

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 1 - Provisional Results

Pos	Name	Club	Leg Time				
1	D Forrester	StHSA	17:10	45	S Gallienne	Bristol&W B	18:21
2	Jon Wills	Bristol&W A	17:12	46	Mike Burrett	Leeds City B	18:21
3	Simon Tenvi	Birchfield A	17:15	47	Paul Whitelam	Thames Val	18:23
4	Matthew Barnes	Altrincham	17:16	48	R Phillips	Serpentine	18:29
5	Tom Marshall	Cardiff A.	17:17	49	M Matthews	Birmingham	18:33
6	Patrick Martin	Sunderland	17:17	50	Alan Barnes	Herne Hill	18:37
7	Alan Buckley	Leeds City A	17:22	51	Sam Dagleish	Westbury H	18:39
8	Kevin Heywood	Bideford A	17:23	52	Robert Hodges	Kingston U	18:40
9	Jonathon Gilby	Derby Ac	17:25	53	Tom Charles	Trafford A	18:41
10	Alistair Hay	Central Ac	17:26	54	Dom Morton	HalesowenA A	18:43
11	Stephen Sharp	Belgrave H A	17:28	55	Sean Bowden	Bromsgrove	18:45
12	Harry Ellis	Warrington	17:29	56	Richard Harper	Leamington	18:47
13	D Mitchinson	Newham And A	17:30	57	Richard Burman	Coventry G B	18:50
14	Matt Bond	Sale Harri	17:31	58	Luke Allen	City Of No A	18:50
15	Shaun Collins	Enfield &	17:31	59	R Shearer	Southport	18:53
16	Ben Jones	Coventry G A	17:32	60	Dave Carter	Phoenix Ac	18:53
17	Peter Nowill	Highgate H	17:32	61	A Wall-Clarke	Team South	18:57
18	Tom Doe	Lincoln We	17:34	62	Corin Hughes	Cheltenham	18:59
19	Mat Ashton	Aldershot, A	17:34	63	Adam Wait	Birchfield B	18:59
20	M Whitehouse	Notts AC A	17:35	64	M Bristow	Brighton A	19:06
21	Mike Aspinall	Tipton Har B	17:35	65	Mike Johnson	Kenilworth	19:09
22	Mark Dalkins	Telford Ac A	17:36	66	S Broadbent	Bingley Ha	19:11
23	Gordon Lee	LeicesterC	17:37	67	Sam Mitchell	Worcester	19:13
24	Steve Davies	Belgrave H B	17:37	68	Chris Perry	ValeRA	19:15
25	Ian Williams	Tipton Har A	17:38	69	Martin Bateman	Hillingdon	19:19
26	Owain Matthews	Bedford An	17:41	70	A Carmichael	Gateshead	19:22
27	Neil Phillips	Aldershot, B	17:50	71	Andrew Bunn	City Of No B	19:24
28	Samatar Farah	Newham And B	17:52	72	Mike O'Neill	Wigan Phoe	19:25
29	Matt Nicholson	MorpethH&A A	17:59	73	Joe Gratton	Hallamshir	19:30
30	Russell Best	New Marske	18:00	74	Simon Lees	RoyalSC	19:34
31	Carl Hardman	Salford Ha B	18:05	75	Phil Sanders	Kent Ac	19:44
32	Jack Hallas	Wakefield	18:06	76	James Kovacs	Salford Ha A	19:49
33	Jack Parslow	Shaftesbur	18:07	77	Gareth Briggs	Staffordsh B	19:50
34	Daniel Agustus	Woodford G	18:08	78	Luke Field	Rotherham	19:52
35	R Nicholls	Swansea Ha	18:11	79	Danny Bakes	Mansfield	20:05
36	Steven Way	Bournemout	18:13	80	Nick Hazelwood	HalesowenA B	20:20
37	Richard Burney	Liverpool A	18:14	81	James Nasrat	Newport Ha	20:21
38	Daniel Clorley	Luton Athl	18:15	82	James Rose	Severn	20:30
39	Marc Hartley	Staffordsh A	18:15	83	John Sanders	Telford Ac B	20:38
40	Nathan White	Windsor Sl	18:17	84	Phil Crane	Neath Harr A	20:48
41	Darren Fowlie	Notts AC B	18:19	85	Carl Ellis	Neath Harr B	20:52
42	M Gillespie	Shettleston	18:19	86	Michael Brind	Charnwood B	20:59
43	Alex BruceL	Blackheath	18:20	87	Steve Mears	Charnwood A	21:49
44	Peter Newton	MorpethH&A B	18:20				

