

Sunday 03 April 2022

Time	Age Group	Event
12.00	SM & U20M	110m Hurdles
12.10	U17M	100m Hurdles
12.20	SW & U20W	100m Hurdles
12.30	U15B	80m Hurdles
12.40	U17W	80m Hurdles
12.50	U15G	75m Hurdles
1.00	U13B	75m Hurdles
1.10	U13G	70m Hurdles

1.20	SM & U20M	100m
1.30	SW & U20W	100m
1.40	U17M	100m
1.50	U17W	100m
2.00	U15B	100m
2.10	U15G	100m
2.20	U13B	100m
2.30	U13G	100m

2.40	U11B	75m
2.50	U11G	75m

3.00	SM & U20M	400m
3.10	SW & U20W	400m
3.20	U17M	400m

3.30	U17W	300m
3.40	U15B	300m
3.50	U15G	300m

4.00	SM & U20M	800m
4.10	U17M	800m
4.20	SW & U20W	800m
4.30	U15B	800m
4.40	U17W	800m
4.50	U15G	800m
5.00	U13B	800m
5.10	U13G	800m
5.20	U11B	800m
5.30	U11G	800m

High Jump	Long Jump	Shot	Discus	Pole Vault
U13B 12pm	U17M, U20M & SM 12pm	U17W, U20W & SW 12pm	U15B 12pm	U13 & U15 B&G 12pm
U13G 12.50pm	U13B 12.50pm	U17M, U20M & SM 12.50pm	U17W, U20W & SW 12.50pm	
U15G 1.40pm	U13G 1.40pm	U13B 1.40pm	U17M, U20M & SM 1.40pm	
U15B 2.30pm	U15G & U15B 2.30pm	U13G 2.30pm	U13B 2.30pm	U17, U20 & Senior M&W Pole Vault 2.30pm
U17W, U20W & SW 3.20pm	U11B & U11G 3.20pm	U15G & U15B 3.20pm	U13G 3.20pm	
U17M, U20M & SM 4.10pm	U17W, U20W & SW 4.10pm	U11B & U11G 4.10pm	U15G 4.10pm	