

Swansea Harriers Seaside 5K Race, August 2003

Pos	Surname	First Name	Club	Time
1	Gardiner	Richard	Cardiff AC	15:20
2	Jones	Simon	Cardiff AAC	15:30
3	Davies	Gareth	Swansea Harriers	15:39 v
4	Edwards	John	-	15:44
5	Hiscox	Darran	Swansea Harriers	15:56
6	Creane	John	Swansea Harriers	16:13
7	Hill	Mick	-	16:26
8	Richards	Paul	Neath Harriers	16:27
9	Tobin	Shaun	Swansea Harriers	16:39 v
10	Astins	David	Pembrokeshire Tri	16:46
11	Loyns	Mike	-	16:51
12	Downs	Christopher	Swansea Harriers	16:59
13	Morrison	Andrew	Swansea Harriers	17:04
14	Lewis	Tim	Brackla Harriers	17:06
15	Beatty	Huw	-	17:08
16	Brace	Steve	Brigend A.C	17:12 v
17	Hutchison	Anne-Marie	Neath Harriers	17:14
18	Jones	Andrew	-	17:14
19	Thomas	Wayne	Swansea Harriers	17:15
20	Davies	Mark	Swansea Harriers	17:17
21	Collins	Jeremy	Swansea Harriers	17:26 v
22	Sullivan	David	3 Ms	17:41
23	Ellis	Carl	port talbot harriers	17:43
24	Davies	Jeremy	Neath Harriers	17:45
25	Taylor	Kevin	Amman Valley Harriers	17:47 v
26	Harries	Dave	Swansea Harriers	17:49 v
27	Llewellyn	Paul	Vistison	17:59 v
28	Forrest	John	-	18:03
29	Williams	Joseph	-	18:04
30	Goddard	Rachel	Swansea Harriers	18:06
31	Davies	David	Neath Harriers	18:07 v
32	Adams	Phil	Cardiff AC	18:09 v
33	Frances	Gill	Neath Harriers	18:17 v
34	Lewis	Kevin	Neath Harriers	18:20 v
35	Williams	Jonathan	-	18:23
36	Thomas	Gareth	-	18:25
37	Smith	Steve	Swansea Harriers	18:32 v
38	Watkeys	Peter Rhys	Swansea Harriers	18:36
39	Thomas	Gary	Amman Valley Harriers	18:37 v
40	Deacon	Peter	Swansea Harriers	18:38 v
41	Bowen	Richard	Neath Harriers	18:40 v
42	Hill	Gareth	-	18:42
43	Evans	Clive	-	18:50
44	Smewing	John	Swansea Harriers	18:53 v
45	Turner	Peter	Cornelly	18:58 v
46	Rose	Dave	Brackla Harriers	19:02
47	Price	Simon	Multi Sport	19:03
48	Colwill	David	-	19:05
49	Brace	Ashley	Brigend A.C	19:07
50	Christopher	Lynsey	Vistison	19:09
51	Pearce	Robert	Brackla Harriers	19:10
52	Evans	Michael	Neath Harriers	19:12 v
53	Watson	Melisa	Trots	19:17 v
54	Chapman	Les	Amman Valley Harriers	19:20 v
55	Barlow	Graham	-	19:21 v
56	Falconer	Rob	-	19:22 v
57	Poulton	Steve	-	19:26
58	Davies	Kevin	Llanelli Tri Club	19:28
59	Clarke	Julia	Cardiff AAC	19:29
60	#	Robert	Neath Harriers	19:30 v
61	Jones	Robert Stuart	Swansea Harriers	19:31 v
62	Buckman	Neil	-	19:32
63	Stanford	John	-	19:37 v
64	Webster	Richard	3M's	19:38 v
65	Watkins	Neil	-	19:39
66	Crook	Tony	-	19:42
67	Jones	Ellie	-	19:42
68	Whitehouse	Angela	Neath Harriers	19:46 v
69	Perkins	Alan	port talbot harriers	19:49 v
70	Morris	Ian	Taf running + orienteering	19:50 v
71	Capel	Dan	-	19:51
72	Healy	Brendan	-	19:55
73	King	Paul	-	19:56
74	Cogger	Simon	Swansea Harriers	19:57
75	Follan	Anne	Cardiff AC	20:00
76	Jones	Richard	Neath Harriers	20:00
77	Howe	Gary	3M's	20:06 v
78	Reynish	Paul	-	20:07
79	Roberts	Harri	-	20:09
80	Williams	Kevin	Neath Harriers	20:10
81	Fowler	Robert	-	20:11 v
82	Ford	Sharon	Brackla Harriers	20:12
83	Jones	Mark	Pontypridd	20:13 v
84	Stephens	Barry	Multi Sport	20:14 v
85	Davies	Ray	Cardiff AC	20:16 v
86	Thomas	Leighton	Multi Sport	20:16
87	Elfed	Joseph	3M's	20:18 v
88	Collins	John Henry	Swansea Harriers	20:19 v
89	Elard	Paul	Brackla Harriers	20:21
90	Thomas	Malcolm Lee	Swansea Harriers	20:22
91	Leaves	Mike	-	20:24
92	Quinn	Keith George	Les Croupiers	20:26 v
93	Burt	Tony	Cornelly	20:28 v
94	Manley	Frances	-	20:30 v
95	Huggins	John	Les Croupiers	20:31 v
96	Brace	Jaqueline	Brigend A.C	20:31 v
97	Griffiths	Mike	Team Deviant	20:33
98	Daniel	Noelwyn	-	20:35
99	Bennewith	Mark	3M's	20:38
100	Gassen	Tim	-	20:41

