

SWANSEA HARRIERS ATHLETICS CLUB

YDL LAG U13 & U15 MATCH SWANSEA 5TH JUNE 2021,
GUIDANCE FOR TEAM MANAGERS AND OFFICIALS

LOCATION; SWANSEA UNIVERISTY TRACK
SKETTY LANE, SWANSEA SA2 9AU

Due to the recent Welsh Government guidelines for organised outdoor sports events whereby only 50 athletes over the age of 12 (excluding volunteers) are allowed in a sports arena, the format of the above meeting has had to be amended.

The amended timetable (see attached) will comprise of both U13 and U15 age groups split with the U13s in the first session (11am to 1.15pm) and the U15s in the second session (2.00pm to 4.15pm). Each event will have an entry and leaving time which must be strictly adhered to so as to ensure that the maximum numbers for events are not breached whilst also seeking to enable as many events as possible to happen. It would be helpful to limit the athletes to one event each but it is recognised that some clubs may not be able to fill all the events in such circumstances and may have athletes who will compete in more than one discipline (subject to the YDL rules as to maximum number of events for athletes). Where an athlete does more than one event they will still need to adhere to the entry and leaving times for their events as specified on the timetable. Please note also that with a maximum of 8 athletes in any one field event the rounds will be relatively quick and athletes will not be permitted to complete a trial outside of the round currently in progress or after the completion of the third round for the athletes present at the event.

The timetable for the event will be split with the U13 age group in the morning and the U15 age group in the afternoon. (see attached timetable for timings)

PARKING;

For those teams arriving by bus, parking is situated in the lay bay in the car park alongside the Wales National Pool on Sketty Lane. Those travelling by car should use the unmade gravel car park at the rear of the changing room facilities at Ashleigh Road and access the stadium via the gate to the rear of the National Pool.

ARRIVAL:

Athletes arriving at the track will be greeted by Covid Officers who will check their details and confirm that they are not suffering with any symptom of COVID 19. Team Managers should provide their numbers and pins to the Covid Officers suitably labelled so as to identify the correct number for the athlete so that the athlete's parent can assist with affixing the number to their vest.

The athlete should then enter the stadium at the designated time, find their team manager who will be located alongside the grandstand, advise them of their presence and

immediately make their way to the competition area. The entrance to the competition area will be located near to the 100m start line by the Pavilion.

The grandstand will not be available for any person during the event.

In light of the Welsh Government regulations limiting the number of persons able to attend an event at any one time, we have made the reluctant decision not to permit spectators (including parents and coaches) to attend. This includes all areas of the stadium including the path surrounding the perimeter fence.

Parents should, after they have attached the number to their child's vest, return to their vehicle or wait in another location away from the stadium until the time specified in the timetable when the event is to finish.

For health and safety purposes, however, we would ask that parents remain within 5 minutes of the track in case of an injury or emergency and should be contactable by their child's team manager at all times. First Aid provision will be available from St. Johns Ambulance on the day.

Once their event is completed athletes should leave the competition area.

ONE WAY SYSTEM

A one-way system will be operating throughout the day. Team managers and athletes wishing to use the toilets should follow the footpath adjacent to the 100m finish line, walk in front of the grandstand and the white pavilion to the toilets at the side of the pavilion. Officials will follow the same route and use the toilets in the white pavilion.

WARM UP

All track athletes will warm up on the back straight, the girls will use lanes 1-4 and the boys 5-8.

Warm up hurdles will be placed in the correct spacings on the back straight these should not be moved

All field athletes will warm up at their event.

TRACK EVENTS

Hand sanitizer will be available at the start of each race and at the finish line. Athletes should sanitize their hands immediately before and after the race.

A/B races in the track events will be combined where we have enough qualified timekeepers available. If required A and B strings track races will be run separately. Athletes are encouraged to bring their own starting blocks where possible, and these should not be

shared. Where this is not possible, stadium blocks will be available, officials will ensure these are sanitized in between races.

Social distancing to be practised by athletes prior to and at the conclusion of the races. Athletes should not congratulate one another or shake hands with any other person at the conclusion of the race.

There will be no non scoring events due to timetable constraints and the need to ensure that no more than 50 persons aged 12 and over are gathered together for the event at any one time.

FIELD EVENTS

Team Managers should encourage athletes to bring their own throwing equipment, which should not be shared.

