (19) 28:41	6 Max Kiralyfi (19) 15:53
7 James Meldrum (20) 28:51	8 Harry Harper (20) 15:59	7 Julian Mann (30) 32:42	8 Dom Kiralyfi (29) 16:02
9 R Dewhurst (20) 29:45	10 L Luscombe (22) 16:23	9 Michael Davies (33) 31:56	10 Tom Anderson (31) 15:53
11 Alan Ashton (22) 30:08	12 Anthony Clarke (22) 16:49	11 David Vosser (32) 32:42	12 Jamie Knapp (31) 15:46
23 Belgrave Harriers 'B' 4:29:28		32 Cardiff A.A.C. 4:36:56	
1 Mike Trees (48) 28:59	2 Andrew Connick (41) 15:47	1 Mike Johnson (2) 26:36	2 Chris Moss (2) 14:35
3 R Stannard (40) 28:34	4 Tim Watson (33) 15:04	3 Tom Marshall (11) 28:01	4 Ed Takata (13) 15:46
5 Will Cockerell (31) 28:48	6 Hassan Raidi (26) 15:09	5 K Fairbanks (26) 30:58	6 Steve Sheard (32) 17:49
7 Malachi Byansi (25) 28:59	8 Shaun Moralee (24) 15:09	7 Peter Ryder (33) 30:14	8 Andy Friend (32) 16:03
9 Landa Eguia (25) 30:14	10 David Anderson (23) 15:36	9 M Collins (28) 28:23	10 Dic Evans (32) 18:52
11 Ben Hurley (23) 30:50	12 Mark Humphrey (23) 16:19	11 Nathaniel Lane (31) 30:22	12 Alex Donald (32) 19:17
24 Medway And Maidstone AC 4:30:20		33 Cheltenham Harriers 4:37:23	
1 Barry Royden (47) 28:51	2 Andrejs Safars (49) 16:52	1 Dave Roper (31) 27:52	2 James Miller (33) 16:09
3 Adrian Lowther (48) 29:15	4 Jack Tyler (39) 15:06	3 Andrew Hussey (41) 29:49	4 Elliot Prince (41) 17:00
5 Mike Coleman (32) 27:18	6 James Hogg (33) 16:33	5 Jon Norris (46) 30:41	6 Andrew Kaighin (42) 16:43
7 Ben Tyler (29) 28:35	8 Tom Collins (28) 15:53	7 Andy Prohett (39) 29:03	8 Dave Randall (38) 17:08
9 G Williams (29) 30:09	10 Tim Alexander (26) 16:09	9 Mark Norris (38) 30:10	10 Corin Hughes (34) 16:31
11 Pat Curran (26) 29:14	12 Nick Slade (24) 16:25	11 R Forsbrook (33) 29:48	12 Will New (33) 16:29
25 City Of Norwich AC 4:30:33		34 Altrincham 4:39:17	
1 Stu Huntington (45) 28:39	2 Mitch Goose (26) 14:26	1 David Norman (5) 26:41	2 Andy Norman (4) 14:35
3 Ashley Harrell (26) 28:10	4 James O'Neill (26) 15:52	3 Tom Bush (29) 30:32	4 Rob Nichol (28) 15:33
5 Tommy Carroll (29) 29:49	6 Carl Goose (27) 15:36	5 Jason Ward (20) 26:44	6 Adrian Fuller (23) 17:26
7 James Preston (26) 28:56	8 Martyn Bath (26) 16:21	7 Ian Howarth (27) 30:09	8 Andy Ford (31) 17:21
9 Luke Allen (26) 29:26	10 Jon Quint (24) 15:43	9 D Livingstone (34) 32:55	10 Mark Norton (33) 17:36
11 Reece Wood (24) 30:26	12 Mikey Beamish (25) 17:09	11 A Defanis (35) 32:01	12 Dominic Scott (34) 17:44

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