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Senior six stage Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Richard Weir	Derby Ac	17:21	34:46	+ 8	52	Carl Goose	City Of No A	18:47	37:37 + 6
2	Chris MacKay	Newham And A	17:16	34:46	+ 11	53	Finn McNally	Phoenix Ac	18:45	37:38 + 7
3	Neilson Hall	Bedford An	17:06	34:47	+ 23	54	Ben Homer	Wakefield	19:35	37:41 - 22
4	Gareth Raven	Sale Harri	17:18	34:49	+ 10	55	James McCarthy	Brighton A	18:41	37:47 + 9
5	Dave Norman	Altrincham	17:35	34:51	- 1	56	Bill Nock	HalesowenA A	19:14	37:57 - 2
6	James Walsh	Leeds City A	17:31	34:53	+ 1	57	James Connor	Kent Ac	18:15	37:59 + 18
7	Jack Martin	Sunderland	17:45	35:02	- 1	58	James Mee	Mansfield	18:01	38:06 + 21
8	Nick Goolab	Belgrave H A	17:35	35:03	+ 3	59	Seb Foy	Cheltenham	19:25	38:24 + 3
9	Jonny Taylor	MorpethH&A A	17:06	35:05	+ 20	60	Joe Dalgleish	Westbury H	19:52	38:31 - 9
10	Ben Livsey	Birchfield A	17:50	35:05	- 7	61	Rich Simkiss	Kenilworth	19:24	38:33 + 4
11	Jon Pepper	Enfield &	17:43	35:14	+ 4	62	Richard Mann	Hillingdon	19:16	38:35 + 7
12	David Bruce	Highgate H	17:47	35:19	+ 5	63	Stu Doyle	ValeRA	19:24	38:39 + 5
13	Sean Reilly	Central Ac	17:54	35:20	- 3	64	John Convery	Bingley Ha	19:29	38:40 + 2
14	Chris Moss	Cardiff A.	18:06	35:23	- 9	65	Jack Mee	Leamington	19:55	38:42 - 9
15	Lewys Hobbs	Swansea Ha	17:13	35:24	+ 20	66	Joseph Vis	Southport	19:50	38:43 - 7
16	J Mellor	Liverpool A	17:16	35:30	+ 21	67	Michael Hunt	Trafford A	20:03	38:44 - 14
17	Phil Hinch	Tipton Har A	17:55	35:33	+ 8	68	J Perkins	Kingston U	20:06	38:46 - 16
18	Paul Rodgers	Aldershot, A	18:00	35:34	+ 1	69	Paul Savage	Salford Ha A	19:14	39:03 + 7
19	Richard Peters	Bristol&W A	18:24	35:36	- 17	70	Iain Robertson	City Of No B	19:43	39:07 + 1
20	Ben Norris	Notts AC A	18:04	35:39	0	71	Dave Sprot	Hallamshir	19:51	39:21 + 2
21	Ryan Kenny	Coventry G A	18:09	35:41	- 5	72	Gary Hope	Severn	19:06	39:36 + 10
22	Andi Jones	Salford Ha B	17:37	35:42	+ 9	73	John Morrissey	Wigan Phoe	20:18	39:43 - 1
23	T Mengisteab	Shettlesto	17:24	35:43	+ 19	74	Kyle Craib	Rotherham	19:59	39:51 + 4
24	Ian Kimpton	Lincoln We	18:11	35:45	- 6	75	Dave O'Brien	Worcester	20:42	39:55 - 8
25	Kairn Stone	Newham And B	17:59	35:51	+ 3	76	Simon Lanckham	Bromsgrove	21:15	40:00 - 21
26	Mark Pollard	Belgrave H B	18:20	35:57	- 2	77	Simon Bond	RoyalSC	20:33	40:07 - 3
27	Andrew Wiles	New Marske	17:59	35:59	+ 3	78	Greg Devall	Birchfield B	21:11	40:10 - 15
28	Chris Rimmer	Telford Ac A	18:37	36:13	- 6	79	Matthew Evans	Neath Harr A	19:26	40:14 + 5
29	Andrew Rayner	Blackheath	17:56	36:16	+ 14	80	Dan Cleary	HalesowenA B	19:57	40:17 0
30	Tom Bedford	Shaftesbur	18:12	36:19	+ 3	81	Pete Martin	Staffordsh B	20:36	40:26 - 4
31	S Broadhurst	Warrington	18:52	36:21	- 19	82	Peter Batten	Team South	21:40	40:37 - 21
32	Dany Griffiths	StHSA	19:21	36:31	- 31	83	Wayne Dashper	Telford Ac B	20:00	40:38 0
33	N Quigley	Luton Athl	18:17	36:32	+ 5	84	Mark Crofts	Charnwood A	20:02	41:51 + 3
34	Graham Breen	Aldershot, B	18:50	36:40	- 7	85	Lee Sandham	Neath Harr B	21:32	42:24 0
35	Tom Holden	Tipton Har B	19:06	36:41	- 14	86	Paul Harmer	Charnwood B	22:39	43:38 0
36	Mark Jenkin	Bideford A	19:20	36:43	- 28	Fastest runners over stage 2:				
37	Ashley Sabin	Notts AC B	18:26	36:45	+ 4	1	Neilson Hall	Bedford An	17:06	
38	Craig Berg	Woodford G	18:37	36:45	- 4	2	Jonny Taylor	MorpethH&A A	17:06	
39	Adam Grice	Leeds City B	18:29	36:50	+ 7	3	Lewys Hobbs	Swansea Ha	17:13	
40	Ross Floyd	MorpethH&A B	18:30	36:50	+ 4	4	J Mellor	Liverpool A	17:16	
41	Paul Thompson	Birmingham	18:21	36:54	+ 8	5	Chris MacKay	Newham And A	17:16	
42	Simon Cotton	LeicesterC	19:20	36:57	- 19	6	Gareth Raven	Sale Harri	17:18	
43	Nathan Young	Bristol&W B	18:38	36:59	+ 2	7	Richard Weir	Derby Ac	17:21	
44	Ross Murray	Gateshead	17:38	37:00	+ 26	8	T Mengisteab	Shettlesto	17:24	
45	Chris Busaileh	Herne Hill	18:25	37:02	+ 5	9	James Walsh	Leeds City A	17:31	
46	Mohamud Aadan	Thames Val	18:44	37:07	+ 1	10	Dave Norman	Altrincham	17:35	
47	Jon Sharkey	Bournemouth	18:54	37:07	- 11	11	Nick Goolab	Belgrave H A	17:35	
48	Kyle Fowler	Staffordsh A	18:59	37:14	- 9					
49	Chris Bannon	Coventry G B	18:29	37:19	+ 8					
50	Hugh Torry	Serpentine	18:53	37:22	- 2					
51	Stephen Kimber	Windsor Sl	19:16	37:33	- 11					

