

Athletics Activity Policy

1. Outdoors on Swansea Harriers club bookings Monday to Thursdays 5pm to 8.30pm inclusive. All U18 athletes **MUST** be coached by a UK Athletics qualified coach in the event discipline being delivered. These coaches **MUST** have a valid up to date UK Athletics coaching licence with an enhanced DBS certificate. Over 18 may train unsupervised, however are strongly encouraged to train with a club coach and squad to mitigate congestion particularly for track events.

2. Indoors all space and time is pre allocated by the Club Coaching Coordinator and ratified by the club trustees. Due to the extremely limited space. All athletes regardless of age **MUST** train with a UK Athletics qualified coach in the event discipline being delivered. These coaches **MUST** have a valid up to date UK Athletics coaching licence with an enhanced DBS certificate.

3. In the case of over 18s, competency and experience of participants shall be assessed by Swansea Bay Sports Park facility staff before allowing access to facilities and equipment. Should staff have any concerns, they reserve the right to deny access or prevent use of equipment on grounds of safety. Similarly, if staff deem that any activity is not taking place safely, they can stop this at any time.

4. For throwing events, whilst no supervision is required for experienced senior athletes, a 'spotter' is recommended (where athletes are training alone), but is not essential as the infield will be roped at all times, deterring track users from straying onto the infield.

5. The UKA Coach Licence Scheme provides assurance to athletes, parents, employers and clubs that the Licenced Coach is:

- Trained and Qualified;
- Vetted and checked through the Disclosure and Barring Service (DBS), or similar schemes in Scotland and Northern Ireland;
- Insured;
- Working to minimum levels of standards of practice and behaviour;
- Subject to appropriate codes of conduct, rules and procedures;
- A fit and proper person to engage in coaching athletes, including young and vulnerable people.