<p>35 Halesowen Acc 4:39:24</p> <p>1 Chris Penn (54) 29:38 2 Marc Turner (47) 15:59 3 Dave Kesterton (42) 28:22 4 Roger Mallard (45) 17:23 5 Bill Nock (41) 28:48 6 C Booker (40) 16:29 7 Dom Morton (38) 30:06 8 Andy Butler (37) 16:40 9 Nick Hazelwood (36) 30:38 10 Nick Price (35) 17:45 11 Tom Kenderdine (34) 29:34 12 Andy Nock (35) 18:02</p>	<p>44 Nene Valley Harriers 4:45:10</p> <p>1 John Nash (61) 30:26 2 Josh Reed (53) 15:41 3 Nick Grimer (51) 29:47 4 James Venue (48) 16:15 5 Ollie Rich (55) 32:02 6 Alan Williams (52) 16:40 7 Chris Mooney (51) 31:29 8 Steve Reid (51) 17:30 9 Ian Aunger (52) 31:40 10 Adam Binns (45) 15:19 11 Sean Beard (45) 30:53 12 Graham Williams (44) 17:28</p>
<p>36 Les Croupiers 4:39:45</p> <p>1 Chris Discombe (43) 28:32 2 Lee Aherne (39) 15:54 3 Julian Baker (37) 28:25 4 Scott Howell (40) 17:39 5 Phil George (45) 30:36 6 Daniel Harris (44) 17:33 7 Stuart Crees (44) 30:08 8 Mick McGeoch (44) 17:45 9 Nick Dukes (41) 30:02 10 Nick Rees (41) 17:51 11 Phil Cook (36) 29:03 12 Calum Cheshire (36) 16:17</p>	<p>45 Wigan Phoenix 4:46:59</p> <p>1 P Darbyshire (66) 30:46 2 Paul Weall (61) 16:52 3 Andy Ward (55) 28:55 4 Mike Ashurst (50) 15:53 5 M Manir-Jolley (50) 30:27 6 Steve Nicholls (48) 16:56 7 Dave Townsend (49) 30:54 8 Dave Collins (47) 17:23 9 J Worthington (48) 32:30 10 Paul Seddon (49) 18:32 11 Chris Wilson (47) 31:05 12 John Morrissey (45) 16:46</p>
<p>37 Mansfield Harriers & AC 4:42:03</p> <p>1 Stuart King (37) 28:17 2 C Brown-Monks (36) 16:02 3 James Mee (31) 27:41 4 Luke Marshall (36) 16:46 5 S Capewell (40) 31:20 6 Craig Kelly (39) 16:31 7 Feidhlim Fahy (43) 31:52 8 Steve Grainger (42) 16:45 9 Danny Barks (39) 29:50 10 Steve Davies (38) 18:54 11 Peter Stafford (39) 31:18 12 Douglas Ross (37) 16:47</p>	<p>46 Keighley And Craven AC 4:47:43</p> <p>1 Willy Smith (21) 27:24 2 Mark Knowles (42) 17:26 3 L Hellawell (49) 30:33 4 Liam Spencer (54) 17:52 5 Nigel Bedell (54) 30:41 6 Andy Brett (56) 18:37 7 Adrian Jones (54) 30:04 8 R Fairhurst (55) 18:52 9 Chris Loftus (50) 29:32 10 Adam McLean (46) 16:33 11 Gary Bailey (44) 30:07 12 Lenny Buxton (46) 20:02</p>