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Senior six stage Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Lee Merrien	Newham And A	17:10	51:56	+ 1
2	Dave Webb	Leeds City A	17:41	52:34	+ 4
3	Simon Jones	Belgrave H A	17:43	52:46	+ 5
4	Zak Kehara	Birchfield A	17:42	52:47	+ 6
5	Dan Dalmedo	Bedford An	18:01	52:48	- 2
6	Chris Davies	Telford Ac A	16:42	52:55	+ 22
7	S Scullion	Aldershot, A	17:26	53:00	+ 11
8	Amanuel Hagos	Shettlesto	17:24	53:07	+ 15
9	M Williams	Tipton Har A	17:35	53:08	+ 8
10	Alex Hains	Cardiff A.	17:47	53:10	+ 4
11	Andy Norman	Altrincham	18:19	53:10	- 6
12	Tim Hartley	Notts AC A	17:33	53:12	+ 8
13	Phil Wylie	Bristol&W A	17:39	53:15	+ 6
14	Ian Harding	MorpethH&A A	18:19	53:24	- 5
15	Matt Bowser	Lincoln We	17:45	53:30	+ 9
16	A Hendry	Central Ac	18:17	53:37	- 3
17	James Bailey	Sale Harri	19:07	53:56	- 13
18	James Kelly	Belgrave H B	18:05	54:02	+ 8
19	Henry Dodwell	Higate H	18:44	54:03	- 7
20	R Challinor	Liverpool A	18:36	54:06	- 4
21	T Lawrence	Derby Ac	19:27	54:13	- 20
22	Joseph Bailey	Salford Ha B	18:40	54:22	0
23	Ian Grime	Newham And B	18:43	54:34	+ 2
24	Matt Lole	Coventry G A	18:56	54:37	- 3
25	Guy Smith	Swansea Ha	19:23	54:47	- 10
26	John McDonnell	Luton Athl	18:17	54:49	+ 7
27	Alex Gibbins	Blackheath	18:39	54:55	+ 2
28	Mitch Goose	City Of No A	17:20	54:57	+ 24
29	Alex Jones	Enfield &	19:44	54:58	- 18
30	Steve Connor	Aldershot, B	18:19	54:59	+ 4
31	Andrew MacRae	Sunderland	20:00	55:02	- 24
32	M Jackson	Warrington	18:48	55:09	- 1
33	Shaun O'Grady	New Marske	19:16	55:15	- 6
34	James Trapmore	Shaftesbur	19:03	55:22	- 4
35	Alex Cornwell	Woodford G	18:40	55:25	+ 3
36	Sean Hall	Gateshead	18:25	55:25	+ 8
37	Chris Birchall	Leeds City B	18:41	55:31	+ 2
38	Rob Keal	Notts AC B	18:54	55:39	- 1
39	Dan Woolford	Bristol&W B	18:41	55:40	+ 4
40	Jermaine Mays	Kent Ac	17:48	55:47	+ 17
41	David Peters	Herne Hill	18:47	55:49	+ 4
42	Chris Smith	Thames Val	18:42	55:49	+ 4
43	Ian Habgood	Bournemouth	18:55	56:02	+ 4
44	Jonny Young	MorpethH&A B	19:27	56:17	- 4
45	Nathan Elliot	Wakefield	18:40	56:21	+ 9
46	Dan Mapp	Bideford A	19:39	56:22	- 10
47	J Millington	Tipton Har B	19:51	56:32	- 12
48	Ryan Holroyd	Staffordsh A	19:19	56:33	0
49	H Zietsman	Serpentine	19:18	56:40	+ 1
50	Ian May	Windsor SI	19:08	56:41	+ 1
51	E Combstock	Coventry G B	19:24	56:43	- 2
52	Dave Kesterton	HalesowenA A	19:04	57:01	+ 4
53	Robert Vaughan	Birmingham	20:09	57:03	- 12
54	Philip Hoole	Rotherham	17:34	57:25	+ 20
55	Jake Healey	StHSA	20:56	57:27	- 23
56	Dave Pearce	LeicesterC	20:34	57:31	- 14
57	Andrew Donno	Brighton A	19:50	57:37	- 2
58	Ian Salisbury	TraffordA	18:57	57:41	+ 9
59	Kris Lecher	Kingston U	18:59	57:45	+ 9
60	Tim Dalton	Severn	18:23	57:59	+ 12
61	Alex Smith	Hallamshir	18:43	58:04	+ 10
62	R Forsbrook	Cheltenham	19:43	58:07	- 3
63	Steve Marklew	RoyalSC	18:05	58:12	+ 14
64	Simon Bruton	Salford Ha A	19:15	58:18	+ 5
65	Daniel Studley	Westbury H	19:54	58:25	- 5
66	Stuart King	Mansfield	20:23	58:29	- 8
67	D Thompson	Hillingdon	19:56	58:31	- 5
68	Stuart Hopkins	Kenilworth	20:05	58:38	- 7
69	Steven Carney	Bingley Ha	19:59	58:39	- 5
70	Ben Sharmen	Birchfield B	18:45	58:55	+ 8
71	Mike Evans	Southport	20:17	59:00	- 5
72	Oliver Maskell	City Of No B	19:54	59:01	- 2
73	Zack Cross	ValeRA	20:34	59:13	- 10
74	Steve Nicholls	Wigan Phoe	20:37	1:00:20	- 1
75	Jon Slade	Team South	19:54	1:00:31	+ 7
76	Richard Lucock	Telford Ac B	19:59	1:00:37	+ 7
77	Dan Stepney	Phoenix Ac	23:01	1:00:39	- 24
78	Matthew Harvey	Neath Harr A	20:31	1:00:45	+ 1
79	Chris Davies	Worcester	20:55	1:00:50	- 4
80	Matthew Butler	Leamington	22:11	1:00:53	- 15
81	Oliver Holder	HalesowenA B	22:00	1:02:17	- 1
82	Mark Wood	Staffordsh B	22:05	1:02:31	- 1
83	Scott Baxter	Charnwood A	20:51	1:02:42	+ 1
84	Robert Mole	Bromsgrove	22:59	1:02:59	- 8
85	Peter Crane	Neath Harr B	20:59	1:03:23	0

Fastest runners over stage 3:

1	Chris Davies	Telford Ac A	16:42
2	Lee Merrien	Newham And A	17:10
3	Mitch Goose	City Of No A	17:20
4	Amanuel Hagos	Shettlesto	17:24
5	S Scullion	Aldershot, A	17:26
6	Tim Hartley	Notts AC A	17:33
7	Philip Hoole	Rotherham	17:34
8	M Williams	Tipton Har A	17:35
9	Phil Wylie	Bristol&W A	17:39
10	Dave Webb	Leeds City A	17:41

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage Stage 4 - Provisional Results

