

West Wales Junior Open - U11, U13 & U15 <i>Provisional Order of Events</i> (final timetable will be confirmed after closing date)
--

TRACK		
11:30	1000m Walk	M&F
	80m Hurdles	U15B
	75m Hurdles	U15G
	75m Hurdles	U13B
	70m Hurdles	U13G
12:10	800m	U15G
	800m	U15B
	800m	U13G
	800m	U13B
	800m	U11G
	800m	U11B
13:00	100m	U15G
	100m	U15B
	100m	U13G
	100m	U13B
	75m	U11G
	75m	U11B
14:30	300m	U15G
	300m	U15B
14:45	1500m	U13G & U13B
	1500m	U15G & U15B
15:10	200m	U15G
	200m	U15B
	200m	U13G
	200m	U13B
	150m	U11G
	150m	U11B
16:20	4 x 100m Relay	U15B, U13B, U11B U15G, U13G, U11G

West Wales Junior Open - U11, U13 & U15
Provisional Order of Events
 (final timetable will be confirmed after closing date)

	FIELD	
11:00	Hammer	U15G & U15B
	Long Jump	U11G
	High Jump	U13G & U13B
11:30	Pole Vault	U13G, U13B, U15G & U15B
12:00	Discus	U13G, U13B, U15G & U15B
	High Jump	U15G & U15B
12:30	Long Jump	U13G
13:30	Javelin	U15G & U15B
	Shot	U11G & U11B
	Long Jump	U11B & U13B
14:30	Javelin	U13G & U13B
	Shot	U15G & U15B
15:45	Long Jump	U15G & U15B
15:45	Javelin	U11G & U11B
	Shot	U13G & U13B