<p>38 Rotherham Harriers & AC 4:42:10</p> <p>1 Philip Hoole (19) 27:16 2 Nigel Brookes (35) 16:55 3 Simon Mounsey (45) 30:34 4 David Tune (46) 16:55 5 J Maxfield (47) 30:35 6 M Ruddleston (46) 16:38 7 Luke Field (45) 30:32 8 Howard Darwin (45) 18:01 9 Paul Humphries (43) 30:10 10 David Smith (39) 16:47 11 Gary Claxton (40) 30:59 12 Mark Ward (38) 16:48</p>	<p>47 Brighton And Hove City AC 4:47:52</p> <p>1 C Thomson (56) 29:43 2 Josh Mutch (50) 16:15 3 M Bristow (44) 28:27 4 Paul Froud (47) 17:37 5 Andrew Donno (44) 29:02 6 Paul Prosser (49) 19:00 7 Luke Lambourne (48) 30:11 8 A Mitchelson (52) 19:50 9 Howard Bristow (51) 31:11 10 Andrew Chapman (52) 19:22 11 M Bannister (49) 30:06 12 D Titheradge (47) 17:08</p>
<p>39 Gateshead Harriers & AC 4:42:19</p> <p>1 A Carmichael (30) 27:47 2 Andrew Teate (31) 15:50 3 Sean Hall (34) 28:42 4 John Gibson (35) 16:22 5 Marc Elliott (36) 29:48 6 Martin Slater (35) 16:37 7 Tim Calder (36) 30:33 8 Chris Burrows (36) 17:36 9 Chris Paton (35) 30:42 10 Richard Hall (36) 18:14 11 Phil Branston (37) 31:43 12 Ray Robinson (39) 18:25</p>	<p>48 Tipton Harriers 'B' 4:48:08</p> <p>1 Paul Mountford (55) 29:42 2 Luke Northall (46) 15:51 3 Jason Richards (61) 33:48 4 M Eustace (60) 17:24 5 Pat Kavanagh (59) 29:58 6 Simon Murcott (57) 16:17 7 Mike Hager (52) 29:30 8 Paul Moore (49) 16:46 9 Bryan Mills (53) 32:23 10 Mike Holden (50) 17:35 11 Glen Cox (48) 31:16 12 Richard Hunter (48) 17:38</p>
<p>40 Hillingdon AC 4:42:53</p> <p>1 Matt Revier (51) 29:21 2 Tony Grant (48) 16:21 3 Martin Bateman (46) 29:12 4 D Thompson (42) 15:58 5 Anupam Das (43) 29:49 6 Andy Miles (41) 17:29 7 Richard Mann (41) 29:44 8 Shane Coombes (41) 17:08 9 Tom Hall (40) 30:11 10 E Campbell (37) 18:06 11 Paul Leppard (42) 32:22 12 Steve Hiron (40) 17:12</p>	<p>49 Cirencester AC 4:49:27</p> <p>1 Chris Illman (34) 28:06 2 Adam Harborow (37) 16:14 3 Adrin Williams (43) 29:40 4 Derek Gardner (49) 18:23 5 Charles Wood (49) 30:05 6 Ben Rosedale (50) 17:46 7 Paul Barlow (50) 31:52 8 Stephen Elverd (53) 18:16 9 Barry Sampson (49) 30:35 10 Robbie Brown (48) 17:36 11 Matt Shannon (50) 32:21 12 M Croucher (49) 18:33</p>
<p>41 Notts AC 'B' 4:42:55</p> <p>1 Rob Nixon (58) 29:56 2 Martyn Gibbons (52) 16:09 3 Paul Archer (54) 30:19 4 M Benford (52) 16:25 5 Colin Palmer (51) 30:06 6 Wolcich Gajnu (47) 16:08 7 M Romanienko (47) 30:49 8 J Hutchinson (43) 16:39 9 R Darling (44) 31:10 10 David Oxland (43) 17:18 11 John Muddeman (41) 30:38 12 David Brazener (41) 17:18</p>	<p>50 Charnwood AC 4:51:10</p> <p>1 Glen North (65) 30:40 2 Tom Whitmore (62) 17:34 3 James Douglas (57) 28:50 4 Ben Lacey (56) 17:04 5 Mark Couldwell (48) 28:08 6 Kevin Pye (51) 18:11 7 Jame Parrymore (55) 32:25 8 Scott Baxter (50) 16:53 9 Michael Brind (54) 32:01 10 Richard Brown (47) 16:38 11 Steve Jeffers (54) 36:57 12 Steve Mears (50) 15:49</p>