Pos	Name	Club	Leg	Time	Cum Time	Gain
1	Kevin Skinner	Newham And A	A	17:42	1:09:38	0
2	J Wilkinson	Leeds City A	A	17:19	1:09:53	0
3	Mark Draper	Bedford An		17:22	1:10:10 +	2
4	Marius Ionescu	Altrincham		17:12	1:10:22 +	7
5	Daniel Mulhare	Belgrave H A		17:37	1:10:23 -	2
6	Ben Lindsay	Aldershot, A		17:28	1:10:28 +	1
7	Phil Nicholls	Tipton Har A		17:29	1:10:37 +	2
8	Nick Swinburn	MorpethH&A A		17:42	1:11:06 +	6
9	Robert Russell	Central Ac		17:34	1:11:11 +	7
10	Jon Thewlis	Notts AC A		18:01	1:11:13 +	2
11	Paul Sorrie	Shettleston		18:09	1:11:16 -	3
12	Steve Mitchell	Bristol&W A		18:01	1:11:16 +	1
13	Adam Bitchell	Cardiff A.		18:14	1:11:24 -	3
14	P Whitehouse	Birchfield A		18:58	1:11:45 -	10
15	Luke Gunn	Derby Ac		17:36	1:11:49 +	6
16	Paskar Owor	Belgrave H B		18:14	1:12:16 +	2
17	M Skinner	Blackheath		17:23	1:12:18 +	10
18	Adam Peers	Liverpool A		18:18	1:12:24 +	2
19	Chris Bagshaw	Telford Ac A		19:30	1:12:25 -	13
20	Tom Straw	Lincoln We		19:02	1:12:32 -	5
21	Jonny Hay	Aldershot, B		17:41	1:12:40 +	9
22	Scott Sterling	Newham And B	B	18:15	1:12:49 +	1
23	Ryan McKinlay	Highgate H		18:47	1:12:50 -	4
24	Ben Riddell	Salford Ha B		18:44	1:13:06 -	2
25	Marc Hobbs	Swansea Ha		18:21	1:13:08	0
26	Chris Parr	Gateshead		17:44	1:13:09 +	10
27	Tom Madden	Coventry G A		18:41	1:13:18 -	3
28	Jamie Roden	Sale Harri		19:28	1:13:24 -	11
29	L Walker	Warrington		18:26	1:13:35 +	3
30	Matt Shone	Woodford G		18:16	1:13:41 +	5
31	Naill Fleming	Shaftesbur		18:29	1:13:51 +	3
32	D Woodgate	Luton Athl		19:09	1:13:58 -	6
33	Chris McGurk	Notts AC B		18:35	1:14:14 +	5
34	Matt Sharp	Enfield &		19:22	1:14:20 -	5
35	Stu Huntington	City Of No A		19:27	1:14:24 -	7
36	Joe Townsend	Leeds City B		18:56	1:14:27 +	1
37	Matt Clowes	Staffordsh A		17:57	1:14:30 +	11
38	Harry Webb	Bristol&W B		18:51	1:14:31 +	1
39	A Dunwoody	Kent Ac		19:01	1:14:48 +	1
40	J Cunningham	Herne Hill		19:04	1:14:53 +	1
41	Jason Waite	Sunderland		20:02	1:15:04 -	10
42	Chris Price	Wakefield		19:02	1:15:23 +	3
43	D Swinburne	MorpethH&A B	B	19:19	1:15:36 +	1
44	R McTaggart	Bournemouth		19:41	1:15:43 -	1
45	Phil Clamp	Tipton Har B		19:20	1:15:52 +	2
46	Ali Yayhe	Thames Val		20:13	1:16:02 -	4
47	Damian Carr	Coventry G B		19:24	1:16:07 +	4
48	Simon Barrett	Serpentine		19:34	1:16:14 +	1
49	Andrew Ingle	Bideford A		19:55	1:16:17 -	3
50	Andrew Sugden	New Marske		21:14	1:16:29 -	17
51	C Booker	HalesowenA A	A	19:35	1:16:36 +	1
52	Armund Bush	Hallamshir		18:50	1:16:54 +	9
53	Greg Williams	StHSA		19:55	1:17:22 +	2
54	BerdejoFresno	Trafford A		19:42	1:17:23 +	4
55	James Miles	Phoenix Ac		16:49	1:17:28 +	22
56	Ed Banks	Birmingham		20:26	1:17:29 -	3
57	Derek Guess	LeicesterC		20:26	1:17:57 -	1
58	Alex Hope	Severn		20:13	1:18:12 +	2
59	C Brown-Monks	Mansfield		19:49	1:18:18 +	7
60	G Clarkson	Kingston U		20:37	1:18:22 -	1
61	C Coleman	Windsor SI		21:44	1:18:25 -	11
62	R Thompson	Hillingdon		19:55	1:18:26 +	5
63	Dave Tune	Rotherham		21:08	1:18:33 -	9
64	Will New	Cheltenham		20:28	1:18:35 -	2
65	Jon Quint	City Of No B		19:38	1:18:39 +	7
66	John Terry	Westbury H		20:33	1:18:58 -	1
67	Patrick Vis	Southport		20:10	1:19:10 +	4
68	D Titheradge	Brighton A		21:34	1:19:11 -	11
69	Simon O'Mera	Birchfield B		20:17	1:19:12 +	1
70	Ed Crowther	ValeRA		20:27	1:19:40 +	3
71	Dave Hudson	Salford Ha A		21:26	1:19:44 -	7
72	Marc Teasey	Bingley Ha		21:23	1:20:02 -	3
73	Paul Richards	Neath Harr A		19:22	1:20:07 +	5
74	Pete Bryan	Kenilworth		21:34	1:20:12 -	6
75	J Hockey	Telford Ac B		20:13	1:20:50 +	1
76	Fred Tremblay	RoyalSC		23:06	1:21:18 -	13
77	M Manir-Jolley	Wigan Phoe		21:00	1:21:20 -	3
78	Jamie Langley	Leamington		21:00	1:21:53 +	2
79	Peter Swaine	Charnwood A		19:24	1:22:06 +	4
80	Darren Perry	Staffordsh B		19:53	1:22:24 +	2
81	Andrew Peach	Worcester		21:45	1:22:35 -	2
82	Kevin Monk	HalesowenA B	B	21:23	1:23:40 -	1
83	David Crane	Neath Harr B	B	21:48	1:25:11 +	2

Fastest runners over stage 4:

1	James Miles	Phoenix Ac	16:49
2	Marius Ionescu	Altrincham	17:12
3	J Wilkinson	Leeds City A	17:19
4	Mark Draper	Bedford An	17:22
5	M Skinner	Blackheath	17:23
6	Ben Lindsay	Aldershot, A	17:28
7	Phil Nicholls	Tipton Har A	17:29
8	Robert Russell	Central Ac	17:34
9	Luke Gunn	Derby Ac	17:36
10	Daniel Mulhare	Belgrave H A	17:37