Overall Series Winners

Senior Men: Darran Hiscox

Senior Women: Anne-Marie Hutchison

Male Veterans: Gareth Davies

Lady Veterans: Melisa Watson

Senior Men

1	Richard	Gardiner	Cardiff AC	15:20
2	Simon	Jones	Cardiff AAC	15:30
3	John	Edwards	-	15:44

Senior Women

1	Anne-Marie	Hutchison	Neath Harriers	17:14
2	Rachel	Goddard	Swansea Harriers	18:06
3	Julia	Clarke	Cardiff AAC	19:29

Male Veterans

1	Gareth	Davies	Swansea Harriers	15:39
2	Shaun	Tobin	Swansea Harriers	16:39
3	Steve	Brace	Brigend A.C	17:12

Lady Veterans

1	Gill	Frances	Neath Harriers	18:17
2	Melisa	Watson	Trots	19:17
3	Angela	Whitehouse	Neath Harriers	19:46

101	Fox	Brian	Swansea Harriers	20:47 v
102	Ayres	Gareth	port talbot harriers	20:52
103	Pullen	Huw	Cardiff AC	20:54
104	Grant	Paul	-	20:57
105		Gareth	Les Croupiers	20:59 v
106	Palmer	Andrew	Cardiff AC	21:05
107	White	Geoff	3M's	21:06 v
108	Griffiths	Alistair	Llanelli Tri Club	21:07 v
109	Crockett	Anna	Brigend A.C	21:07
110	Knight	Kevin	Swansea Harriers	21:12
111	Jones	Mark	Llanelli Tri Club	21:14 v
112	Morris	Lynsey	Llanelli Tri Club	21:15
113	Elwin	Matt	-	21:17
114	Ford	Paul	Brackla Harriers	21:22 v
115	John	Alan	-	21:24
116	Boyce	Raymond	Cornelly	21:25 v
117	Hellier	Andrew	-	21:26
118	Lovell	John	-	21:28 v
119	Bamsey	Philip	Neath Harriers	21:30 v
120	Tipene	sarah	-	21:31
121	Naylor	David	Swansea Harriers	21:34 v
122	James	Ray	port talbot harriers	21:35 v
123	Lacey	Wendy	-	21:35 v
124	Powell	Martin	-	21:36
125	Hutchinson	Linda	3M's	21:37 v
126	Walton	Rob	-	21:39
127	Rees	Paul	3M's	21:40 v
128	Mann	Alan	Les Croupiers	21:42 v
129	Bendle	Stephen	Swansea Harriers	21:44 v
130	Walters	Cyril	Cardiff AC	21:46 v
131	Phillips	Arthur	Neath Harriers	21:48 v
132	Darby	Paul	-	21:49
133	Powles	Martin	-	21:52 v
134	Lewis	Andrew Paul	Swansea Harriers	21:56
135	Harris	Kelvyn	3M's	21:59 v
136	Payne	Steve	Amman Valley Harriers	22:01
137	Dodd	Richard	-	22:03
138	Bowsher	Judi	Brackla Harriers	22:04 v
139	Richards	Nathaniel	-	22:07
140	Morgan	Bruce	-	22:07 v
141	Nash	Mike	3M's	22:12 v
142	Jones	James	Multi Sport	22:13
143	Jones	Terry	Multi Sport	22:14 v
144	Jones	Ian	-	22:15
145	Dalling	Kevin	-	22:16 v
146	Phillips	Sian	Swansea Harriers	22:17 v
147	Rose	Michael	-	22:18 v
148	Shayle	Bryan	-	22:22
149	Bidder	Paul	-	22:29
150	Ramsey	Mark	3M's	22:33 v