<p>42 Holmfirth Harriers 4:44:57</p> <p>1 David Turnbull (36) 28:13 2 M Pierson (18) 14:17 3 Dave Watson (23) 28:03 4 John Broom (25) 16:25 5 M Johnson (33) 30:29 6 James Dewhurst (36) 17:46 7 Richard Smith (37) 31:16 8 M Dewhirst (39) 18:27 9 Ricky South (42) 31:43 10 Steve Rimmer (40) 17:45 11 Julian Rose (43) 32:16 12 B Holroyd (42) 18:17</p>	<p>51 Blackpool Wyre And Fylde AC 4:52:38</p> <p>1 S Robinson (40) 28:24 2 Ian Close (54) 17:47 3 Anthony Ford (36) 26:39 4 Graham Davies (44) 18:26 5 Luke Minns (39) 28:40 6 S Williams (45) 18:56 7 Jono Prowse (42) 29:15 8 Jeff Wright (46) 19:55 9 Jim Unsworth (47) 31:19 10 Bob Fairclough (51) 20:44 11 Chris Lloyd (51) 33:01 12 Tony Codling (51) 19:32</p>
<p>43 Derby AC 4:45:02</p> <p>1 Alex Pilcher (38) 28:22 2 Richard Weir (27) 14:45 3 Chris Peach (38) 29:47 4 T Lawrence (38) 16:32 5 Chris Davison (37) 29:17 6 Gary Fallon (43) 19:43 7 John Knibb (46) 31:17 8 Mark Smith (48) 18:30 9 Thomas Offord (46) 30:48 10 Russell Parkin (44) 17:21 11 Ian Stevens (46) 31:33 12 James Smedley (43) 17:07</p>	<p>52 Bournville Harriers 4:52:54</p> <p>1 Rob Andrew (60) 30:13 2 Steve McGlen (58) 16:40 3 Mike Cadman (53) 29:23 4 Mike Ferguson (55) 17:48 5 Dean Parker (53) 29:37 6 Andy Saker (54) 17:44 7 Sean Rose (53) 31:11 8 Mike Berry (54) 18:41 9 Steve James (55) 32:26 10 Adrian Fowler (54) 18:21 11 Andy Wheeler (55) 33:28 12 Kevin Woodward (52) 17:22</p>

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 18th April

<p>53 Wirral AC 4:55:45</p> <p>1 Alan Woods (50) 29:11 3 Mark Hulmston (56) 30:22 5 Kevin Buxton (58) 31:34 7 G Ratcliffe (58) 31:26 9 J Donnelly (56) 29:36 11 Peter Scarrett (52) 31:23</p>	<p>2 Kevin Keating (56) 17:21 4 Anthony Devoy (57) 17:57 6 K Dickinson (59) 17:47 8 Paul Frodsham (59) 19:04 10 Michael Stone (55) 18:58 12 Nigel Pratten (53) 21:06</p>	<p>62 Wolverhampton & Bilston 5:16:51</p> <p>1 Darren Edwards (68) 33:57 3 Paul Hammond (67) 32:34 5 Andrew Baue (67) 34:53 7 Richard Read (66) 34:42 9 Jay Toddington (66) 35:10 11 Richard Wilson (64) 37:24</p> <p>2 Tom Fisher (67) 17:21 4 Mark Moore (67) 18:33 6 Will Cowley (66) 20:11 8 Craig Walker (66) 15:41 10 Matt Walton (64) 17:25 12 Dan Brazier (62) 19:00</p>