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Senior six stage Stage 5 - Provisional Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain						
1	Mo Farah	Newham And A	A	16:33	1:26:11	0	49	Adam Blowers	New Marske	20:16	1:36:45	+	1
2	Phil Wicks	Belgrave H A	A	17:09	1:27:32	+	3	Andrew Butler	HalesowenA A	20:17	1:36:53	+	1
3	Chris Thompson	Aldershot, A		17:15	1:27:43	+	3	Scott Wilson	Hallamshir	20:09	1:37:03	+	1
4	Darren Deed	Bedford An		17:34	1:27:44	-	1	Cory Hood	Sunderland	22:16	1:37:20	-	11
5	Darran Bilton	Leeds City A		18:10	1:28:03	-	3	Jeff Prest	Trafford A	20:04	1:37:27	+	1
6	A Holliday	Tipton Har A		17:47	1:28:24	+	1	James Jackson	City Of No B	19:06	1:37:45	+	11
7	T Woldemichael	Shettleston		17:32	1:28:48	+	4	David Ricketts	Kingston U	19:28	1:37:50	+	5
8	Ian Fisher	Altrincham		18:28	1:28:50	-	4	Jonathon Tune	Birmingham	20:44	1:38:13		0
9	J Ndayesenga	Birchfield A		17:14	1:28:59	+	5	Andrew Hussey	Cheltenham	19:38	1:38:13	+	7
10	Tom Merson	Bristol&W A		17:49	1:29:05	+	2	J Maxfield	Rotherham	19:49	1:38:22	+	5
11	Chris Sampson	MorpethH&A A		18:02	1:29:08	-	3	Chris Stone	Bideford A	22:10	1:38:27	-	10
12	Scott Overall	Blackheath		17:03	1:29:21	+	5	James Laing	Hillingdon	20:04	1:38:30	+	2
13	B Farquaharson	Notts AC A		18:20	1:29:33	-	3	Russell Betts	Mansfield	20:13	1:38:31	-	2
14	Lewis Millar	Central Ac		18:23	1:29:34	-	5	Rob Berry	Southport	19:34	1:38:44	+	5
15	Alex Pilcher	Derby Ac		17:53	1:29:42		0	Ian Costello	StHSA	21:31	1:38:53	-	10
16	Craig Hopkins	Swansea Ha		18:02	1:31:10	+	9	Simon Fortnam	Severn	20:45	1:38:57	-	6
17	Joe Morwood	Aldershot, B		18:32	1:31:12	+	4	Luke Lambourne	Brighton A	20:10	1:39:21	+	3
18	R Stephenson	Gateshead		18:05	1:31:14	+	8	John Cullen	Birchfield B	20:11	1:39:23	+	3
19	Ed Takata	Cardiff A.		19:51	1:31:15	-	6	Nick Lingley	Windsor SI	20:59	1:39:24	-	6
20	Will Cockerell	Belgrave H B		19:20	1:31:36	-	4	Craig Sabon	LeicesterC	21:35	1:39:32	-	11
21	Daniel Cliffe	Warrington		18:10	1:31:45	+	8	Gregg Ward	Westbury H	20:45	1:39:43	-	3
22	Ian Lawton	Liverpool A		19:23	1:31:47	-	4	Paul Griffiths	Neath Harr A	19:49	1:39:56	+	3
23	Ashley Harrell	City Of No A		17:32	1:31:56	+	12	Aidan Johnson	Bingley Ha	19:57	1:39:59	+	1
24	John Pike	Newham And B		19:11	1:32:00	-	2	Tom Annable	ValeRA	20:29	1:40:09	-	2
25	Chris Carter	Telford Ac A		19:39	1:32:04	-	6	Paul Birkett	Salford Ha A	20:36	1:40:20	-	2
26	Rob Hughes	Salford Ha B		19:02	1:32:08	-	2	Chris Wilson	Wigan Phoe	20:39	1:41:59	+	3
27	James Griggs	Coventry G A		18:52	1:32:10		0	Roger Homes	Kenilworth	22:03	1:42:15	-	1
28	Peter Downie	Highgate H		19:34	1:32:24	-	5	Paul Williams	Telford Ac B	21:42	1:42:32	-	1
29	Hywel Care	Woodford G		18:44	1:32:25	+	1	Richard Brown	Charnwood A	20:28	1:42:34	+	2
30	Shane Robinson	Lincoln We		19:56	1:32:28	-	10	Marcus Smedley	RoyalSC	21:17	1:42:35	-	2
31	Ryan Worland	Sale Harri		19:06	1:32:30	-	3	A Poppleton	Worcester	20:55	1:43:30	+	2
32	M Gostling	Leeds City B		18:11	1:32:38	+	4	Kelvin Amos	Staffordsh B	21:10	1:43:34		0
33	Matthew Grant	Shaftesbur		18:58	1:32:49	-	2	Graham Roberts	Leamington	21:46	1:43:39	-	3
34	Colin Palmer	Notts AC B		19:08	1:33:22	-	1	Nick Price	HalesowenA B	21:27	1:45:07		0
35	Phil Parry	Bristol&W B		19:00	1:33:31	+	3	David Shroll	Neath Harr B	20:55	1:46:06		0
36	Liam MacNabola	Luton Athl		20:13	1:34:11	-	4	Fastest runners over stage 5:					
37	Keith Newton	Herne Hill		19:29	1:34:22	+	3	1 Mo Farah	Newham And A	16:33			
38	Jon Turnock	Staffordsh A		19:56	1:34:26	-	1	2 Scott Overall	Blackheath	17:03			
39	Mike Buntin	Tipton Har B		18:36	1:34:28	+	6	3 Phil Wicks	Belgrave H A	17:09			
40	James Sumpter	Thames Val		18:36	1:34:38	+	6	4 J Ndayesenga	Birchfield A	17:14			
41	Michael Dawson	MorpethH&A B		19:09	1:34:45	+	2	5 Chris Thompson	Aldershot, A	17:15			
42	Graeme Garner	Kent Ac		20:12	1:35:00	-	3	6 T Woldemichael	Shettleston	17:32			
43	Arber Baci	Enfield &		20:56	1:35:16	-	9	7 Ashley Harrell	City Of No A	17:32			
44	Nathan Bolton	Wakefield		20:16	1:35:39	-	2	8 Darren Deed	Bedford An	17:34			
45	Aodh O'Neill	Serpentine		19:43	1:35:57	+	3	9 A Holliday	Tipton Har A	17:47			
46	Ian White	Bournemouth		20:14	1:35:57	-	2	10 Tom Merson	Bristol&W A	17:49			
47	Iwan Jones	Coventry G B		19:59	1:36:06		0						
48	Josh Guilment	Phoenix Ac		18:54	1:36:22	+	7						

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

Senior six stage — Team Results — Provisional

(nn) is team position after the appropriate stage.