Athletes using stadium throwing equipment, once the implement has been thrown it will be recovered and cleansed by an official in readiness for the next competitor. The official retrieving the implements should be the same during the course of the competition

The high jump bed will be cleaned after each age group competition.

In the long jump events, the pit will be sprayed with cleaning fluid prior to the competition, the normal raking of the pit after each competitor, this procedure will remain the same. If there is a change of officials then stadium staff will disinfect the rakes / brushes. Stadium runway makers should not be used, athletes should bring their own.

Field events will have cones sited at 2m intervals to assist athletes with social distancing, between throws.

OFFICIALS

All Clubs /teams should have facilitated the YDL Portal with their list of UK Athletics qualified officials at least seven days prior to the meeting, identifying their discipline and grade.

There will be no refreshments provided for officials, apart the complimentary bottled water and tea or coffee. This can be obtained outside the entrance to the changing room of the White Pavilion.

Face masks, gloves, hand sanitizer, and cleaning fluid for equipment will be made available for officials if required.

TOILETS

Officials will use the toilets in changing rooms at the white pavilion.

Team mangers, athletes will use the toilets, alongside the pavilion adjacent to the car park.

LEAVING THE STADIUM

Team Managers athletes, officials who on completion of their event or at the end of the meeting and wanting to ~~return to buses~~ or their vehicles should leave the stadium via the clearly marked exit sign turn right and join the path that surrounds the track perimeter, and make their way to their respective mode of transport. Athletes should inform their Team Manager that they are leaving before exiting the stadium.

Swansea University Sports Village is a “Covid Secure Environment” and will have safety procedures in place. All persons at the meeting should adhere to the COVID precautions where appropriate, which include wearing of face masks, hand sanitizing, and social distancing.

Meeting Manager;

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YDL LOWER AGE GROUP MATCH 1 TIMETABLE

	Track		Field
		11.15	U13G Javelin U13B Long Jump U13B High Jump
11.30	U13G 70m Hurdles		
11.40	U13B 75m Hurdles		
12.10	U13G 800m	12.00	U13G Shot U13B Javelin
12.20	U13B 800m	12.20	U13G High Jump
		12.45	U13B Shot U13G Long Jump
12.50	U13G 75m		
13.00	U13B 75m		
BREAK			
		14.15	U15G Javelin U15B Long Jump U15B High Jump
14.30	U15G 75m Hurdles		
14.40	U15B 80m Hurdles		
		15.00	U15G Shot U15B Javelin
15.10	U15G 800m		
15.20	U15B 800m	15.20	U15G High Jump
		15.45	U15B Shot U15G Long Jump
15.50	U15G 100m		
16.00	U15B 100m		

EVENT TIMINGS (TO COMPLY WITH 50 MAX AT EVENT)

	Enter	Start Line	Event Start	Leave
U13G Javelin	11.00	11.05	11.15	11.45
U13B Long Jump	11.00	11.05	11.15	11.45
U13B High Jump	11.00	11.05	11.15	12.00
U13G 70m Hurdles	11.10	11.25	11.30	11.40
U13B 75m Hurdles	11.20	11.35	11.40	11.50
U13B Javelin	11.45	11.50	12.00	12.30
U13G Shot	11.45	11.50	12.00	12.30
U13G 800m	11.50	12.05	12.10	12.20
U13B 800m	12.00	12.15	12.20	12.40
U13G High Jump	12.05	12.10	12.20	13.05
U13G 75m	12.30	12.45	12.50	13.00
U13B Shot	12.35	12.35	12.45	13.15
U13G Long Jump	12.35	12.35	12.45	13.15
U13B 75m	12.40	12.55	13.00	13.10
U15G Javelin	14.00	14.05	14.15	14.45
U15B Long Jump	14.00	14.05	14.15	14.45
U15B High Jump	14.00	14.05	14.15	15.00
U15G 75m Hurdles	14.10	14.25	14.30	14.40
U15B 80m Hurdles	14.20	14.35	14.40	14.50
U15B Javelin	14.45	14.50	15.00	15.30
U15G Shot	14.45	14.50	15.00	15.30
U15G 800m	14.50	15.05	15.10	15.20
U15B 800m	15.00	15.15	15.20	15.40
U15G High Jump	15.05	15.10	15.20	16.05
U15G 100m	15.30	15.45	15.50	16.00
U15B Shot	15.35	15.35	15.45	16.15
U15G Long Jump	15.35	15.35	15.45	16.15
U15B 100m	15.40	15.55	16.00	16.10