<p>54 Team Bath AC 4:57:22</p> <p>1 Brian Penny (59) 30:09 3 A Sampson (63) 31:28 5 A Buckingham (60) 29:53 7 Iain Cade (60) 32:30 9 Stephen Rose (60) 31:38 11 Dan Jones (56) 33:26</p>	<p>2 Paul King (63) 18:31 4 David Robson (63) 17:40 6 Alan Every (60) 18:45 8 Tom Beer (60) 17:21 10 John Lancaster (57) 18:06 12 Dave Gunstone (54) 17:55</p>	<p>Incomplete Teams:</p> <p>Telford AC 4:24:19</p> <p>1 Paul Ward (29) 27:45 3 Chris Rimmer (30) 28:29 5 Jamie Davies (38) 31:34 7 Steve Jones (40) 32:02 9 Dale Wilkinson (45) 32:50 11 R Sedman Smith (38) 29:28</p> <p>2 Chris Carter (30) 15:45 4 Mark Dalkins (30) 15:28 6 Chris Bagshaw (37) 16:22 8 Chris Talbot (40) 17:33 10 Ioan Ilie (42) 17:03</p>
<p>55 Rugby And Northampton 4:57:29</p> <p>1 Nigel Marley (33) 28:06 3 Stuart Nelson (50) 28:40 5 Brendan Moen (56) 31:51 7 Stephen Milner (59) 33:37 9 Paul Birch (59) 32:21 11 Nigel Sewell (59) 33:15</p>	<p>2 Brian Summers (57) 18:46 4 Tom Causebrook (51) 17:08 6 Mark Armstrong (58) 18:38 8 Bryan Acford (57) 16:29 10 Matthew Emery (59) 22:51 12 John Gercs (55) 15:47</p>	<p>Reading AC 4:34:46</p> <p>1 Carl Bradbury (57) 29:55 3 Nick Earl (52) 29:49 5 S Granger Bevan (52) 30:30 7 Tom Munt (56) 31:39 9 Darren Stevens (57) 32:17 11 Andy McDonald (53) 33:02</p> <p>2 Daniel Thorne (55) 16:23 4 M Aldridge (53) 17:03 6 Alan Wylie (53) 17:42 8 Matt Dawson (56) 19:15 10 Mark Curson (53) 17:11</p>
<p>56 Heanor Running Club 4:57:37</p> <p>1 Keiran Davis (62) 30:27 3 Stephn Ashmore (59) 31:10 5 Ben Radbourne (57) 29:00 7 T Weatherson (57) 31:42 9 Darren Ridout (58) 31:52 11 Peter Edwards (57) 35:04</p>	<p>2 Lee Perkins (60) 17:07 4 A Hobday (59) 17:12 6 Jon Wainwright (55) 17:08 8 Ryan Blake (58) 19:49 10 Steve Wardle (56) 19:12 12 Peter Ivens (56) 17:54</p>	<p>Blackheath & Bromley AC 3:24:13</p> <p>1 A B-Littlewood (35) 28:12 3 Andrew Rayner (21) 27:57 5 Andrew Conway (24) 29:23 7 Peter Tucker (21) 27:43 9 Dave Griffin (19) 28:37</p> <p>2 Michal Skinner (13) 14:04 4 Dave McKinlay (21) 15:54 6 Daniel Ryan (24) 16:27 8 Frank Kilama (21) 15:56</p>
<p>57 Gloucester 4:58:43</p> <p>1 Tom Randles (67) 31:06 3 Lee Smith (64) 31:30 5 Jeremy Mower (64) 32:15 7 D Gresswell (62) 31:21 9 Luke Herbert (61) 29:29 11 Ian Summers (58) 33:19</p>	<p>2 David Edwards (64) 17:56 4 A Wakefield (65) 17:59 6 Richard Moor (64) 18:24 8 Ben Jones (62) 19:00 10 Arthur Daley (58) 19:11 12 Nick Cousins (57) 17:13</p>	<p>Kent AC 3:34:32</p> <p>1 Andrw Dunwoody (41) 28:25 3 James Connor (27) 26:45 5 Ian Cardy (35) 30:01 7 Rich Munn (34) 30:06 9 Pablo Lazo (37) 32:41</p> <p>2 Luke Armitage (44) 16:34 4 Edward Lunley (31) 16:02 6 Phil Sanders (34) 16:44 8 Andrew Vagi (35) 17:14</p>