<p>1 Newham And Essex Beagles 'A' 1:43:14</p> <p>1 D Mitchinson (13) 17:30 3 Lee Merrien (1) 17:10 5 Mo Farah (1) 16:33</p>	<p>15 Altrincham 1:48:21</p> <p>1 Matthew Barnes (4) 17:16 3 Andy Norman (11) 18:19 5 Ian Fisher (8) 18:28</p>
<p>2 Belgrave Harriers 'A' 1:44:54</p> <p>1 Stephen Sharp (11) 17:28 3 Simon Jones (3) 17:43 5 Phil Wicks (2) 17:09</p>	<p>16 Swansea Harriers 1:49:25</p> <p>1 R Nicholls (35) 18:11 3 Guy Smith (25) 19:23 5 Craig Hopkins (16) 18:02</p>
<p>3 Aldershot, Farnham & District 'A' 1:45:05</p> <p>1 Mat Ashton (19) 17:34 3 S Scullion (7) 17:26 5 Chris Thompson (3) 17:15</p>	<p>17 Cardiff A.A.C. 1:49:52</p> <p>1 Tom Marshall (5) 17:17 3 Alex Hains (10) 17:47 5 Ed Takata (19) 19:51</p>
<p>4 Bedford And County AC 1:45:13</p> <p>1 Owain Matthews (26) 17:41 3 Dan Dalmedo (5) 18:01 5 Darren Deed (4) 17:34</p>	<p>18 Salford Harriers & AC 'B' 1:50:03</p> <p>1 Carl Hardman (31) 18:05 3 Joseph Bailey (22) 18:40 5 Rob Hughes (26) 19:02</p>
<p>5 Leeds City AC 'A' 1:45:43</p> <p>1 Alan Buckley (7) 17:22 3 Dave Webb (2) 17:41 5 Darran Bilton (5) 18:10</p>	<p>19 Aldershot, Farnham & District 'B' 1:50:05</p> <p>1 Neil Phillips (27) 17:50 3 Steve Connor (30) 18:19 5 Joe Morwood (17) 18:32</p>
<p>6 Shettleston Harriers 1:46:09</p> <p>1 M Gillespie (42) 18:19 3 Amanuel Hagos (8) 17:24 5 T Woldemichael (7) 17:32</p>	<p>20 Woodford Green & Essex Ladies 1:50:16</p> <p>1 Daniel Augustus (34) 18:08 3 Alex Cornwell (35) 18:40 5 Hywel Care (29) 18:44</p>
<p>7 Morpeth Harriers & AC 'A' 1:46:28</p> <p>1 Matt Nicholson (29) 17:59 3 Ian Harding (14) 18:19 5 Chris Sampson (11) 18:02</p>	<p>21 City Of Norwich AC 'A' 1:50:24</p> <p>1 Luke Allen (58) 18:50 3 Mitch Goose (28) 17:20 5 Ashley Harrell (23) 17:32</p>
<p>8 Tipton Harriers 'A' 1:46:46</p> <p>1 Ian Williams (25) 17:38 3 M Williams (9) 17:35 5 A Holliday (6) 17:47</p>	<p>22 Telford AC 'A' 1:50:30</p> <p>1 Mark Dalkins (22) 17:36 3 Chris Davies (6) 16:42 5 Chris Carter (25) 19:39</p>
<p>9 Birchfield Harriers 'A' 1:46:48</p> <p>1 Simon Tenvi (3) 17:15 3 Zak Kehara (4) 17:42 5 J Ndayesenga (9) 17:14</p>	<p>23 Newham And Essex Beagles 'B' 1:50:43</p> <p>1 Samatar Farah (28) 17:52 3 Ian Grime (23) 18:43 5 John Pike (24) 19:11</p>
<p>10 Derby AC 1:47:07</p> <p>1 Jonathon Gilby (9) 17:25 3 T Lawrence (21) 19:27 5 Alex Pilcher (15) 17:53</p>	<p>24 Gateshead Harriers & Athletics 1:50:49</p> <p>1 A Carmichael (70) 19:22 3 Sean Hall (36) 18:25 5 R Stephenson (18) 18:05</p>
<p>11 Central AC 1:47:09</p> <p>1 Alistair Hay (10) 17:26 3 A Hendry (16) 18:17 5 Lewis Millar (14) 18:23</p>	<p>25 Lincoln Wellington AC 1:50:50</p> <p>1 Tom Doe (18) 17:34 3 Matt Bowser (15) 17:45 5 Shane Robinson (30) 19:56</p>
<p>12 Notts AC 'A' 1:47:10</p> <p>1 M Whitehouse (20) 17:35 3 Tim Hartley (12) 17:33 5 B Farquharson (13) 18:20</p>	<p>26 Liverpool Harriers & AC 'A' 1:50:52</p> <p>1 Richard Burney (37) 18:14 3 R Challinor (20) 18:36 5 Ian Lawton (22) 19:23</p>
<p>13 Bristol & West 'A' 1:47:12</p> <p>1 Jon Wills (2) 17:12 3 Phil Wylie (13) 17:39 5 Tom Merson (10) 17:49</p>	<p>27 Highgate Harriers 1:50:55</p> <p>1 Peter Nowill (17) 17:32 3 Henry Dodwell (19) 18:44 5 Peter Downie (28) 19:34</p>
<p>14 Blackheath & Bromley Harriers 1:47:51</p> <p>1 Alex Bruce L (43) 18:20 3 Alex Gibbins (27) 18:39 5 Scott Overall (12) 17:03</p>	<p>28 Coventry Godiva Harriers 'A' 1:51:03</p> <p>1 Ben Jones (16) 17:32 3 Matt Lole (24) 18:56 5 James Griggs (27) 18:52</p>

The ERRA National Road Relay Championship at Sutton Park, Birmingham on Saturday 17th October 2009

29	Belgrave Harriers		'B'	1:51:10	43	Coventry Godiva Harriers		'B'	1:55:22
1	Steve Davies (24) 17:37	2	Mark Pollard (26) 18:20	1	Richard Burman (57) 18:50	2	Chris Bannon (49) 18:29		
3	James Kelly (18) 18:05	4	Paskar Owor (16) 18:14	3	E Combstock (51) 19:24	4	Damian Carr (47) 19:24		
5	Will Cockerell (20) 19:20	6	John Charles (29) 19:34	5	Iwan Jones (47) 19:59	6	Alistair Smith (43) 19:16		
30	Warrington Athletic Club			1:51:13	44	Enfield & Haringey AC			1:55:25
1	Harry Ellis (12) 17:29	2	S Broadhurst (31) 18:52	1	Shaun Collins (15) 17:31	2	Jon Pepper (11) 17:43		
3	M Jackson (32) 18:48	4	L Walker (29) 18:26	3	Alex Jones (29) 19:44	4	Matt Sharp (34) 19:22		
5	Daniel Cliffe (21) 18:10	6	Liam Thompson (30) 19:28	5	Arber Baci (43) 20:56	6	Rhys Fowler (44) 20:09		
31	Leeds City AC		'B'	1:51:39	45	Hallamshire Harriers Sheffield			1:55:46
1	Mike Burrett (46) 18:21	2	Adam Grice (39) 18:29	1	Joe Gratton (73) 19:30	2	Dave Sprot (71) 19:51		
3	Chris Birchall (37) 18:41	4	Joe Townsend (36) 18:56	3	Alex Smith (61) 18:43	4	Armund Bush (52) 18:50		
5	M Gostling (32) 18:11	6	Geoff Belcher (31) 19:01	5	Scott Wilson (51) 20:09	6	Andy Thake (45) 18:43		
32	Shaftesbury Barnet			1:52:30	46	Bournemouth Athletic Club			1:56:23
1	Jack Parslow (33) 18:07	2	Tom Bedford (30) 18:12	1	Steven Way (36) 18:13	2	Jon Sharkey (47) 18:54		
3	James Trapmore (34) 19:03	4	Naill Fleming (31) 18:29	3	Ian Habgood (43) 18:55	4	R McTaggart (44) 19:41		
5	Matthew Grant (33) 18:58	6	Tony Jackson (32) 19:41	5	Ian White (46) 20:14	6	R Copestick (46) 20:26		
33	Notts AC		'B'	1:52:36	47	Halesowen A & Cc		'A'	1:56:26
1	Darren Fowle (41) 18:19	2	Ashley Sabin (37) 18:26	1	Dom Morton (54) 18:43	2	Bill Nock (56) 19:14		
3	Rob Keal (38) 18:54	4	Chris McGurk (33) 18:35	3	Dave Kesterton (52) 19:04	4	C Booker (51) 19:35		
5	Colin Palmer (34) 19:08	6	Rob Nixon (33) 19:14	5	Andrew Butler (50) 20:17	6	Chris Penn (47) 19:33		
34	Sale Harriers Manchester			1:53:17	48	New Marske Harriers			1:56:34
1	Matt Bond (14) 17:31	2	Gareth Raven (4) 17:18	1	Russell Best (30) 18:00	2	Andrew Wiles (27) 17:59		
3	James Bailey (17) 19:07	4	Jamie Roden (28) 19:28	3	Shaun O'Grady (33) 19:16	4	Andrew Sugden (50) 21:14		
5	Ryan Worland (31) 19:06	6	Rob Flannery (34) 20:47	5	Adam Blowers (49) 20:16	6	E Jackson (48) 19:49		
35	Herne Hill Harriers			1:53:21	49	City Of Norwich AC		'B'	1:57:16
1	Alan Barnes (50) 18:37	2	Chris Busaileh (45) 18:25	1	Andrew Bunn (71) 19:24	2	Iain Robertson (70) 19:43		
3	David Peters (41) 18:47	4	J Cunningham (40) 19:04	3	Oliver Maskell (72) 19:54	4	Jon Quint (65) 19:38		
5	Keith Newton (37) 19:29	6	Iain Lockett (35) 18:59	5	James Jackson (54) 19:06	6	S Cheverton (49) 19:31		
36	Tipton Harriers		'B'	1:53:30	50	Wakefield Harriers			1:57:18
1	Mike Aspinall (21) 17:35	2	Tom Holden (35) 19:06	1	Jack Hallas (32) 18:06	2	Ben Homer (54) 19:35		
3	J Millington (47) 19:51	4	Phil Clamp (45) 19:20	3	Nathan Elliot (45) 18:40	4	Chris Price (42) 19:02		
5	Mike Buntin (39) 18:36	6	J Ratcliffe (36) 19:02	5	Nathan Bolton (44) 20:16	6	Chris Ward (50) 21:39		
37	Morpeth Harriers & AC		'B'	1:54:01	51	Sunderland Harriers & AC			1:57:39
1	Peter Newton (44) 18:20	2	Ross Floyd (40) 18:30	1	Patrick Martin (6) 17:17	2	Jack Martin (7) 17:45		
3	Jonny Young (44) 19:27	4	D Swinburne (43) 19:19	3	Andrew MacRae (31) 20:00	4	Jason Waite (41) 20:02		
5	Michael Dawson (41) 19:09	6	Ben Harrison (37) 19:16	5	Cory Hood (52) 22:16	6	George Harden (51) 20:19		
38	Thames Valley Harriers			1:54:14	52	Kingston Upon Hull AC			1:57:52
1	Paul Whitelam (47) 18:23	2	Mohamud Aadan (46) 18:44	1	Robert Hodges (52) 18:40	2	J Perkins (68) 20:06		
3	Chris Smith (42) 18:42	4	Ali Yayhe (46) 20:13	3	Kris Lecher (59) 18:59	4	G Clarkson (60) 20:37		
5	James Sumpter (40) 18:36	6	Myles Edwards (38) 19:36	5	David Ricketts (55) 19:28	6	Tom McKee (52) 20:02		
39	Staffordshire Moorlands AC		'A'	1:54:17	53	Southport Waterloo AC			1:57:57
1	Marc Hartley (39) 18:15	2	Kyle Fowler (48) 18:59	1	R Shearer (59) 18:53	2	Joseph Vis (66) 19:50		
3	Ryan Holroyd (48) 19:19	4	Matt Clowes (37) 17:57	3	Mike Evans (71) 20:17	4	Patrick Vis (67) 20:10		
5	Jon Turnock (38) 19:56	6	David Bratt (39) 19:51	5	Rob Berry (62) 19:34	6	Jay Tartt (53) 19:13		
40	Luton Athletic Club			1:54:38	54	Trafford AC			1:58:08
1	Daniel Clorley (38) 18:15	2	N Quigley (33) 18:17	1	Tom Charles (53) 18:41	2	Michael Hunt (67) 20:03		
3	John McDonnell (26) 18:17	4	D Woodgate (32) 19:09	3	Ian Salisbury (58) 18:57	4	Berdejo Fresno (54) 19:42		
5	Liam MacNabola (36) 20:13	6	P Benedickter (40) 20:27	5	Jeff Prest (53) 20:04	6	Ben Martin (54) 20:41		
41	Serpentine			1:55:05	55	Rotherham H & AC			1:58:12
1	R Phillips (48) 18:29	2	Hugh Torry (50) 18:53	1	Luke Field (78) 19:52	2	Kyle Craib (74) 19:59		
3	H Zietsman (49) 19:18	4	Simon Barrett (48) 19:34	3	Philip Hoole (54) 17:34	4	Dave Tune (63) 21:08		
5	Aodh O'Neill (45) 19:43	6	Eric Vamben (41) 19:08	5	J Maxfield (58) 19:49	6	Paul Humphries (55) 19:50		
42	Kent AC			1:55:10	56	Windsor Slough Eton & Hounslow			1:58:20
1	Phil Sanders (75) 19:44	2	James Connor (57) 18:15	1	Nathan White (40) 18:17	2	Stephen Kimber (51) 19:16		
3	Jermaine Mays (40) 17:48	4	A Dunwoody (39) 19:01	3	Ian May (50) 19:08	4	C Coleman (61) 21:44		
5	Graeme Garner (42) 20:12	6	Lee Haze (42) 20:10	5	Nick Lingley (67) 20:59	6	Cameron Smart (56) 18:56		