<p>58 Bromsgrove & Redditch 5:01:40</p> <p>1 Kevin Lanckham (64) 30:39 3 Simon Lanckham (65) 32:23 5 Richard Dando (63) 31:39 7 James Atkins (65) 36:26 9 Nick Horton (65) 31:54 11 Gavin Moorhead (61) 34:12</p>	<p>2 Andrew Freeman (65) 18:38 4 James Adie (62) 16:04 6 Simon Bowen (62) 17:26 8 Mike Hanson (64) 17:36 10 John Manley (61) 18:22 12 Dave Henderson (58) 16:21</p>	<p>Severn 2:12:42</p> <p>1 Josh Lilly (7) 26:45 3 Nick Gaulder (62) 34:08 5 Tom Meheran (66) 34:16</p> <p>2 Steve Hale (45) 18:34 4 John Holland (64) 18:59</p>
<p>59 Birmingham Rowheath AC 5:01:57</p> <p>1 A Kenchington (63) 30:37 3 Robert Vaughan (66) 32:38 5 Mark Ince (65) 31:18 7 Richard Gray (64) 31:24 9 M Matthews (62) 29:17 11 Paddy Allaway (60) 34:08</p>	<p>2 Richard Carney (66) 19:12 4 Ian Emery (66) 18:49 6 Mark Grace (65) 19:14 8 Toby Gosnall (65) 18:28 10 S Titmarsh (60) 18:13 12 Mark Edwards (59) 18:39</p>	<p>Sunderland Harriers & AC 27:41</p> <p>1 Mark Hood (27) 27:41</p>
<p>60 Royal Sutton Coldfield 5:04:55</p> <p>1 Steve Marklew (52) 29:28 3 Tony Hinchley (58) 31:28 5 Simon Ralph (61) 33:03 7 Russel Simpson (61) 33:43 9 John Fletcher (64) 33:10 11 S Larcombe (62) 33:52</p>	<p>2 Simon Leese (51) 16:31 4 Fred Tremblay (58) 17:39 6 C Hackforth (61) 18:21 8 John Dardid (61) 18:41 10 Martin Jones (62) 19:58 12 Paul Kenney (60) 19:01</p>	<p>Fastest of all long legs — Provisional</p> <p>1 Phil Wicks Belgrave H A 25:13 2 Phil Nicholls Tipton Har A 25:39 3 Martin Dent Belgrave H A 25:42 4 Mark Miles Belgrave H A 25:49 5 Neilson Hall Bedford An 25:54 6 Keith Gerrard NewhamEss 25:58 7 Moumin Geele NewhamEss 26:02 8 T Woldemichael Shettlesto 26:05 9 Andi Jones Salford Ha 26:08 10 Zak Kehara Birchfield 26:09</p>
<p>61 Northbrook 5:06:07</p> <p>1 Paul Andrew (49) 29:09 3 John Hosie (60) 31:39 5 Nathan Holmes (62) 31:05 7 H Anderson (63) 33:20 9 Mick O'Shea (63) 31:32 11 Richard Hodge (63) 33:35</p>	<p>2 Jerry Trill (59) 18:12 4 Pete Fellows (61) 18:40 6 John Wilson (63) 19:13 8 Andrew Ralph (63) 18:37 10 Pete Austin (63) 21:18 12 Stuart Keen (61) 19:47</p>	<p>Fastest of all short legs — Provisional</p> <p>1 Jonny Taylor Morpeth H&A 13:57 2 Michal Skinner Blackheath 14:04 3 Neil Gamester Shaftesbur 14:06 = Chris MacKay NewhamEss 14:06 5 Mark Draper Bedford An 14:13 6 Daniel Mulhare Belgrave H A 14:14 = Tom Payn Winchester 14:14 8 M Pierson Holmfirth 14:17 9 Mitch Goose C. Norwich 14:26 10 Neil Speaight Belgrave H A 14:33</p>