57 Birmingham Rowheath AC		1:58:24	72 Worcester AC		2:02:02
1	M Matthews (49) 18:33	2	Paul Thompson (41) 18:21	1	Sam Mitchell (67) 19:13
3	Robert Vaughan (53) 20:09	4	Ed Banks (56) 20:26	3	Chris Davies (79) 20:55
5	Jonathon Tune (56) 20:44	6	Mark Ince (57) 20:11	5	A Poppleton (79) 20:55
58 Bideford Aac		1:58:41	73 Telford AC		'B' 2:02:35
1	Kevin Heywood (8) 17:23	2	Mark Jenkin (36) 19:20	1	John Sanders (83) 20:38
3	Dan Mapp (46) 19:39	4	Andrew Ingle (49) 19:55	3	Richard Lucock (76) 19:59
5	Chris Stone (59) 22:10	6	Davey Platt (58) 20:14	5	Paul Williams (76) 21:42
59 Brighton And Hove City AC		1:59:02	74 Charnwood		'A' 2:03:16
1	M Bristow (64) 19:06	2	James McCarthy (55) 18:41	1	Steve Mears (87) 21:49
3	Andrew Donno (57) 19:50	4	D Titheradge (68) 21:34	3	Scott Baxter (83) 20:51
5	Luke Lambourne (65) 20:10	6	Howard Bristow (59) 19:41	5	Richard Brown (77) 20:28
60 Mansfield Harriers & A.C.		1:59:04	75 Royal Sutton Coldfield		2:04:11
1	Danny Barks (79) 20:05	2	James Mee (58) 18:01	1	Simon Lees (74) 19:34
3	Stuart King (66) 20:23	4	C Brown-Monks (59) 19:49	3	Steve Marklew (63) 18:05
5	Russell Betts (61) 20:13	6	Douglas Ross (60) 20:33	5	Marcus Smedley (78) 21:17
61 St Helens Sutton Ac		1:59:21	76 Staffordshire Moorlands AC		'B' 2:04:23
1	D Forrester (1) 17:10	2	Dany Griffiths (32) 19:21	1	Gareth Briggs (77) 19:50
3	Jake Healey (55) 20:56	4	Greg Williams (53) 19:55	3	Mark Wood (82) 22:05
5	Ian Costello (63) 21:31	6	Matt Crehan (61) 20:28	5	Kelvin Amos (80) 21:10
62 Hillingdon AC		1:59:23	77 Wigan Phoenix		2:04:41
1	Martin Bateman (69) 19:19	2	Richard Mann (62) 19:16	1	Mike O'Neill (72) 19:25
3	D Thompson (67) 19:56	4	R Thompson (62) 19:55	3	Steve Nicholls (74) 20:37
5	James Laing (60) 20:04	6	Scott Farley (62) 20:53	5	Chris Wilson (74) 20:39
63 Cheltenham Harriers		1:59:24	78 Leamington C & AC		2:05:57
1	Corin Hughes (62) 18:59	2	Seb Foy (59) 19:25	1	Richard Harper (56) 18:47
3	R Forsbrook (62) 19:43	4	Will New (64) 20:28	3	Matthew Butler (80) 22:11
5	Andrew Hussey (57) 19:38	6	Dave Randall (63) 21:11	5	Graham Roberts (81) 21:46
64 Bingley Harriers		1:59:29	79 Halesowen A & Cc		'B' 2:08:08
1	S Broadbent (66) 19:11	2	John Convery (64) 19:29	1	Nick Hazelwood (80) 20:20
3	Steven Carney (69) 19:59	4	Marc Teasey (72) 21:23	3	Oliver Holder (81) 22:00
5	Aidan Johnson (71) 19:57	6	S MacDonald (64) 19:30	5	Nick Price (82) 21:27
65 Salford Harriers & AC		'A' 1:59:30	80 Neath Harriers		'B' 2:08:32
1	James Kovacs (76) 19:49	2	Paul Savage (69) 19:14	1	Carl Ellis (85) 20:52
3	Simon Bruton (64) 19:15	4	Dave Hudson (71) 21:26	3	Peter Crane (85) 20:59
5	Paul Birkett (73) 20:36	6	P Bangani (65) 19:10	5	David Shroll (83) 20:55
66 Vale Royal AC		1:59:30	Incomplete Teams:		
1	Chris Perry (68) 19:15	2	Stu Doyle (63) 19:24	Bristol & West	
3	Zack Cross (73) 20:34	4	Ed Crowther (70) 20:27	'B'	
5	Tom Annable (72) 20:29	6	Andrew Clews (66) 19:21	1	S Gallienne (45) 18:21
67 Severn		1:59:43	5		Phil Parry (35) 19:00
1	James Rose (82) 20:30	2	Gary Hope (72) 19:06	Phoenix AC	
3	Tim Dalton (60) 18:23	4	Alex Hope (58) 20:13	1	Dave Carter (60) 18:53
5	Simon Fortnam (64) 20:45	6	Dave Lander (67) 20:46	3	Dan Stepney (77) 23:01
68 Westbury Harriers		1:59:54	5		Josh Guilment (48) 18:54
1	Sam Dalgleish (51) 18:39	2	Joe Dalgleish (60) 19:52	Birchfield Harriers	
3	Daniel Studley (65) 19:54	4	John Terry (66) 20:33	1	Adam Watt (63) 18:59
5	Gregg Ward (69) 20:45	6	Rod Jones (68) 20:11	3	Ben Sharmen (70) 18:45
69 Neath Harriers		'A' 2:00:20	5		John Cullen (66) 20:11
1	Phil Crane (84) 20:48	2	Matthew Evans (79) 19:26	Team Southampton	
3	Matthew Harvey (78) 20:31	4	Paul Richards (73) 19:22	1	A Wall-Clarke (61) 18:57
5	Paul Griffiths (70) 19:49	6	Paul Talbot (69) 20:24	3	Jon Slade (75) 19:54
70 Leicester Coritanian		2:00:26	5		Robert Mole (84) 22:59
1	Gordon Lee (23) 17:37	2	Simon Cotton (42) 19:20	Bromsgrove & Redditch	
3	Dave Pearce (56) 20:34	4	Derek Guess (57) 20:26	1	Sean Bowden (55) 18:45
5	Craig Sabon (68) 21:35	6	John Grindey (70) 20:54	3	Robert Mole (84) 22:59
71 Kenilworth Runners		2:01:46	5		Michael Brind (86) 20:59
1	Mike Johnson (65) 19:09	2	Rich Simkiss (61) 19:24	Charnwood	
3	Stuart Hopkins (68) 20:05	4	Pete Bryan (74) 21:34	1	Michael Brind (86) 20:59
5	Roger Homes (75) 22:03	6	Phil Gould (71) 19:31	2	Paul Harmer (86) 22:39
			Newport Harriers		1
			1		James Nasrat (81) 20:21